

LETTER FROM PTE. MURRAY

Written to His Mother, Mrs. Lemuel M. Murray, Albany, N. S.

Branshot England, Dec. 7th, 1918.
Dear Mother: I got a nice, long letter from you the other day, but I haven't had much time for writing, as we are so busy now in the Post Office sorting and re-directing Xmas mail. In two days 50 mail bags, containing boxes for soldiers and thousands of letters arrived.

Well, I sent you some cards and views from Scotland, also some heather. I hope you got them safely. I certainly have some task ahead of me to tell of my adventures while on my trip and I am not going into details in writing as I can tell you better when I get home. I have no idea just when that will be, but I hope before June 1st.

BRIEF OUTLINE OF MY TRIP

I left a week ago Wednesday night on a special train at 6 p. m., arrived in Edinburgh next morning. Had a wash, and breakfast at the Y. M. C. A. Then saw Scott's monument, went through St. Giles Cathedral, and "Edinburgh Castle". Came back and went through the Scottish artists' exhibit, and Great War Museum. I had previously looked for a visit to the American Fleet, so went with a small party in charge of an American officer, to the "Porth Bridge". The same as we have the picture in our stereoscopic views.

Got aboard a Steam Pinnace manned by American sailors. We passed under the bridge across the American fleet and part of the British. I also saw two British "Subs". We then went aboard the U. S. Battleship Nevada and each one was conducted separately over the ship from top to bottom (very interesting). Returned to Edinburgh and was given the address by a lady of a friend of hers in Sterling. Boarded the train for Sterling at 6.30 p. m. Arrived at the address O. K. to find a regular mansion of granite. And also a fine family consisting of the father, mother, and three daughters. They also have two sons in France and two in Canada, officers. I was treated like a prince and had every luxury, and they would not take a cent of pay. One of the girls took me to Doune Castle about thirty miles, by train. Also saw the battlefield of Bannockburn, stood on the bridge which crosses the "burn" (or stream.)

I saw Sterling Castle, Abbey Craig, Porth Bridge, etc.
It is a wonderful country and the scenery is magnificent. I left Monday morning for London. Had a nice trip giving me by the family where I stayed. Came to London by the way of the Great North Bridge. Had a splendid meal from the bridge of "destroyers" the Queen Elizabeth, etc.

Passed through Newcastle, York, and other large cities. Arrived in London at 7.45 p. m. Put up at the Y. M. C. A. Hotel and next morning started out to see London.

I saw St. Paul's Cathedral, Westminster Abbey, and happened to take a service at each place. I also saw the Tower of London, Parliament Building, Buckingham Palace, Trafalgar Square, The Strand and Piccadilly. I crossed London and Tower bridges and on the former I witnessed two German "Subs" being towed up the river Thames, the white Ensign flying above the German flag. They were the "U. 95" and "U. 96" two of the largest types.

I boarded the train at 6.40 p. m. for camp arriving there safe and satisfied. I will tell you more when I get home. I must write to some of my friends and I guess it will be an endless task to tell them all about my trip.

I have received several Xmas boxes, one from the "Flora Rebecca Lodge" of the I. O. O. F. of Saint Ste. Marie. Lots of goodies, socks, etc., in it.

I had some pictures taken in Sterling and will send you some if they are all right.

I hope you have fully recovered from your illness and that you and father will spend a Merry Xmas even if I am not home. Will write again soon. Lots of love.

From your son,

ASBURY.

THE GROWTH OF HABIT

Robustness to many is almost entirely a matter of habit, the habit of taking care and the consistent use of

SCOTT'S EMULSION

The energizing properties of Scott's have been proved in thousands of homes nearly everywhere. The habit of using Scott's regularly at trying periods as a means of building up strength and thwarting weakness is a habit well worth cultivating.

Try Scott's Emulsion for increased strength.

Scott & Borne, Toronto, Ont.

Mineral Requirements of Hogs

(Experimental Farms Note.)

Anyone familiar with the feeding of hogs knows that much crude or raw mineral matter is consumed by them, aside from that actually contained in the food eaten, and known technically as the ash content. While a general statement as to the mineral or earthy requirements of the hog may be made, certain abnormalities may appear at various stages of the animal's existence due to a definite lack of some vital constituent in an apparently perfectly balanced ration, this lack due, in turn, to the absence of the required mineral or salt, in the soil that grew the foods. Here, of course, specific feeding is required.

In general, pigs under summer or outdoor conditions supply their own wants in the foregoing connection, consuming earth, slate, weathered stones, ashes, wood etc. If they are pen-fed, some two or three of these easily available materials may be supplied. Even under out-door conditions, however, many large feeders provide supplemental mineral and corrective feed. Of these, charcoal in various forms, ground rock phosphate, ground limestone, slaked lime, bone meal, wood ashes, salt, etc., are the most important. A readily accessible supply of a mixture of the above is advised as a general corrective of possible deficiencies in the mineral constituent as supplied by the regular ration.

General Recommendations:

For Breeding Stock in Winter: Soda, earth and ashes are easily supplied. Charcoal, may be purchased in various degrees of coarseness or may be supplied from charred corn-cobs, or wood. Aside from the value of its mineral constituent, charcoal is an excellent tonic and corrective. Where the spring litters lack evidence of strong, bony structure, a mineral deficiency of the dam's ration during gestation is often responsible, where other probable causes are difficult to ascribe. Hairless pigs at birth, a phenomenon difficult to explain definitely, would seem to have as one of the several probable causative conditions, some mineral lack in the blood flow of the dam. Feeding the pregnant sow a mixture containing charcoal, ground rock-phosphate, slaked lime, wood ashes, and salt will frequently prevent the condition. These constituents are cheap and easily procurable. Aside from their value as a natural food in winter, roots supply much mineral constituents in themselves and in the earth which usually accompanies them.

For the Sucking Pig: The winter farrowed litter should have access to earth, soda and ashes, as soon as they begin to run about. This with milk of a properly fed dam will usually suffice. Early spring litters should be similarly supplied and allowed to run outside at the first possible moment.

For the Fattening Pig: Fattening hogs, particularly if pen-fed, should be supplied with a general mixture. A box kept filled, or a self feeding device, will allow the hog to appease the demands of the system. Here, with the heavily-fed hog, charcoal in some form is particularly indicated both from the mineral and medicinal standpoint. Rock phosphate, bone meal, slaked lime and granulated charcoal would supply practically all of the necessary elements. Some doubt exists as to the necessity of salt for hogs. All domestic animals require it in great or lesser quantities. With the hog it is preferable to allow free choice rather than to force the consumption of definite quantities. Salt, therefore, should be added to all mineral or corrective mixtures.

To conclude, in most localities simple home-procured mineral foods, as mentioned, will prove sufficient. To the feeder who wishes to leave no stone unturned or in localities where there is evidence of a lack of necessary plant food a more diversified mixture would be indicated. The quantities consumed are so small, comparatively, that the cost will prove almost negligible. The growth and development of hogs, with rations so supplemented, cannot be injured and in most cases will likely be greatly benefited.

Minard's Liniment cures Distemper.

Pedigreed Seed

(Experimental Farms Note.)

When seed grain is advertised as pedigreed seed, it should mean two things: first, that the record of that particular strain is known from its origin; second, that it is rich in the qualities that make it superior to other selections of the same sort.

In order that the term pedigreed may have the proper significance to those who wish to purchase seed grain of high quality, the following outline is given of the essential methods in the primary selection work of pedigreed varieties or strains of grain. Before seed grain can be termed pedigreed it must be descended from a single plant; that particular plant must have been a superior plant to others of its kind and must have had the ability to transmit the high yield and the desirable characters for which it has been selected. This superiority can only be determined by careful observation at the time of the first selection and by a careful test under uniform conditions with the parent or other standard varieties. Also, this selected strain must be watched closely during the multiplication period for the appearance of false heads or the breaking up of the variety. This is the essential work in the propagation of pedigreed seed and unless it has been selected in accordance with the above methods, the word pedigreed should not be used.

Apart from those who are associated with the experiment stations there are but few men in Canada who have the facilities and the knowledge essential to perform the primary selection work in the production of pedigreed grain. Any observant person can, however, obtain pedigreed seed and by the maintenance of a seed plot and the careful roguing out of false heads and chance impurities preserve the purity and quality of his seed grain that it may continue to rank as pedigreed seed. As the production of pedigreed strains and varieties is practically confined to the various Dominion and Provincial Experiment Stations, any so called pedigreed seed that does not trace back to these sources, or is not registered in the Canadian Seed Growers' Association should not be purchased as such, without careful inquiry into its origin.

Pedigreed seed bears the same relation to the grain growing industry as pedigreed breeds bear to the live stock industry, and its use is necessary if a grower desires to maintain the yield, purity and quality of his grain.

Watch Out For Him, Merchants

The following has been sent to the police throughout the Dominion:

A crook representing himself as Henry Anderson, traveller for a firm which he calls the "Golden Gate Silk Mills," San Francisco, Cal., carries a line of very fine silk hose, and is putting over on the unsuspecting retail dealers a story to the effect that his firm has a shipment of hosiery on hand at Kenora (or perhaps some other point) C. O. D. \$360.00 which has been refused by the original consignee. This shipment he endeavors to sell on the understanding that he will have the shipment forwarded to the new purchaser C. O. D. for the amount, but before leaving he usually prevails upon the purchaser to advance him \$20 or more—giving as his reason that his expense money is running low—on the understanding that the amount advanced is to be deducted from the purchase price of the goods. But there are no goods, and the dealer is out his money. To our knowledge this fraud has been perpetrated on four different people during the past few weeks.

JOHN BLACKHALL,

Superintendent.

Dominion Express Co., Toronto.

The Salvation Red Shield Drive.

The Salvation Army is to make a drive in January (19th-20th) to raise funds for its work in the interests of the soldiers at home and abroad. The details of this drive will appear in due time in these columns, and we allude to this matter just now in order to direct the attention of our readers to this most worthy object. Open your purses to the canvassers when they appeal to you.

Eaton's New Warehouse at Moncton

The T. Eaton Company, of Toronto will, on February 1st commence in Moncton the construction of a reinforced concrete building, 250 feet wide by 260 feet long. It will be six stories in height. It is expected to be completed by the middle of the summer. The building will be used as a distributing warehouse for the Maritime Provinces and will employ between 500 and 600 people.

Method

"How did you get the reputation of being so wise?"
"I talk with a man till I discover something he doesn't know anything about. Then I pretend to explain it to him."

Minard's Liniment cures Diphtheria.

Minard's Liniment cures Colds, &c.

FAWCETT LEADERS

IN FURNACES

The New Rival, the Maplewood and the Scorcher.

IN CAST RANGES

The New Crawford and Sovereign.

IN STEEL RANGES

Imperial High Oven, New Champion, Peerless, Victoria and Superb.

IN HEATING STOVES

The New Retort Hot Blast and Fairy Oak.

These goods are made by expert workmen from the best of materials, and go to you fully guaranteed.

The name "FAWCETT" on your stove, range or furnace, stands for over half a century of successful experience in the foundry business; half a century of painstaking effort to produce the best; half a century spent in manufacturing the highest grade stoves, ranges and furnaces, which have stood the test of time and use.

Ask for prices and illustrated descriptive folders.

CHARLES FAWCETT, LIMITED

SACKVILLE, N. B., CANADA

KARL FREEMAN, Dealer,

BRIDGETOWN, N. S.

NOTICE

To Automobile Owners

We are now open to receive Automobiles for repairs for the balance of the season, at Flett's Garage. It would be well for those who do not purpose storing same for winter to get their cars in soon as possible. Cars overhauled at this garage will be stored and cared for during the winter months free of charge if owners desire. Have your painting and repairs done at same time. We are still doing business at the old stand.

FLETT'S GARAGE

Granville Street Phone 69

RAMEY'S MEAT MARKET

I now occupy the store on the corner of Queen and Albert streets, one door south of B. N. MESSINGER'S GROCERY, where I am prepared to serve the public with all kinds of MEAT, FISH etc., at reasonable prices. A TRIAL ORDER SOLICITED.

Will send a team through the country districts once a week.

ELIAS RAMEY Proprietor.

Telephone No. 56.

FOR SALE

BUTTER PAPER, printed or plain. Can also be supplied with name of farm, etc., specially printed to suit customer. Send all orders to THE WEEKLY MONITOR, Bridgetown, N. S.

TORTURED BY RHEUMATISM

"FRUIT-A-TIVES" Brought Quick and Permanent Relief



MR. P. H. MCHUGH

103 Church Street, Montreal

December 10th, 1918

"I was a great sufferer from Rheumatism for over 10 years. I consulted specialists, took medicines, used lotions; but nothing did me good. Then, I began to use 'Fruit-a-tives'; and in 15 days, the pain was easier and the Rheumatism was better. Gradually, 'Fruit-a-tives' overcame my Rheumatism, and now for five years, I have had no return of the trouble. Also, I had severe Eczema and Constipation, and 'Fruit-a-tives' relieved me of these complaints; and gave me a good appetite; and in every way restored me to health".

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent post paid on receipt of price by Fruit-a-tive Limited, Ottawa, Ont.

TRAVELLERS' GUIDE

DOMINION ATLANTIC RAILWAY

TIME TABLE REVISED TO MONDAY SEPT. 29th, 1918.

GOING WEST

Station	Express Daily	Mail
Middleton	11.35	6.45
Lawrencetown	11.50	6.55
Paradise	12.05	7.10
Bridgetown	12.20	7.25
Tupperville	12.35	7.40
Roundhill	12.50	7.55
Annapolis Royal	1.05	8.10
Upper Clements	1.20	8.25
Lower Clements	1.35	8.40
Deep Brook	1.50	8.55
Bear River	2.05	9.10
Imbertville	2.20	9.25
Smith's Cove	2.35	9.40
Digby	2.50	9.55

GOING EAST

Station	Express Daily	Mail
Digby	12.05	4.35
Smith's Cove	12.20	4.50
Imbertville	12.35	5.05
Bear River	12.50	5.20
Deep Brook	1.05	5.35
Clementsport	1.20	5.50
Upper Clements	1.35	6.05
Annapolis Royal	1.50	6.20
Round Hill	2.05	6.35
Tupperville	2.20	6.50
Bridgetown	2.35	7.05
Paradise	2.50	7.20
Lawrencetown	3.05	7.35
Middleton	3.20	7.50

R. U. PARKER,

General Passenger Agent.

GEO. E. GRAHAM,

General Manager.

H. & S. W. RAILWAY

Accom. TIME TABLE Accom.

Wednesdays only IN EFFECT Wednesdays only

March 10, 1918

Read down STATIONS Read up

11.10 a.m. Lv. Middleton Ar. 5.00 p.m.

12.00 m. *Clarence 4.25 p.m.

12.32 p.m. Bridgetown 4.10 p.m.

12.49 p.m. Granville Centre 3.45 p.m.

12.12 p.m. Granville Perry 3.25 p.m.

12.12 p.m. *Kensdale 3.05 p.m.

12.30 p.m. Ar Port Wade Lv. 2.45 p.m.

Connection at Middleton with all points on H. & S. W. Railway and Dominion Atlantic Railway.

W. A. CUNNINGHAM,

Div. F. & P. Agent.

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