



Saves Fuel and Food

The continued high cost of food-stuffs and household supplies require the strictest economy.

The most expensive foodstuffs are used in baking, so always be careful to use the right kind of Baking Powder, otherwise great waste may result.

Many thousands of people recommend

EGG-O Baking Powder

because it effects the greatest economy.

Its double action absolutely assures perfect baking at all times.

Egg-O also helps save fuel because it does not require so hot an oven as is required by other powders.

Always follow the directions—one level teaspoonful to one level cup of well sifted flour. You use from a quarter to a half less powder when you use Egg-O.

When buying Egg-O the larger tins are the most economical size for family use.

Egg-O Baking Powder Co., Limited, Hamilton, Canada



Looked at In Any Way

our milk is the very best you can use in your household. First, because of its absolute purity and sanitary cleanliness. Next because of its superior richness and therefore in nourishing quality. Finally because in spite of its admitted superiority in every way it will cost you no more to use it. Why not at least, then, give it a trial? Phone for the wagon to stop.

Rosedale Creamery Company.

36 Benton St. Phone 346.

INCORPORATED 1855

THE MOLSONS BANK

VICTORY LOAN COUPONS

Do not forget your coupons and interest cheques.

We shall be glad to cash or place to your credit Victory Loan coupons or cheques maturing November 1.

THE MOLSONS BANK
Kitchener Waterloo
Bridgeport St. Agatha.

What Cash You Need

When Travelling

—and more particularly, when large sums are required—is best carried in the form of a Letter of Credit, issued by The Merchants Bank.

This old established form of international banking, is preferred by many experienced travellers because of its absolute security.

Letters of Credit are cashed only by banks or banking corporations, and after the identity of the holder is established to the satisfaction of the bank officials. This insures safety, and guards against loss or theft.

THE MERCHANTS BANK

Head Office: Montreal. OF CANADA Established 1854.
KITCHENER BRANCH: D. A. MACMILLAN, Manager.
WINSTON BRANCH: H. SNEYD, Manager.
MONTREAL BRANCH: M. S. SUTHERLAND, Manager.

NEW HAMBURG

Dan. Bennet of Kitchener has moved back to town.

Jacob Schrag and family of N. Y. State, are visiting his mother, Mrs. J. Schrag.

Alex. Hahn was a business visitor to Goderich a week ago last Saturday. Mrs. Joshua Kaufman, of Peru, Ind., is visiting her parents, Mr. and Mrs. G. Bauer.

Nich. Wenzel, of Stratford, spent the week-end with his brother in town. Mr. John Mayer, of Waterloo was visiting her daughter, Mrs. Alb. Fischer.

Louis Ruthig, wife and daughter were callers at A. Eckel's at Plattsburgh a week ago Sunday.

BURNSIDE

Halloween was celebrated by some of our younger sex in this vicinity who indulged in carrying away gates.

Mr. and Mrs. Hy. Kalbfleiser and Mr. and Mrs. Emerson Kalbfleischer and family of Tavistock called at the home of A. Eidt.

Mr. and Mrs. Roy Hastings and daughter Hattie were Sunday visitors at Moses Eidt's of New Hamburg.

Mr. and Mrs. Aaron Eidt were at Kitchener and Elmira over the week end.

Miss Vera Eidt of New Hamburg visited a few days with her sister, Mrs. Leslie Hyde.

Mr. and Mrs. Jac. Berlett and son of Chesterfield visited Sunday at the home of James Riddell.

Mrs. E. Damm and family of Ayrton are visiting at Mrs. Sarah Daub's at present.

Mr. and Mrs. William Schneider of Wilmot Centre visited Sunday at the home of Hy. Schneider.

CHESLEY.

Mr. and Mrs. Ichler and Con. J. G. Krug and family motored to Mildmay to visit Mr. Krug's mother.

Mrs. Jas. Lee is in Mildmay attending to her mother Mrs. Krug during a severe sickness.

Mr. and Mrs. Angus Munn and family have moved to Hespeler.

Wm. Krug and son Walter, Hy. Ankenman and Bert. Gillies are up to Bruce Peninsula on a hunting expedition.

The workmen in Chesley held a mass meeting on Friday night and organized a Labor Union.

The Types as They Slip.

"The bathrooms marched past in column, and then in review order"—*Englewood.*

"English boarding and apartment house, dark room convenient for bathing."—*Daily Malta Chronicle.*

"The program was as follows: Quartet, 'O Hurl Thee My Baby.'—*Natal Witness.*

"A delightfully cool breeze was blowing."—*Several ladies, both Indian and European, were among the guests.*

"Pomeroy—Charming detached residence, commanding interrupted sea view."—*House Agent's Announcement.*

"Thursday, December 7th.—The state entry at 10 a. m. Deception of the chiefs, 3 to 5 p. m."—*Times of India.*

"A beautiful light flooded her face—half-grown, half-terrible—alone in her left hand, closely pressed against her bosom."—*Church Family Newspaper.*

"Very pretty set, curb bracket, set round wood, the 64 to kind home only as pet dog."—*The Lady.*

"Miss Stapleton Cotton was married on Tuesday in the private chapel at Lambeth palace to Viscount Hood."

"Viscount Hood was unable to be present through illness."—*Church Family Newspaper.*

"Newcastle was agitated on Sunday night by the appearance of two harem skirts."—*Staffordshire Sentinel.*

"Spasms—For sale three healthy dogs, 6th high, practically new, including till, price \$5, 15s."—*West Sussex Gazette.*

"A few crackers should be or a glass of milk should be kept inside the bed."—*How to Sleep Well.*

"The captain and the boat's crew were picked up by the passing vessel."—*Birmingham Post.*

"K. L. Hitchings and Seymour in splendid team."—*Evening News.*

What say?

A little verse libre some day?

A lot of lines some long.

Some short.

Some rhythm of an ambling sort.

A simple fact.

One may distort.

To make it seem a highbrow song?

Ah, no! Ah, no!

It can't be so!

You ask too much!

Why should we write' guys and such

Give anything away?

I'm here to say

Gratuities are scarce today.

'Tween me and you

There are but two

Small things for which we don't

Disburse:

Free love, I guess—free love,

Alas, yes!

And now you want free verse.

In two years John Ganzel has been boss of the Kansas City American association club the outfit has won a pennant and finished in second place.

It is said the Athletics will train in Texas next spring, Connie Mack being satisfied that the home training in Philadelphia last spring was a fliv.

Age doesn't seem to affect the speed of Frank L. Kramer to any extent. The veteran bicycle racer has been winning his share of the purses all season.

Defeating Brown, Cornell and Princeton and holding Dartmouth to a 7-0 tie game, is the brilliant record achieved by the Colgate football team this season.

COMPLETELY GRIPPED

Terrible Experience of Mr. J. Harrop

It is seldom that anyone who has been continually exposed to every weather condition does not contract some form of Kidney or Rheumatic trouble. In many cases, cold, settling in the kidneys, so weakens those important organs that they are unable to filter the waste and poison out of the blood. The latter is carried throughout the body, causing uric acid to accumulate in the joints, with consequent rheumatism, stiff joints, swollen ankles, lumbago, sciatica, neuralgia, constipation, torturing pains in back and side and head. These ills can all be made right. GIN PILLS give quick, certain and sure relief. Read what Mr. J. Harrop writes to us:—

"I have been crippled up so completely that I could not stand. Work was out of the question. A few doses of GIN PILLS put me right. I cannot praise GIN PILLS too much, and every home should have a box."

GIN PILLS can help you. If you suffer from backache, or have that dreadful feeling of lassitude, with floating specks before the eyes, highly-colored urine, stone in the bladder and general debility, get GIN PILLS at once. At all druggists or dealers, 50c. Money refunded if you are not relieved. A sample large enough to demonstrate its value, free on request.

The National Drug & Chemical Co. of Canada, Limited, Toronto. U.S. Office: States Address, No-Dra-Co., Inc., Main St., Buffalo, N.Y.



SOOTHES IRRITABLE THROAT

QUICKLY CURES BRONCHITIS

No Drugs to Take, No Sickening Stomach Medicine to Use

Just Breathe "Catarrhazone".

Count ten—a bad cold is relieved by Catarrhazone—wait one minute and you will feel its soothing influence on a sore irritated throat. No failure with "Catarrhazone"—it cures because you can breathe a healing vapor to the very spot that needs help.

The big thing to remember about Catarrhazone is this—you just breathe a healing piney vapor that is full of the purest balsams, that is rich in the greatest healing agents known to science.

This wonderful vapor dispels all soreness, kills all germs, gives nature a chance to complete a real cure. Colds and throat troubles can't last if the pure healing vapor of Catarrhazone is breathed. Catarrh will disappear, bronchial attacks will cease, coughs and winter ills will become a thing of the past. Complete outfit lasts two months, price \$1.00; smaller size 50c, sample size 25c; dealers or The Catarrhazone Co., Kingston, Ont., Canada.

Business Co-operation

THE Bank of Toronto is always ready to encourage healthy business expansion, and offers the necessary financial backing to young men starting in business and to sound business ventures of reliable firms.

It is in the spirit of co-operation that The Bank of Toronto offers its facilities to Canadian business men. Our organization embraces departments for the transaction of every form of banking business.

E. W. LAMPREY, Manager, Kitchener.
F. J. ROONEY, Manager, North Ward Branch, Kitchener.
R. J. TOBEY, Manager, Waterloo.

THE BANK OF TORONTO

GIRLS! GIRLS! GIRLS!

We offer pleasant work at highest wages, sewing and other work in the quarter room.

Apply

Merchants Rubber Factory.

BUSINESS BLOCKS FOR SALE

5 King Street East
Brunswick Hotel

140 and 142 King St. West
6-8 Queen St. North

For particulars see

C. G. Pritschau

120 King St. West.

Kitchener.

SAFETY DEPOSIT BOXES

Our Safety Deposit Vault offers you absolute protection; it is the proper place for Bonds, jewelry, securities, documents, valuable records, insurance policies, etc. We rent Safety Deposit Boxes at Three Dollars per year, and upwards. Come and see how secure they are, and what conveniences we offer to those who use them.

Kitchener Branch.

The Waterloo County Loan and Savings Co.

HIS LIFE RUINED BY DYSPESPSIA

Until He Tried "FRUIT-A-TIVES" The Wonderful Fruit Medicine



MR. FRANK HALL

Weyale, Ontario.

"For some two years, I was a sufferer from Chronic Constipation and Dyspepsia."

"I tried every remedy I heard of, but at any success, until the wife of a local merchant recommended 'Fruit-a-tives'."

"I procured a box of 'Fruit-a-tives' and began the treatment, and my condition commenced to improve immediately."

"The Dyspepsia ceased to be the burden of my life as it had been, and I was freed of Constipation."

"I feel that I owe a great debt to 'Fruit-a-tives' for the benefit I derived from them."

FRANK HALL.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

"SYRUP OF FIGS" IS LAXATIVE FOR CHILD

Look at tongue! Remove poisons from stomach, liver and bowels.



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California."

MINARD'S "KING OF PAIN" LINIMENT

I was cured of terrible lumbago by Minard's Liniment

By Wm. Brown.

I was cured of a bad case of rheumatism by Minard's Liniment

—Mr. S. Kaulbach.

I was cured of sensitive lungs by Minard's Liniment

—Mrs. S. Masters

Manufactured by the Minard's Liniment

Yarmouth, N.S.

Live Stock

France has had in 1919

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