

# VINOL REMOVES THE CAUSE OF CHRONIC COUGHS

## A Constitutional Remedy That We Guarantee

Lagrange, N. C.—"For years I suffered with a chronic cough, so I could not sleep nights and continued to lose flesh. My druggist asked me to try Vinol. It cured my cough, I can sleep nights and have gained twelve pounds. Vinol is the best tonic and tissue builder I have ever taken."—W. D. Ren, Lagrange, N. C.

We guarantee Vinol for chronic coughs, colds and bronchitis. Not a patent medicine. Formula on every bottle. Your money back if it fails.

Taylor & Son, Druggist, Watford, Ont. Also at the best druggists in all Ontario towns.

## MEN WHO ENLISTED IN 149 BATT. AT WATFORD

- Lieut. W. H. Smyth, Headquarters Ottawa.
- Lieut. R. D. Swift, Scout Officer.
- Sergt. W. D. Lamb
- Sergt. M. W. Davies
- Sergt. S. H. Hawkins
- Sergt. E. A. Dodds
- Sergt. W. C. McKinnon
- Sergt. Geo. Gibbs
- Sergt. H. Murphy
- Sergt. C. F. Roche
- Corp. W. M. Bruce
- Corp. J. C. Anderson
- Corp. J. Menzies
- Corp. S. E. Dodds
- Corp. H. Cooper
- Corp. C. Skillen
- Corp. C. E. Sisson
- L. Corp. A. I. Small
- C. Q. S.—C. C. Culley
- C. Q. S.—C. McCormick
- Pte. Frank Wiley
- Pte. A. Banks
- Pte. F. Collins
- Pte. A. Dempsey
- Pte. J. R. Garrett
- Pte. H. Jamieson
- Pte. G. Lawrence
- Pte. R. J. Lawrence
- Pte. C. F. Lang
- Pte. W. C. Pearce
- Pte. T. E. Stillwell
- Pte. A. H. Lewis, Band
- Pte. G. A. Parker
- Pte. A. W. Stillwell
- Pte. W. J. Saunders
- Pte. A. Armourd
- Pte. W. C. Aylesworth, Band
- Pte. R. Clark, Bugler
- Pte. S. L. McClung
- Pte. J. McClung
- Pte. C. Atchison
- Pte. H. J. McFoley
- Pte. H. B. Hubbard
- Pte. G. Young
- Pte. T. A. Gilliland
- Pte. D. Bennett
- Pte. F. J. Russell
- Pte. E. Mayes
- Pte. C. Haskett
- Pte. S. Graham
- Pte. W. Palmer
- Pte. H. Thomas
- Pte. F. Thomas
- Pte. B. Tremouth
- Pte. E. A. Shaunessy
- Pte. W. Zavitz
- Pte. W. J. Sayers
- Pte. Lot Nicholls
- Pte. John Lamb
- Pte. Eston Fowler
- Pte. E. Cooper
- Pte. F. A. Connelly
- Pte. F. Whitman
- Pte. Edgar Oke
- Pte. White
- Pte. McGarrity
- Pte. Wilson
- Pte. Richard Watson, Can. Engineer
- Pte. L. H. Aylesworth, Band.

## No Free Notices

The Guide-Advocate, in common with other papers in Ontario, now makes a charge for all notices inserted of Coming Events, whether admission fees are charged or not. Under this head comes all notices of Church Functions, except religious services. Lodge and Society Meetings and Entertainments. Women's Institutes. Christmas Trees. Farmers' Clubs. Red Cross meetings. Any Coming Event. Our charge for these notices is five cents per line. Minimum charge 25c. Six words make a line. When sending in notices state who is responsible for payment or send cash with order.

Reports of all meetings inserted free of charge and welcomed. It is the advance notice only that is subject to charge.

## A MESSAGE TO MOTHERS. General Mewburn Pays Tribute to Noble Women.

The following Christmas message to Canadian mothers from Major-General S. C. Mewburn, C.M.G., Minister of Militia and Defence, was issued from Ottawa:

"Mothers of Canadian Soldiers,—As the Christmas season, dedicated by the immemorial custom of our race to domestic joys and the happiness of children, approaches, the thoughts of your countrymen turn to you. Many family circles are incomplete, and at many firesides there is the sadness of irreparable loss. The sacrifices which our country has made upon the altar of freedom and of justice are in the largest measure your offering, sanctified by your suffering, ennobled by your resignation, made precious by your tears. To you, then, I say that that sacrifice has not been in vain, for it has contributed to the sure and certain victory of right over might, of liberty over intolerable oppression, of things lovely and of good report over things abominable and unspeakably evil.

"Is there not, therefore, cause for just and solemn pride that your sons were not found wanting when the testing time came, but were foremost among men of valor and high spirit, eager to bear their part in the most momentous struggle in the history of the world?"

"These men who left the shores of Canada were your sons; bone of your bone, and flesh of your flesh. Their sacrifice is your sacrifice, their suffering has been your suffering, and their honor is your honor. To you the nation offers its homage, gratitude, and respect.

"The war is not yet over, though we have cause to be thankful for battles won, and for many signs that the enemy is weakening under our blows. The end is certain, but the only path to victory is that of fortitude and patience. To weaken now is to lose all. The blood of our brothers cries out to us from the ground, and the heroism of our gallant soldiers who hold our place in the battle line demands that we falter not, but that we do even as they, and endure until the end.

"Canadian mothers, may this Christmas time bring happiness to your homes and peace to hearts that are sad; but may it also bring a high resolve that we will face every privation and exert every effort in order that this our most righteous cause, the cause of all the free peoples of the world, in which our honor and our interest are equally engaged, may be brought to a glorious conclusion.

"S. C. Mewburn."

## CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the Signature of *Chas. H. Tutcher*

## Great Disasters of History.

Outside the toll of life claimed on land and sea by the great war the catastrophe at Halifax was by far the greatest disaster in many years. Numerous explosions have occurred in munitions plants of this continent and in Europe, the most disastrous of which on this side was at the Eddystone plant of the DuPont Powder Company, at Chester, Pa., in April last, in which 112 persons lost their lives.

The Halifax disaster is the most tragic explosion, in the number of lives lost, in the last quarter century. Indeed, few catastrophes of any nature exceed it in the number of dead. Among them are the Messina earthquake, in 1908, when approximately two hundred thousand lives were lost; the Mont Pelee volcanic eruption on the Island of Martinique, in 1902, when forty thousand persons lost their lives, and an earthquake in the interior of Italy, in 1915, when thirty-five thousand dead was the toll.

The Iroquois Theatre fire in Chicago, in 1903, claimed 575 lives, while the sinking of the excursion steamship General Slocum, in the East River, New York, in 1904, left a death list of about 1,400. In 1906 the earthquake and fire in San Francisco took the lives of approximately 1,000 persons, while the loss of the steamship Titanic, in collision with an iceberg, in 1912, resulted in a toll of 1,503 dead.

In 1914 the steamship Empress of Ireland went down in the St. Lawrence River, with the loss of 1,027 lives. Then followed the sinking of the Lusitania by a German torpedo, and the steamship Eastland, in the Chicago River, in 1915, with death lists respectively of 1,198 and 812. In October, 1917, it was reported that 4,000 persons had lost their lives in munitions explosion in Austria, but the report never has been confirmed.

THE POOR MAN'S FRIEND.—Put up in small bottles that are easily portable and sold for a very small sum, Dr. Thomas' Electric Oil possesses more power in concentrated form than one hundred times the quantity of many unguents. Its cheapness and the varied uses to which it can be put make it the poor man's friend. No dealer's stock is complete without it.

## WHAT MAKES YOU THINK

your skin trouble is incurable? Many cases that have been given up by doctors and specialists have yielded to Zam-Buk. For instance, Mrs. Alphonse Lariviere of 671 Rodman St., Fall River, Mass., writes:

"For three years several doctors tried to cure me of a bad attack of eczema, but each in turn gave up the case as incurable. I then went to a specialist, who charged me a large fee, but did me absolutely no good. I was certainly discouraged, when I heard of Zam-Buk and commenced using it at once. I applied it regularly and for bating purposes used only Zam-Buk Soap. Before very long there was some improvement, and finally the combined use of Zam-Buk and Zam-Buk Soap worked a complete cure."

For ulcers, abscesses, blood-poisoning, scalds, ringworm and piles Zam-Buk is equally invaluable, as well as for cuts, burns, scalds and all skin injuries. All dealers or Zam-Buk Co., Toronto, 50c. box, 3 for \$1.25.



## HIGH COST OF LIVING.

It's An Old, Old Story and Was Told 2,000 Years Ago.

A wife's letter 2,000 years old was unearthed recently in the ruins of the Serapoum, the temple of Memphis, the great city of ancient Egypt. The letter was written by Isias to her husband Hephæstion, who had deserted her. There were two letters, in fact, the first bearing a date equivalent to July 24, 186 B. C. In them the wife reproaches her husband for neglect of his family, and, what is particularly interesting at the present time, she complains of the high cost of living.

Here are some extracts from the first letter: "Isias to Hephæstion, her husband. Greetings—If you are well and other things are turning out with you according to your wishes it would be as I perpetually pray the gods. I myself am in good health, and the child and all in the house make mention of you continually. When I received your letter from Horus, in which you explained that you were in retreat in the Serapoum at Memphis, I immediately gave thanks to the gods that you were well. But that you do not return distresses me, for having piloted myself and your child through such a crisis and having come to the last extremity because of the high cost of corn, and thinking that you never would bring me relief, you have never even thought of returning or spared a look for my helpless state."

## THINNEST SOAP BUBBLES.

They Almost Give Us a Sight of the Invisible Molecules.

What is a soap bubble? Nothing but a film of water molecules held together by the cohesive power of soap in solution. A soap bubble's size and strength depend upon the right composition of the mixture that furnishes its material. The colors in a soap bubble are due to what is known in physics as the interference of light, and depend upon the varying thickness of the film of water.

It is a singular fact that the last color to appear on a soap bubble just before it breaks is a gray tint. The thickness of the film when this tint appears upon it is less than the one hundred and fifty-six-thousandth of an inch.

Were a soap bubble to be magnified to the size of the earth and the molecules magnified in proportion, then the whole structure would be as coarse grained as a globe of small lead shot touching one another at their surfaces. In the blowing of a soap bubble there is presented the spectacle of the stretching of a liquid to the extreme limit of its capacity. In this way we come nearer to a sight of the invisible molecules of matter than could be got in any other way no matter how elaborate the experiment.—Exchange.

## Passport to the North Pole.

A passport to the north pole was issued some years ago by the governor of the province of Tobolsk, which stretches along the Russian shores of the Arctic ocean. The official was approached by two men who had been engaged to proceed to the north with an English expedition then fitting out. Their petition was for a passport to the pole itself, but the governor pointed out that the pole was as likely to be in their home province as in any other, that it was extremely unlikely they would reach it and that if they did there were no police there to examine their credentials. At last, however, to satisfy them he ordered the issue of a document allowing them to pass without let or hindrance to the north pole.

## AFTERMATH OF ELECTION.

Some Items of Interest About Recent Contest.

Here are a few briefities of interest in the recent Dominion elections: Sir Robert Borden carried his new constituency of King's, N. S., by about 900.

Only two Cabinet Ministers were beaten—Sovigny and Blondin—and they ran in two constituencies apiece.

Hon. Hugh Guthrie defeated his Socialist opponent by about 4,500, and the loser will forfeit his deposit.

Hon. E. N. Rhodes, Speaker of the Commons, is defeated in Cumberland, N.S.

Deputy Speaker Rainville was beaten in Cartier division, Montreal, by S. W. Jacobs, K.C., the first Jew to be returned to Parliament.

The Cockshutt brothers won. W. F. late M.P. in Brantford, and Harry, soldier candidate, in Brant, where he defeated Harold, the Liberal and recognized Union candidate.

Lieut.-Col. Sam Sharpe carried North Ontario by 1,200. In 1911 he defeated H. M. Mowat, now M.P. for Parkdale, by 558.

Col. J. A. Currie was returned in North Simcoe by 1,487; in 1911 he had 172.

Sir Sam Hughes won in Victoria by 2,700, an increase of 1,294.

Wm. Manley German, Liberal M. P. since 1900, was beaten in Weland by Evan Fraser, ex-M.P.P. Neither candidate was an official candidate.

Dr. Michael Clark is re-elected in Red Deer, though he had a hard fight.

R. C. Henders, president of the Manitoba Grain Growers' Association, has a large majority in Macdonald, Man.

Dr. Molloy, re-elected in Provencher, seems to be the only Liberal returned in Manitoba.

Archie Parkdale, who had announced his retirement from Parliamentary life, but accepted renomination, won in Kingston by an unprecedented majority. Both newspapers supported him.

F. F. Pardee, former Liberal whip, was an easy winner in West Lambton, where he carried his home city, Sarnia, by 2,100.

Hon. Charles Murphy, Laurier henchman, was re-elected in Russell, but Hon. W. L. M. King failed to come back in North York.

Hon. Rodolphe Lemieux is elected in two constituencies.

Armand Laverge, who ran as a Nationalist in Montmagny, was beaten by the Laurierite.

In Victoria, B.C., Stuart Henderson, Liberal, loses his deposit as does Charles McDonald in South Vancouver.

R. A. Rieg, the radical Laborite, who resigned from the Manitoba Legislature to contest North Winnipeg, was beaten 2 to 1.

R. L. Richardson, former M. P., and editor of the Winnipeg Tribune, is returned for the new constituency of Springfield, which includes the French-Canadian city of St. Boniface, where he got a majority of about 200.

C. H. Cahon, K.C., Unionist, who opposed Hon. Mr. Lemieux, and four other candidates in Montreal divisions, lose their deposits.

The biggest vote in Canada was polled by Sir George Foster in North Toronto, with 14,600, while Archie Draxmin, the Independent in Centre Toronto, may have polled the smallest, 216, though Gold, in South Vancouver, B.C., is reported to have polled fewer votes than there were polling places in the constituency.

THE BEAUTY OF A CLEAR SKIN.—The condition of the liver regulates the condition of the blood. A disordered liver causes impurities in the blood and these show themselves as blemishes on the skin. Farmelee's Vegetable Pills in acting upon the liver act upon the blood and a clear, healthy skin will follow intelligent use of this standard medicine. Ladies, who will fully appreciate this prime quality of these pills, can use them with the certainty that the effect will be most gratifying.

## A Lucky Prospector.

A discovery of gold has been made in the township of Rickard, about ten miles east of Iroquois Falls, Northern Ontario. The discovery was made accidentally by a man who was prospecting for pulpwood in the district. Three veins were located, one of which is stated to be nearly twenty feet in width. The specimens brought in are said to be among the best samples of the precious metal ever shown in Northern Ontario.

## The Progressive Indians.

"Yes, I was out on the reservation." "See any Indian dances?" "No, but I found them anxious to learn the new steps."

Great opportunities come to those who make use of small ones.

Death loves a shining mark. That's why most men do not fear it. Strange to say, a woman is not afraid of a man with the spirit of a mouse.

A few men earn more than they get, but the majority get more than they earn.

Peevish, pale, restless, and sickly children owe their condition to worms. Mother Graves' Worm Exterminators will relieve them and restore health.

## ROLL OF HONOR

### Men From Watford and Vicinity Serving the Empire

27TH REGT.—1ST BATTALION  
Thos. L. Swift, reported missing since June 15, 1915, Rich. H. Stapleford, Bury C. Binks, L. Gunn Newell, killed in action, Arthur, Owens, F. C. N. Newell, T. Ward, Sid Welsh Alf Woodward, killed in action M. Cunningham, M. Blondel, W. Blun R. W. Bailey, A. L. Johnston, R. A. Johnston, G. Mathews, C. Manning W. G. Nichol, F. Phelps, H. F. Small, E. W. Smith, C. Toop, C. Ward, J. Ward, killed in action, F. Wakelin, D. C. M., killed in action, T. Wakelin, wounded—missing, H. Whitsell, B. Hardy.

PRINCESS PATRICIA'S C.L.I.  
Gerald H. Brown.

18TH BATTALION  
C. W. Barnes, Geo. Ferris, Edmund Watson, G. Shanks, J. Burns, S. Burns, C. Blunt, Wm. Autterson, F. P. Shanks, Pte. Walter Woolvett.

2ND DIVISIONAL CAVALRY  
Lorne Lucas, Frank Yerks, Chas. Potter.

33RD BATTALION  
Percy Mitchell, died from wounds Oct. 14th, 1916; Lloyd Howden, Geo. Fountain, killed in action Sept. 16, 1916, Gordon H. Patterson, died in Victoria Hospital, London.

34TH BATTALION  
E. C. Crohn, S. Newell, Stanley Rogers, Macklin Hagle, missing since Oct. 8, 1916; Henry Holmes, killed in action Sept. 27, 1916, Wm. Manning, Leonard Lees, C. Jamieson.

29TH BATTERY  
Wm. Mitchell, John Howard.

70TH BATTALION  
Ernest Lawrence, Alfred Emmerson, C. H. Loveday, A. Banks, S. R. Whalton, killed in action Oct. 1916, Thos. Meyers, Jos. M. Wardman, Vern Brown, Sid Brown, killed in action Sept. 15, 1916, Alf. Bullough, C. F. A., Corp. V. W. Willoughby.

28TH BATTALION  
Thomas Lamb, killed in action.

MOUNTED RIFLES  
Fred A. Taylor

PIONEERS  
Wm. Maconnally, W. F. Goodman.

ENGINEERS  
J. Tomlin

ARMY MEDICAL CORPS  
T. A. Brandon, M. D., Capt. W. J. McKenzie, M. D., Norman McKenzie, Jerrold W. Snell, Allen W. Edwards, Wm. McCausland.

135TH BATTALION  
N. McLachlan, killed in action July 6th, 1917.

3RD RESERVE BATTERY, C.F.A.  
Alfred Levi

116TH BATTALION  
Clayton O. Fuller, killed in action April 18th, 1917.

196TH BATT.  
R. R. Annett.

70TH BATTERY  
R. H. Trenouth, killed in action on May 8th, 1917; Murray M. Foster.

142ND BATTALION  
Austin Potter.

GUNNER  
Russ. G. Clark.

R. N. C. V. R.  
John J. Brown

ARMY DENTAL CORPS  
Elgin D. Hicks, H. D. Taylor.

ARMY SERVICE CORPS  
Frank Elliot, R. H. Acton, Arthur McKecher

98TH BATTALION  
Roy E. Acton.

64TH BATTERY  
C. F. Luckham.

65TH BATTERY  
Harold D. Robinson, Walter A. Restorick.

ROYAL FLYING CORPS  
Lieut. M. R. James.

If the name of your soldier boy does not appear in this column, kindly notify us and it will be placed there.

## GRAND TRUNK RAILWAY SYSTEM

### TIME TABLE

Trains Leave Watford Station as follows:

GOING WEST.  
Accommodation, 75..... 8 44 a.m.  
Chicago Express, 13..... 12 31 a.m.  
Accommodation, 83..... 6 44 p.m.

GOING EAST  
Accommodation, 80..... 7 48 a.m.  
New York Express, 6..... 11 16 a.m.  
New York Express, 2..... 2 52 p.m.

C. Vail, Agent, Watford