## **POOR DOCUMENT**

ST. JOHN STAR SATURDAY, JANUARY 2, 1904

Beaver

Makes light white bread, dainty appetizing biscuits, retaining all the healthful properties of the

best wheat. Makes the dantiest

huxuries, Pastry and Cakes-so tempting that one bite invites

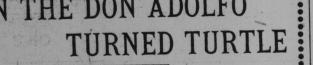
Go to your grocers and get it.

nother-yet so wholesome.

Flour

BISCUIT

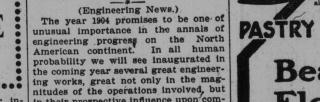
GREAT WORKS FOR 1904. A Busy New Year All Along the Line VHEN THE DON ADOLFO in All Branches of Engineering.



The nature of the various oceans seems to exert a curious influence up-on people who live on their shores. The cold northern seas rise in slow and pon-derous wrath, pounding and growling and roaring, giving full warning of the coming fight. Such is altern on people who live on their shores. The cold northern seas rise in slow and pon-derous wrath, pounding and growling and roaring, giving full warning of the coming fight. Such is, also, the temp-erament of northern races. But the and roaring, giving its with such is, also, the temp-erament of northern races. But the sunny equatorial seas, shimmering in tropical beauty, are ever uncertain of temper, treacherous, quick to smite when least-expected. A flash of anger-s whirl of destruction, and all is over Again the waters smile, rippling, and lapping the dead. Beware of their in-sidious beauty: beneath the limpid blue lurks destruction and death.
Such is the impression gained in five years of saling over many seas, from the loy North Atlantic to the balam Bay of Bengal.
The old wooden bark Don Adolfo was weils wooden bark Don Adolfo was weils wooden bark Don Adolfo was weils days. She salad under Nicara-guan colors for several reasons. First, he halled primarily from Corinto; sec-ond, she was too unseeworthy ever to an, she was too unseeworthy ever to an, she was too unseeworthy ever to and, she was too unseeworthy ever to and show a dury ever many seas, from the and y ass. She salad under Nicara-guan colors for several reasons.
An other sickening lurch and I were hurled together. He ard y days. She salad under Nicara-guan colors for several reasons.
An another sickening lurch and I were hurled together. He
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Another sickening vary and the plan of the Penn-

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Bay of Bengal. The old wooden bark Don Adolfo was well known on the Pacific Coast in the early days. She salled under Nicara-suan colors for several reasons. First, she halled primarily from Corinto; sec-ond, she was too unseaworthy ever to The halled primarily from Corinto; sec-ond, she was too unseaworthy ever to be registered in any American owners ider former South American owners be registered in any American owners be red of her. When L joined her ar





of porridge as an article of diet by several physicians, has raised a storm of

SCOTCHMEN UP IN ARMS.

protest from Scotchmen. Their anger is expressed in a large number of letters, from many quarters, to the press, and the writers in nearly every case proclaim the writers in hearty have eaten porridge all their lives and know no more health-giving diet. Sev-eral correspondents boast of the super-ior physique of Scotchmen and attri-bute the antiput to the pational food bute this entirely to the national food. In many quarters, the indictment is strongly supported. "I quite agree with the statements," says a well known authority on diet. "I have alknown authority on diet. I have al-ways held that a great deal too much farinaceous food is eaten in the United Kingdom. If people would eat more eggs and bacon for breakfast, and less BREAD Hilled in a CAKE

porridge, it would be much better for Support also comes from another

Canadian bousewives Building of the second s

er was moved with compassion. "What's the matter, Nathan?" she inquired gently. "Why don't you play "What's the matter, Nathan?" she be registered in any American port. But former South American owners sold her to old Bischard, of San Fran-baso, at a low price, and were pleased to be rid of her. When I joined her as a beam and we two went flying through to be rid of her. When I joined her as a base and we two went flying through the back space, aripping each other des-through the thin woodwork of a door at were struggling in what feit like a small box. A third person became to spurches was netwer struggles. I heard the surgelse was netwers were struggles. I heard the torusers what old bundle of to up the ship seemed to burst. Suddenly the ship seemed to burst a beam and we two went flying through that so nucle structures. Here again is a problem that in its solution includes new and practically untried engineer-mixed up in our struggles. I heard the toruser were struggling in what feit like a small box. A third person became ti crease and was rolled over and over until my head was submerg-ed. but it was in that smiling tropical about. How that old bundle of through the to old bundles of through the the water squirting down my I feit the water squirting down my introat, through my nostrils, into my with the others?" craze," he says, "with being mainly Nathan looked up with dimmed eyes. responsible for the innumerable cases and Brooklyn by tunneling under the Hudson and East rivers. Here again is a problem that in its solution includes in the state of New York the popular of mean and the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing methods. In the state of New York the popular ing the great lakes with the Atliantic seaboard. In many of the inland states the companies controlling the great ralli-way systems have an enormous volume of work either in progress or contem-plated, which has for its object the

By GEORGE V. HOBART.

I see id in der papers vare id says der Skar uf all der Roosians has lately re-ceifed urchent invitationings from some uv his belofed supchecks to become a

uv his belofed supchecks to become a angel ad deir eggspence. Dis recollections me uf a varm per-sonal letter vich I receifed from der Skar some years ago, yet. In literature dese days der idea is to alvays puplish der letters uf a great man, no matter if id vas only to der vashervoman containing der simple vords, "You vas shy t'ree shirts, ante ub!

Der penalty uf being great is to get musd pay der penalty or stob being ous in der discofered somedings su ous in der dish ut peeled prunes. grea Dis is der Skar's letter, mit der eggs-

Dear Dinky-My hants treimble a leedle in der armor-plated gloves, so you musd oxcoose bad spelling. Dey hef just handed me a small bunch uf asbestos writing paper, und def fountain pen has been sterliized to remoof der poison, so I vill wrote you, remoof der poison, so I vill wrote you, pressed knot-holes. Dinky.

Ach, Himmel! Dinky, you can nefer enchoy der feeling uf anxiousness vich gallops ofer me ven I vake in der morn-gallops ofer me ven I vake in der morn-somples, but yust as I had der spoongallops ofer me ven I vake in der morn-ing und vunder vill der hart-boiled egg eggsplosion before I ead my breakfast. Hoy choyously vould I gif ub dis chob to become even a holder uf com-mon stock in der Steel Compine. Villingty would L lav seide my crown

mealski, der Minister uf der Debar ment uf Armored Breakfasts, repor ed dot he discofered somedings suspi Ve eggsaminationed der prunes care lessly und found dem stuffed mit fre tickets to ride on der Brooklyn Elevat ed Railroad. Ve burned der ticket

In a mad moment yesterday I tool

"Aw, close your trap!" The air was sultry. A low mist crept

"Aw, close your ring)." "The air was sultry. A low mist crept but from the shore, bringing a smell of damp earth, suggestive of a florist's hot-house. A few lights from the town winkled through. The beacon on Skip-per's Island glared at regular inter-winkled through. The beacon on Skip-per's Island glared at regular inter-wink a sheepy owl winking at us. We who were aft could hear the men for'd conversing at lazy intervals in sleepy, drawling sentences. Finally the moon seemed to have made up her mind to dip into the haze on the black line of the horizon, the thick atmosphere distorting her blood-thick atmosphere distorting her blood-wing you when this happened?"

thick atmosphere distorting her blood-red roundness into all sorts of unmoon-ly shapes. As she began slowly to be ly shapes. As she began slowly to be absorbed a light tropical shower drift-ed overhead, sending down big soft balls of tepid water that struck our faces like hot tears. With low, drawling curses the offic-With low, drawling curses the offic-

faces like hot tears. With low, drawling curses the offic-ers arose and stumbled down the com-panionway. The forecastle door rat-tled as the men crawled in. Finally L too, aroused enough energy to aban-don the dec watchman in the the state ar an additional and the state of the state of

put the barometer out of business. Blessed if I see why we need a barometer aboard with you here. You're show, blessed if you ain't! Reckon you could blessed if you ain't! Re and satiors came crawing att with a today Prince Henry is a perfect camel, full grown, light yellow, and with thick, knotty legs that would walk away under a pack load of half a ton. -McClure's.

A DOLL'S CATASTROPHE.

if they were supposed to be the exwere you when this happened?" "On deck, sir," replied the watchman. If they were supposed t clusive property of girls.

The shortness of Bobby's legs caused is at vince. him so much difficulty in running his express wagon that he was wont fre-quently to dwell upon the time when they should be longer. "When I'm a man," he said, "I'm go-ing to be a carpenter like Mr. Berry, ing to be a carpenter like

I threw the aluminum planket off my face und cried: "Vot is id? Vot is Dus id goes all der dey. Din Doan'd you dink id is preddy hard li ven I haf to make dem vash der "Pardonoviski, Your Metchesty," set on both sides before pudding id ind

The shortness of Bobby's legs caused with a work of Bobby's legs caused with a work of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of the shortness of Bobby's legs caused with a work of Now I must stob because I hear humming uf der harpoons on der ot side. My officers vas talking abo me again. Farewellskil

My minister coaxed der cat avay, Dus ve see id in dis letter dot d pitzness of being a Skar is nod vi is blown ub to be. D. DINKELSPEIL

A FAIR EQUIVALENT. STUDIES OF THE VERNACULAR. ---

ohnnie's name and age were t Conversation between the ribbon And his date of entrance ounter girl and the girl at the candy Then the teacher paused and as him

"Where you ever vaccinated?"

pincott's.

WANTED-A case of Headach KUMFORT Powders will not c ten minutes.

RINGHT IN LINE.

Hicks-He's trying berry cult you know; and he says he's t siderable success. Wicks-Yes? Hicks-Yes, although he admits th turns are small as yet. Wicks-Well, that sounds no You might call that 'Success Small Fruits.'-Catholic Stands

"Solong!"-Chicago Tribune.

THE curse of mankind is constipation. Nine-

"Sright!"

tenths of the ailments we have can be traced to constipation. The bowels are for no other earthly purpose but to cleanse and keep clean and in working order our systems. Constipation is more prevalent among women than men, but it is too common in both. You may imagine you have dyspepsia, or chronic head-ache, or rheumatism, or heart affections, or bad blood causing eruptions—you may feel dull and ambitionless. Unless your case has been diagnosed and you know otherwise, the chances are your trouble is constipation.

Laxa-Cara Tablets, if taken after meals, draw nature into her natural course and keep the bowels regular and in healthy action. Ordinarily a short treatment will prove sufficient. In stubborn cases several boxes may be needed. It is only a question of a short time, however, when the whole intestinal system will be made strong and naturally active. Then Laxa-Cara Tablets should be stopped.

They come in small, chocolate-coated form, easy to take and palatable. From the first day you will feel their gentle but sure effect. Price 35 cents a box at your druggist's, or by mail postpaid on receipt of price.

FRANK WHEATON FOR CANADA BOLLY VILLAGE. N. S



back into the hollow head out of sight. "Oh, mamma," cried the faithful Reginald, excited beyond all measure, "Oh, mamma," cried the faithful Reginald, excited beyond all measure, "Come quick!" The mother hurried to the scene. "See!" exclaimed the little boy. "Send for the doctor! Dolly's swallowed her eyes!"-Lippincott's To cure Head out of sight. "Oh, mamma," cried the faithful Reginald, excited beyond all measure, "Come quick!" The mother hurried to the scene. "See!" exclaimed the little boy. "Send for the doctor! Dolly's swallowed her eyes!"-Lippincott's To cure Head out of sight. "Oh, mamma," cried the faithful Reginald, excited beyond all measure, "See!" exclaimed the little boy. "Send for the doctor! Dolly's swallowed her eyes!"-Lippincott's To cure Head out of sight. deck, came a low soughing our rooms the deep gurgle of his migh-e ship trembled, the beams ty throat.

## ILLIGIT STRATE

SOLE AGENT FOR CANADA.

- In the second