USEFUL RECIPES.

RAISIN CAKE.

One cup of butter, two cups of sugar, four cups of flour, four eggs, one cup of raisins, one cup of currants, two teaspoonfuls of baking powder. This makes two good-sized cakes.

CREAM SPONGE CAKE.

One teacup of sugar, one teacup of flour, half teacup of cream, two eggs well beaten, half teaspoonful of soda, one teaspoonful of cream of tartar, a little salt.

GOOD DRIED-APPLE CAKE.

Two cups of dried apples, soak over night, chop and boil in two cups of molasses, one cup of butter or lard, one cup of milk, one egg, one teaspoonful of saleratus, little salt, nutmeg or mace, mix quite stiff with flour. This recipe is thirty years old.

TO SUGAR NUTS.

Put into iron or glazed kettle one tablespoonful of butter, four tablespoonfuls of water and one large teacupful of white sugar. Boil until ready to candy, then throw in three quarts nicely popped corn, and stir briskly until the candy is nicely distributed over the kernels. Take the kettle from the fire and stir until some-

ing, as well as so much more appetizing to most palates than the average beverage offered at five o'clock, that one wonders that it is not oftener met with. It out any cream and preferably to sugar,

BAKED FISH CHOWDER.

sauce, proceeding in this way until the

FROZEN BEEF TEA.

Put cold beef tea in the pan and let it stand for about ten minutes. At the end of that time take the cover off the pail and scrape the congealed beef tea from the part and scrape the congealed beef tea from the part and scrape the congealed beef tea from the part and scrape the congealed beef tea from the part and the sides. Beat well and then put back the cover. Do this two or three times and the tea will be frozen smooth. This is excellent for invalids who must have all their food cold.

HOW CHERRIES ARE MADE PALATABLE.

The cherry season is at hand. The following recipes from Good Housekeeping are recommended:

cherries, sprinkled with sugar. Pour the latter over them and bake in a hot oven about forty minutes. about forty minutes. Serve as soon as done, or it will fall.

CHERRY SAUCE.—Cream one-third of a cupful of butter with one cupful of sugar; add one-half teacupful of cherry juice. and beat well. The juice can be strained from the cherries which have been stoned and sugared an hour beforehand. Serve very cold. An excellent addition to almost any plain pudding.

CHERRY MERINGUE.—Line a plate with puff paste, prick and bake in a quick oven. While still warm, spread thickly with fresh-stoned cherries. Make a line with just a suggestion of contrasting color shining through the eyelet

strips a few slices of stale sponge cake ing violet silk beneath. A violet silk and arrange these around the sides of a crush belt encircles the waist and the deep glass dish. Stone a quart of fine, juicy cherries, and sprinkle light with same silk trimmed here and there with sugar, unless very sweet. Pour these, an ecru lace point.
juice and all, over the sponge cake. Now The sleeve is voluminous as far as the juice and all, over the sponge cake. Now whip a pint of sweet cream very stiff; puff is concerned. It is made of the sweeten to taste, color about half of it plain grass linen and reaches only to the with red cherry juice, and pile it upon the cherries. Let it remain in the ice of eyelet grass linen over violet silk. box until the moment of serving.

HOUSEHOLD HINTS.

Walnut stain may be made at home if boil an ounce of the bark in a pint of of alum the size of a hickory nut to set the color.

The white of an egg is one of the most efficient remedies for a burn or a scald, excluding the air at once and affording relief. It is also used as an antidote for several poisons, taken internally, especially those of a corrosive nature.

It is not generally known that lemons may be easily and almost indefinitely preserved under glass. Some, one year, were purchased on Fourth of July, and, by way of experiment, each one was put under an inverted gobiet. Thus kept from the air, they were finally removed on Christmas Day in perfect condition, and juicy as ever.

Fruit skins carry germs and are no more intended for human sustenance than potato skins, melon rinds or pea pods. The bloom of the peach is a luxuriant growth of microbes, that of grape only less so; and when these are taken into the stomach they find more favorable conditions for their lively and

PECULIAR in combination, proportion and preparation of ingredirapid development which causes the decay of fruit before it is possible to digest it. This is the reason many persons think they cannot eat raw fruit. If they would in all cases discard the skin they could derive only good from the fruit itself. Nature provides the skin for the

tude of germs which are ever ready to is bruised or broken in any way. The microbes at once begin their work of decay, and the fruit is unfit for food.

The average baby, on being lifted from his morning tub, usually begins to shrick madly. It is not, as one might easily imagine, because he hates to leave that comfortable spot, but it is because the cold air strikes suddenly upon his little wet chest and stomach and gives him an unpleasant shock. If he is lifted sidewise, or even head first, and rolled quickly in his warm bath-blanket he seems to enjoy the operation much better, and usually waits until he is half dressed before he begins to wail.

HOMEMAKING AND HOUSEKEEPING.

Are you a Housekeeper or a Home maker? There is a vast difference in the

two, writes Laura A. Smith. The Housekeeper prides herself on shining floors and neat shelves. Dust kettle from the fire and stir until somewhat cooled. Each grain will then be separately crystalized in sugar.

TO PREPARE RUSSIAN TEA.

To PREPARE RUSSIAN TEA.

Sind dirt flee before her as before a cyclone. "A place for everything and everything in its place," is her motte, and her husband and children know to "O". Russian tea is so much more refresh- their sorrow that "Cleanliness is akin to godliness." Her dinners are always on time, her children's clothes are the perfection of neatness, and the wheels of the domestic machinery never annoy others need not contain the often added drop of by their grating. She gives her pitiful cordial, but a slice of lemon alone, with all to her family, and what does she get in return? An aching head and heart, gives a very piquant flavor to what, to herves that become the family bugbear, the American taste, is rather an insipid until her children go elsewhere for sympathy and comfort, because she is always too busy to stop and comfort or advise

Boil any white fish. Cut four good-sized cold white potatoes into dice. Pick into shreds enough cold fish to make a pint. Make a pint of cream sauce. Chop an onion fine with a little parsley. Put a layer of sauce in the bottom of a baking dish, then fish potatoes, onion, rever proceeding in this way until the maker comes first. Home is the magnet dish is full; the last layer sauce. Cover after they have families of their own and with broad crumbs and bake half an are widely scattered. Home comfort and home sympathy give the worker strength through all the struggles of life. Put a small pail in a wooden bucket A Homemaker wields her scepter in a and surround it with salt and crushed | basement or in a garret. Give her a tent ice. See that there is no salt in the pail. in the forest, and her fire of twigs burn

FASHION AND FANCY.

The up-to-date girl has lost her heart o that dainty material known as grass linen. When it first appeared this season she used it most cautiously in adorning her frocks. A band of it formed the cuff of her sleeve or it was the foundation of a lace-trimmed stock collar. But now CHER PONGE.—Beat four eggs very light; to the yolks add half a cupful of the land, and the young person who cannot be the land. flour, wet with cold milk, a pinch of salt, one-half teaspoonful of baking powder and a pint of hot milk; lastly add the beaten whites. Have ready in a buttered pudding-dish a half pint of stoned cherries sprintled with sugar.

Denote the same and the young person who cannot number at least a sailor collar and cuffs, full vest and, perhaps, a bodice of grass linen among the accessories of her summer wardrobe has no right to consider herself properly gowned. Such is the influence of grass linen in the property said the agent.

"Yes, sir," said the going once with myself." This is not number at least a sailor collar and cuffs, full vest and, perhaps, a bodice of grass linen among the accessories of her summer wardrobe has no right to consider herself properly gowned. Such is the influence of grass linen in the property said the agent.

combining well with almost any material. Many of the latest crepon frocks are trimmed with it. When embroidered in cyclet holes it is particularly effective as a blouse front over a gaycolored silk.

The sailor collars of grass linen are made not only with ecru lace insertion as a trimming, but the very latest novelty shows the collar combined with black meringue of the whites of four eggs, one half cupful of sugar and one small cupful of cherries, stirred through last. Heap this on a plate, brown lightly and serve as soon as cool.

CHERRY CHARLOTTE.—Cut in narrow this a few client of the last an eyelet-embroidered blouse front showthing a few client of stale arrange cales.

This gown, worn with a tan straw hat trimmed with violet silk mull and clusters of dark purple violets, is most effec-

A Parisian novelty for midsummer is you can procure walnut bark. Slowly the frock of white brilliantine, with vest, collars and cuffs of grass linen. The water for an hour, and then add a lump Godet skirt has each gore defined by a line of grass linen insertion, which gives it a novel touch. The waist has a short Eton jacket effect, with a full vest of eyelet grass linen over white silk and edged with grass linen insertion. Brilliantine is used for the leg-o'-mutton sleeve, which has three bands of the insertion arranged half an inch apart as the cuff. All sorts of odd designs are seen in silver belt buckles, and the more filigree work is displayed in them the more

costly they are. Sleeves grow larger as the season advances and more expensive, if possible. Whether made of silk, woollen or cotton goods, fibre chamois is the interlining used where a really good effect is de-

AN IDEAL PLACE FOR LADIES' SUMMER VACATIONS.

Ladies who are blessed with the opportunity of spending the summer away from the heat and turmoil of the city, will find an ideal place with the Sisters of Loretto at Niagara Falls, Ont. The good sisters have made a new departure this year, and will take ladies or young ents, Hood's Sarsaparilla possesses great girls as summer boarders, and will give them every accommodation from the

present time until the end of September. Of course those who do not wish to stay so long need remain only as suits their own convenience. Many not able for one reason or another to get away but a week or two will be just as welcome and as hospitably entertained as those who

come to spend the entire summer. This is an opportunity which so seldom presents itself, that it is to be hoped the beautiful Academy of Loretto will be filled throughout the summer. Its massive proportions, large and airy rooms and halls and comparative isolation make it indeed an ideal place for sumprotection of the fruit from the multi- mer rest; at the same time it is of easy access to the great cataract and all the attack it, as is evidenced when the skin varied attractions of world-famous Nia-is bruised or broken in any way. The gara Falls. Non-Catholics as well as Catholics will be welcomed by the sisters. There will be no burdensome rules to observe, and boarders can come and go as they please, only being required to keep within the limits of retiring hours. The terms will be foundquite reasonable and may be ascertained by addressing the Sister Superior, Loretto Academy,

Niagara Falls, Ont. Fortunate indeed will those ladies be who, instead of going for imaginary rest to crowded and uncomfortable summer resorts, seek instead the cool and quiet halls of Loretto.

YOUTHS' DEPARTMENT.

THE GOLDEN RULE.

" Phil, I've got a secret to tell you," said Kenneth Brooks, as he came into Phil Gordon's yard atter school was

Nice?" asked Phil. "Yes," was the answer, "nice for

"Oh," said Phil, and his eyebrows

fell. "My Uncle George," said Kenneth, has given me a ticket to go and see the man that makes canary birds fire off pistols and all that. Ever see him?" "No," said Phil, hopelessly.

"Well, it's first rate, and my ticket will take me in twice," said Kenneth, cutting a little caper of delight.
"Same thing both times?" asked

Phil.
"No, siree; new tricks each time. say, Phil," Kenneth continued, struck with the other's mournful look, "won't your Uncle George give you one?" "I ain't got any Uncle George," said

Phil.

"That's a fact. How about your mother, Phil?"

"The Property of the Phil to answered Phil, with "Can't afford it," answered Phil, with

his eyes on the ground. Kenneth took the ticket out of his pocket and looked at it. It certainly promised to admit the bearer into Mozart Hall two afternoons. Then he looked at Phil and a secret wish stole into his heart that he hadn't said anything about his ticket; but after a few moments' struggle, "Phil," he cried, "I wonder if the man would't change this and give me two tickets that would take you and me in at one time?"

Phil's eyes grew bright and a happy smile crept over his face. "Do you think he would?" he asked eagerly.
"Let's try," said Kenneth, and the two boys started off for the office window

at the hall. "But, Kenneth," said Phil, stopping

short, it ain't fair for me to take your "It is, though," answered his friend stoutly, "because I'll get more fun from going once with you than twice with

myself." This settled it, and Phil gave

in. "So you want two tickets for one time?"

his hat, "one for Phil, you know."

ticket man. 'No, sir; we use Ray's Practical," answered the boys; and they didn't know distressing to entertain. for a long time what that man meant by the Golden Rule.

JOINS THE CHURCH.

The Rev. Mr. Ayres Leaves the Episcopal Church to Join the Mother Church.

(From the New Orleans Evening States.)

In a card addressed to the "Episcopalians of Mississippi coast" and published in a morning paper, Mr. Nelson Ayres, heretofore one of the most self-sacrificing of priests attached to the Episcopal liocese that is subject to the rule of Bishop H. Miller Thomson, announces his intention of resigning from the priesthood of the Anglican communion and from all fellowship with that denomination, or, in other words, the gentleman referred to has become or is about to become a member of the Roman Catholic Church.

Mr. Ayres' renunciation of Episcopal peace "that passeth all understanding," Roman communion.

doxes in doctrinal teachings that now gravely considering their position with before Mr. Ayres have 'verted, as the term is employed, and still the end is

Following is the letter addressed by Mr. Ayres to the Bishop of Mississippi "My Dear Bishor:

"This is to place in your hands my resignation as missionary on the coast. and with it my resignation of the ministry of the Episcopal Church.

It is unnecessary for me to go into my reasons for this step, further than to say that I have at last seen the folly of trying to be a Catholic and a Protestant at the same time.

"For yourself, my dear Bishop, I entertain no feeling but the profoundest respect and affection. I appreciate deeply. and heartily thank you for the consideration and kindness that have marked all your relations to me, relations which I cannot sever without deep pain and re-

years, and of whom many are my dearest personal friends. I feel that I must exso delightful. Nothing could drive me duty to you, as well as to my own soul, and I feel that I owe you some brief explanation of my course.

tion bitterly prejudiced against everything Catholic, my study of the Scrip-tures and of history early drove me to the Episcopal Church, under the conviction that she was at least a living branch of that Church of God which he purchased believed and taught that her ministers were real priests, her sacraments actual "Yes, sir," said Kenneth, taking off channels of divine grace, and her teach lings the utterances of the Holy Ghost. "You do arithmetic by the Golden Rule down here, don't you?" asked the exercised her ministry in this persuasion, though for the last twenty of them with growing doubts, hard to suppose and

of the world and less the theories of the

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connections is announced in a dignified manner and the document throughout is pregnant of regrets over the severance of clerical ties that connected him for many years with the Episcopalians of the Gulf coast towns, among whom he labored as a missionary, and the letter to Rishop Thompson is no less the atterance of the scholar and gentleman and the religious seeker after that "rest" that drove Newman and Faber and Manning and other leading clerical lights of the great English church establishment to seek that and which they honestly thought could only be found in the arms of the great

With the apparent ritual and paradistracts the Episcopal Church in this country as well as in England, thousands of thoughtful men, and women, too, are regard to their allegiance to the church of their childhood. Thousands of others

gret.
"I beg your forbearance and your prayers, and remain ever,
"' Affectionately yours

"For you, the dear people, among whom I have labored for nearly seven press the deep pain I feel at the severance of the relations, which, for me, were to it but the profoundest sense of duty,

"Educated in a Protestant denominawith His own precious blood. I have

" Had I regarded more the actual facts

for the Church of God is a 'city set on a hill, that cannot be hid.' It is this Church that teaches God's truth with a voice of certainty and authority; it is this Church that claims for, and has in. its sacraments all that the Lord Jesus promised; it is this Church that makes It her business, as her Lord did, to take away the sins of the world. I dare not longer withhold my obedience from the holy Catholic Church. "Nelson Ayres.

narrow school in the church with which

I have been more or less identified, I

should not have been so long in doubt,

"New Orle us, June 18, 1895,"



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