Scientific and Useful.

CREAM CAKE .--- Two cups flour, two tea CREAM CARE.—I wo cups flour, two tea-spoonfuls cream tartar, mixed with the flour; one egg. two-thirds of a cup sugar, butter size of a butternut, half cup sweet milk, with one teaspoonful of soda stirred in. Bake in three layers. One cup of thick, sweet cream beaten to a froth, with two tablespoonfuls of sugar, stirred in at the last. Flavour with vanilla. Origin unknown.

Vanilia. Origin unknown. CERTAIN CURE.—A cure for Cholera Morbus.—A positive cure for this dangerous complaint, and for all acute or chronic forms of Bowel Complaint incident to Sum-mer and Fall, is found in Dr. Fowler's Ex-tract of Wild Strawberry; to be procured from any druggist.

trom any druggist. CREAM PUFFS.—One cup water, half cup butter; boil water and butter together. Stir in one cup of flour while boiling. Take from the fire, and when cool, stir in three eggs, not beaten. Bake twenty-five minutes in a hot oven. Avoid opening the oven doors. Drop in large spoonfuls on tin. Cream— Five even teaspoonfuls of flour, one cup milk holf our cure one egg. Beat are not wilk, half cup sugar, one egg. Beat egg and sugar together; and flour; stir all into the milk while boiling." Open cakes with knife and fill.

BUT ONE OPINION prevails throughout the world, and that is so strongly in favour of Perry Davis' Pain Killer, that no other article ever attained so widespread popularity.

PUMPKIN PRESERVES.—After carefully dressing raw pumpkin, cut it into inch squares; boil in two quarts of water with a cupful of vinegar until it is tender, and allow a pound of sugar to a pound of the prepared pumpkin; cook it well together and add a little ginger and lemon sliced in after it is cooked; convenient when fruit is scarce.

HONESTY THE BEST POLICY.—An hon-est medicine is the noblest work of man, and we can assure our readers that Dr. Fowler's Extract of Wild Strawberry is not only re-liable, but is almost infallible to cure Cho-lera Morbus, Dysentery, Canker of the Sto-mach and bowels, and the various Summer Complaints, whose attacks are often sudde and fatal.

HUCKLEBERRY PUDDING .--- Two teacups HUCKLEBERRY PUDDING.—Iwo teacups of flour (usually equal one pint), into this mix well one heaping teaspoonful of good baking powder and a teaspoonful of salt. Into this dry flour stir from half to a pint of huckleberries (or blueberries). When well flavoured, mix into a stiff mass with sweet milk if you have it (though water does pinch) milk if you have it (though water does nicely). Pour into a buttered pail, cover closely, set in a kettle of water and boil one hour.

USE THE OLD AND RELIABLE.

Catarrh destroys the senses of smell, taste Catarrh destroys the senses of smell, taste and hearing, rapidly becomes offensive, and often culminates in consumption and in-sanity. No matter what stage the disease has advanced to, Dr. Sage's Catarrh Remedy will certainly cure it. This preparation is the only sure cure for this malady in the market, yet has many imitators. Others may fail; it never does. Your druggist sells it.

tail; it never does. Your druggist sells it. A FINE FROSTING.—A fine frosting can be made of one cup of granulated sugar and one-fourth cup milk, without egg or gelatine. Method: Stir sugar and milk over a slow fire till it boils; boil five minutes without stirring; remove from fire; set saucepan in cold water or on ice while you stir it to a cream. Spread on cake while it will run. The advantages of this frosting is that it will keep longer than the egg or gelatine frosting, and it will cut without breaking or crumbling. Flavoured to suit the taste, it is excellent.

A DISTRESSING COUGH often causes the friends of the sufferer as much pain as the sufferer himself, and should receive imme-diate attention. Dr. Wistar's Balsam of Wild Cherry speedily cures coughs, colds, in-fluenza, sore throat, etc., and in many wellattested cases it has effected a perfect cure of consumption,

A COVERING FOR JELLIES. -Cut a piece A COVERING FOR JELLIES.—Cut a piece of white paper-muslin the size of the cup, and a piece of white paper a little larger; cover the paper with flour paste; then lay the muslin in the centre (glazed side down) and press together. Then cover over with paste and put on the tumblers, muslin next to the jelly. In doing this way you can use any dish without fear of the jelly mouldering, and it is much nicer than covers bought from the stores. from the stores.

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[SEPTEMBER 29th, 1886.

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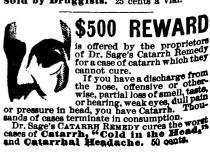
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