

# Recreational programming a major success

by Carol Kassian

Lister Hall residents are avid participants in a wide variety of activities on campus. As a consequence, recreational programming, especially for those living at Lister Hall, has proven to be very successful and is continually expanding. The cooperative effort of Campus Recreation, the Lister Hall Students' Association (LHSA), and Housing & Food Services is the key to the program's success.

Participation in recreational activities by Lister Hall residents is so pronounced that last year, Campus Recreation's Top Female and Co-Rec Participant Awards were presented to "Res" residents, namely Brenda Keay, Sean Drake, and Michelle Comeau.

Currently, Michelle Comeau is Campus Recreation's Lister Hall Satellite Co-ordinator. According to Michelle, the recreational programs are enjoyable and beneficial

as "they give the residents something to do while on campus, other than study." As well, opportunities to socialize during activities allow the residents to meet other people from within Lister Hall and from other areas of across campus.

Michelle works very closely with a Sports Committee and the LHSA in the provision of Lister Hall's recreational opportunities. The Sports Committee is composed of the Campus Recreation Co-ordinator, a Chairman, five Hall Representatives, and 33 Sport Seniors that represent the various floors of the residence.

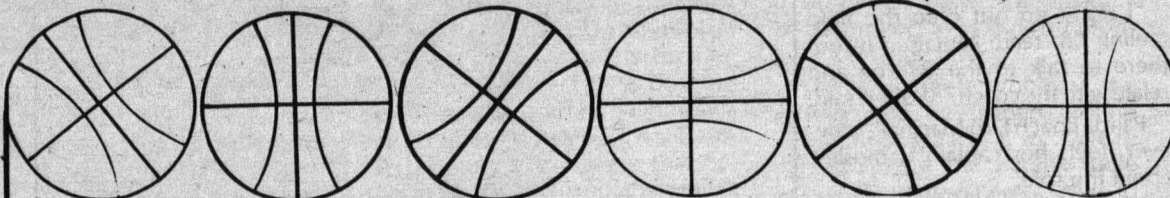
The Chairman, who is the Vice-President of Kelsey Hall, and the Hall Representatives, who are Lister Hall Coordinators, are also members of the LHSA and encourage the exchange of ideas between the LHSA and the Sports Committee. This structure promotes cooperation between the LHSA, Campus Recreation, and Housing & Food, and enhances the organization and implementation of the different activities available.

Many participants have already been involved in the various "Intra-Res" activities that have occurred this year. The "Intra-Res Activity Nights" were held Sept. 11 & 12. Lister Hall residents took part in badminton, volleyball, basketball, and swimming in the Pavilion, main gym, and West Pool. "Badminton For All" was held Thursday evenings from Sept. 14-Oct. 5. This activity was so popular that all 7 courts available in the Education Gym were used to capacity each night.

As well, flag-football teams played in the "Intra-Res Co-Rec Flag Football League." "Res" teams played against other teams from across

campus on Monday and Wednesday evenings from Sept. 20-Oct. 18.

An "Intra-Res Fall Volleyball Tournament" was also held on Sunday, Oct. 1. The winning teams of this one day tournament were all from Mackenzie Hall. 1st Mac won the A Event, 2nd Mac were victorious in the B Event, and the C Event Champions were 8th Mac. All of the winning teams received t-shirts and trophies.



by Mitch Panciuk

Basketball has started again, with the season opening Alumni game having been played just this past Friday. For those of you who are basketball fans there is good news, and there is bad news.

First the bad news. It doesn't look like both teams have learned their lessons of seasons past, and they are still making many mental mistakes. Here is an example: the Bears gave up a technical foul early in the first half because rookie Scott Karaim didn't remember to tell his coaches that he'd be wearing number 12 instead of number 13. Small mental error maybe, but in a game where every point counts, you simply can't afford to give your opposition the easy ones.

If truth be known, it's probably just that Karaim didn't want to wear number 13 on Friday the 13th. If the Bears had lost that game by a point, you know that any bad luck that he would have had as a result of number 13 would have paled in comparison to what he would have

gotten from Coach Don Horwood. There are many additional events currently underway and upcoming. The "Intra-Res Fall Volleyball League" which began Oct. 16, takes place Monday thru Thursday evenings in the Pavilion until Nov. 28. In this league, "Res" teams will be vying against other campus teams. Teams from Lister hall are also playing in the Men's Hockey League that began Oct. 12 and runs until March 30.

Other types of mental mistakes that I'm talking about include the forcing of passes through traffic — like the ones the Pandas insisted on trying all game long. About the only stat that the Pandas actually led in on Friday night was in the turnover department.

So that was the bad news. And now for the good news — and there's a lot more of that than there is bad news. Let's start with the Pandas. They have a well-balanced

### Posting up

and extremely potent offence. Coach Diane Hilko had a very busy off-season recruiting players, and the performance of newcomer Tracy Henger (with a team high 13 points) is a good indicator of this. Scoring was evenly spread out over the team roster, and this will help a lot as the season progresses.

Susan Chalmers was a pleasant surprise. The rookie forward from M.E. Lazerte High School was one of the best Pandas. Coming off the

bench and seeing limited action, Chalmers had a good game with five points and four rebounds. She also showed good vision with her passing, and prudence with her shot distribution. A little more experience and confidence in her shot, and we could have a twin-tower connection on offense with Joanna Ross.

The Bears turned in an impressive performance. Any time you can beat a team with the likes of stars such as Mike Kornak, Doug Baker, Gerry Cousins, Scott McIntyre, Mike Suderman, and Chris Toutant, you know you can play with the best of them.

The Bears put on a very mature and gutsy show. The score went back and forth all night long, but the team held its poise and composure when it would have been easy to take a respectable loss. Rookie David Wooldridge surprised many with his tough defense, and very strong offensive abilities. This guy has come from nowhere and is going to be a starter this year, he has potential for national status.

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