OPENING WORDS.

This is not a volume of essays, but a collection of chapters written out of the author's own experience in the hope that they may do a little, at least, to make the path plainer for others. The book is all practical, without a line that is not intended to bear upon the actual life of the common days. It is not meant to show people an easy way of living—there is no easy way to live worthily—but it seeks to show why it is worth while to live earnestly, at whatever cost.

The book is designed to be a companion to Week-Day Religion, which has met with such wide and continued favor, and which appears to have been used by the Master to help many people over the hard places and up to a fuller, richer life. The