

GIRL COULD NOT WORK

How She Was Relieved from Pain by Lydia E. Pinkham's Vegetable Compound.

Taunton, Mass.—"I had pains in both sides and when my periods came I had to stay at home from work and suffer a long time. One day a woman came to our house and asked my mother why I was suffering. Mother told her that I suffered every month and she said, 'Why don't you buy a bottle of Lydia E. Pinkham's Vegetable Compound?' My mother bought it and the next month I was so well that I worked all the month without staying at home a day. I am in good health now and have told lots of girls about it."—Miss CLARICE MORIN, 22 Russell Street, Taunton, Mass.

Thousands of girls suffer in silence every month rather than consult a physician. If girls who are troubled with painful or irregular periods, headache, dragging-down sensations, fainting spells or indigestion would take Lydia E. Pinkham's Vegetable Compound, a safe and pure remedy made from roots and herbs, much suffering might be avoided.

Write to Lydia E. Pinkham Medicine Co., Lynn, Mass. (confidential) for free advice which will prove helpful.

Guide-Advocate

Watford, Ont.
PUBLISHED EVERY FRIDAY
Subscription \$1.00 per annum in advance. \$1.50 in advance to the United States.

ADVERTISING RATES.

| Space | One Year | Half Year | 3 Months |
|-------------------|----------|-----------|----------|
| One column | \$38 | \$22 | \$12 |
| Half column | 20 | 12 | 7 |
| One fourth column | 12 | 7 | 4 |

Shorter periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

LOCAL ADVERTISING—First insertion per line, 10 cents; subsequent insertions 5 cents each time per line. Agents measure 14 lines to the inch.

Business Cards—One inch and under, per year \$5.00.
Advertiser Cards—\$5.00 a year.
Locals—10c. per line each insertion. Minimum charge 25 cents.
Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, SEPTEMBER 1, 1916

BLACK LIST OF DEAD-BEATS

There are dead-beats, but who made them? Nature in some cases and the business methods of business men in others. When a man is found out to be wilfully dishonest by a business man every other business man in the community should be made cognizant of the fact. If a business man gets "stung" by a dead-beat, he should not be ashamed to tell it, so as to save others from getting in the same box. To lose a dead-beat from a list of customers is not a severe loss, and the business man who warns others of the dangers is a public benefactor to others of his kind. To expose a dead-beat in the start, nip his dishonesty in the bud, will do more good than harm. It might force him to be honest when he was on the verge of becoming dishonest, and a man who is honest even by pressure, is better than a dishonest man. The man who proves himself wilfully dishonest should be treated by everybody on the cash-in-advance principle, and as soon as he learns that he can get nothing till the cash is on the counter, he will soon realize his position in the community. It takes courage and backbone on the part of the business man to say "no" to the oily-tongued dead-beat with the earmarks of dishonesty, but it will pay to brace up. The credit system is a common evil to business, and there are people, who would buy the moon if they could do it on credit. Black-listing dead-beats would save a lot of trouble.—From the Durham Chronicle.

Worms sap the strength and undermine the vitality of children. Strengthen them by using Mother Graves' Worm Exterminator to drive out the parasites. m

Split a clothespin down the centre, and you have a good tool for scraping pans and kettles.

BARALONG REPRISALS

At the time correspondence over the Baralong case was exchanged by the British and German governments some months ago, the German government ended the discussion with a threat of reprisal. According to a wireless from Berlin yesterday, a white book has been sent to the reichstag, informing that body that the reprisals will take the form of Zeppelin raids on England. The dispatch contains this characteristic sentence: "In the future Zeppelins raiding English towns will have no consideration for the lives of civilians, other than that demanded by international law."

As Zeppelins never have shown any consideration for the lives of civilians that anybody could notice, the meaning of all this is merely that the alleged refusal of the Baralong's crew to give quarter to the crew of a German submarine which was caught while sinking a neutral ship is to be regarded by the German government as a sufficient atrocity to justify the bombing, past and future, of the homes of English women and children. The frightfulness probably will be no worse than it has been from the beginning, because it could not be, but the excuses offered for it will be little worse.—Buffalo Express.

Morning on the Farm

Get up my lad! the sun is rising, it is a most majestic day; Aurora's beauty is surprising, you should be glad to quit the hay. Get up, get up, the dew is gleaming, like priceless jewels on the grass; it is a sin to lie here dreaming, while morning's transient glories pass. Get up, my son, the light is stealing athwart the summit of the hill, and I can hear the porkers squealing for buckets of refreshing swill. The oriole's already soaring, the mocking bird begins to mock, and you, O sluggish youth, are snoring, although its nearly four o'clock. When I was young my sainted father ne'er had to rouse me from my bed—I thought it shame to cause such bother—I rose before the East was red. Before the wren began its carols, or cat bird raised its solo fine, I went and carried seven barrels of slop to feed the hump-backed swine. I went about my labors singing, as I would see you do, my son, and when the breakfast bell was ringing, the morning chores were always done.

Get up, get up, the world is waking. The morn is grand, but soon it fades! And in three shakes I will be breaking this slat across your shoulder blades!

Declining Birthrate in Britain

The commission appointed over three years ago in London to investigate the declining birthrate of the nation has just issued its report in the form of a book entitled, "The Declining Birthrate: Its Causes and Effects." The commission included in its ranks men and women doctors, religious and social workers, and others, and evidence was given by a number of well-known doctors, ministers and public officials.

The report shows that the commission regarded the following five propositions as definitely established:

- 1 That the birthrate has declined to the extent of about one-third within 35 years.
- 2 That the decline is not appreciably due to alternations in the rate or age of marriage or kindred causes.
- 3 That it is not uniformly distributed.
- 4 That it is on the whole more marked in the well-to-do classes.
- 5 That the greater infant mortality among the poor ones does not reduce their effective fertility to the level of that of the wealthier classes—or in other words that although the children of the poor die in greater numbers, their families remain larger than the families of more fortunate parents.

To the foregoing conclusions the commission adds, less positively, two others:

1 That conscious limitation is widely practiced in the upper and middle classes, while, in addition to other means of limitation, illegal abortion occurs frequently among the industrial population, and:

2 That there is no reason to believe that the higher education of women diminishes the power of child-bearing.

Hard and soft corns both yield to Hol-loway's Corn Cure, which is entirely safe to use, and certain and satisfactory in its action. m

REMARKABLE CONSCIENCE

Memory of Stealing an Apple Anything But Pleasant

A little knowledge, one recalls, is a dangerous thing. So, too, may be an apple which you may have innocently purloined in your earliest years. It may cause you to feel the prick of conscience for many decades. That, at least, has been the experience of an Edinburgh denizen. Once, in the remote and shadowy past, he took that which was not his—to wit, one apple—from a stand in the Cow-gate. The fruit was enjoyed, but the memory of the furtive meal proved to be anything but pleasant. The consumer left the Scottish capital and in time Fate carried him across the Atlantic. Fresh scenes and activities engaged him, but the thoughts of that apple dogged him everywhere. He might have been a second Eve. At last his overloaded conscience could bear the strain no longer. Nothing short of written confession to the Lord Provost of Edinburgh would appease the gnawing at his heart. So—40 years after the dark deed had been done—the letter was written and conscience money to the extent of one dollar paid.

The Friend of all Sufferers.—Like to "the shadow of a rock in a weary land" is Dr. Thomas Electric Oil to all those who suffer pain. It holds out hope to everyone and realizes it by stilling suffering everywhere. It is on sale everywhere and can be found wherever enquired for. m

Arkona's Civic Holiday Celebration

Arkona, August 24.—Arkona's civic holiday yesterday took the form of a celebration at home, and the results were very satisfactory to her citizens. It is many years since so large a crowd was entertained by Arkona in so pleasant and profitable a manner. The day was divided into three sections—forenoon, afternoon and evening—with special emphasis on the latter two.

The afternoon program consisted of two fast games of ball between Strathroy and Arkona, in which the home team defeated the visitors by a shut-out, 6 to 0, in the first game, and 5 to 1 in the second. The games were witnessed by thousands of people. It was good ball at that, and the players, both in their conduct and work, were a credit to the game.

The only censure that was heard passed on the game came from a woman, who has several sons at the front. She remarked that if these splendid eligible athletes were clad in khaki and were throwing bombs at the Germans with equal skill, they might turn the tide of battle against the kaiser on some battle front, where their chums from Lambton and Middlesex might be hard pressed.

VISIT ROCK GLEN

Almost all the visitors paid visits during the afternoon to the beauty spot of Lambton County, Rock Glen. They admired the beauties of the place, on an ideal day. The recent rains had stirred the waters into life, and the natural falls and roaring dam-race were active. The old McGibbon mill, now in ruins, the "deep hole," the fountain, the fossils, the deep cuts, the stone banks, bubbling rills, the lovely foliage and shade, the electric power station, boating on the deep and broad expanse of water in the dam—all these in turn added to the pleasure of the visitors who took in this exquisite bit of scenery.

Tea was served by the Red Cross workers in the exparator plant, adjacent to the sporting field. The laying out was all that could be wished for, and the patronage was good.

In the evening the crowd gathered in thousands and were entertained by a program in the hands of Chairman John Farrell. The Forest Band, in varied selections, provided the music.

THE SPEAKERS

Addresses were delivered by C. Jenkins, president of the Petrolia Board of Trade; J. C. Elliott, M. P., of East Middlesex; R. Stirett, mayor of Petrolia; Wm. Lamb, warden of Lambton; R. J. McCormick, ex-M. P.; H. J. Pettypiece, of Forest, and others.

The fireworks were very attractive, and were put off skillfully by those in charge. The large number of people who arrived in autos was an indication of the prosperity of the farmers of this part of the county.

CATARRH CANNOT BE CURED

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surface. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O.
Sole by Druggists, 75c.
Take Hall's Family Pills for constipation. m

Clean, smokeless and odorless oven means perfect cooking and baking. This is assured by ventilation and the nickel-coated non-rust steel lining in

McClary's Pandora Range

It won't be hard to decide what range you want in your kitchen after I show you the Pandora's special features.

Sold by T. Dodds & Son, Watford, Ont.

TAKAKE

The Harmless but Efficient remedy for Headache, Neuralgia, Anaemia, Sleeplessness, Nervous Exhaustion, &c.

11250 Mark Register 1000 AT ALL DRUGGISTS, or by mail from GEORGIAN MFG. CO., COLLINGWOOD, ONT.

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Car Full Stock of

INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Crapping and Rolling Done While You Wait

PHONE 39

HANDSOME, LUXURIOUS FURNITURE

| | | | |
|--|--------------------|------------------|---------------|
| Buffets | Extension Tables | Brass Beds | Iron Beds |
| Sideboard | Parlor Tables | Walnut Beds | Oak Beds |
| China Cabinet | Card Tables | Pedestals | Dresser |
| Chiffonier | Magazine Stands | Child's Rockers | Book Cases |
| Dressing Table | Jardiniere Stands | Bed-Room Chair | Secretaries |
| Hall Seats | Umbrella Stands | Rocking Chairs | Desks |
| Morris Chairs | Hall Mirrors | Kitchen Cabinets | Hall Racks |
| Music Cabinets | Living Room Chairs | Felt Mattresses | Dining Chairs |
| Parlor Sets | Library tables | Couches | Pictures |
| Davenport, and anything kept in a first-class furniture store. | | | |

MASON & RISCH PIANOS

Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, &c., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31.

FINE FURNITURE. MUSICAL INSTRUMENTS UNDERMAKERS

Preserving Preparedness!

Everything Necessary for Preserving Season



Preserving Kettles from 15c to \$1.50
Let us show you.

WATFORD'S BUSY HARDWARE STORE

T. DODDS & SON