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Saturday saw the successful completion of Women's Intramural Softball. Joint Team II outswung Delta Gamma ten runs to two. The only undefeated team in the league Joint Team II was composed of Law, Recreation, Education and Pharmacy students. The team calibre ranged from "excellent" to "how do I hold the bat?" Everyone who played enjoyed it.

Sunday was the debut of our Cycle Cruise, another one of our numerous new events. The tour included a ten to twelve mile ride around the South Side. Flag football starts 9:00 a.m. this Saturday at Windsor Park Field and water polo starts this week as well. If you have signed up, be sure to come and play. A schedule is posted on the Women's Intramural Board if

you are unsure of times. Come join the Turkey Trot Sunday, Sept. 29 at 10:00 a.m. Run, jog or walk the two mile course, starting at the U of A track. Three Thanksgiving turkeys will be awarded - one to the first place winner and two to randomly selected positions. If you haven't already signed up, entries will be taken at the track up until 10:00 a.m. Walk, run or jog your way to a free turkey.



Photo by Marilyn Kanee

## in full swing

A note of appreciation to Mike O'Reilly, Drew Kurie, Jay Litke and Bryan Sosnowski for a great job in organizing these events.

This week's recipient of the "Intramural Participant of the Week" has been awarded to a pair of exceptional athletes from Law.

Congratulations to Rick Riggins, who won the golf tourney, and Willie Littlechild, who topped the "B" class in archery. Both fellows are members of the prominent Law "A" flag football team, which is currently rated as the team to beat. Excellent showing, guys!

If you are interested in any activities provided by the university intramural program, information can be received at the Men's Intramural Office, in the Phys. Ed. Building basement. *Stew Duncan*

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The U of A cross-country team members are presently training hard for their upcoming season. The team has meets every weekend from now until November 16, when the Canadian Nationals will be held in Brantford, Ontario. Important meets along the way include the Canada West championships in Victoria on November 2, and the

C.I.A.U. meet on November 9.

Coach Gary Ness feels that his team should fare well in competition. The men's team in particular has a number of outstanding individuals, as there are over a dozen fine athletes vying for the seven positions on the team. If the minor injury problems presently affecting the team clear up soon, the men should do well.

Ness is worried about the showing of the women's team, however. Sue Hoffart, Joan Oness, and Debbie Ryan should all do well individually but the team lacks depth. There is room for five girls on the squad, and coach Ness invites any interested women to come out and train with the team. Practices are at 5 p.m., every day of the week. Weekends are spent at competitions. The women's team will be a strong contender for the championship with the addition of a few more competitors to the team.

The U of A Invitational meet is being held on October 5. This meet will be a good chance to see how the team is rounding into shape for the major competitions to be held late in the season.

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The U of A Invitational Field Hockey tournament is being held this weekend at Lister Hall field. The Pandas have asked some very talented teams to attend so competition in the event should be keen.

The tournament has been divided into three divisions. One section will contain U of C, Edmonton Ladies, and the Alberta Provincial team. Section "B" features the Pandas, Calgary Ladies, and the Saskatchewan Provincial team. A third division, for high school teams, has Ardrossan High, and two teams from Harry Ainley.

The teams will play a round robin in their divisions on Saturday. Sunday's play will be a cross sectional playoff between sections "A" and "B". The high school girls will have a playoff too.

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There will be an Organizational Meeting of the Cross-Country Ski Team on Oct. 3, 1974 at 5:00 p.m. in Room 114 - Physical Education Building. Interested men and women invited.

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## the fifth quarter

This week, we have taken it upon ourselves to forego any opinions regarding the upcoming football game against UBC on Saturday in order that some hype can be provided regarding October 5's game against the Simon Fraser Clansmen at Empire Stadium in Vancouver.

In an article in the SFU Peak last July, Nick Bastaja said something about the probability of SFU experiencing their first hundred point game on October 5. By the end of the article, Bastaja had come down to sixty points.

SFU provided a few excuses as to why they were thoroughly trampled by the Bears last year: frozen turf (which was actually about as frozen as it is right now); ambushed by the Bears, and so on ad nauseum.

They discussed the fact that this year's version of the Clan was ready to kill and maim and win football games. The first part of that statement is entirely believable in view of the number of cheap shots they threw at the Bears when they figured out that they wouldn't win that game by playing football.

So far, Bears remain unimpressed. In their first three games, they have outscored their opponents by no less than 34 points thanks to the efforts of an extremely stingy defense and a heads-up offense.

Simon Fraser will be though. They spend an awful lot of time and money recruiting good ballplayers from Canada and the US and work very hard to wreck UBC's chances of ever becoming competitive in this league.

The game should be interesting at worst. As everyone who follows CFL ball knows, Empire Stadium is the home of the BC Lions and has one of the three artificial surfaces in the league. This will be an important factor in the game.

Artificial turf has many properties, most of which are bad except when it rains. It gives the player a more positive grip which is something of an asset when running but causes many grave problems when a man is hit. It doesn't give much: consequently, a man's foot generally remains stationary while the rest of his body continues in another direction. It has caused many serious injuries to players.

Also, Simon Fraser will be hungry after last year's loss. It was embarrassing for them particularly in view of the fact that they have always been blowing off for years about how their system of buying players gives them the best football team in the country. They play in an American league to get some competition that they can take seriously, so they say.

There is a trip being arranged by the athletic department that will be fairly inexpensive. I don't have all the information at the time of this writing but interested persons may contact Chuck Moser in room 116 of the Phys. Ed. building or call him at 432-3616.

It should be a good trip. Go to Vancouver and watch a good football game plus the residuals. If you are interested, contact Chuck as soon as possible so that arrangements can be finalized.

*Paul Cadogan*

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