

may be removed by massage. It may also alleviate the nervous symptoms following these. Oedema may be speedily removed under the impetus of massage. It ought to therefore prove useful in acute circumscribed oedema, or Quincke disease, a variety of urticaria. Billroth thinks he has seen tumors dissipated by massage. In cutaneous ulcers in the more chronic forms massage may aid in removing indolent infiltration, and set up a healthier action. In varicose ulcers in the accompanying eczematous conditions of the lower extremity, when poor circulation (venous and arterial) is a prominent feature, by increasing the circulation of the part, aiding the nutrition, and tending to the absorption of exudates, it may be of especial service.

In seborrhoeal affections, massage by removing the crusts and stimulating the sebaceous glands to greater effort is of benefit. In the dry forms of seborrhoea, massage is beneficial. Tone and vigor is given to the glands and hair follicles. In acne indurata, glandular swelling, excessive and deficient pigmentation, the choked-up absorbents are aroused to action, and the parts soon restored to their normal condition. Murray, of Stockholm, found that massage had a good effect in relieving the itching of prurigo.

Massage is a valuable adjunct in promoting and increasing oxidation in psoriasis and the scrofuloderma. In these and like pathological conditions the skin is rendered more active, the red corpuscles of the blood are increased and effete products removed. In some of the subacute forms of eczema, where there are grouped papules thickened and dry, massage will frequently wake up into activity the absorbents, lessen or arrest the itching, increase the circulation and restore the skin to its normal condition. It is more effective in the chronic forms of eczema, when there is a deeply infiltrated, rough, thickened, leatherly-like, hard, dry skin, and where other treatment may have failed. It is equally efficacious where the integument is covered with confluent patches of papules, or more or less infiltration of the surface, with dryness of the surface, accompanied with intense itching. The pent-up products are removed, and, massage having a sedative action, a feeling of repose follows.

In Lupus, Unna frequently uses massage as an adjunct to other treatment, using moderate friction. Cicatrices may be removed by continuous friction with fine sand pumice stone. Molluscum contagiosum, the tumors may be kneaded out.