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Does it Flutter, Palpitate or Skip Beats? Have you Shortness of Breath, Tenderness, Numbness or Pain in left side, Dizziness, Fainting Spells, Spots before the eyes, Sudden Starting in sleep, Nightmare, Hungry or Weak Spells, Oppressed Feeling in chest, Choking Sensation in throat, Painful to lie on left side, Cold Hands or Feet, Difficult Breathing, Dropsy, Swelling of the feet or ankles, or Neuralgia around the heart? If you have one or more of the above symptoms of heart disease, don't fail to use Dr. Kinsman's Celebrated Heart Tablets, the remedy which has made so many marvelous cures. Not a secret or "patent" medicine. One out of four has a weak or diseased heart. Three-fourths of these do not know it, and thousands die who have been wrongfully treated for the Stomach, Lungs, Kidneys or Nerves. Don't drop dead like hundreds of others when Dr. Kinsman's Heart Tablets will cure you. Here is a sample of what they are daily doing:

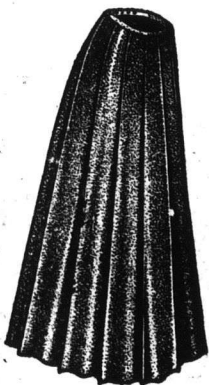
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Correspondence.

Women Should Do No Chores.

Edmonton, Alta., August 7, 1910.
Sir.—As my brother is a subscriber to your valuable paper I am going to venture to write a few lines. I am an Englishman and came to this country five years ago. Two years ago my father and the rest of the family came out here and bought a farm in Sunny Alberta. We are very interested readers of your valuable paper, and for my part I like the competition best, though the correspondence column is also very interesting. My views on women doing chores are that they might look after the poultry if they cared for that sort of thing, but not do anything else outside. On this farm my brother and I do the milking, the ladies having not learned that noble art, and as long as I have anything to say in the matter, will not. Probably my ideas on the subject are not usual, but I think the women in this country have all they can do in the house without seeking work outside. Please send enclosed letter to "Sweet Genevieve," of the March number.
"Old Dewsburyan."

Bluebell is all Right.

Glenboro, Man. July 19, 1910.
Sir.—I have been a reader of the W. H. M. for some time. I do not take it myself, but my uncle, with whom I

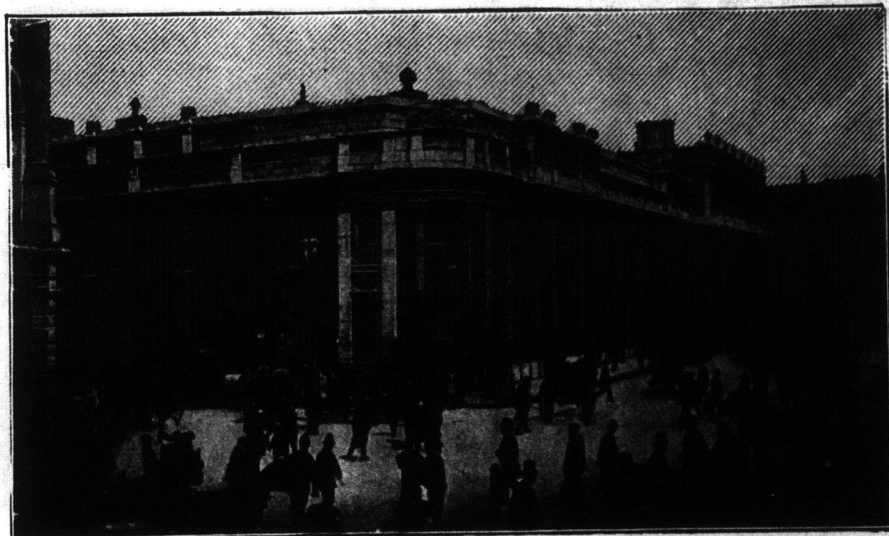
Rival," of the April issue, or any lonely one who cares to write. My address is with the editor. Wishing the W. H. M. every success.
"Bluebell."

Rollicking Bill is a Rancher.

Kalowna, B.C., Aug. 14, 1910.
Sir.—I have seen one or two copies of your splendid paper through a friend and have enjoyed it awfully. I think the correspondence page a ripping idea, and should like to join your circle. It seems the rule to describe yourself, so here goes. Size, about 5ft. 10 in., and dark, neither handsome or ugly, 21 years of age; smoke cigarettes but don't drink. Mosquitoes sometimes make me swear. I am fond of music and sport and painting. Am an Englishman, but have been in B.C. 18 months forest ranching. I should like to correspond with any nice girl from 17 to 20. Should like to hear from "Snowdrop" and "All Smiles" if either of them care to write. I will close now, hoping you will publish this letter. Wishing your paper every success, I remain
"Rollicking Bill."

Another letter from the Doctor.

Meridian, Sask., August 9, 1910.
Dear Sir.—As months pass on we all of us grow a little wiser, and find out something new. As we look over the papers we find items which suit our



The Bank of England.

live, has been a subscriber for years. The lonely bachelors of this western country certainly have my sympathy. Life must become very monotonous to them at times. I think I could excuse some of them if they did use tobacco if they find any comfort in the use of the weed. But I can find no excuse for the man who takes strong drink for it unfits him for life's battle and destroys his manhood. There seems to be a great deal of discussion on women's right to a share of the chores on the farm. Well, I certainly would not think much of the man who would make a chore boy of his wife. If a woman does her work and keeps her home as it ought to be kept; she will have very little time for much work outside. Still, it does not hurt any woman to help milk, especially in the busy season, providing the stables are kept clean enough for a woman to visit. A woman does not think very much of her husband if she leaves all the milking and calf feeding for him to do after he has worked hard all day in the field. Such a wife cannot expect her husband to be a very cheerful companion for "All work and no play makes Jack a dull boy." I am a Canadian girl, with brown eyes, hair the same color, and healthy complexion. I am a little over 5 ft. in height and weigh 120 lbs. I came to Manitoba from Ontario about a year ago to visit relatives here and liked the country so well I decided to stop for another year. I love the farm life, and am fond of good reading, music and flowers, also horses. I expect I am going to be an old maid for I cannot live without a cat. I would like to hear from "Barkis," "Rambler" and "A

disposition and we find others that do not fall in our line. I think that we could improve our ideas and opinions by listening to those of others. But such is not always the case. In the April number of the W. H. M. my attention was drawn to the criticisms of my last letter. One spoke of it as nonsense and the other, of course, did not approve of my idea. With these two criticisms in view, I will, of course, speak in my own defence. Holding every respect for the views of these two farmers, I wish to criticise the picture which "Just a Bachelor" gives. He certainly seems to think that the farmer attains his wealth quickly. If he does, I can surely pity him, because there is an enormous distance between the farm and a place of retirement. I am a farmer's son, and I know for myself that a farm is no place for an ambitious young man. How many bright young fellows say, "There is no place for me but the farm!" What an idea! As to the many conveniences which a farmer can have, allow me to tell you, "Bachelor," that a very small percentage of the farmers are ever able to own such conveniences. As far as I can see, the general run of farmers are not trying to improve the soil. Eleven farmers out of a dozen never attain the position in which they can own an automobile and steam plow. If they do they become too ambitious and generally fail in business. Now, let me have a chat with "Farmer." He calls the farmers the backbone of all industry. I do not want to contradict him but that is hardly the truth. What good is a backbone without other portions of the body? What good is the

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Any person who is the sole head of a family or any male over 18 years old, may homestead a quarter-section of available Dominion land in Manitoba, Saskatchewan or Alberta. The applicant must appear in person at the Dominion Lands Agency or Sub-Agency for the district. Entry by proxy may be made at any agency, on certain conditions, by father, mother, son, daughter, brother or sister of intending homesteader.

Duties—Six months' residence upon and cultivation of the land in each of three years. A homesteader may live within nine miles of his homestead on a farm of at least 80 acres solely owned and occupied by him or by his father, mother, son, daughter, brother or sister.

In certain districts a homesteader in good standing may pre-empt a quarter-section alongside his homestead. Price \$3.00 per acre. Duties—Must reside six months in each of six years from date of homestead entry (including the time required to earn homestead patent) and cultivate fifty acres extra.

A homesteader who has exhausted his homestead right and cannot obtain a pre-emption may enter for a purchased homestead in certain districts. Price \$3.00 per acre. Duties—Must reside six months in each of three years, cultivate fifty acres and erect a house worth \$300.00.

W. W. CORY,

Deputy of the Minister of the Interior

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