

mine the line and nature of our action. They inspire and construct our ideals, and they direct all successful effort to realize these ideals.

4. In connection with what has just been said, the relation of power, habits and tastes, educationally considered, may be briefly stated as follows: *Power* is the effective factor, the working force, the conserved energy

of our nature; *Habit* is the medium through which power, whether of body or mind, is utilized, or through which it is efficiently connected with and made to accomplish given ends; *Taste* gives their real character to our ideals or ends, and it attracts and guides the exercise of power in executing these ideals or ends.

(To be continued.)

DISCOURSE PREACHED BY ARCHDEACON FARRAR, SEPT. 23,  
IN ST. JAMES' CATHEDRAL, TORONTO.

VANQUISHING LIONS.

HE took for his text the words: "Thou shalt tread upon the lion and adder; the young lion and the dragon shalt thou trample under feet."—Psalm xci. 13.

There are lions in the path of life which the slothful man will not encounter; but which the brave man fights and, in the end, slays. There are perils which come to us from the world, the flesh and the devil: perils from lives of outward and public wickedness which we have to face as citizens and as men. In his struggles against the varied forms of sin and vice which are without and around him the brave man may often be, or seem to be, defeated, for in such a cause his every defeat carries with it the germs of future and of certain victory. When the good man seems to be conquered the powers of evil have still to rue their short-lived triumph, and to say, as Pyrrhus said when he defeated the Romans: "Three such victories would utterly ruin me." To-day, however, we have to speak of a different slaying of lions and of a contest within us, not without us; of a contest in which, if we would not be lost, we must, God helping us, win the victory—a personal, an assured,

and, if not in this life, an absolute and final victory. It is a subject which we may make intensely practical, a subject which directly affects every one of us, whatever our age or our circumstances. For upon the issue of this contest the strength and majesty and blessedness in every other contest must depend. May the Holy Spirit above, who sendeth forth His seraph with a live coal from the altar, touch the lips of whom He will, and so teach me to speak and so open your ears and touch your hearts to hear, that by His mercy every one of us may leave this church awakened and solemnized, more resolute, more hopeful, more determined to make his stand against the power of evil and work out his own salvation with fear, indeed, and trembling, yet with indomitable energy and the strongest concentration of every power of his will. We learn from Scripture and from experience that a picture, an allegory, especially if it be unhackneyed, may sometimes bring a great truth or a pressing duty home to the heart and conscience when a mere unimaginative inculcation of it may fail to furrow the trodden ground of our familiarity. Such an allegory is