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E. Pinkham's Vegetable Compound was the only medicine that helped me and I have been growing stronger ever since I commenced to take it. I hope it will help other suffering women as it has me. You can use this letter."—Mrs. CASSIE LLOYD. New Moorefield, Clark Co., Ohio. You can use this letter."—Mrs. CASSIE LLOYD, New Moorefield, Clark Co., Ohio.

Guide-Adnocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

USSCRIPTION-\$1.00 per annum in advance. \$1,50 is advance to the United States. ADVERTISING RATES.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at a slight extra cost. Copy of change must be in printer's hands by Tuesday attennon.

LEGAL ADVERTISING:—First insertion per line, 10 cents; subsequent insertions 6 cents each time per line. Agate measure 14 lines to the inch.

BUSHESS CARDS—One inch and under, per year \$5.00.

85 00.
AUCTIONER CARDS—\$5 00 a year.
LOCALS—10c. per line each insertion. Miminum charge 25 cents.
Advertisements without specific directions will be neerted till forbid and charged accordingly. HARRIS & CO.
PROPRIETORS

Guide-Adnocate

WATFORD, JULY 4, 1913.

New Health Regulations

The provincial board of health put in its new regulations for Ontario, and is paying particular attention to the need of safeguarding the public be on to renne during the closed season of navigation. Some time ago the Company's engineers decided that a pipe line should be built over the 180 miles, and thus give a constant supply during all season's of the year. health in barber shops, hotels, restaurants, etc. The barber shop regulations which will impose strictcleanliness upon the barber, requiring him to sterilize his equipment after use, is wh have been approved of by the board soft. but have yet to go before the council. A regulation to abolish the common drinking cup throughout the province has not been finally decided upon, but action along that line is expected. With the common drinking cup will go the roller towel. The board has to decide just what the scope of such a regulation should be, but it is probable all hotels, restaurents, etc., will be made to keep a supply of towels in their wash rooms for each individual. The difficulty, particularly in the rural hotels, is that wash rooms are maintained for the convenience of the general public, and the supplying of a clean towel would put a burden upon the hotelkeeper, without a return to offset it.



The Church Strawberry Social

TESTIFY

TESTIFY

TESTIFY

TESTIFY

What Lydia E. Pinkham's Vegetable Compound Did For Their Health—Their own Statements Follow.

Haliburton, P.E.I.:—"I had a doctor examine me and he said I had falling of the womb, so I have been taking Lydia E. Pinkham's Vegetable Compound and it has done me a lot of good. All the bearing-down pains have vanished. I have gained ten pounds in weight, the discharge is all gone, and I feel better than I have for a long time. I think any woman is foolish to suffer as I did for the sake of a few dollars.

"You can use my letter as a testimonial. It may encourage other poor women who suffer as I did to use your Vegetable Compound."—Mrs. Gro. Collicutt, Haliburton, Lot 7, P.E.I.

"You can use my letter as a testimonial. It may encourage other poor women who suffer as I did to use your Vegetable Compound."—Mrs. GEO. COLLICUTT, Haliburton, Lot 7, P.E.I.

Read What This Woman Says:

New Moorefield, Ohio.—"I take great pleasure in thanking you for what your VegetableCompound has done for me. I had bearing down pains, was dizzy and weak, had pains in lower back and could not be upon my feet long enough to get a meal. As long as I laid on my back I loid on my back I loid on my back I loid on my back I would feel better, but when I would get up those bearing down pains would come back, and the doctor said I had female trouble. Lydia E. Pinkham's Vegetable Compound was the coult was defended as the long was defended by redicing that helped me and I determined to help and the more than to pass our plate twice, for the show hean't got nicely started before the whispered warning is sent around that the supply of strawberries is running short. I have been a pillar now for some time, but I never dare to eat my fill at a church feed. The rabble could gorge them-solve with peaches, and ham sandwiches and pie, and tarts, etc., ad nauseam, but we old soldiers of the cross had to go down pains would come back, and the doctor said I had female trouble. Lydia E. Pinkham's Vegetable Compound was the copy medicine that helped me and I decompound the more than the most benevolent bosom: it is sour enough to curdle the milk of human enough to crudle the milk of human enough to curdle the milk of human enough to cream.

That swhat we'll get, because we church eat got one strawberry and some curds. That's what we'll get, because we church eat get one strawberry and some curds. That's what we'll get, because we church eat got one strawberry is sour enough to curdle the mil

State of Ohio, city of Toledo, ss.

Lucas County, ss.
Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH

FRANK J. CHENEY.

Sworn to before me and subscribed in presence, this 6th day of December, A.D. 1886.

A. W. GLEASON. (Seal) Notary Public.

Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send for testimonials from

J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c.
Take Hall's Family Pills for constipa-

Big Oil Pipe Line

The Standard Oil Company is making The Standard Oil Company is making great strides in laying its big oil pipe line from Lima, Ohio fields, to the big plant of the Imperial Oil Company at Sarnia. The purpose of this pump line is to pump the crude oil from the wells direct to the refinery instead of hauling it by tank steamers on the lakes and by railway cars during the winter. The boats at the present time have to keep the plant going through the summer and fill up the storage tanks besides, so that there will be oil to refine during the closed season of navigation. Some time ago the Com-

If you trade in Watford you go home

The man who thinks he is a lady killer s what the ladies designate as something

In the equal suffrage states women will get to be 21 sooner than they used

Man never makes quite as sorry a showing as he does beside a witty and beautiful woman.

Raising an aeroplane is no trick to the man who has successfully raised a family of boys. Music hath charms to soothe the savage breast—but some of it makes

wild men.

A PLEASANT PURGATIVE.—Parmelee's Vegetable Pilis are so compounded as to operate on both the stomach and the bowels, so that they act along the whole alimentary and excretary passage. They are not drastic in their work, but mildly purgative, and the pleasure of taking them is only equalled by the gratifying effect they produce. Compounded only of vegetable substances the curative qualities of which were fully tested, they afford relief without chance of injury. m

A genius is a man who supports a tamily on \$50 a month and has a bank

Some people are made unhappy by arning that there are others just as appy as they are.

A student of human nature never achès the post graduate course.

When you want honest advice, do not to a partisan. Watford merchants have the goods and

ESKIMO SEAL HUNTING.

Spears That Won't Break and Floats

That Bag the Game. When once he has gone to the trouble of splicing a fine spear handle the Eskimo does not wish to break it, so the point is put on with a toggle or joint When seal or walrus is harpooned the sudden struggle of the animal does not break the spear, but merely unjoints the point, and the more the animal struggles the more the point turns crosswise in the wound and the firmer the barbs take hold. But the animal cannot escape, for

with thongs of skin the point is con-nected with the spear shaft. The animal merely swims away or dives deep into the sea, carrying with him the spear. The long leather thong which is attached to it uncoils from the deck of the calque and pays out. It carries with it a drag like a kite, which retards the animal and exhausts him, but does not pull hard enough to break the line. Even this drag is made of skin stretched over a spliced framework. When the line is all paid out it is seen to be attached to a float which is also carried on the deck of the boat. This is made of an inflated skin. It has plugs and attachments cleverly carved from ivory, for wood is far too precious to be used in this land of ivory so far from the forests. The float serves as a buoy so that the Eskimo can follow the animal and find it after it gives up its struggle and dies. Then, too, the float keeps the catch from sinking and being lost in the ocean's depths.-Southern Work

WITHOUT AN ANSWER.

An Old Proposition Treated From Scientific Standpoint.

"To settle an argument kindly an swer the following question: If an irresistible force were to come in con would be the result?" The answer cannot be thought in the

present limitation of the human mind. We cannot even commence to think of any infinity whatever. An irresistible force is an infinite

force and cannot be thought of in any property it may have by any phase of mind functioning in any brain.

An immovable body is infinitely still or its rest is absolute, and mind in brain cannot think of the absolute. For a body to be at absolute rest it must be the only one in existence, for if there are two in space attractions will cause both to move.

But if one body only existed then finite mind cannot know whether it is immovable, because we cannot know whether force is outside. Only creative mind can know this. With only one body in infinite space, then finite mind could not discover whether it is at rest or in motion, having no other object with which to compare it. The two words rest and motion would become meaningless. And humans cannot at present think of infinite space nor two points in space. Impossible unless matter occupies these two points. Then the word space could not apply to these points since they are occupied.-New York American.

The Mediterranean of the North. Hudson bay, described by some as "the Mediterranean of the north," is the third largest "sea" in the world. The area of the Mediterranean is 977, 000 square miles; of the Baltic, 580, 000; of Hudson bay, 355,000. Its length is 800 miles and breadth 500, and, compared with the great lakes, it is a veritable ocean, for Lake Superior's area is only 31,000 square miles, Lake Huron's but 23,000, Lake Michigan's a scant 22,500, Lake Erie's merely 9.960 and Lake Ontario's barely 7.240. The outlet of Hudson bay to the Atlantic is Hudson strait, nearly 500 miles long, with an average breadth of 100 miles, its narrowest width being sixty miles.—American Review of

Boston's State House.

statehouse, located on Beacon hill, Boston, occupying the site of John Hancock's cow pasture, which was purchased by the town and pre-sented to the state. Cornerstone laid in 1795 by Paul Revere, the oration being delivered by Governor Samuel Adams. Original building completed in 1798 and cost \$133,000. New extension, completed in 1895, is four times the size of the old building and cost \$5,000,000.-Exchange.

Happy Thought.

Anxious Mother—There's a look about that young man's eyes that I don't like. He looks at me out of their corners as if trying to conceal something. Daughter-Perhaps he is trying to con-ceal his admiration for you, ma. Mother (much relieved)-Oh, I didn't think of thati-London Express.

Children Cry
FOR FLETCHER'S
Dr. Morse's 46
CASTORIA Indian Root Pills

the pores. For pure blood and good health take

Dr. Morse's 46
got married? We refrain from asking thow many are keeping those promises.



No Furnace Dust in Your Home.

You will have no furnace dust in your home if you have a Sunshine Furnace. A special dust flue prevents this entirely by carrying all dust up the

smoke pipe.

The Sunshine has advantages which make it by far the best furnace to install. Our agent will be pleased to explain them, or write for booklet.

McClary's Sunshine Furnace

Toronto Montreal Winnipeg Vancouver St. John, N.B. Hamilton Calgary Saskatoon Edmonton

Sold by T. Dodds & Son

A. D. HONE **PAINTERand DECORATOR** Specialist in Hand Painted Decorations.

The Best Work at Reasonable Prices. Estimates Furnishe

Samples of WALL PAPER on Hand. When you have ork in his line let him figure on 6.

Plumbing and Heating

If you are building this year we will be glad to estimate the cost of a bath room for you. Our man has city experience and will guarantee work to pass any inspector.

Bucks Reliance, Pease Economy and Kelsey Furnaces

are leaders that require no description. Our prices are low and w guaranteed.

EAVETROUGHING AND REPAIRING ON SHORT NOTICE

Forest public library has been re-open-ed after having been closed on account of the epidemic of measles and scarlet fever. Some of the books were burned and oth-

Some of the books were burned and others thoroughly fumigated.

Veterinary surgeons of London districts report an unusual number of deaths of young colts in the district north of that city. Dr. McDonald says that about 75 per cent, of the foals of this spring in the vicinity of Granton and Biddulph are diving

MAKES BREATHING EASY. The con-

James McEwan has been court crier at Sandwich for the past 42 years, and when the petit jury sittings of the county court ended Saturday, Judge George Smith presented the veteran court crier with a andsome meerchaum pipe and ciga older on behalf of the court officials.

Bad Blood-

is the direct and inevitable result of irregular or constipated bowels and clogged-up kidneys and skin. The undigested food and other waste matter which is allowed to accumulate poisons the blood and the whole system. Dr. Morse's Indian Root Pills act directly on the bowels, regulating them—on the kidneys, giving them ease and strength to properly filter the blood—and on the skin, opening up the pores. For pure blood and good health take

James Robson, a farmer of the lake front, is laid up as a result of a very unusual accident. While treating a disabled horse with carbolic acid he put the bottle in his hip pocket and in climbing a fence the bottle was broken. Mr. Robson was badly burned, and up to this time prefers standing to sitting. ime prefers standing to sitting.

To have the children sound and healthy is the first care of a mother. They cannot be healthy if troubled with worms. Use Mother Graves' Worm Extermina-

MAKES BREATHING EASY. The constriction of the air passage and the struggle for breath, too familiar evidence of asthmatic trouble, cannot daunt Dr. J. D. Kellogg's Asthma Remedy. This is the famous remedy which is known far and wide for its complete effectiveness even under very severe conditions. It is no untried, experimental preparation, but one with many years of strong service behind it. Buy it from your nearest dealer.

James McEwan has been court crier at Sandwich for the past 42 years, and when the sand with worms. Use Mother Graves' Worm Extermination is Mother Graves' Worm Extermination.

A colored woman went to the pastor of her church the other day to complain of the conduct of her husband, who, she said, was a lowdown, worthless, trifling of the delinquencies of her neglectful spouse and her efforts to correct him, tried heaping coals of fire upon his head?" 'No," was the reply, but I dellows a structure of the conduct of her husband, who, she said, was a lowdown, worthless, trifling for the delinquencies of her neglectful spouse and her efforts to correct him, tried heaping coals of fire upon his hone tried hot water."

Hollows 'S Carn Caro Asia and the struggle for breath, too familiar evidence. In the struggle for breath, too familiar evidence.

Holloway's Corn Cure takes the corn out by the root . Try it and prove it. m

A gentleman in Durban made a present of a beautiful baptismal font to a church of which he was a member. As the old font, which was situated at the door, was in pretty good state of preservation, it was decided to erect the new gift at the other end of the church. One Sunday morning, after the new font had been put up in the allotted place, the clergyman from the pulpit, thanked the generous benefactor for his kindness in making such a handsome gift, and ended by making the following startling announcement: "In future, children will be beptized at both ends."

900 DR

INFANTS CHI Promotes Digestio ness and Rest.Conta NOT NARCOT

Recipe of Old Dr SAMUE

Aperfect Remedy fo tion, Sour Stomach Worms, Convulsions ness and Loss of Fac Simile Signatu Chart Flite NEW YOF

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House

MASON & RISCH lines Parlo PIANOS, GRAM-

APONES, STRIM INSTRUMENTS, Value MUSIC BOOKS,

SHEET MUSIC, No EDISON RECORDS Our

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