

address, telephone number and a brief summary of their information to the operator. The information will then be assessed and prioritized by the Task Force. RCMP investigators will follow up on all tips.

BE CAREFUL, BE SAFE — SAFE CHILDREN

Produced by the RCMP, with the assistance of the Missing Children's Registry, Brighter Futures, the Child Development Initiative, Safe Kids Canada, Block Parents, Block Watch & Crimestoppers, this video will help parents make their children more safety conscious, alert, aware and knowledgeable when faced with a dangerous situation.

Be Careful, Be Safe — Safe Children is a home video that is an informative and necessary tool for all concerned. Learn how to teach children about: dealing with strangers, short cuts and abduction, safe places, home alone rules, sexual abuse, and preventable injury. Approximate running time is 60 minutes; this video is available in both official languages. For more information please contact:

Missing Children's Registry
Telephone: (613) 993-5111
Fax: (613) 993-5430

HEALTH WATCH — HERBAL MEDICINE

The Health Protection Branch (HPB) of Health Canada is warning consumers not to use the traditional East Indian medicine K-4. This herbal medicine, used to treat prostate symptoms, is implicated in four illnesses in New Zealand, including two deaths. Although not approved for sale in Canada or the U.S., Health Canada is concerned that it may be found in some herbal medicine and health food stores, sold by mail order or purchased by travellers abroad. K-4, manufactured in India, is a combination of botanical ingredients and sold in tablet form. Anyone having this product should contact the nearest HPB office. **If you are using this drug, stop immediately and talk to your doctor.**

TO ALL REGULAR AND CIVILIAN MEMBERS, "O" DIVISION

Further to the recent message issued by OIC Human Resources, Central Region, concerning the Central Region Executive Committee's decision to move "O" Division Health Services to Ottawa, I want to assure all members that we are confident there will be no deterioration in the quality and timeliness of service to you. All parties involved are working hard to ensure a seamless delivery of service during this changeover.

After May 15, 1998, invoices from health service providers and 1393s should be forwarded to the following address:

Health Services
1200 Vanier Parkway
Ottawa, Ontario
K1A 0R2

The actual move will take place **on June 1, 1998**. Following that date, your contacts in Health Services are as follows:

Acting Health Services Officer
Dr. J.P. Legault
Telephone: (613) 998-0393

Acting Health Services Coordinator,
Central Region
Bonnie Varey
Telephone: (613) 993-8409

Health Services Supervisor
Huguette St. Georges
Telephone: (613) 993-0797

Regional Environmental Health & Safety
Advisor
Bruce Kemball
Telephone: (613) 993-8619

Robert Séguin will remain in London HQ as the Division Lifestyle and Fitness Advisor and can be reached at (519) 640-7468.

H.A. Hutchinson, A/Commr.
Commanding Officer, "O" Division