## What the Chimney Sang.

Over the chimney the night wind sang, And chanted a melody no one knew And the woman stopped, and her babe she tossed,
And thought of the one she had long since lost,
And said as her tear drops back she forced, 'I hate the wind in the chimney.'

Over the chimney the night wind sang, And chanted a melody no one knew; And the children said as they closer drew, 'Tis some witch that is cleaving the black night through,
'Tis a fairy trumpet that just then blew, And we fear the wind in the chimney.?

Over the chimney the night wind sang, And chanted a melody no one knew;
And the man, as he sat on his hearth below, Said to himself, It will surely snow, And fuel is dear and wages low,
And I'll stop the leak in the chimney.'
Over the chimney the night wind sang, And chanted a melody no one knew; But the poet listened and smiled, for he Was man, and woman, and child, all three, And said, 'It is God's own harmony,
This wind we hear in the chimney.
-Bret Harte.

## Against Worry.

Don't start nervously if a child makes a noise or breaks a dish-keep your worry for broken bones.
Don't sigh too often over servants' shortcomings.
Don't get wildily excited if Bridget has neglected to dust the legs of the hall table; the welfare of neither your family nor the nation is involved.
Don't exhaust all your reserve force over petty cares. Each time that a woman loses control over herself, har nerves, her temper, she loses just a little nervous force, a little physical well being and moves a fraction of an inch farther on in the path that leads to premature old age.

Don't go to bed late at night and rise at daybreak, and imagine that every hour taken from sleep is an hour gained.
Don't eat as if you only had a minute in which to finish the meal.
Don't give unnecessary time to a certain established routine of housekeeping, when it could be much more profitably spent in rest or recreation.
Don't always be doing something; have intermittent attacks of idling. To understand how to celax is to understand how to strengthen nerves. - 'N. C. Advocate.'

## Train Up a Cat.'

The lady who was visiting the family spoke approvingly of the cat. He was large and tawny and had exceptionally good man ners, as well as a softly affectionate purr. She said that she supposed he had been taught a good many tricks. The hostess was just explaining that sha liked him better withent tricks when a crash like shivering china intercupted them. The four-year-old son of the visiting lady, who had scrambled away from his mother and was using the cloissonné teapot as a flatiron on the carpet, had thrown the teapot against the radiator, in a little mood of playfulness, and tiny slivers of it lay strewn upon the floor.
' Oh , I am so sorry,' murmured the mortified mamma, I really do not know what to do with Cameron; he grows so headstrong. I shall have to begin to train him soon; but I dread the struggle. One hates to discipline a mere baby-and yet, he is four now, and really, I must do something!
The cat stepped cautiously over to the wreck on the carpet. He put out his nose, sniffing deliberately, and then he put out a careful paw to examine a frasment. His mis-
tress spoke, in a low and firm tone, gentle, but with the downward inflection of rebuke'Sandro!'
The cat drew bac"z, looked up at her, and went quietly away to his cushion.
'How remarkable!' said the visiting lady. 'How long have you had him?'
The hostess looked at the cat, then she glanced, fu:tively, at the now sulking child. 'He is four months oid,' she said, gravely. -'Congregationalist.'

## The Secret of Good Cooking.

'There are circumstances in life in which genius for simple reasoning would all but halve the butcher's bill;' says Christine Teihune Harrich, in 'Harper's Bazar.' And then she goes on to enlarge spon the fact, too of ten forgotten, that if cash is far off and harc to find an equivalent in thought and effort may be made to achieve a similar result.
No one should expect a cheap cut, upon which no more experience has been bestowed than is required by the choicest cut, to prethan is required by the choicest cut, to prepalate. The deficit in fimancial outlay must be made up by an increase of pains in cooking, and, above all things, in seasoning.
Here is the prime secret of the excellence of a French cuisine. Where the flavor of the American or English stew is chiefly reminiscent of onions, pepper and hot water, the foreign ragout is animated by the addition of certain heribs in just proportion and enriched by slow and careful cooking, and an almest religious attention to the finer shades of seasoning.
Of this last the Anglo-Saxon chefs are criminally careless. The horizon of most of them is bounded by an onion and a bunch of parsley. In how many of our homes could be found the condiments that make for righteousness in cookery? The French make diligent study of their herbs. They use the clove of garlic with art and discretion, while the American cook so disposes it that it proves a curse to those that give and those that take. The virtue of reticence is nowhere of greater value than in the kitchen. Seasoning without judgment profits as little as the other Christian graces minus charity.
As a counterpart of this remains the race wisdom that knows when a happy result is to be won by swift cookery, and when achieved only by long, slow stewing or braising. Seasoning and simmering-on these two hang the law and the profits of all palatable culinary concoctions.

## Intemperate Women.

You and I know scores of worthy women, members of temiperance clubs. who attend meetings and draw up resolutions on temperance, who attend conventions and present petitions to congress regarding temperance measures, who talk temperance, and lecture measures, lessly intemperate.

Take the mothes with an uncontrollable appetite for a spotless kitchen floor.
That floor must shine. It matters not whether Edward takes his boots off on the porch or stands on a paper at the door and removes them.

That floor must be kept white. It matters not that Margaret is deprived of the privilege of popping corn and making candy.
That floor msut be scrubbed every morning. No matter if it does leave mother with an aching back and a throbbing head, no comfort to herself or to her family.

Maybe she will be too sick to sit at the table with husband and children that night, but the floor must be scrubbed. Maybe her husband is in trouble and needs her counsel She can't be of any help to him, she is too ill-but joy! The kitchen floor is spotless.
Home is spoiled. Husband and children are left to shift for themselves (as long as they won't track the kitohen floor). Isn't that intemperance? Are not the results of the indulgence of an appetite for a spotless floor evil?

Just the other day I was talking with a friend who was half sick, old and weak. She could nut see how she could manage
to crawl through her fall cleaning.
She has money enough to hire it done. She has a husband who is willing to hire it done. I suggeated that she get someone to do it for sugg. her.
'Have somebody poking around in my things!' she exclaimed. 'Not whife I'm alive! When I'm dead and gone- !'
There you a:e. That woman is intemperate. Everybody around, herself included, is bound to be miserable over that housecleaning. Because she will indulge a silly appetite, will not break a habit, the habit of 'poking around' her own things.
I know anothe
I know another woman who sits up until 1 and 2 o'clock in the morning sewing. She doesn't have to do it. She wants to do ito She is indulging her appetite.
The next morning the children see their mother with her head tied up in a towel saturated with camphor and her husband has his head snapped off because he surgests that his head snapped off because he sugge
she should have gone earlier to bed.
she should have gone earlier to bed.
'I had to finish my stent;', she wails. I had callers in the afternoon.'
Then when he is gone she cries out all there is left of her eyes because she has such an 'unsympathetic' husband. Unsympathetic! That woman is intemperate.
A hundred yea:s from now who will care whether or not mother finished her stent?
But a hundred years from now weak-eyed, wobbly-legged children will care because great-great-grand mother broke her back scrubbing the kitchen floor, and spoiled her eyes finishing her stent.-Detroit 'News.'

## Pass It On.

'You're a great little wife, and I don't know what I would do without you.' And as he spoke he put his arms about her and kissed her, and she forgot all the care in that ed her, and she forgot all the care in forgetmoment, says a wise exchange. And, orgetand sang as she made the beds, and the song was heard next door, and a woman there caught the refrain, and sang also, and two homes were happier because he had told her that sweet old story, the story of the love of a husband for a wife. As she sang, the butcher boy who called for the order heard it and went out whistling on his journey, and the world heard the whistle, and one man, hearing it, thought, Here is a lad who loves bis work, a lad happy and contented.
And because she sang her heart was mellowed, and as she swept about the back door the cool air kissed her on each cheek, and she thought of a poor olid woman she knew, and a little basket went over to that home, withr a quarter for a crate an two of wood.
So because he kissed her, and praised her,


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ADDRESS.........................................................

