

A Page of General Interest to Women Readers

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to wait on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Announcing a Marriage.

My Dear Miss Grey.—Having received help from you before, I come again with a few questions:

1. Which is the correct form for marriage announcement cards? The bride being an orphan, she is keeping house for a bachelor brother. Also how would you announce the engagement? Would greatly appreciate an early reply. Thanking you, I beg to remain, sincerely yours, MRS. O.

Ans.—The announcement should be made by the brother, as he is the bride's nearest living relative. This is a very good form:

John Henry Smith announces the marriage of his sister, Mary Jane, to William James Blank

at Ottawa, Ontario, June fifth, nineteen hundred and fifteen. If the marriage takes place in a church, it is often stated in the announcement, which would then read "At the First Baptist Church, Ottawa." In the lower left-hand corner of the announcement card the words, "At Home," with the bride's future address just beneath, may appear.

2. A very nice way for announcing an engagement is at a luncheon or tea given by some friend of the bride-elect. Just our dearest girl friends should be invited; the refreshment may be very simple, and the decorations as dainty as you wish, preferably flowers, of course. A pretty idea, if the luncheon table is placed beneath the chandelier, is to have the latter adorned with flowers, a festoon of white tulle suspended and tied in a bow at the end of a dais, which, which, filled with blossoms, occupies the centre of the table. A small spray of flowers should be laid at each place, and tied them with a white ribbon, a small white envelope. Near the close of the luncheon, the hostess may bid the guests open the envelopes, which are found to contain the cards of the bride and groom elect. The hostess may then stand and propose a toast to the guest of honor.

At a tea, of course, no covers would be laid, but the announcement might simply be made by the hostess. One novel idea was adopted by a hostess at a "veranda-tea" affair for a bride-to-be. The hostess announced to the guests that an envelope would fall from an upper window on to the lawn. In one of the envelopes would be found the name of a certain guest and that of her future husband. Of course, there was a lively scramble for the envelopes, one of which contained the cards of the bride-elect and her betrothed. The girl getting this, of course, had to read it out to the other present.

"DAUGHTER OF ALRION."—The letter sent me you has been forwarded, and I hope the information it contained may help. Many thanks for your kind remarks. As they were not on the inquirer, and no copies kept. Am asking if she will be good enough to return them now, and will let you know.

Copies of Cure Wanted.—Will the reader to whom several hints for indigestion remedies were sent some weeks ago, think it too much trouble to let me have them once more, as one or two requests for the same have reached me.

A Household Problem.

Dear Miss Grey.—I read your page daily, and take great interest in trying out the recipes. Have always had good luck with them. My family like the Boston brown bread very much. And I have a request, too. In looking over my Saturday Evening Post for 1915 to send to a hospital, I find that I have no issue of January 22, 1915, or of February 13.—they must have been lost in the mail. I wonder if any of your readers could supply me with those two issues? And I have a household problem, too, which I would like to place before you. We live in a small, country village, are a plain living family and circumstances make it necessary for us to keep help in the house. I have had several advertisements in London, as well as local papers, but have not succeeded in getting anyone yet. We understand time is scarce and work is scarce in cities. Now, how is it I cannot get a woman to come and give me fair work in return for a good home, good wages, and good treatment? We do not have city conveniences, but we have country comforts, and surely all women in all cities

do not like the noise and excitement of cities, and there is no woman left who would like quietness and plenty, as well as being treated like a companion, instead of the more-repressed way they are treated in cities? I have not had a single reply to any of my advertisements. Can you explain it? Yours truly, BRITISHER.

Ans.—Have consulted a wiser head than mine, Britisher, as to the probable reason for your not obtaining an assistant. A woman who has considerable experience in "employment bureau" work here tells me that it is almost impossible to get girls or young women to leave the city for home service in the country or small town. In the case of older women, whom a comfortable shelter is often welcome, they are more willing.

If you care to send me your address I shall be glad to put you in communication with a woman, who would be very pleased to try and find a suitable person for you.

In regard to the "Posts," I have the two copies you find missing, and shall be more than glad to mail them to you upon receipt of your address.

Oswald Needs Fear.

Dear Miss Grey.—Do you think it would cause a relapse if I were to ask you to print a good dandruff cure and hair tonic? I know this has been printed before, but as I was not troubled with the white stuff then, I did not take much notice of it. Trusting your good nature to oblige, I remain an interested male reader of your page, OSWALD.

Ans.—No, it would take much more than this to cause anything so serious. I only wish I could really help you. I get rid of the trouble by using a little of plain vaseline and sulphur; this is not pleasant, but is said to give excellent results in destroying the dandruff. Daily rubbing of the scalp, followed by firm brushing, also helps. This is the tonic, I think, you have reference to. As it has appeared more than once, and I have a quarter part castor oil, one-twentieth part tincture cantharides. Rub into the scalp with the fingers.

She Is Too Young.—Dear Miss Grey.—Would you please answer the following questions?

1. Is it right for a girl of 18 to keep company with a man of 30—if they think a lot of each other?

2. What are the meanings of these names: Walter, Myra and Ina? Also, what is the meaning of these flowers: lily of the valley, roses, and forget-me-nots?

What do you think of my scribbling?

Wishing you the best of health, and hoping I have not discouraged you, I am, dear Miss Grey, your sincere admirer, ONE WHO WOULD LIKE TO KNOW.

Ans.—1. I think a girl of 18 is too young to "keep company" with anyone. Better be a "little girl" for a year or two yet.

2. Walter, woodmaster; Myra, "she who weeps or laments"; lily of the valley, signifies unconcealed sweetness; roses, love; forget-me-not is supposed to mean just what the name indicates.

Thanks for your kind wishes—call again.

Messrs. Henderson & Co.'s monthly catalogues issued from Colombo, Ceylon, state: "A feature of the market was the record prices paid for flavoring teas. The oldest members of the tea trade in Ceylon could not remember such high prices being realized before." The Salada Tea Company have determined that no matter what price tea goes, the public will get exactly the same quality in their packets. They will, of course, be compelled to charge the enhanced prices that teas fetch, but they will keep to their standard of quality.

Black and white are colors for low shoes; tan and other colors are good, but not high in fashion.

There is a great variety in the tunic; some very wide are worn over narrow skirts. Footing tunics, full at the side, are novel and often decidedly graceful.

Soft blouse materials are much in vogue. There are crepes galore.

Embroidery figures alike on blouses and on gowns.

STRAWBERRIES ARE RIPE! NOW'S THE TIME TO SERVE 'EM!

Caroline Coe, The Advertiser Cooking Expert, Will Tell You New and Economical Ways to Serve the Luscious Strawberry.

[BY CAROLINE COE.]

When you buy strawberries which kind do you choose—the big, handsome red-colored ones that please the eye, or those smaller in size?

When you purchase the box of large berries you pay for considerable waste room between the berries which should have been filled with the fruit.

A box of smaller berries is nearer a solid mass of fruit, and in serving makes more dishes than the box of larger berries.

Fancy berries bring fancy prices, while those of less size often are much cheaper and far richer in flavor. Jellies and preserves are better if made of the small fruit, and have the advantage of requiring less sugar.

The large berries often have a pulpy centre that is not desirable, and in many varieties they are lacking in flavor and are not sweet. Use the small, firm berry that fills the box and get berries for your money in place of air.

Strawberry Pies. Bake small individual pies by putting a rich crust over the bottom of each little muffin pan—bake crust to golden brown. Wash and stem berries; to each pint of berries add 1 cup of sugar, mash a little and set aside for two hours. When ready to serve fill crusts with berries, dot top with a little whipped cream, top with a big red berry and serve.

Strawberry Shortcake. Make a rich biscuit dough of 1 cup of flour, 1 even teaspoon of salt, 1 heaping teaspoon of lard and 1 heaping teaspoon of baking powder. Mix these all together with a knife, then make a well in the centre and add half cup of milk. Fold all together and turn out on board, cut in biscuit shape and bake in fast oven.

Wash and stem berries, add a cup of sugar to each 2 cups of fruit, mash slightly and allow to stand two hours. Have biscuits warm, split open, butter and add a little sugar, add a few whole berries, put on top and add more of the mashed berries, tip the top with a little whipped cream and serve.

Strawberry Sponge. Soak quarter package of gelatin in quarter cup of cold water. Add 1 cup of sugar and stir, then add quarter cup of boiling water and stir until all is thoroughly dissolved.

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When cool add 1 cup of mashed strawberries and half cup of juice; beat all until very light and foamy, then beat in half cup of egg whites, add 1 cup of eggs and beat until the mixture will hold its shape. Chill a mold, line the side with large berries (cut each berry in half and dip into the mixture) and they will adhere to the mold, turn in the sponge and set in cool place for an hour. When ready to serve turn out on board and serve with whipped cream and whole berries.

Strawberry "Dope." Mash 3 pints of ripe strawberries, add 1½ cups of sugar, stir and set in cool place for an hour. When ready to serve, mash, add 1 pint of whole berries, and turn over individual cakes.

that wise mothers try to take such care of the baby that he will not be sick. Part 3, which will appear in a day or so, gives hints about the baby's food.

Care of the Baby in Summer

[Part 2.]

Clothing—Do not be afraid to take off the baby's clothes in summer. All he needs in hot weather are the diaper and one other garment. For a young baby this may be a sleeveless band which leaves the arms and chest bare, and for an older baby, only a loose thin cotton slip, or apron, or wrapper, made in one piece with short kimono sleeve. Toward nightfall when the day cools, or if the temperature drops when a storm arises, the baby should, of course, be dressed in such a way as to protect him from chill.

Cotton garments are best for the baby in summer. All-wool bands, shirts and stockings should not be worn at any time of the year, and in hot summer weather only the thinnest, all-cotton clothing should touch the baby's skin, unless he is sick, when a very light wool band may be needed. In general, neither wool nor starch should be allowed in the baby's clothing in summer. Wool is too hot and irritating and starched garments scratch the baby's flesh.

The baby should be kept day and night in the coolest place that can be found. The kitchen is usually the hottest room in the house, especially if coal or wood is burned for fuel. While the mother is busy with her work the baby should be kept in another room, or better, out of doors, if he can be protected from flies and mosquitoes.

A play pen makes it possible to leave the baby safely by himself on the porch or in the yard, after he is old enough to creep.

A screened porch on the shady side of the house is a boon to every mother, affording a cool, secure place for the baby to play and also to sleep. Let him have his daytime naps on the porch and sleep there at night during the heat.

Do not be afraid of fresh air for the baby. He cannot have too much of it. Night air is sometimes even better than day air, because it has been cooled and cleansed of dust by the dew.

The essentials in the summer care of babies are:

1. Proper food, given at regular intervals.

2. A clean body.

3. Fresh air, day and night.

4. Very little clothing.

5. Cool places to play and sleep in.

Do not give the baby medicine of any sort unless it is ordered by the doctor. Never give him patent remedies which are said to relieve the pain of teething, or to make him sleep, or to cure diarrhoea, for such medicines are likely to do the baby much more harm than good, especially in summer when the digestion is so easily disturbed. It is so much easier to keep the baby well than it is to cure him when he is sick.



UM THE FIRST STRAWBERRIES ARE JUICY.

Steamed Shortcake.

Cream 1 tablespoonful of butter with 4 of sugar; add pinch of salt and 1 egg, and beat till all is light and foamy. Sift 2 teaspoonfuls of baking powder into 2 cups of flour. Add 1 cup of milk to the egg mixture and then fold in the flour. Turn batter into well-greased cups, filling cup only half full; put over in steamer and steam 40 minutes. Turn out while warm and put a little butter over top, and then turn "strawberry dope" over and dot with whipped cream.

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DEVOTE ALL WORK TO CARD SUPPLIES FOR WOUNDED MEN

I.O.D.E. Will Not Buy Field Kitchen at Present—Linen Shower Discussed—An Appeal for Workers.

At a very large meeting of the Municipal chapter, Imperial Order of the Daughters of the Empire, comprising representatives from the eight chapters in this city, in Cronyn Hall yesterday afternoon, it was decided to postpone the proposal made by the Lord Roberts chapter last week to purchase a field kitchen for the 33rd Battalion, for the present at least. Considerable discussion followed the introduction of the subject by the acting regent, Mrs. Whitman. The ladies who had formed a committee to interview the commanding officer at the camp, reported, and the general feeling seemed to be that if, as the committee was informed, the British Government is looking after the supply of these kitchens, such effort was not necessary on the part of the Order. Upon motion of Mrs. A. Campbell, seconded by Mrs. C. T. Campbell, it was decided not to undertake the field kitchen at present. A meeting of the committee was called for Friday afternoon at 2 o'clock in Cronyn Hall. Mrs. Whitman, in her absence, Mrs. Whitman.

"Linen Shower." The members of the Order here decided to hold a linen shower, when every citizen of London will be asked to contribute. The decision was unanimously made, after a motion voted by Mrs. T. H. Smallman, seconded by Mrs. Samuel Stevely, and supported by Mrs. Yarker and others. The officers of each primary chapter, and councilors of the Municipal, will act as a committee to arrange for the shower. A meeting of the committee was called for Friday afternoon at 2 o'clock in Cronyn Hall. Mrs. Whitman, in her absence, Mrs. Whitman.

Jam Now En Route. Mrs. Graham, the secretary, reported receiving a letter from the secretary of the shipping headquarters, Montreal, stating that the recent shipment of four and a half tons of jam for military hospitals in England, had been received in excellent condition, and was now on its way across the Atlantic. Mrs. A. Campbell, committee member of the jam having been received since the shipment was made, Mrs. Campbell was asked to continue her good work as convener, by looking after its being supplied to sick soldiers at the local camp. Warm motions of thanks were tendered Mrs. W. J. Reid for providing a packer and storage for the jam, and to Mrs. William Allen Young for the assistance rendered in the same connection.

Two hundred and twenty-five dollars and twenty-five cents was reported as the proceeds of the Thackeray concert, held in Victoria Park on Sunday evening. A warm expression of appreciation for their efforts to the Order, was passed to members of the band, together with a gift of \$50.

By a unanimous vote, the Order unanimously endorsed a resolution presented by Mrs. Ernest Smith, to be sent to the War Council, in connection with the Canadian War Contingent Association, England, endorsing any communications being sent to him on behalf of a member of the Order. Miss Mabel Macbeth, who is anxious to practically give all her time to hospital work, and who hopes to go to England shortly, a warm tribute was paid to the efficiency and capability of Miss Macbeth by Mrs. Smith, in voicing the recommendation, a copy of which will be sent to Sir George Perley.

Regarding the matter of assisting with the drying of apples in the autumn, these have been discussed, where needs demands, it was decided to help with it if the work is taken up in London. The matter had been introduced by Mrs. Priddy, president of the Abigail Becker club, at a recent meeting.

Upon motion of Mrs. Fred White, seconded by Mrs. A. E. Miller, it was decided that the vice-regents of the different chapters form a committee to look after the tea at the University garden party on June 17. A letter from Mrs. Boomer was read, enclosing \$20 to be used in the work of the Order. It will be devoted to the purchase of surgical supplies.

The Advertiser was asked to make an earnest appeal to the women of London for help in making and providing hospital supplies. It was stated that while many women are doing noble work, there are yet others who do not assist. It was particularly asked that those leaving for summer cottages, take some hospital sewing with them, or that others who cannot attend the weekly or semi-weekly sewing meetings of the chapters, procure it to do at home. With the hospitals in England filling up more and more each day with wounded Canadians, it is felt that too many supplies cannot be prepared and sent.

About a year ago two little girls and four small boys living in York Mills organized a small club called the York Mills Inland Club. Since the war began they have turned their attention to the Red Cross work and have donated money for wool for soldiers' socks, assisting the York Township branch in their efforts. About two weeks ago, after very diligent preparation they gave an entertainment in aid of the society, the proceeds amounting to \$56. Their program was very good and much enjoyed by those who attended. The members of this club who have done such good work for the Red Cross are: Kathleen Van Nostrand, Margaret Ashdown, Charlie Catto, Wilson Catto, Kenneth Catto, Leslie Ashcroft.

Mrs. Askum—So you took a trip abroad last summer. Did you go up the Rhine?

Mrs. Newrich—Right up to the very top. What a splendid view there is from the summit.

Bridesmaid Gown May Do For Dancing Says Betty Brown

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THE STANDARD ARTICLE SOLD EVERYWHERE REFUSE SUBSTITUTES

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