

than gold work, but in cases where several teeth are to be restored the gold is stronger and much more preferable. It is particularly indicated where there is considerable absorption of process, when the lost tissue can be restored by the use of gum enamel.

In conclusion I will mention a few precautions that should be taken by those who operate with this material.

1. Don't use too light a shade. This is a conspicuous error and shows up the operation to great disadvantage.

2. Remember that the color of the cement has considerable effect on the shade of inlays.

3. Be careful not to overheat your work, as excess of heat destroys colors.

4. Don't use borax when soldering, but remember that pure gold and platinum are the noble metals and do not oxidize.

5. Use fairly quick setting cement for inlays, and be sure and mix it thin.

6. Absolute cleanliness must be strictly observed in all operations.

Above all, good judgment must be exercised as to where inlays should be used. Do not place them in cavities difficult of access and if gold or other materials can be used to better advantage by all means lay aside your porcelain for an appropriate case.

HOW I INDEX MY JOURNAL.

By A STUDENT, Toronto.

When my JOURNAL arrives, I take a full page of blank paper the same size, and make an alphabetical subject-index of each issue, precisely upon the plan used by the *Cosmos* and other journals. Indeed, I prefer to do it for myself, as it impresses the matter more firmly on my mind, and gives one practice in selection and discrimination. I inherited from my late father the complete issues of the *Canada Journal of Dental Science* and the DOMINION DENTAL JOURNAL, and I value them, as the history of the Canadian profession, as much as I value Dr. Kingsford's works, as the history of our Dominion. It is very interesting and instructive to take them down from their shelves, and go over the story of the organizations in the different Provinces, which are only recorded in our Canadian journal, and reflect upon the individual zeal of the laborers in our dental vineyards. However worthy other work may be, and all other work is worthy, that alone in black and white in our journals stands recorded. We cannot possess the lectures, and the actual work done for us as students by our painstaking