

REGAL

In Town and Country

In city, town and village happy families are today enjoying good food made with REGAL Flour. Thrifty housewives use it for all their baking. All are agreed that

It's Wonderful for Bread

Halifax Woman Tells of Big Change

"The 'Flu' pulled me down to where I was almost a skeleton and left me in such a miserable state of health that life seemed hardly worth living. My circulation was so weak that my limbs, hands and feet were actually blue. I could not keep a bite of solid food on my stomach and for a whole month the only nourishment I could take was a small quantity of milk.

"Words can't describe how I suffered from indigestion. At times my heart would almost stand still and I simply had to fight for breath, and I had such bad dizzy spells that I could not see.

"Something seemed to keep telling me that if I would take Tonic I would get better and that is just what happened. For I had not taken more than three doses until I began to feel stronger. After finishing my sixth bottle I was eating just anything I wanted and found I had gained more than thirty pounds in weight. I can now do all my housework and look after the children and still feel as fresh at the end of the day as when I start in the morning."

The above statement was made recently by Mrs. George Shearing, 268 Chebucto Road, Halifax, N. S.

Tonic is sold by all good druggists.

NOVA SCOTIA WELL TO FORE AT FRUIT SHOW IN LONDON

Ottawa.—The awards won by Canadian exhibitors at the Imperial Fruit Show, now being held in the Crystal Palace, London, have been cabled to the Fruit Commissioner, Ottawa. Ontario leads with eleven firsts, nine seconds, one third, and two specials. British Columbia won four firsts, two thirds and two specials. Nova Scotia secured two firsts, three seconds, five thirds and three specials, and Quebec one second and one third prize.

Nova Scotia and Quebec were successful in the British Empire section, the former winning first prize on 20 boxes of a dessert variety and on 20 boxes of a culinary variety, Quebec winning second in the former section.

It was in the overseas section that Ontario was especially successful, winning eleven firsts, nine seconds, and one third prize on six box exhibits of named standard sorts. British Columbia won two firsts in this section on six box lots of Cox Orange Pippin and Spitzenberg, the second going to Nova Scotia and Quebec respectively.

In the special prize for Provincial classes, Nova Scotia won first on Gravensteins, Ontario first on Kings and British Columbia first on Cox Orange.

A special award, designated the Northard Prize, was won by F. A. Parker, Berwick, N. S.



OTTOMAN

Cigarette Tobacco

ROLL YOUR OWN

with OTTOMAN cigarette tobacco and get all the smoking pleasure that only a freshly rolled cigarette can give you.

OTTOMAN cigarette tobacco is of an ideal texture,—cut long and fine, which guarantees a uniformly rolled cigarette.

Every package is sold with a book of cigarette papers attached.

On Sale Everywhere 10 cts.

Rock City Tobacco Co. Ltd.

25 Cigarettes for 10 cts.

Classified Ads.

Advertisements not exceeding one inch will be inserted under this heading at the rate of 50c. for the first insertion and 25c. per week until ordered out, cash in advance.

For Sale

ONE FORD CAR. EASY TERMS. 26-11. B. N. MESSINGER.

SMALL QUANTITY OF SCRIBBLERS and Note Books for sale at 31-11. MONITOR Office.

FOR SALE—SECOND HAND FUR—For origin in first class condition. A bargain. W. C. PARKER, Lawrencetown, N. S. 26-11.

FOR SALE—WICKER BABY CHAIR—In good condition. Will be sold cheap. Apply X. Y. Z. 31-11. MONITOR Office.

FOR SALE OR TRADE

CHEVROLET CAR. NEW IN JUNE. For Sale or Trade for anything equal to cash. Apply to 31-21p. T. C. BORDEN.

COLUMBIA REPRODUCER ATTACHMENT to fit an Edison Diamond Disc Phonograph. Will play any needle record on an Edison. Only used a few times. Apply MONITOR Office.

DESIRABLE FIELD OF 3 ACRES, more or less, containing various fruit trees; being a part of the estate of the late Rev. John Cameron, situated in the Town of Bridgetown, with right-of-way to Grandville Street. Apply to 29-41p. MRS. JOHN CAMERON.

FOR SALE OR TRADE FOR A PAIR of heavy oxen, one choice bay Mare, eight years old, weight about 1200 lbs. Perfectly sound and kind, perfect to work and a fair driver. J. B. SAUNDERS, 29-11. Phone 106-5, West Paradise

KITCHEN RANGE SLIGHTLY USED For Sale. Six nine inch dampers; large Oven, good cooker, well nickled. Burns wood or coal. Price \$20.00. Also fifteen bushels potatoes at market price. Will be taken on purchase price. M. C. McORMICK, Annapolis Royal. 31-21p.

Wanted

WE WANT PROPERTY TO SELL! LET US ADVERTISE YOUR PROPERTY for you, if worth the money we can move it. LLOYD'S REAL ESTATE AGENCY. 30-11.

Notice

TO LET

MODERN HOUSE ON SOUTH ST., furnished or unfurnished, at moderate figure. Possession at once. Apply at 30-11. MONITOR Office.

CARPENTER AND REPAIR WORK

GENERAL CARPENTER AND REPAIR work promptly and neatly done. HAROLD BEATTIE, Phone 102. 30-11.

NOTICE

IF YOU WISH TO SELL PROPERTY, Town or Country, communicate at once with G. P. RAYMOND, Buyer's Agent, Berwick, N. S. No commission asked. 27-11.

RENFREW MACHINERY CO., LTD., SUSSEX, N. B.

Engines, all sizes. Ranges Cream Separators. Truck Scales. Belting. Pump Jacks, etc. R. D. MILBURN, Agent. 31-31p. Phone 7-22, Bellefleur, N. S.

PURE WATER

Kent & Kennedy Artesian Well Drillers. If your water supply is not satisfactory we can solve the problem by drilling an Artesian well for you. For prices, etc., write O. V. KENNEDY, Grandville Ferry. 15-11.

BEAUTIFULLY LOCATED


180 acre farm. 60 acres cultivated, 40 acres upland, 14 acres orchard, 20 acres pasture, balance wood and timber. Soil light loam, easily worked, sloping. Thirty tons hay. Buildings good repair. Eight room house, electric lights, hardwood floors, concrete cellar. Large barn, also tenant house for hired help. Lloyd's Real Estate Agency. 31-11.

REAL ESTATE

Fine selection of farms and homes for sale in Annapolis and Kings Counties. Send for catalogues and particulars to G. F. FISHER, Valley R. E. Agency, Middleton, N. S.

Minard's Liniment Relieves Neuralgia Minard's Liniment for sale everywhere.

Rifles, Guns and Ammunition



Just Arrived

KARL FREEMAN

Heavy and Shelf Hardware and Builders' Supplies
BRIDGETOWN, N. S.

PATCHES ON THE PATCH BAG

If you will fasten a large safety pin on the outside of the bag where you keep your patches and attach a small sample of everything that goes into the bag you will save yourself lots of time and exasperation.

"Raw From Eczema Doctors Do Their Best"

"Forty years I suffered. One leg raw from toes to body. No living man could believe what I suffered. It was D.D.D. that relieved me, and for three years I haven't had a sign of eczema."

These words are taken from the letter of Rufus Garrett, Chateaufort, Ontario. Mr. Garrett will answer any questions you care to ask him. If you haven't tried the cooling, healing D.D.D. for skin disease we shall be glad to sell you a bottle today on our personal guarantee. Also a bottle, 717 D. D. Soap, too.

D.D.D.
THE Lotion for Skin Disease

For sale at all dealers.

TO MAKE CANADA INDEPENDENT IN MATTER OF FUEL

Ottawa.—Preliminary discussion of Canada's fuel problems and the need of wider utilization of Canadian bituminous coal after its adaptation for furnace use took place at a meeting of Government scientists named by the Minister of the Interior to study the fuel situation.

The members of the committee are Dr. Charles Campbell, Deputy Minister of Mines, Chairman; F. C. C. Lynch, Chief of the Natural Resources branch of the Interior Department; Secretary; J. McLeish, R. Haanel and D. B. Dowling, of the Mines Department, and J. B. Chisholm, Chairman of the Dominion Water Power Board.

The purpose of the committee is to consider means of making Canada more independent of American supplies by considering means of using Canadian coal for house heating.

The present committee, it was announced, will take up the problem of coking Nova Scotia coal for use in central Canada and to consider also other means whereby householders of the Dominion may be rendered less dependent on imported fuel. The addition of a transportation expert to the present committee may be made within a short time, it is understood.

LAWRENCETOWN DEPARTMENTAL STORE

The Chilly Winds of Autumn

For your protection drop in and get a suit or two of our all wool underwear. We have all kinds and sizes, ladies and gents, girls and boys, youths and maidens, and our prices are right.

Our Stock of Men's, Boys', and Youths' Suits is now complete from three of the best houses in Canada. New, Nobby and Cheap. Call and examine. We invite your inspection.

Also a nice selection of popular colored Homespuns, and jumper flannels for ladies dresses.

Very Special

For one week only, very heavy, yard wide Flannelette

For Twenty Cents a yard

Shaffners, Limited
LAWRENCETOWN, N. S.

Heaps of Stock at Hick's

5 cars of Shingles all grades, 1 car of Cement, 1 car Selenite, 1 car Roofing, 1 car Metal Shingles.

Headquarters for everything in the line of Building Material. Try us and be satisfied.

J. H. HICKS & SONS
Queen St. BRIDGETOWN, N. S.

Hard Coal

We are now in position to book your order for Hard Coal. Place it early and be safe.

SOFT COAL in stock:—

INVERNESS
SPRINGHILL
Arriving this week:—
ACADIA NUT.

J. H. Longmire & Sons
BRIDGETOWN
Office at Wharf.

TWO SENT UP FOR CENTREVILLE BREAR

Kentville.—The preliminary examination of J. W. Hogan and William Moses (colored) was held before Stipendiary S. S. Strong, the charge being the breaking into of W. L. Thorpe's store, Centreville, King's County, and stealing therefrom an amount of goods on October 19th. Chief Detective Kennedy, of Halifax, prosecuted, and the prisoners conducted their own case. The evidence taken showed that both of the accused had prison records.

A considerable amount of the goods was identified.

Both men were sent up for trial at the Supreme Court.

Robin Hood Flour

Bran, Middlings and Feed Flour

At Very Low Prices

The Banner Fruit Co., Ltd.
BRIDGETOWN, N. S.

NOTICE

We are offering or the next thirty days all our heavy weight English serges, fancy suitings and heavy overcoatings at greatly reduced prices.

E. L. FISHER
P. J. Marshall, Cutter

SAYS C. N. R. HAS GREAT POSSIBILITIES

Toronto.—"In the Canadian National System Canada has one of her biggest potential assets," remarked Sir William MacKenzie.


"Their possibilities are immense," "When Sir Henry Thornton make them pay?" was asked.

"I could turn them into an asset within five years. Thornton can make them pay if he is a director and I think he is," smiled the man who built much of the system.

"What the National System needs is a dictator," emphasized Sir William. "A man who will go ahead and do things, irrespective of politics. He has been given a free hand and he must that he insists on retaining it."

J. O. SIMS
Fruit Broker

London, Liverpool, Manchester and Glasgow. Apple consignments solicited. Highest prices. Prompt returns. Please address all communications to 15 Stoney Street, Boro Market, London, S. E. 1, Eng.



A Safe Sure Dependable Light!

Always Everywhere in Canada ask for

EDDY'S SILENT MATCHES

The E-B-Eddy Co. Limited. Hull, Canada.
Halifax Branch, 12-18 Up, Water St. W. J. KANE, Manager.

BRIDGETOWN VULCANIZING WORKS

DON'T PATCH THEM. Get more Mileage by having them VULCANIZED.

All Work Guaranteed. Auto Tires and Tubes, and Rubber Boots Repaired and Vulcanized.

GEO. A. WHEELER, Proprietor, Bridgetown, N.S.

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