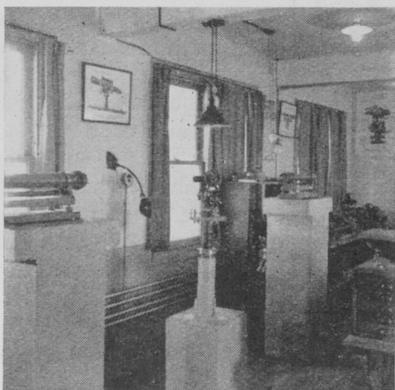


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good health. That is why the Force insists on periodic medical examinations of its officers and men. But as individuals we are apt sometimes to overlook symptoms that can be dangerous, dismissing them with the careless thought that: "They'll be gone tomorrow." National Health Week is designed to put us back on the right track.

Each year medical research advances. Each year we learn more and more about disease and sickness, and sometimes the price of learning is heavy. One laboratory reports that in recent years there were 222 cases of virus diseases among its workers, with 21 proving fatal.

The *Quarterly* endorses Canada's National Health Week and hopes all its readers will take the necessary steps to guard that most precious of all the world's commodities—good health. ●●●

### *This Issue*

J. C. Martin, K.C., whose informative and educational articles have been too long absent from the *Quarterly*, contributes an interesting side-light on a point of law, page 184. And on page 195 there is a well-written account of the first post-war gymkhana presented by the Force. Constable Adams' story, page 173, about policing in British East Africa contains some little-known facts about the aborigines of the dark continent; and we draw the attention of all marksmen among our readers to the narrative on the activities of the Force at the DCRA Prize Meeting in Ottawa last summer, page 207. ●●●

### *Next Issue*

In the April *Quarterly* there will be an article by Cpl. W. E. F. Bell of the Marine Division. Its title is "Pieces of Colored Ribbon", and obviously the author expended considerable time and effort to produce this narrative about medals and decorations awarded to members of the Force. In addition there will be an intriguing story, describing and explaining the famous reversing falls at Saint John, written by Cst. M. R. DeKouchay, plus another piece on handicrafts, this time about Fly Tying, by Frank W. Richard, and other contributions from *Quarterly* writers. And of course there will be Recent Cases, Old-timers' Column, Rifle and Revolver Club News, Division Bulletin and The Letter Carrier. ●●●