



**Get Oxo Cubes.**  
A daily cup of hot, steaming, nourishing Oxo is better than tea and coffee. One of the finest safeguards known against colds, chills, and influenza. One cube to a cup.

## THIS WOMAN'S TROUBLES GONE

**Terrible Cramps, Dizzy Spells, Nervousness, Misery—Her Story of How She Got Well Again.**

Hindsboro, Ill.—“Your remedies have relieved me of all my troubles. I would have such bearing down misery and cramps and such weak, nervous, dizzy spells that I would have to go to bed. Some days I could hardly stay up long enough to get a meal.”

“The doctor's medicine did me no good so I changed to Lydia E. Pinkham's Vegetable Compound and got good results from the first bottle. I kept on taking it and used the Sanative Wash with it, until I was well again. I think every woman who suffers as I have, could take no better medicine.”—Mrs. CHARLES MATTHEW, Box 58, Hindsboro, Ill.

### Testimony of Trained Nurse.

Cathlamet, Wash.—“I am a nurse and when I do most lifting I have a female weakness, but I take Lydia E. Pinkham's Vegetable Compound and I cannot say enough in praise of it. I always recommend it for female troubles.”—Mrs. ELVA BARBER EDWARDS, Box 54, Cathlamet, Wash.

The makers of Lydia E. Pinkham's Vegetable Compound have thousands of such letters as those above—they tell the truth, else they could not have been obtained for love or money. This medicine is no stranger—it has stood the test for years.



## Who's that knocking at the kitchen door?

Why, it's Mrs. Edwards round again—she's always ready to lend a hand with the cooking. That nourishing home-made Irish soup of hers is a real dish-of-all-work—useful in a hundred ways.

It's fine and tasty by itself. It's the secret of a savory sauce. It's the making of a made dish. And to bring out the goodness of your own soup and gravies and hash, and meat puddings there's nothing like adding

## EDWARDS' SOUPS

Prime beef and the finest of Irish vegetables—that's what Mrs. Edwards puts in it; nothing but what's pure and delicious. As there is no strong added flavoring, it will blend perfectly with any other soup. Remember to put it for half an hour.

5c. per packet.

Edwards' Desiccated Soups are made in three varieties—Brown, Tomato, White. The brown variety is a thick cream soup, prepared from beef and fresh vegetables. The other two are pure vegetable soups.

Lots of dainty new dishes in our new Cook Book. Write for a copy free.

W. G. Patrick & Co., Toronto, Representatives for the Province of Ontario.

## Shiriff's True Vanilla

Imagine how much more delicious cakes taste when flavored with real vanilla extract. You can make certain of using real extract if you buy Shiriff's True Vanilla.

Fair Worshiper—“What is that sad and air you're playing, professor?” The Professor—“Dat iss Beethoven's 'Farewell to the Piano.' I see dose installment people coming mit der van.”

## The Silent Barrier

(BY LOUIS TRACY.)

Sure enough, a man in uniform approached and lifted his gold-laced cap. “We have a rather crowded ship, Mr. Bower,” he said; “but you will be quite comfortable there. I suppose you deemed the weather too fine to need your usual cubby.”

“Yes, I have a companion today, you see.” Helen was a little bewildered by this; but it was very pleasant to claim undisputed possession of a quiet retreat from which to watch the world go by and chat with some acquaintances whom he fell in with. Bower Castle was becoming more and more a part of his life as he spoke to Helen again.

“You look quite comfortable,” he said; “but you are not wearing a hat. It is a little cold here, but if you are afraid of being ill.”

“I used to cross in bad weather without consequences,” she answered; “but I am older now, and am doubtful of experience.”

“You were educated abroad, then?” “Yes, I was three years in Brussels—three happy years.”

“Ah! Why qualify them? All your years are happy. I should imagine, if I were to judge by your appearance.” “Well, if happiness can be defined as contentment, you are right; but I have not been so contented, too, Mr. Bower, since I met you. I was not contented when I was in Brussels, and that was a blow under which I have never ceased to wince. For what reason I do not know, but I was not contented.”

“It makes for content,” he said; “but you are quite a philosopher. Will you pardon my curiosity? You lead the strenuous life. Now, I should like to have your definition of work.”

“I am not questioning your capacity,” he said; “but you should mention it at all.”

“But why? Any man who knows what work is would not regard women as dolls.” Helen smiled. “I fear, then, you will deem my pedestal a sorry one,” she said.

“Perhaps you think, because you met me once in Miss Jacques' company, and again here, that I am a simpleton,” she said.

“I am not,” he said; “but the little might be short—let me help you. I am a simpleton, but I am not a fool.”

“There are plenty of country districts where I could exist quite easily on such a salary,” she said; “but I do not want to be buried alive in that fashion, and I made up my mind to earn my own living. Some day, London appears to young people situated as I was. It is there that the greatest prizes are to be gained; so I came to London.”

“From—” broke in Bower, who was peering one of the peaches bought at “Calb’s.”

“From a village near Shredham, in Norfolk.”

He nodded with smiling comprehension when she detailed her struggles with editors who could detect no originality in her literary work.

“But that phase has passed now,” he said encouragingly.

“Well, it looks like it. I hope so, for I am tired of classifying berries.”

There the word was out at last. Perhaps Bower wondered why she laughed and blushed at the recollection of her earlier determination to suppress Von Elenberg's attack on the new topic of conversation. Already the stiffness of her talk on board the steamship seemed to have vanished completely.

“I am glad to hear of it,” he said; “but I am not sure that it is a pleasant way of passing the time to sit and chat in this glass palace while the train skinned over a dull land of marshes and poplars.”

“Excuse me,” she said; “but I am not sure that it is a pleasant way of passing the time to sit and chat in this glass palace while the train skinned over a dull land of marshes and poplars.”

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is making quite a success at the Wellington Theatre, is she not?”

“So I hear. I am a director, of that company,” he said; “but you will be quite comfortable there. I suppose you deemed the weather too fine to need your usual cubby.”

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## FATALLY SHOTS WOMAN AND TAKES HIS LIFE

**Negro Chauffeur Puts Five Bullets Into Body of Former Employer.**

(Canadian Press.)

New York, Oct. 22.—Miss Mildred Kelly was pursued last night by a negro, who was formerly her chauffeur, to an apartment where she had sought refuge from his annoyances and was shot and probably fatally wounded. Charles E. Lee, the negro who shot her, committed suicide.

According to George Agrest, in whose apartment Miss Kelly was shot, she was formerly his chauffeur, and he had recently, employing Lee as his chauffeur until he became obnoxious to her.

The shooting occurred while the woman was alone in the apartment. What happened is not known in detail, but when Agrest returned he found Miss Kelly with five bullet wounds in her body, lying against the door of his apartment.

## BOY'S FOOT BADLY SCALDED

**MOTHER SAYS ZAM-BUK ACTED LIKE MAGIC.**

Mrs. E. Capell, 31 Sydney street, Hamilton, tells how beneficial Zam-Buk proved in her family. She writes: “My little boy, aged one and a half years, put his foot into a pot of boiling water. The foot was so badly scalded that the skin came off with his stocking, and he had a shocking scald from instep to toes.”

“I at once sent for a supply of Zam-Buk, and as soon as this was applied it seemed to act like magic and gave him ease. It was good to tell that Zam-Buk stopped the pain, because up to applying it I had to nurse the child all the time, but soon after I applied Zam-Buk he was anxious to get on the floor and go on with his play.”

“I only used four boxes of Zam-Buk, and the scald was then entirely healed; so I consider this the best investment I ever made. I believe Zam-Buk would have cured the scald more quickly had the boy been lying down all the time, but after beginning with Zam-Buk it made the sore so easy that he was soon on his feet and playing about again.”

“I might also tell you that my next boy to him, aged five years, had some bad broken chilblains. We used Zam-Buk on these also and it cured them. For sores of any kind I shall in future use only Zam-Buk.”

Housekeepers everywhere speak highly of Zam-Buk. It is a sure cure for eczema, rashes, ringworm, chapped hands, scalds, frost-bites, burns, ulcers, discharging sores, abscesses, piles, inflammation, festering and all skin injuries and diseases. Fifty cents a box, all druggists and stores, or Zam-Buk Company, Toronto, for price. For skin diseases use also Zam-Buk Soap, 25 cents a tablet.

“Happy Thought” Ranges give you the heat in the oven that exactly corresponds with the fire in the firebox. No little fire means a light heat and a big fire means a perfect hot-blast in the oven.

In baking bread this feature enables you to secure the benefit of every

ounce of heat—to make every lump of coal pay for itself—to continue the heat steadily for as long as you wish in order to have the bread baked uniformly all the way through.

More than a Quarter Million Canadian women use the “Happy Thought” every day.

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To guard against alum in Baking Powder see that all ingredients are plainly printed on the label. The words “No Alum” without the ingredients is not sufficient. Magic Baking Powder costs no more than the ordinary kinds. Full weight one pound cans 25c.

**E.W. GILLET COMPANY LIMITED**  
TORONTO, ONT.  
WINNIPEG MONTREAL

**HAPPY THOUGHT**

Why Bread is Better Baked in Some Ranges Than in Others

It is all a matter of the way the heat gets into the oven. Some stoves have ovens that heat easily and quickly and remain very hot. Others have ovens that require a wasteful amount of fire in the fire-box before baking heat is reached. These are the two extremes. For some things each type has advantages. But for all your requirements neither is really satisfactory.

“Happy Thought” Ranges give you the heat in the oven that exactly corresponds with the fire in the firebox. No little fire means a light heat and a big fire means a perfect hot-blast in the oven. In baking bread this feature enables you to secure the benefit of every

**ONTARIO FURNITURE COMPANY, LONDON**  
THE WILLIAM BUCK STOVE CO., LIMITED, BRANTFORD, ONT.

**W.B. Reduso CORSETS**

GUARANTEED TO REDUCE from 1 to 5 inches

ALL DEALERS 30¢ UPWARD

WEINGARTEN BROS. Makers, Broadway & 34 St. N.Y.

**LIPTON'S TEA**

It Sustains and Cheers

A man who is constantly making cynical reflections regarding women simply emphasizes the fact that he has shown poor taste and judgment in selecting his acquaintances among them.—McManus.

25 Years' Experience.

White Swan Yeast Cakes are made by the most successful dry yeast expert in Canada, with an experience of 25 years in this difficult art. Free sample from White Swan Spices and Cereals, Limited, Toronto, Ont.

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**Fry's Cocoa**

Makes Cocoa Universally Liable

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**Allan Line**

Royal Mail Steamers

ST. LAWRENCE SEASON  
MONTREAL TO LIVERPOOL.  
T.T.S.S. “Victoria” and “Virginia.”  
T.T.S.S. “Corsican” and “Tunisian.”  
Sailings every Friday.

MONTREAL TO GLASGOW.  
T.T.S.S. “Hector” and “Graham.”  
T.T.S.S. “Sardinian” and “Trotter.”  
Sailings every Saturday.

MONTREAL TO HAVRE AND LONDON.  
Service of Moderate-Priced One Class (11) Steamers.  
Sailings every Sunday.

Full information and tickets on application to  
R. E. RUSE, W. FULTON, F. B. CLARKE, E. DE LA HOOKE,  
Agents in London.

**THE ALLAN LINE**  
77 Yonge Street, Toronto.

**TRACTION COMPANY**

Hourly Service

between London and St. Thomas from 7.00 a.m. to 11.00 p.m.

Cars leaving London at 8.00, 10.00, 12.00 (even hours) go through to Port Stanley. Last car waits for the theatre.

**TRAVELLERS' GUIDE**

**GRAND TRUNK RAILWAY.**  
EARNIA TUNNEL TO SUSPENSION BRIDGE AND TORONTO.  
Arrive from the East—“3:52 a.m.”  
10:45 a.m., “11:12 a.m.” “11:28 a.m.”  
6:30 p.m., “8:00 p.m.” “10:45 p.m.”  
Arrive from the West—“12:14 a.m.”  
8:45 a.m., “1:00 a.m.” “1:15 a.m.” “1:30 p.m.”  
4:10 p.m., “6:25 p.m.”  
Depart for the East—“12:19 a.m.”  
Then on, just before 12:00 a.m., “12:05 p.m.”  
2:05 p.m., “4:25 p.m.” “6:53 p.m.”  
Depart for the West—“3:53 a.m.” “7:40 a.m.” “11:15 a.m.” “11:35 a.m.” “1:40 p.m.” “3:20 p.m.”

**LONDON AND WINDSOR.**  
Arrive—10:25 a.m., “4:00 p.m.” “6:50 p.m.” “11:02 p.m.”  
Depart—6:35 a.m., “11:43 a.m.” “2:05 p.m.” “8:05 p.m.”

**ST. JAMES' BRANCH.**  
Arrive—11:15 a.m., “1:39 p.m.” “6:45 p.m.” “11:25 p.m.”  
Depart—6:00 a.m., “10:25 a.m.” “12:30 p.m.” “2:45 p.m.” “4:55 p.m.”

**LONDON, HURON AND BRUCE.**  
Arrive—10:30 a.m., “6:10 p.m.”  
Depart—8:30 a.m., “4:40 p.m.”  
Trains marked \* run daily. Those not marked, daily, except Sunday.

**CANADIAN PACIFIC RAILWAY.**  
Arrive from the East—“4:38 a.m.” “6:20 p.m.” “8:35 p.m.” “10:52 p.m.”  
Arrive from the West—“4:30 a.m.” “11:20 a.m.” “12:18 p.m.” “6:32 p.m.” “8:45 p.m.”  
Depart for the East—“4:38 a.m.” “1:20 p.m.” “2:25 p.m.” “4:30 p.m.”  
Depart for the West—“4:30 a.m.” “11:35 a.m.” “6:35 p.m.” “8:23 p.m.” “11:00 p.m.”<