

Cynthia Gray and EVERY GIRL'S Page

Tub Frock of All-Over Embroidery



All-over embroidery fashions as easily as it does prettily into a little girl's "Sunday best." This white lingerie frock is made with a long waist, necessitating a sash, and two scant frills in the skirt. The sleeves are short puffed up ones, and about the shoulders is a deep, full flounce.

With this frock missy wears a delicate colored moire sash of pink and a ribbon to match ties up her hair.

SUCCESS MEANS WORK

[By Cynthia Gray.]

The first rule for the attainment of success is application. Nothing is accomplished without work. If it should happen that by some freak of good fortune or circumstance a fleeting success is thrust upon one, it is more harmful than beneficial in the long run, as it often means undoing all that has been done, and harder work and more trouble is necessary to reach a position to which you can again advance logically.

Our real education begins with our first success. Women have often said to me when I have explained to them the continuous regime they must pursue to reduce themselves or take on flesh by exercise and diet, or to become singers or actresses, "Oh, but will I have to keep up the work always?"

"Yes, you will have to work always if you amount to anything above mediocrity."

To keep beautiful you must work to find the proper food for yourself; you must work at the exercises that will bring health and beauty; you must work to keep yourself in splendid health and a state of immaculate grooming; you must work to put aside the petty annoyances of everyday life; you must not let them linger in your brain beyond the moment; you must work to keep your heart open to sympathy and love. You must work unceasingly to keep your body, heart and brain exercised in the proper way.

If you are a singer or an actress the importance of your work begins when you arrive at your first success. The history of the stage is full of the names of players who have made one success in their profession and never repeated it. These people are called "one part actors," because they put aside all thought of continuing to work when the word "success" had been coupled with their names.

Each success must have its complement of work, and each individual success means a greater amount of labor than the one before it. The famous actors and actresses of the past never ceased to labor up, because all phases and conditions of life are character. They worked continuously.

Singers who are successful also work always. Most of the famous ones spend their vacation studying with the great teachers, learning new operas and absorbing new ideas to help them on to future successes.

These are the people who are always visible. They stand above their fellows, and whatever God-given genius may be theirs it is nothing but hard work that places them on the pedestal.

Those men and women who rest upon one laurel will find the stem that holds them so frail that the slightest contact with a real successful worker will break it.

Remember: To make the most of your gifts is to show appreciation of the giver.

Cynthia Gray's Correspondence

For the Breath.

Dear Miss Gray: Can you tell me a remedy for offensive breath? ELLA.

A.—An offensive breath is certainly disagreeable. The following lotion is excellent for a bad breath: One gram phenic acid, 25 grams borie acid, 30 drops thymol of mentha, 10 grams tincture of anise, and 3 pints distilled water. Rinse the mouth with the wash, which should be diluted for use in the proportion of one-half tooth-wash to same quality of clear water. Use after each meal and at any time required.

A Ring Episode.

Dear Miss Gray: I am considering a beautiful girl, and am keeping company with a young man who takes me out a great deal. I enjoy his company, until he takes me any place to dine, and he butters his bread on the tablecloth.

And the finely grated rind of a lemon or orange. Remove from the fire when cooled a little and the well-beaten yolks of four eggs, about half a teaspoonful of vanilla essence, the chestnut puree, and last, the frothed whites of eggs. Steam or bake and serve with wine or vanilla sauce.

Marking Linen

A satisfactory, as well as simple, method of marking linen is with the old-fashioned "marking" pen.

For towels especially this has a particularly charming and decorative effect.

Small books filled with quaint figures, such as flowers, leaves, roses or other ornamental little shapes, come to guide the novice using this stitch.

Underneath any of these little figures are always worked the initials, also in the cross-stitch.

Rabbits, birds and other animals are good to use in differentiating the towels of each child in a family, and are generally a source of enjoyment to them.

Dark blue and red are the ideal colors for durability, as they are little affected by washing.

THE BANANA SKIN LAW IN BRAZIL.

During a Southward Inquest yesterday, in which it was suggested that an old man had slipped on a banana skin, a juror said he had been in Brazil, and there if a policeman saw a person throw a banana or orange skin on the roadway that person was at once arrested, and fined or sent to prison.

FOR DESSERT.

An excellent pudding is made thus: Rub half-pound of broiled and peeled nuts through a fine sieve. Melt two ounces of butter in a saucepan, stir in two ounces of flour and heat together for three minutes, then work in gradually half a pint of milk and stir until it boils. Add two ounces of cake crumbs, 1½ ounces of sugar,

and the finely grated rind of a lemon or orange. Remove from the fire when cooled a little and the well-beaten yolks of four eggs, about half a teaspoonful of vanilla essence, the chestnut puree, and last, the frothed whites of eggs. Steam or bake and serve with wine or vanilla sauce.

When he reached the river road he paused and scanned its dusty surface. Hues and his party had turned south, and he had never seen him since.

No doubt Murrell was being taken to Memphis. He laughed harshly. The outlaw would be free before another dawn broke.

He had halted near where Jim had turned his team the previous night after Betty's milk, and he was waiting for the marks of the wheels were as plainly distinguishable as the more recent trail left by the four men, and as he grasped the significance of that wide half-circle his sense of injury overwhelmed him again. He hoped to live to see Murrell hanged.

He was so completely lost in his bitter reflections that he had been unaware of a mounted man who was coming toward him at a swift gallop, but now he heard the steady pounding of hoofs, and startled by the sound, looked up. A moment later the horseman drew rein at his side.

"Ware!" he cried.

"How are you, Carrington?" said the planter, he reached the river road he paused and scanned its dusty surface. Hues and his party had turned south, and he had never seen him since.

"You are wanted at Bell Plain," began Carrington, and seemed to hesitate.

"Yes, yes, I am going there at once," he stammered. Ware, and he turned up his reins with a shaking hand.

"You've heard, I take it?" said Carrington slowly.

"Yes," answered Ware in a hoarse whisper. "My God, Carrington, I'm heart sick; she has been like a daughter to me."

"I think I understand your feelings," said Carrington, giving him a level glance.

"Then, you'll excuse me," and he turned his reins with a shaking hand.

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And puts the whole slice to his mouth, and when he chews his food you can hear him all over the cafe. He attracts everyone's attention. Shall I tell him to give me a hand up, because I should never dare to ask him to my house to dine, on account of the dreadful racket he makes while eating.

A.—If you are interested enough in him to bother, you might in a joking, diplomatic way call attention to his manners.

For the Complexion.

Dear Miss Gray: Is butter milk good for the complexion? E. A. W.

A.—Yes, buttermilk is excellent for the complexion. Use it just as you would plain water when washing the face, using the hands instead of a washcloth, and allowing the buttermilk to dry on it. It will bleach the skin and is perfectly harmless.

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Stock-Taking Sale

We are just finishing our stock-taking, and our new goods will soon be in, and we are clearing out a large portion of this year's stock at reduced prices.

Ladies' and Misses' Coats

In kersey, diagonal serges, in tan, brown, gray and black, semi-fitted, with college collar. Clearing price \$5.00

LADIES' AND MISSES' LONG COATS, in kersey, tweeds and cheviot cloth, in black, gray and brown; large collar. Regular up to \$18.00, for \$10.00

LADIES' AND MISSES' SUITS, in tweeds and venetian cloths; the new short coat with plain, up-to-date panel skirt. Regular \$12.00 and \$15.00, for \$7.50

LADIES' SUITS, in diagonal serge, French venetian and fine serges, in navy and black, semi-fitted styles, 28 and 30 inch coat. Worth to \$20.00, for \$12.50

SPECIAL SALE OF SKIRTS, worth from \$3.95 to \$7.00, in many different styles, colors and materials, at \$2.50

Blankets

Our regular line of \$3.00 White Wool Blankets, size 60x80, weight 6 pounds, will be cleared out at \$2.60

An all-wool White Blanket, size 60x80, weight 5 pounds; worth \$3.50, for \$3.00

Gray's Gray & Parker Gray's

150 Dundas St. Phone 1182.

Slaves of Habit

More and more, as we grow older, do we become the victims of routine and slaves of the hour.

The same round of duties lies every morning waiting for the coming of the mistress of the house as she takes up the reins of government with the best heart she may.

The woman who really rules her household, and assumes the responsibility of wife and mother as her own, and not to be laid on the shoulders of any deputy, gradually, in too many cases, lets go the opportunities of independence and blessing which would interrupt her prescribed order of accomplishment.

All men, as well as all women, like to be understood.

For their greatest help, No woman who is self-centred, who is vain and thinks only of herself, will gain the highest regard of man. She may be exquisitely beautiful, have a crowd of admirers, at her feet, but she cannot bestow that wonderful happiness a plain little woman, full of sympathy gives to her husband.

A very pretty thing, is interested in him and his life work, whether it be planting vegetables, composing music, or building towers, she will encourage him to reach his highest aim. Being beautiful will not make up for selfish indifference.

For the Dolly

Little girls who live in the country can make lovely dolls' furniture out of the red twigs of pine trees, stripped of their needles.

A very pretty table can be made by choosing four straight pieces of twig of the same length, placing them in the form of a square, and fastening them into place by driving small pins through the ends. Two other pieces, fastened crosswise from corner to corner, complete the top. The legs are added by fastening four twigs at the corners.

Dressing the Child

Some children do not lend themselves to any sort of artistic dressing. But, on the other hand, there are a great many who do, the arrangement of the hair having a large say in the consummation of a picturesque appearance.

Instantly after instance can be recalled where a child with no real claim to beauty has been rendered of most attractive appearance, thanks to a discreet arrangement of the hair. But it seems to those who have the dressing of children very close to heart that we have come to a sort of standstill.

The lack of any really fresh departure is very marked. The same ground is worked year after year, and anything more deplorable than the spectacle of a little girl dressed in a tight skirt, a travesty of her mother's, is nowhere to be found.

The stage may, perchance, essay a scintillation of any fashionable fable, but a girl so dressed will go in with the crowd.

FAILED BECAUSE SHE COULDN'T SPELL "MILLINERY."

Ruby Dennis, a girl of 10, was the victor in the Mason district spelling contest this afternoon. For an hour and a half, words, big and little, were given the ten picked students, and at the close of that time Miss Dennis and Lucile Heifner had not missed a word.

For a long time the two girls spelled on the tie match, and finally Miss Heifner slipped two n's in "millinery."

GRAPES PACKED IN REDWOOD SAWDUST.

The report on the first carload of grapes shipped from here packed in redwood sawdust has been received, and it is to the effect that the experiment has proved a complete success.

The grapes were packed six weeks ago in drums with odorless redwood sawdust, and were kept here until a few days ago when they were forwarded to the market for the holiday trade. They are reported as retaining their color and flavor perfectly, being as firm as when picked from the vines. The price of each pattern is 10 cents in cash or in postage stamps.

CAUTION.—Be careful to inclose above illustration, send size of pattern wanted. When the pattern is best measure, you need only mark 28, 34 or whatever it may be. When in waist measure, 28, 34, 36, 38, 40, 42, 44, 46, 48, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 72, 74, 76, 78, 80, 82, 84, 86, 88, 90, 92, 94, 96, 98, 100, 102, 104, 106, 108, 110, 112, 114, 116, 118, 120, 122, 124, 126, 128, 130, 132, 134, 136, 138, 140, 142, 144, 146, 148, 150, 152, 154, 156, 158, 160, 162, 164, 166, 168, 170, 172, 174, 176, 178, 180, 182, 184, 186, 188, 190, 192, 194, 196, 198, 200, 202, 204, 206, 208, 210, 212, 214, 216, 218, 220, 222, 224, 226, 228, 230, 232, 234, 236, 238, 240, 242, 244, 246, 248, 250, 252, 254, 256, 258, 260, 262, 264, 266, 268, 270, 272, 274, 276, 278, 280, 282, 284, 286, 288, 290, 292, 294, 296, 298, 300, 302, 304, 306, 308, 310, 312, 314, 316, 318, 320, 322, 324, 326, 328, 330, 332, 334, 336, 338, 340, 342, 344, 346, 348, 350, 352, 354, 356, 358, 360, 362, 364, 366, 368, 370, 372, 374, 376, 378, 380, 382, 384, 386, 388, 390, 392, 394, 396, 398, 400, 402, 404, 406, 408, 410, 412, 414, 416, 418, 420, 422, 424, 426, 428, 430, 432, 434, 436, 438, 440, 442, 444, 446, 448, 450, 452, 454, 456, 458, 460, 462, 464, 466, 468, 470, 472, 474, 476, 478, 480, 482, 484, 486, 488, 490, 492, 494, 496, 498, 500, 502, 504, 506, 508, 510, 512, 514, 516, 518, 520, 522, 524, 526, 528, 530, 532, 534, 536, 538, 540, 542, 544, 546, 548, 550, 552, 554, 556, 558, 560, 562, 564, 566, 568, 570, 572, 574, 576, 578, 580, 582, 584, 586, 588, 590, 592, 594, 596, 598, 600, 602, 604, 606, 608, 610, 612, 614, 616, 618, 620, 622, 624, 626, 628, 630, 632, 634, 636, 638, 640, 642, 644, 646, 648, 650, 652, 654, 656, 658, 660, 662, 664, 666, 668, 670, 672, 674, 676, 678, 680, 682, 684, 686, 688, 690, 692, 694, 696, 698, 700, 702, 704, 706, 708, 710, 712, 714, 716, 718, 720, 722, 724, 726, 728, 730, 732, 734, 736, 738, 740, 742, 744, 746, 748, 750, 752, 754, 756, 758, 760, 762, 764, 766, 768, 770, 772, 774, 776, 778, 780, 782, 784, 786, 788, 790, 792, 794, 796, 798, 800, 802, 804, 806, 808, 810, 812, 814, 816, 818, 820, 822, 824, 826, 828, 830, 832, 834, 836, 838, 840, 842, 844, 846, 848, 850, 852, 854, 856, 858, 860, 862, 864, 866, 868, 870, 872, 874, 876, 878, 880, 882, 884, 886, 888, 890, 892, 894, 896, 898, 900, 902, 904, 906, 908, 910, 912, 914, 916, 918, 920, 922, 924, 926, 928, 930, 932, 934, 936, 938, 940, 942, 944, 946, 948, 950, 952, 954, 956, 958, 960, 962, 964, 966, 968, 970, 972, 974, 976, 978, 980, 982, 984, 986, 988, 990, 992, 994, 996, 998, 1000, 1002, 1004, 1006, 1008, 1010, 1012, 1014, 1016, 1018, 1020, 1022, 1024, 1026, 1028, 1030, 1032, 1034, 1036, 1038, 1040, 1042, 1044, 1046, 1048, 1050, 1052, 1054, 1056, 1058, 1060, 1062, 1064, 1066, 1068, 1070, 1072, 1074, 1076, 1078, 1080, 1082, 1084, 1086, 1088, 1090, 1092, 1094, 1096, 1098, 1100, 1102, 1104, 1106, 1108, 1110, 1112, 1114, 1116, 1118, 1120, 1122, 1124, 1126, 1128, 1130, 1132, 1134, 1136, 1138, 1140, 1142, 1144, 1146, 1148, 1150, 1152, 1154, 1156, 1158, 1160, 1162, 1164, 1166, 1168, 1170, 1172, 1174, 1176, 1178, 1180, 1182, 1184, 1186, 1188, 1190, 1192, 1194, 1196, 1198, 1200, 1202, 1204, 1206, 1208, 1210, 1212, 1214, 1216, 1218, 1220, 1222, 1224, 1226, 1228, 1230, 1232, 1234, 1236, 1238, 1240, 1242, 1244, 1246, 1248, 1250, 1252, 1254, 1256, 1258, 1260, 1262, 1264, 1266, 1268, 1270, 1272, 1274, 1276, 1278, 1280, 1282, 1284, 1286, 1288, 1290, 1292, 1294, 1296, 1298, 1300, 1302, 1304, 1306, 1308, 1310, 1312, 1314, 1316, 1318, 1320, 1322, 1324, 1326, 1328, 1330, 1332, 1334, 1336, 1338, 1340, 1342, 1344, 1346, 1348, 1350, 1352, 1354, 1356, 1358, 1360, 1362, 1364, 1366, 1368, 1370, 1372, 1374, 1376, 1378, 1380, 1382, 1384, 1386, 1388, 1390, 1392, 1394, 1396