PAGE OF GENERAL INTEREST TO WOMEN



Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Butterscotch Recipe.

Dear Miss Grey,—Am sending a blue tell me would one thickness be enough?

And can they be obtained in smaller Hoping it will not be too late and will sizes? fit in somewhere for this quilt. Not

nd tablespoon butter. Boil without stirring, to the crack degree; add 14 When partly cool cut into squares with

A Baby's Comforter. Dear Miss Grey,—I want to make a baby's comforter from wool bats. In

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Contains every Victrola Record you ever heard and many you have never heard, but would like to. If you want any records, let us play over a number for you from which to make your choice. YE OLDE FIRME,

HEINTZMAN & CO., LIMITED 242 DUNDAS STREET, LONDON.



| 21/2 Ibs. Will someone who understands

Not having an egg in the house and Has anyone a good recipe for butterscotch candy?

I will sign as before,

MAPLE LEAF.

Ans.—Block will go forward with the rest. How would this recipe suit?

Three cups white sugar, half cup water, half teaspoon cream tartar, water and tartar, water

boiling water over chickens' feet, let enlist, only for the good time," stand five minutes, then take off toes and turn into well-greased pans, and skin. These boiled in with gibract, and a very good friend killed a short tract, and turn into well-greased pans, and skin. These boiled in with gibaving it about one-quarter inch thick. lets thickens and "richens" the gravy. time ago, and he said in his last letter,

a catalogue I have by me these are friends say. Re your unprinted query, quoted as being 70x76 inches, weight it will not now be at all necess by for ou to leave any card for the woman leave cards as usual, inquiring cordear friends, the most we can do is her in summer.

Sympathizing "Spinster."

write to all the Mail-Box readers, and dear "Aunt Nannie"—God bless her! addresses of lonely soldier boys in the renches, so am not in a position to supply them to kind-hearted girls like the dinner on to cook. I run in and practice a few minutes, or any other at

3 An inquiry in regard to our class system of teaching piano will put you in possession of a plan of instruction that is remarkably inexpensive and wonderfully efficient. Class teaching is adopted by all the great music, and many great artists have received their tuition in this way.

1 London onservatory of Music Phone 1101. Lottle L. Armstrong, regis rar. F. L. Willgoose, Mus ac. (Dunelm), principal.

ADVERTISER WAR PRISONER'S FUND

monthly (for the following six months), towards The Advertiser Mail-Box readers' fund for prisoners of war, and herewith inclose.

Return to Miss Grey, in care of Advertiser.

An Englishwoman taught me to pour "They were big fools to go. He wouldn't sitor. Call on your townswoman and would I just send them to you? And,

> devour them! I really and truly have clothes, except my tailored suits. no means of knowing the names and find time to take a music less

I'm an old maid, so will sign myself,

Starting Savings Account.

the piano, instead of, like some women Dear Miss Grey,-I am just starting ut for myself, and want to start a savings account. To whom would I apply at the bank—the ledger-keeper the teller?-and what is it necesary to say?

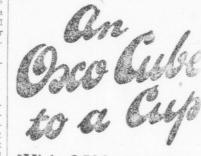
A person may draw checks on a savgs account, may she not? Thanking you in adva-PERPLEXED.

Ans.-Good for you, little business of thrift. They are usu one in the banks that to the ledger-keeper and tell him vo want to open a savings account; will give you a form to fill out wit will be passed on to the teller, to whor e will make out your deposit sli but afterwards you should do this ourself, there is always plenty

Developing Her Mind.

Dear Miss Grey,-After reading and skin. These boiled in with giblets thickens and "richens" the gravy. YOUNG MISSUS.

Ans.—We have so many little mothers in our circle that I'm sure one or more will gladly give the needed advice. Your pancake recipe really sounds "quite ripping" as our English friends say. Re your unprinted query, it will not now be at all necesswry for "Scribbler's" letter I could not hold stored away for winter as I have now I think if some farmers' wives would take more time in reading and culti vating their minds, instead of working little enough. I know you will all think only with their hands, they woul--d b further ahead. I am, as I said before a farmer's wife, and I do all my ow Ans.-No, dear "Spinster," please work, cooking, baking, housecleaning Dear Miss Grey,—May I peep into our Mail-Box again? I get so loneour Mail-Box again? I get so loneravenous office staff would be sure to ravenous office staff would be sure to feed chickens, make all my own



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chasing goods to the amount of \$10

or over we will give a beautiful dressed doll, valued at \$1, absolutely

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free of charge.

whatever it may be. When in waist measure. 22, 24, 25 or whatever it may easure. When misses' or child's pateach you in less than one week from It certainly does atone

ADVERTISER

PATTERNS

GIRL.

closing. The sleeve may be in wrist ength, finished with a band cuff, or

with the turnback cuff in short The skirt is a three-gore

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ards of 44-inch material for a 6-

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s per directions given below, to:

Please send above-mentioned pattern

ther of two outlines.

ear size.

silver or stamps.

who run and gossip with a neighbor and cry hard times. Of course, there is truth in some things "Scribbler" who will look after us, when other ings fail, and if we trust in him he vill help us. We don't know what is store for us, so we should not comclain. In closing, I wish to state in my ousy life I look as fresh as any young girl who has nothing to do but primp, simply because I am cultivating my mind as well as my garden. Hoping I have not taken too much space.

How to Avoid It. Dear Miss Grey,-Lately I have seen few letters on "The Cause of High

MUSICAL.

The first great cause is the great nflict now fiercely waging in Europe. This renders help scarce and the great quantity of provisions needed by the soldiers leaves Canada short of food for her own people, and hence prices are high. Then secondly, the summer was not a good growing season for grain. The spring and early summer were too cold and wet, which proved injurious to many crops that were sowed in low land, and immediately and suddenly after this rainy spell the veather became so dry that the crops were baked by the sun and did not get very poor (in some places anyway). This fall there is an insect working in the wheat fields which will no doubt ender wheat as scarce next year as t is this. Wheat is now \$1.50 a bushel,

Daily Bible Question Club

By Rev. T. S. Linscott, D. D. (All Rights Reserved.) The six daily studies for this week enstitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions: "Shipwrecked On Melita (Malta)." Acts, xxvii., 38; Acts, xxviii., 10. Golden Text—"Jehovah redeemeth the soul of his servants; and none of them that take refuge in him shall be

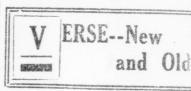
condemned. Psalm xxxiv., 22. 5. Verses 40-41—Why may prayer and fasting, when you ought to be eating and working, be as great a ractical crime as scuttling the ship?
6. If a man's choice is between recking his business and saving his oul, which should he do and why?
7. Verses 42-43—What reason did the ers have for their advice to kill prisoners to keep them from swimashore and escaping?

Will they go to town and live an easy retired life? Of course not! They will have to toil for their daily bread and elp provide for the needs of the great nation, for if the soldiers are not well provided for, Germany will win, and that would mean oppression of all classes, and we Canadians would have o "slave" for the Teutons. No never! Britains never will be slaves CANADIAN MAID.

Here You Are, Grace! Dear Miss Grey,-Would you be kind hough to print once more in your olumns, directions for making a rose-

What do you think of my writing? Thanking you in advance for an early eply, I a.m. A FAITHFUL READER OF YOUR PAGE.

Ans.-I have located a formula conibuted last summer by a reader: Here is a recipe for pot pourri, which will endure for years, perhaps until we ourselves are grandmothers. Obtain a jar with a double top, and coat the inside with a mixture of five drops oil of rose geranium and one of glycerine; drop a layer of loose rose petals which have been dried in the sun 24 hours, and shake well; each day add more rose petals, shake jar and add three drops oil of geranium mixed with a tablespoon rectified spirits; when jar is full it must stand open for two weeks to ripen; then stir among the leaves a mixture of one teaspoon ground cloves, one of oil of cinnamon, and let stand over night; in the morning contents of jar are emptied into a basin and three drops attar of roses and one drop of glycer SMART FROCK FOR MOTHER'S ine are poured into jar; put petals back and sprinkle into them six drops oil of 1652-Girl's dress, with sleeve in lavender, six drops oil of rosemary, and ther of two lengths, and collar in one ounce powdered tonka bean; this completes the process; the jar is cov-As here shown, brown and white ered and put away; during next month ngham was used, with trimming the jar is opened at intervals and the f white linen. The right front of contents stirred, he dress overlaps the left at the 2. It is very neat and dainty.



OUR "SHUT-IN" FRIENDS. Twas a quaint old corner cupboard, My friend unlocked one day, Where the choicest bits of china Were safely laid away. And I wondered such things of

beauty Were hidden thus from sight, Things that were surely made For use and our delight.

But she said, "They are all too pre Age (if child's or misses' pattern)

Too fragile for daily use, Measurement: Bust Waist Too fragile for careless touches, Caution: Be careful to inchase the Too frail for the least abuse; above illustration, and send size of pat- We keep them here in safety, tern wanted. When the pattern is bust | Shut in from dust and dirt, measure you need only mark 32, 34 or Shut in from meddlesome fingers From aught that can harm or hurt

If a skirt, give waist and length "But when on some festal day neasure. When misses' or child's pat-ern, write only the figure representing then we carefully take them away the age. It is not necessary to write the age. It is not necessary to write And place them among the rest; and their beauty shines so bright, They are shut in here, alone."

Then I thought of the darkened mome tated, but why not make the best, of From the pleasures and joys of earth, Where so many are shut away, And the cheerful light of day; The Master may think them too pre-

For the crowded walks of life, So He keeps them safely hidden From its troubles and its strife

But when at the feast to come He gathers His jewels bright, He'll place them honored of all Where they'll shine in His glorious light. Their names he will proudly own,

For they've grown to His heart s dear. Is it surely not proof of His love, His keeping them "shut in" here

Our Daily Hint

If You Know of Some Household Economy, Improved Method, or Labor-Saving Hint, Tell Others About it.

By G. F. S. S. looking, rub it with fine emery pow

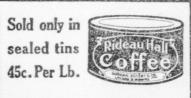
their growth. Then a great many of the wheat fields were ruined by rust Even the crops out in the west were

-All sorts of excuses are The best and purest offered for the high price of mions 65c a peck, flour \$4.90 a bag and mgar \$8.50 a bag. On account of the ill-filled heads of grain this year standard seed will be very scarce next veal—"the killing of calves standard seed will be very scarce next year and prices cannot help but go from higher to higher. Women can do the best they can, but on a hundred-acre farm that "best" would be grow into regular beef." You In that discussion about soldiers cannot have beef if you eat ves, one would think they all lived it as "veal," but you can have town, but there are a great many Shredded Wheat Biscuit Would the lady that told "A Farmer's which contains more real felpmate" that she ought to have parned before now not to work such nutriment than beef and ong hours, please tell us how to avoid in these hard times? If the boys go war for Britain, have not the girls wheat biscuit is the whole t to fill their places in factories and on? And if the boys and girls are ne, what will mother and dad do? ded and baked. Make it your ded and baked. Make it your 'meat" for ten days and see how much better you feel.

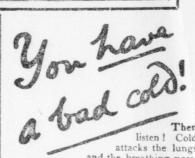
> or cream or in combination with fruits. Made in Canada

Wholesome and strengthen-

ing for any meal with milk



Rideau Hall Coffee



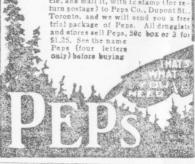
To cure it you need to get at thes gans direct. Ordinary cough mixture d syrups do not touch the lungs, but direct to your stomach, which is not ding. Peps, on the contrary, go direct the very seat of the trouble.

Peps are tablets containing essence nd medicinal ingredients so prepare hat when placed upon the tongue they mediately turn into vapor, and are eathed down the inflamed air passage. the lungs, direct.

Peps medicine takes the form of healing oor, and cures colds, coughs, bronchis and lung troubles, just as living in Pin woods and breathing Pine-laden air pre ents consumption and cures chest weakiess. Tightness across the chest, pain be ween the shoulders, hacking cough, sore throat, asthma and bronchitis are the ments which, in particular, Peps hav een designed to cure. Peps will soon nd your bad cold.

Testimonials for Peps have been given y members of the Canadian Parliamen octors, lawyers, eminent Canadian ians; all going to prove that Pep have been found a cure for throat and

chest trouble, often when other remedies had entirely failed.
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cle, and mail it, with Le stamp (for
turn postage) to Peps Co., Dupont foronto, and we will send vo trial package of Peps. All drugg and stores sell Peps, 50c box or 3 only) before buying



at the same time dabbing with a sof coal in a bag and hang it in the water.
When white oilcloth is stained by coffee, try rubbing with common bak-

To remove a blood stain, soak in old water, adding a handful of salt.



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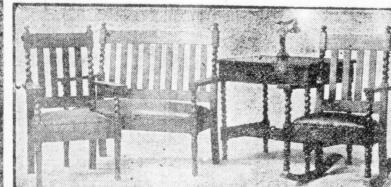
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