Bear River Meat ----and---- Provision Market

Choice fresh Meats, Hams and Bacon, and Canned goods of all kinds. Fish market in connection Fresh fish when they can be procured, Salt always on hand.
☞ Cash paid for poultry of all kinds.

Soliciting your patronage
I remain yours
M. Armstrong
BEAR RIVER, N. S.

OUR NEW COURSES OF STUDY

Are filling our rooms to the doors.
See the combination: Loose Leaf Systems, Card Systems, Duplicating Systems, Modern Method of accounting, Isaac Pitman Shorthand.
Catalogues to any address.

S. KERR,
Principal
Odd Fellows Hall

Shorthand and Typewriting in 30 Days.

All persons sending this ad. to us on or before the 15th, day of November, will get the benefit of the reduction on the correspondence. All presenting this ad. at our College will receive the benfit of reduction on Shorthand & also Typewriting FREE
We teach Shorthand only, in 30 days. Students at our College write from new matter 124 words per minute transcribing notes perfectly on their 15th, day at College. Only NINE CHARACTERS, No DOTS, DASHES or thickening Characters. As easily written as longhand months after being written. CITY REFERENCES from
Graduates and Employers.
Classes every day except Saturday and Mon. Wed. and Friday evenings. Write for full information to,

Boyd's Syllabic Shorthand & Business College,
Publisher Block,
SYDNEY, N. S.

THE HARBINGER.

"Ees com' da spreeng!" da peopla say,
An' weenter time ees gon' away.
I hope ees true, baycause, you know,
I am so seeck weeth ice an' snow;
I am so seeck eenside my soul
For gotta buy so moocha coal,
An' overcoat, an' warma clo'es
An' haonkacheef for blow my nose.

"Ees com' da spreeng!" da peopla say,
An' so I am com' out to-day
For justa see eef eet ees true,
An' play da musica for you.
Da weend ees colda 'nough for mak'
Me wanta stop an' gona' back,
But som'theeng w'eesper eeer my ear:
"Ees com' da spreeng! Da spreeng ees here!"

"Ees com' da spreeng!" da peopla say,
Dat passa by an' hear me play
"Lucia" on my street pian'
"O! see da Dago music man!"
Dey say: "Dat's mean da weenter's past
An' spreeng ees gattin' here at last!"
I nevva hear sooch funny theeng!
Dey take me for a sign of spreeng!

—By T. A. Daly in the Catholic Standard.

PROF. H. A. HOWELL, OF HAVANA, CUBA, RECOMMENDS CHAMBERLAIN'S COUGH REMEDY.

"As long as I can remember my mother was a faithful user and friend of Chamberlain's Cough Remedy, but never in my life have I realized its true value until now," writes Prof. H. A. Howell, of Howell's American School, Cuba. "On the night of Feb. 3rd our baby was taken sick with a very severe cold, the next day was worse and the following night was desperate. He could not lie down and it was necessary to have him in the arms every moment. Even then his breathing was difficult. I did not think he would live until morning. At last I thought of mother's remedy, Chamberlain's Cough Remedy, which we gave, and it afforded prompt relief, and now, three days later, he has fully recovered. Under the circumstances I would not hesitate a moment in saying that Chamberlain's Cough Remedy, and that only, saved the life of our dear little boy." For sale by W. A. WARREN, BRIDGETOWN, W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

As indicative of the enormous losses that the apple speculators are sheltering this year, it may be noted that a car of apples for which the shippers paid $960 was shipped on Tuesday of last week from Berwick station, having been sold to a London firm for $144.

EXPERIENCE THE BEST TEACHER

An experience of nearly fifty years in the jeweler's business, has given our patrons a confidence in our work which we feel is justified by results. If you have a watch out of repair and others have failed to make it "go" try us.

J. E. SANCTON

A CHRISTMAS MESSAGE

An Opportunity to Carry Gladness to the Suffering and Needy

Toronto, Can., Dec. 11th, 1907

Dear Friend:—

A Christmas message, "Peace on Earth: Good Will to Men," was sent to this old world long ago to bring gladness.

Was this poor fellow included?

The Place. Not Africa or Pagan India, but Christian Canada.

The Persons. A son pleading for his father. Father, with one arm (the other lost in railway service), stands with tears streaming down his cheeks as he tells his story in the doctor's office, Muskoka Hospital:

"I have been a railway conductor. I have been turned out of my boarding-house, where I lived for seventeen years, because I had consumption. Then I had to leave the hotel for the same reason. The hospital of my town refused me. I have travelled for two days to reach here. For God's sake, doctor, let me stay. I have got money to pay for all I want."

If this was the story of a poor fellow with money, what about the hundreds who are seeking admission to the Muskoka Free Hospital for Consumptives, with their money all gone in the struggle with this dread disease?

The Muskoka Free Hospital for Consumptives has never refused a patient because of his or her poverty.

It now cares for seventy-five patients. It would care for three hundred if the needed money was forthcoming.

It has no endowment, except in the kind hearts and the generous gifts of the people of Canada.

His Excellency Earl Grey has shown his interest and sympathy in this great work for the needy consumptives by accepting the position of Honorary President of the National Sanitarium Association.

Your golden dollars may be the Angels of Mercy this Christmas to bring the glad tidings of Good Will and Returning Health to some poor fellow seeking admission into his only refuge, the Muskoka Free Hospital for Consumptives.

A last word—will you help to care for these whom others do not want?

Faithfully yours,

No. 3

Dog-Fish as Food

(Yarmouth Herald.)

About three years ago I wrote to the Dominion commissioner of fisheries at Ottawa telling him of my experiments with dogfish as a food. The commissioner wrote me a very nice letter and sent me his special report on dogfish, with some of the striking passages marked, proving that the dogfish is a coarse, rank fish and a scavenger, and that a taste for it had to be acquired. That statement is anything but true. So the case to me looked about hopeless, and altogether at variance with my careful experiments. I have caught and cooked fish from the sea level to more than ten thousand feet above and think that I know some thing of fish as a food. And I will say that dogfish properly cured and cooked is the most delicious and finest flavored fish that I ever tasted. I have dressed and cured the dogfish and have cooked them in many ways from, fresh, corned, smoked, salt and pickled, and in every way they showed their superiority over other fish treated the same way as food.

The dogfish is a most wonderful nerve food. When you eat the ordinary fish, you have to overload yourself and it takes all your force to digest it if you can, but when you eat dogfish you have plenty of room for your vital machinery to work in.

A dogfish should be bled when caught. Dress him nice and cook him twice as long as you would cod. People seldom cook cod or any other fish half enough. The trouble with canned dogfish will be to have them thoroughly cooked.

If our people knew the real value of the dogfish as a nerve food alone, the market could not be supplied. Then the food fish problem would be solved, and there would be no more fools tinkering with schemes to destroy our best food fish and our fishermen would be so happy. The time has arrived when a high power food is required. Give us dogfish and potatoes for breakfast and see how easy it is to get about and how much we can accomplish. A man loaded with oatmeal porridge is about as spry as a meat block on legs, and his brain might just as well be porridge too.

Josh Billings said multiply and increase had always been the battle cry of the Billings family, so let us eat dogfish and lead the world. Canada for ever.

J. D. H.

Tickling or dry Coughs will quickly loosen when using Dr. Shoop's Cough Cure. And it is so thoroughly harmless, that Dr. Shoop tells mothers to use nothing else, even for very young babies. The wholesome green leaves and tender stems of a lung healing mountainous shrub give the curative properties to Dr. Shoop's Cough Cure. It calms the cough, and heals the sensitive bronchial membranes. No opium, no chloroform, nothing harsh used to injure or suppress. Demand Dr. Shoop ROYAL PHARMACY, BRIDGETOWN, BEAR RIVER DRUG STORE, BEAR RIVER.

FALLING OFF IN BANK DEPOSITS.

The steady falling off in Canadian Bank deposits is a subject of discussion just now and the bankers are busy explaining the shrinkage. A prominent Bank said to-day that the railroads have eaten into their cash balance very extensively while owing to the re-adjustment which is going on, many business houses instead of maintaining their ordinary balances have been obliged in many cases to seek accommodation in the shape of overdrafts. There is no doubt too that a great deal of money is constantly being withdrawn from the banks and is being reinvested in the stock market.

There is a law in New York against the employment of children under fourteen years of age in factories, stores, and certain other specified work places. But the ingenious employer of young children easily got over that law by the simple device of getting the children to do the required work at their homes. It is said that there are over 5,000 tenements in New York in which manufacturing work is thus carried on, and in which children of very tender age find employment. There are some things upon which effective legislation is not easy or even possible.

THAT
BILIOUS FEELING
IS CURED BY
Mother Seigel's Syrup, which acts directly on the liver and stomach, quickly restoring them to healthy natural action, and thus it cures biliousness and indigestion.
MOTHER SEIGEL'S SYRUP
Price 50 cents per bottle. Sold Everywhere
A. J. WHITE & CO., Montreal.

These are the kind of Biscuits that Beaver Flour makes—light, flaky, tasty, inviting, appetizing.
"Beaver Flour"
is equally good for Bread and Biscuits — Cake and Pies — because it combines the famous pastry-making qualities of Ontario flour with the strength of Manitoba wheat flour. 74
Ask your grocer for "Beaver"

IN A LITTLE WHILE.

(Chicago Record-Herald.)

On the hillsides lambs will gambol,
In a little while:
Down the lanes the cows will amble
In a little while;
Fragrant blossoms will be swaying
In the gentle breeze;
Lovers will go forth a-Maying,
Full of ecstasies,
In a little while.

Robins will be blithely singing
In a little while;
Maids in hammocks will be swinging
In a little while;
Foolish fellows will be rocking
Overladen boats;
Glib spell binders will be flocking
Out to capture votes,
In a little while.

Bumble bees will gladly bumble
In a little while;
Into pitchers flies will tumble
In a little while;
Passing people will be hearing
Golfers crying "Fore;"
Wall street will be busy shearing
Trusting lambs once more,
In a little while.

All the woods will ring with gladness
In a little while;
People will forget their sadness
In a little while;
Doves will be serenely cooing
Kites will cleave the air;
Maddened mobs will be pursuing
Umpires here and there,
In a little while.

ONE WOMAN'S EXPERIENCE.

During the past summer the rush of business that one woman had may serve as a hint for some other woman. Ten years ago her husband grew to be a helpless invalid, not sick in bed but confined to a chair and unable to help himself. She had one daughter, a girl of eighteen. She looked around and hired a small shop at a popular seaside resort, Bar Harbor, Maine. The shop is an ordinary one but is well located, near several large hotels. And there she makes and sells sandwiches, hundreds every day, from the first of June until the middle of October. Her sandwiches are perfect; each cut in four parts and wrapped in a crepe paper napkin and slipped into a paper bag. She makes a dozen different kinds of sandwiches, four kinds of good pie, coffee, tea and chocolate, has boxes of biscuit and bottle of pickles for sale, and makes money. Her daughter stands behind the counter and she is in the back room, where she now employs three helpers. Many and many an evening it has been necessary to stand in line to get into the sandwich shop, and her daughter says that often in the rush season they are kept hard at work until two o'clock in the morning

The secret of their success is not a lack of competition, for there is a delicatessen shop within a stone's throw of the place. But in the delicatessen shop the woman and her helpers are unkempt, wear greasy blue aprons, wipe their knives and other utensils on soiled cloths, tear off ragged bits of paper to wrap purchases in and furnish sandwiches that are always open to suspicion. While the successful women are dainty in their cleanliness, pleasant and dignified and the food they sell is perfect of its kind and is delicately served.

In both places the light refreshments sold can be eaten at small tables or carried away, but the atmosphere of the cleaner place draws a better class of customers, so it is always pleasant to go there, while at the other place it is always noisy and embarrassing.

What one woman has done, some other capable woman may be able to do.

There was a fall in British shipbuilding at the end of the year, as compared with 1906, says Lloyd's Register, the vessels under construction (excluding warships) being 433 of 948,890 tons, against 481 of 1,166,989 tons.

Stamp-Licking Machine

PLACES STAMPS ON LETTER WITHOUT HUMAN AID.

LONDON, March 11.—Stamp-licking is to be abolished by a new invention—a machine which places the stamp on the letter without any human aid beyond the pressing of a lever.

The machine is unbreakable, so it can be left in the street all night—which means that it will never be too late to get a stamp.

The stamp-licker, which will probably be in general use in October, is inclosed in a species of cupboard. Altogether it looks very similar to an automatic machine.

The envelope is put into a little slot. One, two, or three pennies, according to the number of stamps required, are placed in slots, and a lever is pressed down. The envelope is withdrawn—and there are the stamps upon it.

The changing of a finger on a dial will cause stamps of any value required to be stuck on the envelope. No base or foreign coins are accepted by the machine. All coins are weighed on a balance in the interior, and if they are found wanting back they come through another slot.

Business houses will be able to buy the machines, and it is hoped that the post office will supply rolls, instead of sheets, of stamps to put into them. There will be no coin attachment in this case, but correspondence clerks will be able to stamp their letters far more quickly they can now, and without the clinging taste of gum.

$100.00 paid by Dr. Shoop for any recent case of Grippe or acute Cold that a 25 cent box of Preventics will not break. How is this for an offer? The Doctor's supreme confidence in these little Candy Cold Cure Tablets—Preventics—is certainly complete. It's a $100. against 25 cents—pretty big odds. And Preventics, remember, contains no quinine, no laxative, nothing harsh nor sickening. Pneumonia would never appear if early colds were broken. Safe and sure for feverish children. 18 Preventics 25 cents.
ROYAL PHARMACY, BRIDGETOWN, BEAR RIVER DRUG STORE, BEAR RIVER.

Beware of peddlers who go up and down the country offering special snaps. If you heed them you will always lose. People in the Cornwallis Valley at the present time are mourning the loss of a good many dollars that they invested in cloth that a peddler sold to them for suitings. He first sold towels that were fair value perhaps, and on the strength of that disposed of suitings at a good price that turned out to be almost worthless. The people thus lost hundreds of dollars.

Permanent Results

"I had been suffering for over two months with an obstinate cough, as had also my little girl. We tried several remedies common to any drug store without obtaining any apparent relief, in fact we were growing worse. I got a bottle of Coltsfoote Expectorant from my druggist and inside of two days the cough was stopped, and the results so permanent and rapid that we decided to keep it in our home continually.
ROBERT PALEN.
C. A. R. Station, Ottawa.

Coltsfoote Expectorant is recognized the world over as the best prescription ever used by the medical profession for Coughs, Colds, Croup, Bronchitis and Tightness of the Chest. Children like it. To introduce it into every home we will send a free sample to every person sending their name and address to Dr. T. A. Slocum, Limited, Toronto. Sold by all up-to-date druggists at 25c.
Send for Free Sample To-day.

It is estimated that at least two and one half billion dollars has been squandered in stock gambling in Wall street in the last twenty-five years, the gambling leaving in its wake a trail of embezzlements, ruin and suicides. It is against this form of gambling that six bills have been introduced into the New York state legislature during the present season.

"There's nothing like
St. George's Baking Powder
"It *keeps* its strength—the last spoonful is as good as the first."
"And it gives such a fine flavour to the baking, once people use it, they want it every time."
Write us for our new Cook-Book.
National Drug & Chemical Co. of Canada, Limited, Montreal.

FOR Colds, Croup, Coughs, Catarrh, Cramps, Cholera, Colic, Asthma, Bronchitis, Influenza, Pleurisy

Don't let a cough or a cold get a hold on you—it may develop into something serious. Shake it off at once—take a few drops of Johnson's Anodyne Liniment on sugar and see how quickly it will bring relief.

Good for external pains too. For 97 years has cured sprains, strains, muscular rheumatism, sciatica, lumbago, stiff joints, lame back, etc. Try it!

Guaranteed under Food and Drugs Act, June 30, 1906. Serial number 1338.
25c. a bottle; large bottle holding three times as much, 50c. Sold everywhere.
I. S. JOHNSON & CO., BOSTON, MASS.

Cowan's
Maple Buds, Cream Bars and Milk Chocolate
are superb confections. Nothing to equal them.
THE COWAN CO., Limited, TORONTO 46

I Want Your Cash. You Want My Goods | **Bargains! Discount from 20 to 50 p. c**

To clear balance of Men's and Boy's Underwear, Top Shirts, Caps, Sweaters and Jumpers, Ladies' Misses' and Children's Underwear, Night-gowns, Wrappers, Furs, Hats, Caps Toques Wool Hosiery, Gaiters, Gloves, Corsets, Tam O'Shanters, Waist Lengths and Felt Slippers.

BLANKETS, ART MUSLIN, CRETONNES
—ALSO—
GLASSWARE, TINWARE, HORSE BLANKETS.

Women's Rubbers.....50c
Stock Food.....26c
Misses Rubbers.....40c
Baking Powder 1-2 lb.....10c
Art Baking Powder with premiums.....60c

1 China Tea Set, price $2.50 now $2.00
1 " " " " 3.00 " 2.25

These bargains for short time only.
W W. WADE, BEAR RIVER, N. S.

Seeds For Early Sowing

We have now our full lines of Seeds in stock. Start your **Tomatoes and Cauliflowers** early and insure yourself the first fruit. Our stock of.

Flower Seeds
includes the choicest and best special lines of the best growers.
Atlee's Strains
of MIXED SWEET PEAS and GIANT CALIFORNIA VARIEGATED NASTURTIUMS both climbing and dwarf are unexcelled.
☞ The above named we put up in 5c and 10c packages. Postage paid on all package seeds. Send us a trial order.

Atlee's Drug and Stationery Store
Annapolis Royal N. S.

'Nothing Succeeds Like Success'

The Manufacturer's Life

New Business for first half-year 1907 $5,177,628

for rates and plans apply to
O. P. GOUCHER, General Agent, MIDDLETON, N. S
or CAPT. S. M. BEARDSLEY, BRIDGETOWN, N. S

ALL EYES FRONT
And turn towards the store at the south end for your
HOLIDAY SUPPLIES.
My stock of GROCERIES is complete and fresh. Wanted all kinds of FARM PRODUCE, in exchange for Goods at the highest market prices.
I remain yours,
M. O. RICE,
BEAR RIVER, N. S.