THE LEGEND OF THE WHITE EAGLE

By L. Glenn Earl

Readers of The Reporter will remember Mr. Earl's "Legend of Rock House Cave" and will welcome this new epic poem breathing of Charleston Lake's piny scents.-Ed.

High on the mountain's bluish top, Where calm begins, and the wild winds stop;

Where the sunset lingers in its glow While the shadows lengthen down below;

Where the wild crags by some ancient storm Were smashed in their fantastic

form : Where the whispers from the stunt-

ed trees Come murmuring on the scented

breeze An Eagle, white as the fluffy snow, Awaits the sunset's golden glow, And in the last rays wing away To westward with the dying day,

And every night you can see it go

Out beyond the sunset's glow.

The Indians long since have gone From where the stag and gentle

Roved o'er Charleston's hills And drank at the evening from the

rills. But left to us in tale and song Stories of the days now gone. Legendary songs they sung Handed down from sire to son,

And the legend of this snow-white bird Around the campfire oft was heard.

Omemee was an Indian maid,

A chieftain's daughter, and arrayed In dainty dress of her own make And trimmed with white shells from the lake,

And stained quills of the porcupine Were interwoven in design. Bare arms and throat were softly

tanned By the drowsy south wind's gentle hand.

And luxuriant hair in wayward strands

Stole from the encircling bands That sparkled on her shapely head In beads of gold and pink and red, And riot played in the gentle breeze That tarried 'mong the shady trees.

Omemee was loved both near and far By braves who'd won their fame in

And oft they came with riches rare To lay before the maiden fair. And though her hospitality showed In welcome to her father's abode, Her love was not for bloodstained hands

Though chieftains of their fiery bands.

Among her father's tribe was one Versed in legend tales they sung; A dreamer and whose dreamy days Knew not at all of battle ways No pride felt he when his rock-tipped dart

Pierced the fleeing stag's wild heart. No tales he told of foemen slain, Or travels westward to the plain He fished and hunted like his race But not for glory in the chase. Twas his desire that peace should

bloom Goodwill should blossom from

gloom That east to west the fair land mars With countless raids and ceaseless

His love for Omemee daily grew Though nought of his love the maiden knew.

He worshipped her as one above, The rude standard of his love. Nor paid he homage to her hand As did the others of the band.

The summer went and winter came. The snowbound hills were scarce in game The god of Hunger, cruel and dread,

Laughed at the moaning and the dead, For not a rabbit, not a bird.

Not even the wolf's wild cry was heard. As the hunters roamed the great

white land Held in winter's icy hand, The camp gave over to despair, Called on the gods in curse and

prayer Till the strong at last, too weak to cry

Wrapped in their robes, laid down to die.

But the one who dreamed regretted

not That hungry death was to be his

He cared not when nor how he died, On an after life had he relied. Although his tribe in its prosperous

days Had scorned his teachings and his ways.

But his heart was chilled that Omemee should know

Hunger and want from the cold and

And he called on his wonderful god

of Love. Who blessed the earth and the sky

above, To care for the maid he loved so

To carry her far o'er hill and dell To a fairy land where a balmy sun Blesses the earth when night is done,

Where cold nor hunger nor warlike band, Lays waste the bounteous, smiling

land.

And the god of Love sent an Eagle. white, To carry the maid away that night,

And the dreamer died with a smiling face Among the frozen forms of his race. For his dreams had showed an after

Free from the daily cares and strife; Flowery vales and wooded hills Shaded the sparkling, murmuring

rills And with his maiden hand in hand Would wander through this garden

And he knew that he would never Of life in this land, with his heart's

And oft if you watch in the evening

desire.

You'll see an eagle snowy white, Float from the mountain top away, To the glorious land beyond to-day Where the god of Love has his domain,

And lover and loved shall meet again.

DEATH OF ALBERT FORSYTHE

On May 4, an old and respected resident of Greenbush passed away in the person of Mr. Albert Forsythe, senior. He was in his 79th year, and had been a resident of that place all his life. His father, James Forsythe, came to this country from Scotland, and his mother, Aurilla Huntley came from Vermont. He leaves to mourn his loss a wife, whose maiden name was Miss Nancy Wilson; two sons, Alexander, of North Augusta, and Albert, on the homestead, and one daughter, Mrs. H. Carter, of Greenbush.

The funeral service was held in Greenbush church, and was largely attended. Rev. C. Baldwin officiated. Interment was made in Brockville Cemetery. Those from a distance attending the funeral were: Mrs. Wm. Estus, of Alexandria Bay, N.Y.; Mr. and Mrs. Collier, Brockville; Mrs. Gordon Bouck and Mr. Roy Forsythe, of Governeur, N.Y.; Mrs. Campbell and sons, of Delta.

DEATH OF MRS. R. FERGUSON

On Friday, May 4, there passed away at her home, two miles east of Athens, Mrs. Richard Ferguson. Deceased was only thirty-six years of age, and had been ill only a few weeks. Her maiden name was Miss Jennie Barrington, daughter of Mr. and Mrs. Bennett Barrington, of Athens. Mrs. Ferguson was a highly esteemed resident, a kind neighbor, and a beloved mother.

Besides her husband, she is surfour brothers, William, 238th Batt., France; Thomas B., Morrin, Alta.; John and James, of Athens; and one sister, Mrs. J. M. Wing, Athens. She also leaves four children, the youngest being eight years of age.

Deceased was a member of the Church of England. The funeral took place at the family residence, on Sunday afternoon. Service was conducted by the Rev. J. Lyons, of Addison, after which interment was made at Oak Leaf.

DEATH OF MRS. WALTER OLDS

The death occurred at Greenbush on May 2, of Mrs. Walter Olds after a lingering illness. Deceased, when in health, took an active and intelligent interest in all efforts to spread the influence of the church she loved and for the betterment of the community; she was a devoted member of the Methodist church. Her personality will be much missed by all who knew her.

Mrs. Olds was before her marriage Miss Lou Stevens, a daughter of the late Levi Stevens, and was born at Plum Hollow. Besides her husband, she leaves to mourn her loss, one son and two daughters.

The funeral service was conducted at the residence on Thursday, May 3 by Rev. C. Baldwin, of Addison. Interment was made at Brockhe pall-bearers were: Fred ville. Kerr, Clifford Hall, Lewis Langdon, Wm. Spence, Norris Loverin, Wes-

ley McVeigh. Among relatives from a distance were: Dr. Wesley Stevens(brother) of Westport; Mrs. Cameron Stuart, of Ottawa(sister); Mr. and Mrs. Hu- signed the list. bert Stevens, of Plum Hollow.

DR. BELAND'S CAPTIVITY.

Prominent Canadian Is Confined in Narrow German Cell.

C. H. Mellor, an Englishman, has just returned to London from Germany, where he was confined in the next cell to that of Hon. Dr. Belland, former P.M.G. of Canada. He reports the Canadian doctor well and regularly receiving parcels sent, but is depressed by his long confinement. The doctor's cell is about eight by ten feet, and the only furniture is a wire mattrees had not holding and wire mattress, bed and bedding, and whe mattress, bed and bedding, and a wooden stool. He is shut in here every night from 7 p.m. till-9 next morning. He is allowed to exercise in the day in a seventy foot corridor, and a small prison yard, where a number of criminals are exercising. The cell is clean and comfortably heated, and is well fighted. The prison commandant is kind and considerate. Nevertheless the confinement of the ordinary prison is declared by the returned man to be much harder than in an internment camp, where the latter was previously, and a very harsh measure.

Sir George Perley is informed, and it is hoped by Canadians in London that Premier Borden will make fresh efforts to ameliorate the condition of the doctor's imprisonment, which has been such for over two years.

The returned prisoner states that the food situation in Germany is very bad. A German soldier from the front was astonished to behold sandwiches, white bread and meat, which were in an Englishman's parcel from home, and was delighted to accept one. He thought England was starving. The same soldier declared the Germans in the trenches had meat only twice weekly. They went into battle on a small ration of coffee and black bread and came out again on such ration.

Our Nation's Destiny.

"Canada's Place in World Politics A'ter the War" was the subject of an address by Rev. Dr. Eaton of Madison Avenue Baptist Church, York, and President of the dian Association in that city, at the Empire Club of Toronto recently. The war had revealed three great facts in relation to the history of mankind. The first was the tendency towards democracy—the spiritual unity and equality of men, which he in Ontario by the extension of equalrights to women. The second freedom was worth all it cost in blood and treasure. The great majority of the people of British breed would rather die than live slaves. The third great principle is that the soul is the man, and the soul is the nation. These are the great mountain peaks of human consciousness revealed by the war. Canada is on the wild and stormy sea of universal relationships. The Dominion has become a world power, and must order its future domestic institutions in the light of these international relations. Henceforth Canadians relations. Henceforth Canadians must be world-citizens, and exert their utmost force to advance the principles of justice, truth, and right. Canada will exert trementation. dous influence on world politics by means of her connection with the British Empire. You cannot have a nation except through the travail and pain of sacrifice. The pacifist is at fault in believing that power in life can be had without sacrifice. That is where he is at fault.

The speaker believed that Canada was as fine a specimen of democracy as the world contains, and the most successful experiment in the federal successful experiment in the federal idea; and her destiny as a world servant in world politics will be along the line of applying the federal principle which she has worked out successfully under the most difficult circumstances for fifty years. Canada must profit by the mistakes of the neighboring republic. It would be an unmitigated calamity to fill be an unmitigated calamity to fill this country after the war with alien immigrants. The speaker hoped Canada would have no one but Canadians in it; hence no one but men attuned with the soul of all Canada should be allowed to become part of this nation. Otherwise, when the pecple think they are a nation they will discover they are a house dividagainst itself, which cannot

Canada and the Cost of Living. Figures compiled by the Department of Labor show that Canada is faring better than most nations in the matter of the cost of living. Since the war began the price of food in the Dominion has gone up about 75 per cent. In Britain, how-ever, prices have risen about 87 per cent.; in Germany about 250 per cent.; in Austria, 300 per cent.; in Norway, Denmark, and Sweden about 200 per cent.; in the United States about 90 per cent. According to fig-ures just issued by the United States Labor Bureau, the cost of table necessities in the Republic to the south has increased nearly 50 per cent. within the past six months, which advance is considerably greater than in Canada. Foodstuffs such as meats, others and other vegetables of potatoes, and other vegetables of common use are higher in price in most American cities to-day than in eitner Montreal, Winnipeg, or Toronto. The advance in potatoes alone in New York City has been porally 200 per contribute the hering nearly 300 per cent. since the beginning of the year. Lack of production and huge shipments to belligerent countries are given as the causes. Production and still more production would seem to be the only solution of the situation.

Society Women Gardeners, The wives of four Cabinet Ministers have offered to cultivate garden lots in Ottawa this summer. They are Mrs. Crothers, Mrs. Martin Burrell, Mrs. Roche, and Mrs. Arthur Meighen. Vacant lots have been offered to the Women's Canadian Club, and a rell has been corrected of women.

and a roll has been opened of women who will be ready to help cultivate the lots. Thirty well-known society women, headed by the wives of these four Cabinet Ministers, have already

Junetown

Mr. and Mrs. Walton Sheffield, Athens, ands Mrs. Theo Summe and Miss Myrtle Summers, spe Sunday with Mr. and Mrs. Jaco Warren.

Mr. and Mrs. Frances Fortune and Miss Orma and Mr. Harold Fortune were in Athens on Sunday, at tending the funeral of the late Mrs. Richard Ferguson.

Master Grant MacDonald, Kingston, arrived on Monday to spend the summer at Mr. Will Purvis.

Mr. and Mrs. Jacob Warren were visiting relatives in Brockville last week.

Mrs. Eli Tennant and Misses

Phyllis and Doris, spent the weekend with relatives in Gananoque. Mrs. John A. Herbison was in Ottawa last week visiting her brother, Sergt. John Summers, who is leav-

ing shortly for overseas. Mrs. M. J. Connelly, Brockville, and Mrs. Ettie Hogaboom, Caintown, were guests of Mr. and Mrs. James

Purvis on Saturday. Miss Cassie Tennant spent couple of days recently in Brockville with her sister, Mrs. Sandy Ferguson.

Miss Arley Purvis spent Thursday with friends in Brockville.

A number from here attended the funeral of the late Mrs. Benj. Warren at Rockfield on Thursday.

Mrs. W. B. Foley, Lansdowne, and Miss Maggie Ferguson, spent one day last week in Athens. Mr. and Mrs. Delbert Ferguson,

Mitchelville, were visitors at Mr. W. H. Fergusons on Sunday. Miss Eveiena Price, Mallorytown,

spent Sunday with Mrs. Harry Franklin. Miss Mina Pritchard spent the veek-end at her home in Athens.

Mrs. W. B. Lanigan, of Winnipeg, arrived here on Monday to visit her brothers, Alvin and Egbert Avery. Mr. Norman Hagerman, Athens, was a recent visitor at Mr. J. B. Fergusons.

GASTRIC REBELLION.

Some of the Mistakes In Eating That Incite Poor Digestion.

Indigestion is often attributed to hasty eating, and people are reproved, and rightly so, for bolting their food, but it is interesting to observe that, while the bolting of meat is always se verely censured, one never hears any blame attached to those who swallow fruit by the mouthful and devour uncooked vegetables without any attempt at mastication. Nevertheless it is the hasty swallower of vegetable fiber who is really the inciter of gastric rebellion. Vegetables are at all times very imperfectly digested by the stomach and require their tough fibers to be thoroughly broken up by the teeth if they are to be dissolved even in the

There is a well known saying which avers that digestion waits upon appetite, and there is no doubt that of all the adjuvants to digestion a keen desire for food is the most powerful and important. But appetite itself often dependent of the body's absolute neces sities. Thus the aspect of the food, its smell, taste and even the manner in which it is served all help either to stimulate a desire for it or to induce a sense of aversion, while the environment of the diner often exercises important influence, beneficial or other-

Brain work of any kind interferes with the rapid digestion of food, and even the habit of reading during mealtimes, practiced by so many, is conducive neither to appetite nor digestion. A well lighted room, music and frivolous conversation will often per mit a chronic dyspeptic to enjoy with out remorse the pleasures of the table. while a depressing atmosphere, uncongenial company and unappetizing dishes may induce a fit of indigestion in the most healthy individual.

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