

From J. M. Lawrence

13/8/96.

MCGILL COLLEGE  
MONTREAL



# Y. W. C. A.

## DIET DISPENSARY.

(Recommended by the Medical Faculty.)



### SIXTH ANNUAL REPORT.

APRIL, 1885.

The object of this work has been explained so often, and its name chosen with the design of being perfectly clear, that we feel justified in sparing you a complete *resumé* of its origin, rise, and growth. Besides, we know that many here have looked kindly and encouragingly upon the Dispensary since its first baby efforts, have followed with interest the various stages of its career, and are quite familiar with the simple machinery used in carrying on its work.

We find on reviewing our affairs for the past year that no change has taken place in the management, the officers remaining the same. The Committee during the past few months has become a little smaller, owing to absence from the city and the illness of two members. In passing we cannot refrain from mentioning the unanimous co-operation of all the members of the Committee and their cordial efforts for the general good. The only occurrence of any moment is the removal of our manager from the hospitable roof of the Y. W. C. A., owing to the contemplated alteration in the household. We are happy to say that Mrs. Martin is comfortably placed and continues to give complete satisfaction, not only by her zeal and sympathy but by her economy and practical skill in her department.

We are glad to know that during the long and severe winter we were able to alleviate, in some measure, a little of the wide-spread misery arising from sickness, cold and scarcity of work, and that this charity has been in many cases a real God-send. It is of course difficult in this, as in similar institutions, to avoid impostors, but we have almost escaped this very discouraging and disagreeable phase of charitable work, and by exercising the same care as formerly, we hope to be as successful in the future as in the past.

It was deemed advisable in the Autumn—to meet our increased expenses—to draw public attention through the daily papers to our work. This appeal met with a response sufficiently liberal to relieve our immediate wants. Later, a bazaar, held by several little girls at the house of Mrs. M. Seymour, Dorchester