

HOWARD'S REALM.

SOME EXCELLENT RECIPES.

Curried Rice—Boil rice until every grain is soft, yet firm, and all stand apart. This method is still so little known that it will give it here. Wash the rice thoroughly and put it over the fire in salted boiling water. To one cupful of rice there should be at least two quarts of water, and it should be at a galloping boil. Keep this up for fifteen to twenty minutes, or until a grain of the rice is soft between the fingers. Do not stir the rice with a spoon, but shake the pot occasionally; if the rice seems inclined to stick, loosen it from the bottom with a fork. When done, turn off the water, and let the rice dry off in the pot, if you would potatoes. For the curried rice, have either a chicken broth or a white sauce, made by cooking together one tablespoonful of flour and two tablespoonfuls of butter until they bubble, then pouring upon them one cupful of milk. Stir until smooth. If the chicken broth is used it should be thickened in the same proportion. Then add to the sauce or broth allow one teaspoonful of curry-powder and add one cupful of the sauce thus made to every three cupfuls of the cooked rice. Stir together over the fire, let them get smoking-hot. Add salt to taste and the juice of half a lemon. Turn into the little ramekins, and serve as they are, or brown lightly in the oven.

SOME LAUNDRY SECRETS.

(By Mrs. D. Fletcher.)
As this is an abominable "wash-goods season," possibly a few hints concerning the care of gowns may not come amiss.
Black laws, percales, dimities and all mousseline prints will not run or fade if spirits of turpentine in the proportion of one tablespoonful to each half-pint of water, is used in rinsing after the dress is washed. The same may be said of black satin underclothes. Gum arabic water, graine or thin blue-water is recommended instead of starch for black dresses.
Starch made deep indigo by the use of bluing is not used for navy blue or black. The water in which bran has been boiled, when strained and cooled, is especially nice for coloring. It is used in rinsing, giving them a soft appearance.
Sometimes when a muslin becomes limp, but not soiled, it may be freshened without washing by sprinkling with a solution of water, then rinsing. After starching, turn the dress wrong side out, dry in a shady place as rapidly as possible, sprinkle, roll in a towel for a short time, then iron on the wrong side, and finish by pressing the rough seams and finishing by pressing the rough seams and finishing by pressing the rough seams.

FISH SALAD

For this delicious dish buy halibut or some other firm white fish; boil, then cut into neat pieces about four inches square. Lay each on two or three selected cucumber leaves, arrange on the fish three or four very thin slices of cucumber, and put over all at the last minute a dressing of mayonnaise dressing. Heat this in front of each plate.

Cherry Surprise

Stone two quarts of ripe, well-flavored cherries, and chop them to a pulp. Crack the stones of about a dozen of the cherries, extract the kernels, mix the stones and put them with the pulp. Add to them one pint of water, two cupfuls of sugar, the juice of two lemons and the unpeeled whites of six eggs. Beat all together then pour into a mold and freeze. Garnish each portion with large frozen cherries.

Strawberry Ice

Crush enough strawberries to get one pint of the juice, and add to it two cupfuls of sugar. Stir until dissolved, then put in two cupfuls of cold water and the juice of a large lemon. Strain through a very fine strainer, and freeze.

White Pound-Cake

While this is not exactly pound for pound, it is yet nearly enough a white reproduction of the yellow pound-cake to make it worthy of the name. For this purpose use one cup of sugar and six ounces of butter. Beat stiff the whites of ten eggs, and mix with them three-fourths of a pound of sifted flour. Stir all the ingredients together thoroughly, flavor with lemon almond, and bake in small tins. Cover with a frosting flavored with vanilla.

Fruit-Punch

One quart of cherries, being very careful to lose none of the juice. For this purpose use one cup of sugar and six ounces of butter. Beat stiff the whites of ten eggs, and mix with them three-fourths of a pound of sifted flour. Stir all the ingredients together thoroughly, flavor with lemon almond, and bake in small tins. Cover with a frosting flavored with vanilla.

Mocha Cake

Two eggs beaten light, one cupful of sugar beaten gradually, one and one-half cupfuls of flour, one teaspoonful of cream of tartar, one-half teaspoonful of soda sifted. Add last one-half cupful of boiling milk, into which has been melted one teaspoonful of butter, a little salt and lemon.

Filling

One fourth of a cupful of butter creamed and one heaping cupful of coffee, which has been melted one teaspoonful of butter, a little salt and lemon.

No. 2

Tolks of four eggs mixed with three fourths of a cupful of granulated sugar, three fourths of a cup of flour, one teaspoonful of baking-powder, one teaspoonful of cream of tartar, and beaten whites of four eggs. Bake in two layers. When cold, put together with whipped cream (sweetened) flavored with coffee extract. Put cream on top, too.

No. 3

With one half pound of sugar, one half pound of flour mixed with corn-starch, five eggs (beaten) and the grated rind of a lemon prepare a layer-cake. It is better to bake the whole cake in a deep mold, then when cold cut it in three layers. Pour over the first two layers a cream made as follows: Put in a saucepan the yolks of three eggs, one half teaspoonful of good corn-starch and three tablespoonfuls of sugar. Mix well. Then stir in one half cupful of very strong coffee made in the French way. Stir up over the fire until it thickens, but don't let it boil. Then mix in one fourth of a pound of fresh butter (not salted, if possible), and beat with an egg-beater until it thickens. Over the top put a layer of jelly. Cover the whole cake with icing made as follows: Mix a syrup with one half cupful of strong coffee and one fourth of a pound of sugar. Then mix in enough confectioner's sugar to make a good icing over the whole surface.

No. 4

One half cupful of butter, three eggs, one cupful of sugar, one teaspoonful of vanilla, two cupfuls of flour, two teaspoonfuls of baking-powder, one

FIRST TRANSATLANTIC RACE.

Story of the Great Race Between Three Yachts, 39 Years Ago.

Taking season for season as they come to us, on an average, the present race for the Kaiser's cups will be sailed under very different weather conditions from those which befell the three schooners, Henrietta, Vesta and Fleetwing, in the first across-the-ocean yacht race of 39 years ago for a stake of \$30,000. Those three yachts made the race in the depth of winter, starting from New York harbor on December 11, 1866, and finishing off the Needles on the night of Christmas eve, the Vesta being the victor. The race was accompanied by strong easterly winds, heavy seas, and alternate squalls of rain, hail and snow. Neither the passengers nor crew were in dry clothes from beginning to end of the race, and they suffered every hardship, hailing shipwreck, that could come to any one making the passage in the winter months.

All seasons bring all sorts of weather to the North Atlantic, but it is rather to be assumed that the passage in the month of May, as in the present case, will be attended by better weather than in the month of December. The Henrietta beat her two rivals so handsomely in the matter of the attending fleet to witness the start of the present race that the crew of the Vesta and Fleetwing were in uniform, and the men on the Fleetwing were attired in such nondescript costumes as are common to seamen in the mercantile marine.

The start of the race was from the Spit buoy, a good five miles inside the present starting point, at 1 o'clock in the afternoon. What Capt. Samuel, who was the skipper of the Henrietta, describes as "a god stiff breeze from 25 to 30 miles an hour" was blowing out of the northwest, and there was a little jockeying for position when the Henrietta and Fleetwing crossed the line they were carrying all lower sails and gaff topsails on fore and main masts, the Vesta depending on getting along without the fishing fleet. Moments after the start, however, the first two schooners hoisted square sails on their foremasts, and the Vesta was in the running. In that fashion they disappeared to the eastward, and although they reached England 14 days later, the news of the finish of the race and the victory of the Vesta were in the morning newspapers of December 20.

A break in the Newfoundland cable caused this delay of five days. Something was wrong with the yachting customs were different to those of the present. It was learned that the Henrietta had beaten her rivals handsomely. She passed the Needles at 5.45 p. m. on the afternoon of December 24, while the Fleetwing was in the harbor. The next morning, and the Vesta an hour and a half later. The Henrietta's time was 13 days and 22 hours. With the arrival of the Fleetwing came the news that the Vesta had been wrecked. The loss of six men off her bowsprit on the eighth day of the run. That gale caused considerable anxiety and almost 12 hours' delay to the three boats in the race. For the three boats in the company on the first night out, seven westerly winds followed them for seven days, accompanied by rain and snow. The Vesta was the first to be wrecked, and she was carried away by the regular steamship line, the Fleetwing going to the north, the Vesta holding to the southward. On the eighth day the wind rose to a gale, and the Vesta was wrecked. The Vesta was wrecked on the eighth day of the run. That gale caused considerable anxiety and almost 12 hours' delay to the three boats in the race. For the three boats in the company on the first night out, seven westerly winds followed them for seven days, accompanied by rain and snow. The Vesta was the first to be wrecked, and she was carried away by the regular steamship line, the Fleetwing going to the north, the Vesta holding to the southward.

A COUPLE OF SIMPLE REMEDIES.

Here is a sure cure for colds of any kind. It has been tested repeatedly, and has never failed, and as it is so simple, it is worth a try. It is made of catch cold, which resulted in a bad attack of bronchitis. I can speak from experience. In cases of pneumonia, it will not fail to cure if taken in time. Make a ball of cotton batting about the size of a small marble, saturate it well with alcohol, then dip it into six drops of chloroform; cover it lightly with a thin piece of cotton batting, hold to the mouth, and inhale the fumes. It is called an old woman's remedy to put a piece of silk cord around a child's neck to keep it from taking the cold, but if those who are apt to catch cold easily will double and cut an old silk handkerchief to fit around the neck, allowing it to come down over the chest, wearing it next the skin, and washing it every day with soap and water, or more, of course, to change when ever soiled—they will not have any cold they get below the neck. I have tried this in an old friend who had perfect faith in it. We tried it in our home—also having others try it—and although having colds, they whenever caught before would always give up results that way since wearing the silk. We have had severe colds in the head, but they went no further.

A METHOD FOR MAKING TENDER CRUST.

Do not put any lard in your bread. If you want tender bread, scald a little water, and put with your other ingredients when you make your sponge. If you prefer spongy bread, scald a little flour instead. Use liquid soap when you mix your sponge, and a little more yeast when you mix your bread. Plenty of yeast is good for the crust. Sprinkle your bread with water when you put it in to bake, and again before it is done. Above all, never let it bake slowly at the last. If the oven gets too hot, put a piece of brown paper over the bread and set a panful of water in the oven. Cool your bread in the open air. A little wind for a few minutes helps it. Do not wrap it in cloths. When it is perfectly cold put it in your bread-box (if you have a wooden box), and set a cupful of salt (open) in the box. This keeps the bread from getting dry. Sometimes the flour is to blame for the condition of the bread, and the wheat is to blame for the condition of the flour. It is hard to make even passable bread out of poor flour, yet I think it can be improved by an increased amount of potatoes, salt and sugar used to the same amount of bread.

KAISER TRIED TO INVOLVE RUSSIA AND BRITAIN IN WAR.

It Was His Torpedo Boats, Report Says, Which Caused Rejostvnsky To Fire on British Fishing Vessels.

LONDON, May 26.—Kaiser William II. secret instigator of a plot to embroil four great Powers in a war all most certain also to involve every other nation having a navy of any consequence—that is the amazing unofficial statement of diplomatists who were behind the scenes of the inquiry into the Dogger Bank incident.

Because the Kaiser's plot failed, Admiral Rozhdestvensky's Russian Baltic Sea squadron was able to continue its long journey and to avoid, by a long and arduous, but successful, battle with Admiral Togo in Asiatic waters. Instead of England's fleet being drawn into the coast of the North Sea, a carefully misdirected inquiry considered only the damage sustained in lives and property by the British North Sea fishing fleet upon war with Japan.

By a hair's breadth England and France escaped the necessity of flying at each other's throats on sea and land—and the Emperor was spared his disappointment in discreet silence.

The first great naval authority to give this interpretation of the Dogger Bank incident was Sir Thomas White, author of "All the World's Fighting," a personal friend of responsible officers in the navies of both Japan and Russia, and who has the esteem and confidence of various statesmen all over the world. Except that he makes no mention of the Kaiser, Mr. White's article in the current issue of a London magazine gives more than a hint of the whole plot, as is indicated in the following paragraph:

SECRET EVIDENCE IMPLICATING THE KAISER.

"Despite the findings of the Paris commission, the Russians were not very culpable for the Dogger Bank affair. It lay neither with us (England) nor probably with Japan, despite attempts to implicate that power. Besides the published evidence there was much secret evidence given before the commission. That on the Russian side was substantially as follows: They produced a man, neither British nor Japanese, who swore to fitting two torpedo tubes to a trawler. They put in depositions concerning the purchase of an old ex-British torpedo boat, sold long ago at a dock yard sale for \$885; but the man who deposited had mysteriously disappeared, and their evidence here was weak.

"They had fairly full evidence of a 'shellawag' crew of all nationalities engaged for the war, and to the credit of the English navy they had evidence of these having been in a Norwegian fjord just before the attack, and of an attempt to intercept them. But all this they tried to intercept them by Rejostvnsky's War."

It has been said that it was the Kaiser who started the Boer War; the world knows what he did for the Boer war, and the world knows that he was more concerned in trying to find justification for the damage to the fishing fleet than in sticking to actual fact; and over this they lost their heads. The Kaiser's policy was to do there is not the slightest doubt that the fishermen were absolutely innocent.

CHINESE THIEF.

"China would be a poor field for accident insurance companies," said a man in the tea trade. "The inhabitants would be only too glad to get hurt in order to collect their insurance. 'Up the river from Hongkong there's a little settlement of Englishmen. Just across the river is another settlement, inhabited by a few scrub birds of the snipe family. They are very poor shooting, but your Briton must have some of kind and shooting these birds in the winter, putting his hand out of business. 'Of course, the Chinaman made a roar. The Briton, wanting to do the square thing, offered to pay the damages. The coolie demanded \$10. The Englishman generously made it \$15. 'There was never any good hunting in the graveyard after that. Whenever an Englishman was seen approaching, a Chinaman hid behind every gravestone. 'With marvellous cleverness, they'd manage to get in range just when the Briton fired. If one of them had the luck to get two or three bushes in his eye, he would come out, roar, and collect. 'Of course, this drove away the snipe; but the coolies took to catching birds, trying them by the leg to see if they were snipe. They were in holes from which they could rise and get shot at the proper moment. The Englishman had to stop hunting. It was too expensive. 'One of the pleasant and refined Chinese tortures is crushing the ankle. There are coolies in Shanghai who keep a standing offer to submit to this torture, for the benefit of tourists, at a rate of \$5. 'I know of several cases where this offer has been accepted. The coolie submitted without a howl and smiled when he collected the money.'"

GERMANY COULD SELL MORE GOODS.

In the first place, Germany, for several reasons has long wished to see England and France renew their old feud. If England, Japan's ally, could attack Russia, Russia's ally, could not escape being drawn into the conflict. Germany is extremely jealous of England's commercial strength, and of France's rapidly growing importance in manufactures. Such a war as the one plotted would likely be of long duration.

ALLEN'S LUNG BALSAM

will positively cure deep-seated COUGHS, COLDS, BRONCHITIS, AND ALL AFFECTIONS OF THE THROAT AND LUNGS. A 25c. Bottle for a Simple Cold. A 50c. Bottle for a Heavy Cold. A \$1.00 Bottle for a Deep-seated Cough. Sold by all Druggists.

BOSTON LETTER.

Calvin Austin Will be Manager of Metropolitan Line.

BOSTON, May 26.—After a daily installment of east winds, for which the center has long been noted, the weather here has at last moved and conditions are more encouraging. The season is backward and too dry to suit the farmers and lumbermen in the north, but in the west, however, the country has been deluged and that section is faring worse than the east.

Deaths of Provincial People in the States—Dr. Walker in Boston.

—French Canadians Buy—Ing Farms.

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Calvin Austin of this city, vice-president and general manager of the Eastern Steamship Co., will also be president of the Metropolitan Steamship line, between Boston and New York which was recently acquired by Charles W. Morse and other Eastern Co. interests. James D. Morse, treasurer of the Eastern Co., will also act as treasurer of the new company. The entire capital stock of the Eastern Co. (30,000 shares) has been listed on the Boston stock exchange and will be regularly traded in. The company has outstanding \$2,042,000 5 per cent. bonds out of an authorized indebtedness of \$2,000,000.

CLOSING EVENTS AT ACADIA.

WOLFVILLE, May 27.—The first of the preliminary closing events of the 25th anniversary of the school was last evening in Alumnae Hall, when Miss Mabel Potter of Canning and Miss Laura Rainforth of Berwick gave their graduating recitals in piano. The hall was artistically decorated for the occasion with festoons of the class colors, grey and blue, and blossoms of the wild cherry.

THE MOST TORTURING OF ITCHING SKIN DISEASES—POSITIVELY CURED BY Dr. Chase's Ointment

The skin becomes reddened and inflamed and pimples are formed that burst and discharge a watery, sticky fluid, which dries and becomes a sort of crust or scale. In other cases there may be ulcers or sores. Suffering is always intense on account of the frightful stinging, burning and itching. The surface of the body should be kept clean by frequent bathing with tepid water and castile soap, and Dr. Chase's Ointment applied night and morning.

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FOR WASHING LINEN will do the best using a PURE SOAP like

"PRIZE" and all such man and sweet with from harness. et the name. SE SOAP

clear that petty thieving the commons chamber parts of the house and Sutherland to do his ut- criminals to catch- were commons employ- ers. was forced to admit that scam was a failure as an having been in trouble all predicted better things for next season. The committee switch- office estimates and made progress therewith, the courtously realizing that booked to leave for Eng- land.

Financial News

May 26.—This evening entertainment of the M. Y. Y. exercises took place at the gymnasium. Lingling and hearty applause the appreciation of the exercises. Misses Bawker, both of whom were present, were the only ones who were present. The committee switch- office estimates and made progress therewith, the courtously realizing that booked to leave for Eng- land.

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