

SATURDAY, NOV. 14, 1885.

We take the liberty of sending the NORTHWEST REVIEW to many of our friends to whom we hope it will be acceptable, and to all it will be delivered at the very reasonable cost of \$2.50 per year. The reading matter of the NORTHWEST REVIEW is selected with care, and every paragraph will be found interesting. It will compare favorably with weekly papers of the Northwest, and we believe it deserves a warm support, especially among Catholics. We trust our friends will help to increase the circulation of the NORTHWEST REVIEW by sending in their names with the subscription fee mentioned, to the office, corner of McDermott and Arthur streets, Winnipeg.

AGENTS WANTED.

Agents wanted throughout Manitoba and the Northwest, to canvas for the NORTHWEST REVIEW, to whom a liberal commission will be given.

CHURCH NOTICES.

CATHEDRAL, ST. BONIFACE.

Sundays—Masses at 7.30 and 10 a. m. Vespers at 3 p. m.

Week Days—Masses at 6.30 and 7.30.

ST. MARY'S CHURCH.

Situated on the corner of St. Mary and Hargrave Streets. Rev. Father Ouellette, Rector; Rev. Father Cahill, assistant.

Sundays—Masses at 7.00 8.30, and 10.30, a. m. Vespers at 7.15 p. m. Catechism for perseverance at 2.30 p. m.

Week Days—Masses at 6.15 and 7.30 a. m.

IMMACULATE CONCEPTION.

Situated in Point Douglass. Rev. Father Cherrier, rector.

Sundays—Masses at 8.30 and 10.30 a. m. Vespers at 7.15 p. m.

Week Days—Mass at 7 a. m.

CITY AND PROVINCIAL NEWS.

The collection in St. Mary's Church in aid of the building fund was a very satisfactory one.

Sir P. A. Caron and lady, Mr. and Mrs. J. E. W. Currin, and Mr. F. E. P. Aldrich arrived in the city on Saturday last and are stopping at the Queens.

Mr. McGillis and family, who have been travelling in the east during the past three months, we are glad to see at home again.

Mr. Lenton, of the Plymton cheese factory, shipped two tons of cheese to British Columbia. It was an excellent sample, and will do credit to the province.

A locomotive engine for the Galt Railway passed through Winnipeg yesterday. It was made at the Baldwin Locomotive Works, Philadelphia, and will be followed by others.

Mr. J. O. Poitras, of the post office here was attacked with paralysis yesterday morning. His condition is rather serious. Mr. Poitras has been connected with the post office for ten years.

The C. P. R. steamer Athabaska will make its last trip, weather permitting, from Port Arthur, on the 12th inst., and the Alberta on the 20th. On arriving at Owen Sound they will be laid up for the winter.

Mr. F. C. Wade wrote to the Council this week giving a report of the meeting recently held in Fort Rouge to consider the advisability of the ward succeeding from the city. The letter was referred to the finance committee.

Deputy Sheriff Gibson, of Regina, will arrive to night for Stony Mountain, with two Indian prisoners—Duncan McDonnell, two years for fraud, and Eunganua, life imprisonment substituted for death sentence for murder.

Mr. Conway, who had his place of business greatly damaged by fire on Monday evening last, though insured, has unfortunately suffered considerable loss. The fire is said to have originated in a small store near by, where some careless workmen, it is alleged, left a stove burning surrounded by inflammable material which by some means took fire.

The first 'holid' wheat train over the C. P. R. north shore route to Montreal was dispatched Wednesday morning, the Ogilvie Milling Company being the shippers. It consisted of sixteen cars of No. 1 hard, and left at 1 o'clock p. m. The cars were labelled, and bunting was flying from the roofs of the cars. The train is expected to arrive in Montreal on Sunday.

The Militia Department has ordered an investigation into the con

those who were made widows and orphans by the Northwest Rebellion with a view of providing for their future. The male orphans receive a pension each year until they reach the age of sixteen, and the females are looked after by the State until after they score their twenty-first year.

Police Returns in Ireland.

A very extraordinary occurrence took place recently in the parish of Belcoara, County Mayo. A sergeant, with a strong posse of his constables, entered a country house in this locality, where the parochial clergy were solemnly officiating at their stations, where Mass was actually being celebrated, and arrested several of the parishioners engaged in the devotional service, at the instance of a local landlady. The Rev. Father Healy, curate to the respected parish priest, Rev. Canon Gibbons, P.P., V.G., was officiating at the time, and was attacked with illness, and now lies suffering from a dangerous fever. The Rev. gentleman has been constantly attended by Drs. Jordan and Maguire, who pronounce him in a very critical condition. The greatest indignation is expressed throughout the country at this act. An inquiry will shortly be made in order to test the legality of this atrocious affair, and have the whole circumstance investigated before the House of Commons.

The Human Voice.

Nothing betrays so much as the voice, save perhaps the eyes, but they can be lowered, and so far the expression hidden. In moments of emotion no skill can hide the fact of disturbed feeling though a strong will and habit of self-control can steady the voice when else it would be faltering and tremulous. Certain voices grate on the nerves and set our teeth on edge, and others are just as calming as they are irritating, quieting, or like composing draught. A good voice, calm in tone and musical in quality, is one of the essentials for a physician—the bed-side voice, which is nothing if it is not sympathetic by constitution. Whatever its original quality may be, the orator's voice bears the unmistakable stamp of art and becomes artificial; as such it may be admirable—telling in a crowd, impressive in an address, but overwhelming and chilly at home, partly because it is always conscious and never self-forgetting. An orator's voice, with its careful intonation and accurate accent, would be as much out of place beside a sick-bed as a brocade silk for the kitchen-girl. The voice is much more indicative of the state of the mind than many people know or allow. One of the first symptoms of failing brain power is indistinct or confused utterance; no idiot has a clear or melodious voice, the harsh scream of mania is proverbial, and no person of prompt and decisive thought was ever known to hesitate and stutter. A thick, loose, fluff voice does not belong to the crisp character of mind which does the most active work, and when a keen-witted man draws and lets his words drip instead of bringing them out in the sharp, incisive way that ought to be natural to him, there is a flaw somewhere.

DIME NOVELS.

Mothers look out for the dime novels. Nothing more insidious could be introduced into your homes. Keep the mind's health as carefully protected as you do the body's, and the State Reform School will not open its doors to close them for years upon one of your darlings. A mother's boy in Montreal, only fourteen years, was recently detected in a \$300 forgery. He and two companions were about starting for New York, and had about thirty dime novels in their possession. A boy in 'Madison Stevens' public school at Philadelphia, when reprimanded by his teacher recently, drew a revolver and threatened to shoot her. This led to a search of the pupils, when seven revolvers were captured from boys about ten years old. About 120 dime novels were discovered to be the property of the youthful scapegraces.

STRANGE BUT TRUE.

This is one of the curious things floating about: Take a piece of paper, and upon it put in figures your age in years, dropping months, weeks, and days. Multiply it by two: then add to the result obtained the figures, 3,768; add two, and then divide by two. Subtract from the result obtained the number of your years on earth, and see if you do not obtain figures that you will not be likely to forget.

To one who said, "I do not believe there is an honest man in the world," another replied, "It is impossible for any one man to know all the world, but quite possible that one may know himself."

The Body and its Health.

Checked Perspiration.—Checked perspiration is the fruitful cause of sickness, disease and death to multitudes every year. If a teakettle of water is boiling on the fire steam is seen issuing from the spout, carrying the extra heat with it, but if the lid be fastened down and the spout plugged a destructive explosion follows in a very short time.

Heat is constantly generated in the human body, by the chemical disorganization, the combustion of the food we eat. There are 7,000,000 tubes or pores on the surface of the body, which in health are constantly open, conveying from the system by what is called insensible perspiration; this internal heat, which, having answered its purpose, is passed off like the jets of steam which are thrown from the escape-pipe, in puffs, of an ordinary steam engine; but this insensible perspiration carries with it, in a dissolved form, very much of the waste matter of the system to the extent of a pound or two or more every twenty-four hours. It must be apparent, then, that if the pores of the skin are closed; if the multitude of valves which are placed over the whole surface of the human body are shut down two things take place. First the internal heat is prevented from passing off; it accumulates every moment, the person expresses himself as burning up, and large draughts of water are swallowed to quench the internal fire. This we call 'fever.' When the warm steam is constantly escaping from the body in health it keeps the skin moist, and there is a soft, pleasant feeling and warmth about it. But when the pores are closed the skin feels harsh and hot and dry.

But another result follows the closing of the pores of the skin, and the more immediately dangerous; a main outlet for the waste of the body is closed, it remaining with the blood, mingles with it, and in a few hours becomes impure and begins to generate disease in every fibre of the system—the whole machinery of the man becomes at once disordered, and he expresses himself as 'feeling miserable.' The terrible effects of checked perspiration of a dog, which sweats only by his tongue, is evinced by his becoming 'mad.' The water runs from the dog's mouth in summer, if exercising freely. If it ceases to run, that is 'hydrophobia.' It has been asserted by a French physician that if a person suffering under hydrophobia can be only made to perspire freely, he is cured at once. It is familiar to the commonest observer that in all ordinary forms of disease the patient begins to get better the moment he begins to perspire simply because the internal heat is passing off and there is an outlet for the waste of the system. Thus it is that one of the most important means of curing all sickness is bodily cleanliness, which is simply removing from the mouths of these little pores that gum and dust and oil which clogs them up. Thus it is, that personal cleanliness is one of the main elements of health; thus it is that filth and disease habitate together, the world over.

There are two kinds of perspiration, sensible and insensible. When we see drops of water on the surface of the body as the result of exercise, or subsidence of fever, that is sensible perspiration—perspiration recognized by the sense of sight. But when perspiration is so gentle that it cannot be detected in the shape of water drops, when no moisture can be felt, when it is known to us only by a certain softness of the skin, that is insensible perspiration, and is so gentle that it may be checked to a very considerable extent without special injury. But to use popular language, which cannot be mistaken, when a man is sweating freely, and it is suddenly checked, and the sweat is not brought out again in a very few moments, sudden and painful sickness is a very certain result.

What then checks perspiration? A draft of air while we are at rest, after exercise, or getting the clothing wet and remaining at rest while it is so. Getting out of a warm bed and going to an open door or window has been the death of multitudes.

In recent elections at Brussels, the wives of members of one party entered freely into the contest. One of these ladies, after expending in buying what she did not need a considerable sum of money in a store, said to the mistress: 'Your husband will, of course, vote for M.—?'—The proprietress, with eyes cast down, replied, 'Alas, Mme. la Baronne, I am a widow.'

Falsehood is never so successful as when she baits her hook with truth, and thus no opinions so fatally mislead us, as those that are not wholly wrong, as no watches so effectually deceive the wearer, as those that are sometimes right.

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Change of Time!

Through Trains with Sleeping Cars attached will be run daily between Winnipeg and St. Paul as follows: Leaving Winnipeg at 9.45 a.m. (via St. Vincent, Crookston, Barnesville, Breckenridge and Morris) arriving in St. Paul at 7.30 a.m. Returning leave St. Paul at 7 p.m. (via same route) arriving in Winnipeg at 5.25 p.m. For full information and tickets to all points in Canada and United States, also Ocean Tickets to and from any place in Europe at LOWEST RATES and by the BEST LINES. Apply to the City Ticket Office of the St. Paul, Minneapolis and Manitoba Railway 383 Main Street, Winnipeg. H. G. McMicken, Agent.

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Gold Watch Free.

The publishers of the Capital City Express, the well-known Illustrated Literary and Family Magazine, make the following liberal offer for the New Year: The person taking the longest route in the City, before March 1st, will receive a Gold Lady's Heating Case and a Gold Watch, worth \$20; if there be more than one correct answer, the award will be made to the one who sends in the earliest answer. Each person must send 50 words with their answer for which they will receive their month's subscription to the Home Guest, a 50 page illustrated New Year Book, a Case of 25 articles that the ladies will appreciate, and paper containing names of winners. Address: Pubs. of HOME GUEST, EASTFORD, CONN.