

## A PAGE OF GENERAL INTEREST TO WOMEN READERS

London Advertiser  
COOK-BOOKRecipes Supplied by Cynthia  
Gray's Readers

## [In the Dust.]

**Brown Bread.**—One cup of seedless raisins, 1 cup molasses, 2 cups butter-milk or sour cream, pinch of salt, 2 cups graham flour, 1 level tablespoon soda. Bake in baking powder or coffee tins, with lids on. Grease tins, half fill, then cook one hour in moderate oven. Leave in tins fifteen minutes after taken out of oven, with lids on. Then wash lids, let dry over stove. When cool put in tins to keep.

**Date Cake.**—One cup Brown sugar, 2 eggs, 1/2 cup butter, 1 cup flour, 1/2 cup cream, 1 teaspoon soda, 1 cup chopped nuts (walnut), 1 cup chopped dates, flour enough to mix.

**Dream Biscuits.**—One cup butter, 1 cup sugar (Brown), 1 1/2 teaspoons baking powder, 1 tablespoon soda, 1 cup cream, 2 eggs well beaten, flour enough to roll. These biscuits are delicious, and should be cut with a tiny cake

cutter. When baked should be put together with icing between and on top of them. Chocolate icing is very nice.

**Icing for Dream Biscuits.**—One tablespoon butter, 1 tablespoon vanilla, 3 tablespoons sweet cream, icing sugar to thicken.

## [Peanut.]

**Indian Sauce.**—Twelve ripe tomatoes, 12 ripe apples, 6 onions, 1 gallon of vinegar, 1 pound of chopped raisins, 1/2 pound of salt, 1 pound of brown sugar, 1 red pepper. Let boil one hour and then strain through a sieve. One ounce of ginger, 1/2 pound of mustard mixed with vinegar, 1/2 pound of salt. Let boil slowly for half an hour.

## Help On a Bit.

**Canadian War Cake** (No butter, eggs or milk)—1 package raisins, 1/2 cup brown sugar, 2 tablespoons lard, 1 teaspoon ground cloves, 1 teaspoon cinnamon, 2 cups hot water. Pour hot water over this mixture and boil three minutes after it starts to boil. When cooled add 2 cups of flour and 1 teaspoon baking soda. Chutney—10 pounds green tomatoes, 2 red peppers, 2 ounces ground ginger, 1 pound chopped apples, 10 ounces raisins, 8 ounces onions, 1/2 pounds brown sugar, 3 ounces salt, 2 quarts and 1 pint vinegar. Boil seven hours.

## Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

## That Tested Cure.

Dear Miss Grey,—Some time ago a lady published a tested cure for gonorrhea, one that cured her. Would you kindly publish it again, as I did not see the last one? Hoping to see it soon, I am, sincerely yours,

**A NEW INQUIRY.**  
Ans.—I believe this is the formula: Pure iodine, 2 drachms; iodide of potassium, 3 drachms; tincture of cantharides, 2 ounces; glycerine, 4 ounces; spirits of ammonia, 4 ounces. Apply every night before going to bed.

## Buy a Style Book.

Dear Miss Grey,—Could you kindly tell me what the fall suits are like, and the most popular shades? What kind of shoes are to be worn this fall? Are button or lace shoes most fashionable? Could you send me some nice crocheted patterns for underwaists? I will sign myself,

Ans.—Now, my dear lassie, don't they

keep fashion books at your nearest store? Why not get one and study the styles? Shirts are still short and full; coats are to be Russian blouse style, or plain tailored, fitting in at the waist, with ruffled skirts slightly longer than were worn last year. Black and black and white shoes in button and lace are leaders. If any yoke designs come in, shall save you one or two.

**Bed Sock Directions.**  
Dear Miss Grey.—Thought I would drop in for a few minutes to help "Tugent" with her bed socks, but please excuse pencil. I also see you have got cleared up about the ("Broch") I enclose a few seals of safety when finished with them stick them in the W.P.B. One question, please. Can you make apple butter without cider? SCOTCH READER.

Ans.—Will "Tugent" send her address for these directions? Thanks for the pretty seals, but instead of the W.P.B., they are going to adorn a little lad's scrapbook—just the thing to pop in here and there. The "Broch" must be an interesting district. Will apple butter makers say if cider is really necessary? Coupons have been sent you.

**Jane From 'Way Back.**  
Baked Salmon With Onions.—1/2 can salmon, 2 slices bread (crumbed), 2 onions (chopped), milk, pepper and salt. With half can salmon put two onions chopped, and two slices of bread crumbed. Cover with milk and season with pepper and salt to suit the taste. Bake in a moderate oven about half an hour. More salmon may be used if you wish it to taste more of the fish.

**Baked Macaroni and Cheese.**—Cook cup of macaroni in 1-inch pieces, in 2 quarts boiling water with a tablespoonful of salt in it, until tender (about 20 minutes). Drain in a strainer and then pour cold water over the macaroni to prevent the pieces from sticking together. Put a layer of macaroni in bottom of a buttered baking dish, sprinkle with grated cheese and one teaspoonful mustard. Then repeat with a layer of macaroni and cheese and mustard, until all is used. Cover this with milk, and then cover the top with buttered bread crumbs. Bake in moderate oven until nicely browned, about twenty minutes.

**Young or Middle-Aged.**  
Dear Miss Grey,—Re "S.S." proposal as to dialogue, etc. I have a "Maple Leaf Rectifier" to send along if it's any use; also two dozen orange wrappers—ditto. Now, "S.S. B." what's the matter that a kind-hearted girl like you hasn't a friend to write to in the army? Do you want a young or middle-aged soldier's address, any particular religion, etc.? Your picky recipes are fine; am pasting them in my scrapbook. Here is an "old country" one for the small-sized gherkins: Cover them with salt water for 24 hours, drain them, fill up jar, pepper each layer and cover with vinegar, cold; seal up tight; they retain their flavor and color, and are as firm as when fresh; no pickling spices used.

**Couldn't "S.S." air her militant views on the Berlin versus Kitchener topic?**  
Surely, Miss Grey, Berlin ought to be wiped off the map of a free country like this. Give the town some other name, but don't handily poor Kitchener's name about. I don't think he would have liked his name to follow after Berlin. What do you think, "S.S."? Kindest regards from  
ENGINEER'S WIFE.

Ans.—Did you mean me to send the enclosed address on to "S.S. B."? If I don't hear from you in a few days I shall do so. Should parcels, etc., be addressed to him at G. A. P. O., London, England?

**Fond of Poetry.**  
Dear Miss Grey,—As I received a very warm welcome last time am changing it again. I want to thank "Merry Anna II." for her kind offer of lending me "All for a Scrap of Paper," and I have an offer closer at home thought I would accept it and save so much trouble.

Here are a few hints which are handy. (1) In scouring knives and forks, instead of using a small brush for applying the bath-brick a good sized cork is much handier and saves the fingers. (2) This time of the year when the hands are easily stained with potatoes, etc., to apply a ripe raw tomato will quickly remove the stains. (3) If a new stove is cleaned with soap (washing soap), and water it appears shiny and black, and in these war times save black lead.

I am also a lover of poetry and especially admire Longfellow's poem, "The Day is Done," also Ethelwyn Field's, and John Milton's poem, "On His Blindness." I have also written some poetry myself, and therefore, admire others' work on this subject.

The soldiers' lives seem to be very interesting. I do feel sorry for them, as they must have a terrible care in these long war days. I think those who go to war do not mean any harm, and I feel for "O. F. O." Everyone knows that there is good and bad in all classes and none of us is perfect by any means. I had friends and relatives enlist, and I was

## Daily Bible Question Club

By Rev. T. S. Linscott, D. D.  
(All Rights Reserved.)  
The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

"The Arrest of Paul." Acts xxi, 17-40. Golden Text—"Thou shalt be a witness for Him unto all men of what thou hast seen and heard." Acts i, 15.

14. Verses 23-28.—Is it possible or not, and why, to live a very comfortable life, without "striving" or making any strenuous effort, and live a victorious Christian life?

15. Why cannot a Christian eat dainty food, eat more food than he needs for perfect health, use tobacco, engage in worldly frivolities, nor do anything which he would not do if he thought Christ was coming next week, and still retain the favor of God? Why? (This is one of the questions which may be answered in writing by members of the club.)

16. Verses 27-28.—What is the difference between a Christian who, from prejudice, speaks evil of another Christian, and those Jews who spoke falsely of Paul?

ADVERTISER  
PATTERNS

No. 1628—Ladies' Corset Cover and Drawers.

A popular, easily and quickly made corset cover is here shown, which combines nicely with the comfortable and equally simple style of drawers. The models are good for lawn, batiste, allover embroidery, dimity, crepe and silk. The drawers are cut without fullness at the waistline, and are lengthened by a ruffle that may be of lace or embroidery, or of the same material as the body portions.

The pattern for these two desirable models is cut in three sizes, small, medium and large. It requires 2 1/2 yards for a medium size, in 36-inch material.

A pattern of this illustration mailed to any address on receipt of 10 cents in silver or stamps.

## ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern, as per directions given below, to:

Name .....

Town .....

Province .....

Age (if child or miss's pattern) .....

Measurements: Bust..... Waist.....

Caution: Be careful to enclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. When miss's or child's pattern, write only the figure representing the age. It is not necessary to enclose money, as we are a very good guesser. Didn't you love the church and its pastor?

Has Been Ill.

Dear Miss Grey,—I am enclosing 5 cents in stamps to pay postage on recitations sent in for me by "Curly Locks" and "Patriotic." Also I am sending copies of my recitation for "Curly Locks." What did "Patriotic" wish in return, as I have forgotten?

Now, Miss Grey, I have not been careless in not answering before, but have been away to the lake for my health, and am still under the doctor's care, a new and not agreeable experience for me, I assure you.

SAUCY KATE.

Ans.—Poor child! Sorry you have been ill, and sincerely hope you're on the way to Wellville! ere this. The pieces that came for you have all been mailed.

From "Auntie's Friend."

Dear Miss Grey.—Have enclosed samples of insertion, etc., for "Soldier's Wife No. 2," and would like the sample of crocheted centerpiece pattern in exchange. Will send stamped, addressed envelope for same.

I have always been interested in both "H. J." and "M. C. J." and I hope they have many good times together.

Isn't "W. A. B." kind to loan me her piece of music? I'm most grateful to her, and would do anything to help her.

—lace patterns or flags—if she wants them. If she can buy another copy, why I'd be willing to pay her for it, or will return the loaned copy.

I see where "Old Subscriber" will exchange with me also. My, I'm so pleased to get that resurrection plant. I am sending my address to Miss Grey, "Old Subscriber."

I'm also curious to know what "Reckon Don't" means; it sounds so spooky. Congratulations, "Curly Head." Has the baby curly hair, too?

P. S.—Ten cents for quilt lining enclosed.

Ans.—If "Aunt Belle" offer reaches the eye of a "Soldier's Niece," I hope he will not be too bashful to send his name in to me.

I too have been wondering if "M. Y. M." had really enlisted, or was just too

"Meat Prices Will Not Come Down" is the cheerful news from the Department of Agriculture. Meat prices will not worry the man or woman who knows that a Shredded Wheat Biscuit will supply more real body-building nutriment than beefsteak or eggs and at much less cost. Shredded Wheat remains the same price, the same high quality, supplying all the nutriment a man needs for a half-day's work. Two shredded wheat biscuits with peaches and cream or other fruits make a complete nourishing meal at a cost of not over five cents.

Made in Canada

Extra Special Values for  
Saturday Buyers at Gray'sGrand Sale of Women's Waists  
and Middies

20 Doz. Waists and Middies, Worth from \$1 to \$2.50, to be sold Saturday at 50c

These are a lot of travelers' samples, odd and soiled Waists and Middies, that we purchased specially for quick selling. The waists have long and short sleeves and are in fine white voiles and muslins, pique cords, striped gingham, black sateen, red and grey flannel; sizes ranging from 34 to 44. The Middies are all made of good quality jean, short sleeves, all white and color trimmed. Worth from \$1.00 to \$1.50. The waists are worth from \$1.00 to \$2.50. On sale at 8:30 Saturday morning at .....50c

Underwear and Hosiery  
Fine Specials

Women's Fine Fall-Weight Vests with V neck, buttoned front and elbow sleeves. Special at ..... 25c each

Ladies' Black Cashmere Hose, with seamless feet and full-fashioned leg; sizes 8 1/2 to 10 ..... 35c pair, or 3 pairs for \$1.00

Boys' Heavy Ribbed Cashmere Hose for school wear; sizes 7 to 10. At .....35c pair or 3 pairs for \$1.00

Bungalow Aprons,  
Special at 39c

A complete Overall Apron with belt across back and pocket, kimono sleeves and made of good quality striped prints, full size; worth 50c. Specially priced at .....39c

## House Dresses at \$1.00

We have just placed in stock a dozen Fine Striped Gingham and Plain Chambray House Dresses, nicely made and trimmed. Special value at .....\$1.00

A Very Special Bargain in Black Silk  
Regular \$1.25 Quality for 88c

36-inch Black Paillette Silk, with a rich, lustrous finish; regular \$1.25 yard. On sale Saturday only at ..... 88c yard

Be on hand early in order to get the advantage of this special offer, as we've only 100 yards to sell.

GRAY'S  
LIMITED.

AGENTS FOR THE LADIES'  
HOME JOURNAL PATTERNS  
140 DUNDAS STREET  
Phones 115, 116.

GRAY'S  
LIMITED.

busy to write. No, I was not present at Queen's Park; it was a very interesting sight, no doubt. Re your personal note, you are a very good guesser. Didn't you love the church and its pastor?

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Made in Canada

groceries, so let's send the coupons to "Young Stepmother." Here is a couple for a start, and will send more later. Also inclose three white satin flower designs, so often asked for.

If "Cool as a Cucumber," who offers 100 Naphtha wrappers has Richard's brand, I will be glad to send her the six gum flags she wishes. I have about thirty flags I will exchange for Richard's soap wrappers.

Ans.—Hello, "Snowbird"—that's a good idea of yours, and I hope we can help this little stepmother to get her cabinet. I was saving many of the spare coupons (not otherwise designated), for her.

"Cool as a Cucumber," how about those wrappers?

"C. A." Discovered.

Dear Miss Grey,—Could someone please give me a good recipe for green tomato pickles, that does not need any tomatoes?

2. Could you print another set of infant's clothes in your pattern department? I saw one some time ago. Would like especially to get a bishop dress pattern as soon as possible. Am sending some Comfort Soap coupons. Hope they will be of some use. Will try and help some time later.

I have an idea I know "Miss C. A." I wonder if she hasn't a bit of a string on an awful fat man? Ha, ha, "C. A." you don't deserve one mite of pity for being an old maid.

AN OLD NUISANCE.

Ans.—This recipe may suit. A cabbage may be shredded and added in place of so many tomatoes: Slice alternately half peck green tomatoes and quarter peck onions, sprinkling a little salt over each layer. Let stand overnight, and the next morning drain, cover with vinegar, add about 4 cups of yellow sugar, 1 teaspoonful each of allspice and ground cloves, 1 tablespoon of ground cinnamon. Cook slowly until clear, and add half cup mustard, half cup flour, 1 teaspoonful turmeric mixed to paste with vinegar. Boil until it thickens.

2. I am referring this to the pattern department. Personally, I have nothing to do with inserting the designs on filling the orders. To purchase an outfit at a drygoods store would probably be quicker.

"C. A." you must fuss up.

VERSE--New and Old

THE SOLDIER'S FAREWELL.  
(One Who Cares.)

On the field of battle, mother,  
All the night alone I lay;  
Till the breaking of the day,  
I lay thinking of you, mother,  
And the loving ones at home,  
Till to our dear cottage, mother,  
Boy again I seem to come.

Kiss for me my little brother,  
Kiss my sister loved so well;  
When you sit together, mother,  
Tell them how their brother fell.

Tell to them the story, mother,  
When I sleep beneath the sod,  
That I died to save my country,  
All for love to her and God.

Leaning on the merits, mother,  
Of the One who died for all,  
Peace is on my bosom, mother—  
Hark! I hear the angels call.

Don't you hear them singing, mother?  
Listen to the music swell!  
Now I leave you, love, to God,  
God be with you, fare thee well.

WHAT SMELLS MORE OF  
WELCOME WHEN YOU  
WALK INTO A HOME  
THAN A VASE OF  
Fresh Cut Flowers?

We are always ready to supply  
you with a vase of flowers.

WEST FLORAL CO.  
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Say! Advise that friend of yours who has catarrh to sniff up nose a few drops of

COMPASS OIL

daily.

ALL COAL HUNT'S FULL WEIGHT COAL

Sunlight Soap 5c

The best and purest household soap made

FRY'S COCOA

Bed Davenport

You are invited to come and look over our handsome display of Pullman Davenports and Divanettes, in fumed and golden oak. We offer you a selection not equaled anywhere, and very moderately priced. ....\$22.50 to \$65.00

H. Wolf & Sons

265 DUNDAS STREET.

VEGETABLES

DIRECT TO CONSUMERS.

Celery, "Hearts," 4 in bunch ..... 15c

Tomatoes, selected, trellis, lb. .... 10c

Tomatoes, 10-lb. basket for ..... 40c

Cucumbers, W.ite Spine ..... 5c

Endive, excellent for salads ..... 10c

Celery, Head ..... 10c

Green Corn, dozen ..... 20c

Vegetable Marrows, each ..... 15c

Egg Plants, each ..... 10c, 15c

Hubbard Squash, each ..... 20c

Cauliflowers, each ..... 15c, 20c

New Potatoes, peck ..... 60c

Beets and Carrots, bunch ..... 5c

Cabbages, New ..... 5c, 10c

Onions, Dry, lb. .... Peck 90c

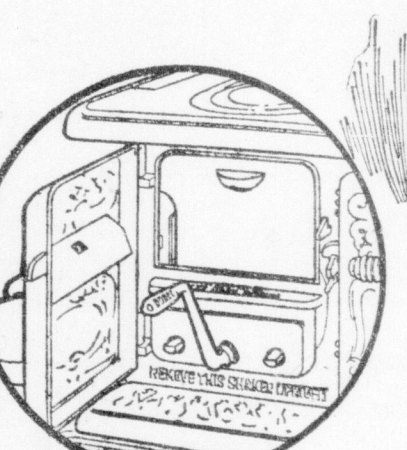
Radishes, Mint, Watercress, Parsley ..... 5c

PICKLING SEASON—Gherkins, Red and Green Peppers, etc.

Prices on application.

MAIN & COLLYER

Telephone 2831. P. O. Box 275.

How often  
do you  
fix  
the fire?

To clean the ashes out of the fire-box you simply turn the grate-handle over once and back as illustrated. Or if there are a lot of ashes, repeat the operation. That is all.

The Pandora triple grates work easily because each of the three grates is shaken separately. It will be found that they turn smoothly after years of use. And the fire-box being made of McClary's semi-steel, is smooth, allowing the ashes to drop easily instead of clinging to the sides as in the case of rougher metals.

In taking out the ashes, there is no need of spilling them over the floor. The ash-pan is made large enough to hold more than one day's ashes.

The same thought is given to every feature that might save a little time and labor in the kitchen.

## McClary's Pandora Range

Careful thought now before you buy your range will save much in the years to come. It will save your time, your money and your temper. If you want to study the matter over for yourself, let us place in your hands our new booklet, "The Magic of the Pandora." This book explains clearly the things you should know about your new range. There is a copy for every woman who wants to buy her range intelligently. You may secure one by sending the coupon to the factory. Why not tear it out now as a reminder.

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St. John, N. P. Hamilton Calgary Saskatoon Edmonton

Sold by J. A. Brownlee, 385 Talbot St.; J. A. Page, 807 Dundas St.