

USEFUL HINTS.
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MIXTURE FOR SORE THROAT.

5 cents worth of tannin, 2 cents worth of sulphur, 2 cents worth of alum, 1 dessertspoon of white sugar. Blow this into the throat every hour—as much as can be taken up on a 5 cent piece.

FOR QUINSY OR SORE THROAT.

Make a poultice of 2 teaspoons of finely powdered camphor, and a tablespoon of lard, put next to skin and tie on well with flannel.

FOR COLD ON THE CHEST OR
HOARSENESS.

Get 5 cents worth of Friar's Balsam and put one teaspoonful into one pint of boiling water and inhale. Put towel over the head and draw long breaths over the steaming bowl.

COUGH MIXTURE.

Half pound of molasses, dissolve in a pint and half of boiling water, when cold add 3 cents worth of paragonic, 3 cents worth essence peppermint, 3 cents laudanum, and 3 cents of anise seed. Mix well and bottle tight. About two teaspoonfuls a dose. This is very good.—Mrs. George Hircock.

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