



**3 TIMES A DAY ALL WINTER**  
the dishes must be washed. Other household duties compel a woman to frequently have her hands in water—now hot—now cold. These frequent immersions during the very cold weather render the hands, wrists, and forearms very susceptible to soreness, redness and roughness, while

## CHAPPED HANDS

and cold cracks, with the intense pain they cause, frequently result.  
The surest way to avoid these painful results is to use Zam-Buk. This healing, herbal balm applied regularly each night, before retiring, will keep the hands and arms in perfect condition. Where "chaps" or cracks have already developed, Zam-Buk will end the stinging, burning pain, heal the sore places, and soon restore the skin to its natural smoothness.

Keep Zam-Buk handy this winter, for not only is it best for cold sores and chapped hands, but also for chilblains, frost-bite and cracked lips, as well as for scalds, burns, cuts, sores, piles and all skin diseases.  
**FREE**—Cut out this advertisement and send it with name of paper and 1c stamp (for return postage) to Zam-Buk Co., Toronto, and free trial box will be sent you.

**Zam-Buk**

## How to Cure Biliousness

Doctors warn against remedies containing powerful drugs and alcohol. "The Extract of Roots, long known as Mother Siga's Curative Syrup, has no dope or strong ingredients; it cures indigestion, biliousness and constipation. Can be had at any drug store." Get the genuine. 50c. and \$1.00 bottles.

## Seed Orders And Supplies

The new seed catalogues are coming with their lists of novelties and staple varieties attractively advertised, and one gets much enjoyment in turning over the pages of one of these catalogues and mentally picturing the fine crops one will have next summer. Often, however, the catalogue is laid aside without the order being sent, and nothing further is done until spring, when it may be too late to get what is desired. The quantity available of the best strains of vegetables and flowers is usually small, hence it is very important to order early before the stock is exhausted.

There is a great difference between the best and the poorest strains. The stock of the best has been rigidly selected so that a large proportion will come true to type, whereas stock which has not been kept up by selection may have a bad mixture of types, and the resulting crop will be very unsatisfactory. This is of so much importance that, with a crop like the cauliflower, for instance, where a strain that will give a large proportion of good heads means much profit and a poor strain may mean very little, it pays the market gardener when he gets a good strain to hold over what seed he does not use until another year as he will thus be sure of having a good strain next year. This method would not, however, serve with the onion, which loses its germinating power very rapidly, hence should be purchased every year. There is a wonderful difference in onions. Sometimes from the seed of one stock a large proportion will be thicknecks while from another most of the plants make good bulbs. If one has had good success from a certain source one year, the safest plan will be to order from the same source another year.

Sometimes novelties have not apparently been compared very carefully with the best of the older varieties before being offered for sale, as they do not prove superior, it is as good. While it is interesting to test varieties, it is well not to spend much money on them until they have been tested at the Experimental Station.

Another advantage of ordering early is that one can test the germinating power of a seed before spring so that there will be time to order again if the germination is poor. Often seed is ordered so late that when it is sown and the plants do not come up there is a shortage of many kinds of supplies, as there is at present, it is very desirable to order early the material needed for next season's operations.

The once humble muskrat is among the successful social climbers.

## McDonald Gains Twenty Pounds

Also Gets Rid Of Rheumatism After Tanlac Builds Him Up

"If there ever was a time in my life when I felt better than I do since taking this Tanlac I can't remember it," said Rod C. McDonald, the blacksmith, living at 4 Cunard street, Halifax, a few days ago.  
"That spell of 'Flu' I had last fall," continued Mr. McDonald, "left me with stomach trouble and rheumatism and so weak and run down that I couldn't shoe three horses without being completely exhausted. I had no appetite and my stomach was so upset that even the sight or smell of food would nauseate me. I would often leave the table without eating a bite and when I did eat anything it seemed to do so little, or no good, as I felt off twenty pounds in weight. My nerves were so shattered that I would wake up at all hours of the night, never getting any sound sleep, and felt so bad in the mornings that it was all I could do to get off to the shop, and besides I just hurt all over with rheumatism. My legs, arms and shoulders seemed to ache clean to the bone. My joints would get stiff and I could hardly bend them in damp weather, especially, I couldn't make a move without suffering agony. There was a constant pain in the small of my back and my arms and shoulders were so stiff and painful that it was difficult for me to raise my hands up to my head. I was so stiff and aching in the mornings that I had trouble getting my clothes on and between the rheumatism and that tired worn out feeling I was about 'all in'."

"Just before I started on Tanlac I had made up my mind to stop trying to work and go to the country and see if that would help me, for I was getting worse all the time. In the mean time I ran across a Tanlac testimonial that described my case so well that I concluded to see if the medicine would help me. Well, it has not only helped me, it almost made a new man of me. I have taken six bottles now and have got ten back twenty pounds of my lost weight already. My appetite is great and I am eating three hearty meals every day and my stomach never troubles me in the least. And as to the rheumatism, I haven't a touch of it since I finished my second bottle of Tanlac. I believe I have left me for good for I can work ten hours a day and never feel a sign of it. I can go to bed at eight o'clock at night and sleep like a log until six the next morning. All that tired, weak feeling is gone and I can now shoe an average of twelve horses a day and still feel fine. I don't feel the effects of the 'flu' now any more than if I had never had it. In fact, I am just feeling fine and can recommend Tanlac as by far the best medicine I have ever used."

Tanlac is sold in Newcastle by E. J. Morris and in Redbank by Wm. M. Sullivan.

## Speculation In Regard to Premier Borden's Health

Ottawa, Feb. 11—Doubt whether Sir Robert Borden will be able to resume the active premiership has been raised by press despatches from London. The despatches indicate that his health is yet far from restored. If such continues to be the case, his retirement from political life is regarded as inevitable. So far the Government is without word of Sir Robert's intention. He left for three or four months holidays without any definite destination in view, although it was his intention to accompany Lord Jellicoe to South Africa had Lord Jellicoe gone there. No official mail is being forwarded to Sir Robert, as it is feared that his rest shall be as complete as possible.

It is thought, however, that Sir Robert's stay in England will be of brief duration. It is regarded as likely that he will either go to the Riviera or perhaps return to this side of the Atlantic and go South. Should Sir Robert decide again to take up his active political duties he will probably be back in Ottawa again in early summer. Unless the coming session of parliament is unduly prolonged, the expectation is that Sir Robert will be unable to be back in time to take active part in its proceedings.

Exports are the best means of paying Canada's war bill according to the Minister of Finance. There could be a large increase in the exports of Eastern Canada were the livestock on farms of better quality. Wide-awake farmers will know where their future money lies.

## CASTORIA

For Infants and Children In Use For Over 30 Years

Always bears the signature of Dr. J. C. Fletcher

## FRANKLIN AT HEAD OF LIST

His Book, "Way of Wealth," Has Had More Reprints Than the Work of Any Other Author.

Greeley's advice, "Young man, go West," is changed by A. Edward Newton to this:  
"Young man, get a hobby, preferably get two, one for indoors and one for out."

Riding a hobby differs from riding a horse, said the wise lunatic, in that you can get off the horse.

Anyhow, Mr. Newton takes his own medicine, and for some 30 years he has ridden a hobby all over the continents in search of rare books, Girard writes in Philadelphia Press.

He's a collector, he is, and his home contains an immense and highly valuable library.

"What is the prize book in the whole world?" I asked him.

"The Gutenberg Bible," said he, "for which Henry E. Huntington paid \$50,000."

This son of the old Southern Pacific railroad builder has what Mr. Newton declares easily the greatest private library on earth.

You would hardly think it possible to write a book about book collecting which would interest the rank outsider who doesn't know a first folio from a side of sole leather, but Mr. Newton, whose style is delightfully whimsical, has succeeded in doing it.

A copy of Ben Franklin's "Cato Major" was found in a Chester county garret not long ago and was afterward sold for \$300, so Mr. Newton reports.

Of all the books and pamphlets Franklin turned off his Philadelphia press, that one, said the famous printer, was his best job typographically.

Franklin did so many things first that folks rarely remember that he also printed the first translation of a Greek or Latin classic that was issued in America.

No one has yet matched the old sage in another respect—400 reprints of a single work. Franklin's "Way of Wealth" has passed that number. There have been 75 editions of it printed in England, 55 in France, 11 in Germany and 8 in Italy.

It has even been translated in Russian and Chinese.

All other best sellers have been backed off the map by that unique output of the Boston lad who some one wittily said "was born in Philadelphia at the age of seventeen."

The Airplane as a Decoy.

Ever since wars have been waged man has made use of decoys to outwit the foe. Even in the recent war a decoy proved to be useful once in a while. An instance occurred at a point on the western front where the British trenches faced a salient of the German trench system. At the time when the British staff determined to reduce the salient, the Daily Chronicle tells us, the Germans were expecting an ordinary attack with its primary bombardment. They promptly fell into the trap set for them.

Early in the morning a British airplane flew very low over the front-line trenches and passed parallel to the German line, but 500 or 600 yards behind it. The Germans thought the plane a target that could not be missed, and turned their backs on the British trenches to fire on the machine. While they were engaging the airplane, the British infantry suddenly went over the top and in a few minutes captured the position and took a number of prisoners.

The machine returned to its air-drome riddled with bullet holes, but both the pilot and the observer were uninjured.

Industry Overdone.

The development of the coconut oil industry in the Philippines has been very rapid, due to war conditions. The exports of oil in 1918 amounted to 115,000 tons, as compared with 45,000 tons in 1917 and 16,000 tons in 1916. There is a scarcity of shipping to take copra to Hull, England, and Marseilles, France, which are the great centers for oil crushing, hence it is found more profitable to ship the less bulky oil to the United States. A number of new oil mills have been constructed in the Philippines in order to fill the demand for oil, but it is a serious question whether the present crushing capacity of the Philippine mills is not in excess of the normal supply of copra.

Philippine Tobacco.

The Philippine islands' tobacco exports increased greatly in 1918. In that year 25,700 tons of tobacco were exported, as compared with 6,800 tons in 1917. The bulk of this tobacco was shipped during the early months of 1918, and the later months showed a marked decrease. The exports of cigars, however, showed a steady increase during the entire year, the number shipped being 359,000,000, valued at \$7,000,000, as against 284,000,000 valued at \$4,500,000, in 1917. Most of this production was absorbed by the American market. The increase is largely due to government supervision in order to guarantee the quality of all shipments to the United States.

Real War Scrap Book.

To keep a scrapbook on the recent war sounds like a herculean task, but it was really done by a regular everyday human being, a man from Seattle, Wash. He began in August, 1914, never realizing the enormity of the undertaking, but he stuck to the job and now owns a book containing thousands of columns of war reports and pictures clipped from his favorite papers. It weighs more than 100 pounds, is carefully indexed and promises to be a valuable addition to reference libraries.

## Children Cry for Fletcher's CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

## What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Lorphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhea; Croup, Feverishness arising therefrom, and by regulating the stomach and bowels, aids the assimilation of food; giving healthy sleep and sleep.

## GENUINE CASTORIA ALWAYS

Bears the Signature of *Chas. H. Fletcher*  
In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

Get the Habit of Eating

More Wholesome Appetizing Bread Baked From PURITY FLOUR

USE IT FOR ALL YOUR BAKING

Western Canada Flour Mills Co., Limited  
TORONTO—Head Office  
Branches at Winnipeg, Brandon, Calgary, Edmonton, Montreal, Ottawa, St. John, Goderich

## Come in and See Our Display of

Steamers, Cake Boxes, Cake Pans, Aluminum Cooking Utensils, Covered Roasters, etc.

Everything to enable you to do your Cooking Satisfactorily.

## HEATING STOVES

We have a large range of HEATING STOVES which we are selling lower than they can be purchased elsewhere. These are a necessity for the cold weather which is in store for us.

**B. F. MALTBY**, Newcastle, N. B. Phone : 121

## don't ship your furs



unless the bundle is tagged to "Shubert" The Highest Prices Ever Known That's What You'll Get from "SHUBERT"

WE WANT 'EM NOW—AND WILL PAY THE PRICE TO GET 'EM

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