

Helpful Hints.

Mme. Lijenstolpe, the Swedish teacher in the swimming school of the new Chicago Woman's Athletic Club, says that swimming will do wonders for the health of any woman. When she was seventeen it was thought she would die early as a consumptive, but she was fond of swimming, and, thinking she might as well enjoy her short life, began to spend a great deal of time in the water. She soon grew robust and strong and has now an enviable reputation as an expert diver and swimmer.

When you get a dollar's worth of raisins or currants, look them over and wash at your first opportunity. You will find it saves time. It is a consolation to me when I am in a hurry to think I can use raisins in this cake or pudding because they are all ready. Rice and white beans can be looked over and tied up to keep clean. Have them at hand, and when you have to wait with a meal or for a fire, look them over. You will be surprised when you have them all finished, to see how much you have done and how much time you have saved.

Religious Notes.

A very practical step in connection with city mission work has been taken by the Richmond (London) Christian Mission, in the establishment of a Holiday and Rest Home for Women. It is not to be exactly a charity, as the women will be expected to pay a small weekly sum. In commenting on this 'The Christian' says: 'The Home will be conducted as much as possible on the plan of a family, and all will be expected to attend prayers morning and evening, as well as the services at the mission hall or some other place of worship—so that all will be under Gospel influences. . . . The land on which the Home and mission hall stand has been paid for, and less than £700 remains to be raised of the cost of building.'

The 'Student Volunteer' movement is having practical results in England. A conversation with the Right Rev. the Lord Bishop of Manchester, reported in the London 'Christian Age,' deals with his open-air services. In these he has been greatly assisted by some dozen young students who are interested in the movement, indeed, the children's morning services on the sands have been entirely run by them. The Bishop has written most enthusiastically about his summer open-air work. 'I regard this,' he said, 'as a precious and unique opportunity. You have people from all over the country, and have a chance of influencing them for good. There are great advantages about open-air work, advantages which you do not get in church or chapel. In the first place, people believe you are in earnest. You are not paid to do this, so why should you?'

The Rev. Dr. McAfee, pastor of the Lafayette Avenue Presbyterian Church, Brooklyn, received a circular offering to send him a supply of liquors in 'plain packages.' Surprised at the receipt of such a communication, he wrote to the dealer and asked him 'if he found it worth while to send such advertisements to ministers, and also enclosed a copy of a sermon on the evils of intemperance. The distiller's reply was: 'I wish to acknowledge your letter, and in direct reply to your inquiry beg to state that it was not with any consent of mine that my circular reached you. My experience would not at all justify me, I am pleased to say, in wasting any postage stamps on ministers of the gospel. The circulars are sent out by an addressing company, and possibly the person who addressed yours had an idea in common with many others that ministers were consumers of whiskey. For myself, I am glad to know to the contrary. I could certainly have no quarrel with either your letter or your sermon, which I read with much interest. If I were the one to give the decision, and it rested entirely with me, I would wipe out the whole traffic in intoxicating liquors without a moment's hesitation. I quite agree that it is opposed to church principles, and the betterment of humanity, and

GOURLAY, WINTER & LEEMING

188 Yonge Street, TORONTO.

17th Annual Stock-taking Sale of
SLIGHTLY USED

PIANOS AND ORGANS

The announcement of this sale is the commencement of preparation for stocktaking next month. It is important for us to dispose of every used Piano or Organ at once—so important that we have cut the prices down to a point below expectation of profit; in some cases less than a third of the original cost.

Our necessity provides the opportunity for you to secure a splendid instrument at a nominal cost; and the payments are so easy that no home need be without an instrument.

Do not put off ordering till next week. Do it now, and secure an early choice. Even if you get the last choice, you'll be proud of the instrument, but you might as well be first.

TERMS OF SALE.

- 1—We Guarantee every Instrument for **Five Years.**
- 2—We ship subject to your approval, and will **pay the return freight** if not fully satisfactory.
- 3—A **Handsome Stool** accompanies each Instrument.
- 4—Every Instrument Safely Packed **without extra charge.**
- 5—A Discount of **10 Percent** off these prices for **Cash.**

TERMS OF PAYMENT.

Organs, under \$50	\$5.00	Cash, and	\$3.00	per month.
" " over \$50	\$10.00	" "	\$4.00	" "
Pianos, under \$150	\$10.00	" "	\$4.00	" "
" " " " over \$250	\$15.00	" "	\$7.00	" "

ORGANS.

BELL -- 5 octave Organ, by Daniel Bell; has 9 stops, 2 full sets of reeds, 2 knee swells, walnut case, with music rack; height, 5 ft. 9 inches.

Original Price, \$90. Now **\$23.**

DOMINION -- 5 octave Organ, by The Dominion Co., Bowmanville; walnut case, with high back, carved; has 6 stops, 2 sets of reeds in the treble, one in bass, 2 knee swells. Height, 6 ft. 10 inches.

Original Price, \$125. Now **\$29.**

BELL -- 5 octave Organ, by W. Bell & Co.; walnut case, decorated panel, has 10 stops, 2 sets of reeds in treble, and one in bass, coupler, 2 knee swells. Height, 6 ft. 3 inches.

Original Price, \$125. Now **\$28.**

BELL -- Splendid 5 octave Parlor Organ, by W. Bell & Co.; 4 sets of reeds in treble, 3 in bass, in addition to sub-bass, 13 stops, couplers, 2 knee swells; in handsome walnut case, with high top. Height, 6 ft. 10 inches.

Original Price, \$175. Now **\$57.**

DOHERTY -- 6 octave Piano-Case Organ, in rich walnut case, with full length music desk, mirror top and lamp stands; 11 stops, 2 sets of reeds, 2 couplers, 2 knee swells, etc. Very little used.

Original Price, \$150. Now **\$79.**

DOMINION -- Very handsome 6 octave Piano-Case Organ, by The Dominion Co., Bowmanville, in walnut case, with carved panels, lamp stands, mirror top, automatic folding mouse-proof pedals; has 11 stops, 2 sets of reeds throughout. Used very little, and could not be told from new.

Original Price, \$175. Now **\$89.**

PIANOS.

HAINES -- Very handsome Square Piano, by Haines Bros., New York, in rosewood case, carved legs and lyre, serpentine mouldings, full overstrung scale, iron frame, in perfect order.

Original Price, \$400. Now **\$109.**

HEINTZMAN & CO. -- Very handsome Square Grand Piano, by Heintzman & Co.; 7 1-3 octaves, full iron frame, full overstrung scale, case in rosewood, with carved legs and lyre, serpentine and plinth mouldings; a splendid piano, in excellent order.

Original Price, \$450. Now **\$115.**

DOMINION -- Dainty Cottage Upright Piano, in walnut case, with marquetry panels, and lacquered Candelabra, full iron frame, tri-chord overstrung scale, Mandolin attachment.

Original Price, \$250. Now **\$185.**

NEWCORSE -- 7 1-3 octave Upright Piano, by The Newcombe Co., Toronto, in ebonized case, with tri-chord overstrung scale, double repeating action; a nice toned piano in perfect order.

Original Price, \$300. Now **\$189.**

KARN -- 7 1-3 octave Upright Piano, by D. W. Karn & Co., Woodstock, in handsome burl walnut case, full length music desk, Boston fall board, full iron frame; Wessel, Nickel & Gross action, ivory and ebony keys.

Original Price, \$375. Now **\$235.**

MENDELSSOHN -- 7 1-3 octave Piano, by The Mendelssohn Co., Toronto, in rich mahogany case, full length music desk, carved panels, 3 pedals, practice muffler, ivory and ebony keys, etc. Used less than a year.

Original Price, \$340. Now **\$243.**

GERHARD HEINTZMAN -- 7 1-3 octave Upright Piano, in rich mahogany case, full length, plain polished panels and music desk, iron frame, double repeating action, 3 pedals, etc. Could not be told from new.

Manufacturers' Price, \$400. Now **\$269.**

GOURLAY -- Cabinet Grand Upright Piano, of our own make, in rich mahogany case, full-length panels; Boston fall board, ivory and ebony keys, 3 pedals, etc. If you ordered a piano of this size at \$1,000, it could not be finer in musical or durable qualities; we would have to put the extra expense on the case.

Regular Price, \$425. Now **\$305.**

GOURLAY, WINTER & LEEMING,

188 Yonge Street, Toronto.

I only regret that circumstances are such that I am compelled to remain in it. I do not care to enter into any discussions or arguments on the temperance question, because there would really be no chance whatever for an argument against yours. I apologise for having been the innocent means of your being troubled with my circular. The reason is given above.

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