(b) provides information indicating that creditable periods have been completed under the legislation of the other Party.

This paragraph shall not apply if the applicant requests that his or her claim to the benefit be delayed or not considered under the legislation of the other Party.

3. In any case to which paragraph 1 or 2 applies, the authority or institution to which the claim, notice or appeal has been submitted shall transmit it without delay to the authority or institution of the other Party.

ARTICLE 29

Payment of Benefits

- 1. Payment of benefits under this Agreement may be made in the currency of either Party.
- 2. Benefits shall be paid to beneficiaries free from any deduction for administrative expenses that may be incurred in paying the benefits.

ARTICLE 30

Resolution of Difficulties

The competent authorities of the two Parties shall resolve, to the extent possible, any difficulties which arise in interpreting or applying this Agreement according to its spirit and fundamental principles.

ARTICLE 31

Understandings with a Province of Canada

The competent authority of Norway and the relevant authority of a province of Canada may conclude understandings concerning any social security matter within provincial jurisdiction in Canada insofar as those understandings are not inconsistent with the provisions of this Agreement.