

upon the children to the third and fourth generation of them that eat pie ; and long life and vigor upon those who live prudently and keep the laws of health.

III. Remember thy bread to bake it well ; for he will not be kept sound that eateth his bread as dough.

IV. Thou shalt not indulge sorrow or borrow anxiety in vain.

V. Six days shalt thou wash and keep thyself clean ; and the seventh thou shalt take a great bath, thou, and thy son, and thy daughter, and thy manservant, and thy maidservant, and the stranger that is within thy gates. For in six days man sweats and gathers filth and bacteria enough for disease ; wherefore the Lord hath blessed the bath-tub and hallowed it.

VI. Remember thy sitting-room and bed-chamber, to keep them ventilated, that thy days may be long in the land which the Lord thy God giveth thee.

VII. Thou shalt not eat hot biscuit.

VIII. Thou shalt not eat thy meat fried.

IX. Thou shalt not swallow thy food unchewed, or highly spiced, or just before hard work, or just after it.

X. Thou shalt not keep late hours in thy neighbor's house, nor with thy neighbor's wife, nor his manservant, nor his maidservant, nor his cards, nor his glass, nor with anything that is thy neighbor's.
—*Phrenological Journal*.

The Eyes and the Teeth.

In the *International Dental Journal* for March, Dr. George T. Stevens, of New York, has a very interesting paper on "Some Conditions of Mutual Interest to the Dentist and Oculist." He shows that diseases of the teeth may induce reflex disturbances to the sight, and that diseased conditions of the eyes may cause neuralgic pains, which are frequently attributed to the teeth. He quotes authorities to show that rebellious cases of corneal disease frequently arise from the reflex irritation induced by difficult eruption of teeth, and states that attention to the process of first dentition will often relieve the corneal ulcers and other ocular diseases which occur at that period. To illustrate his second proposition, that neuralgic affections arising from the eyes are frequently supposed to be of dental origin, he states that some years ago while