A TEAMSTER'S STORY

Suffered Greatly From Asthma and Kidney Troubles.

Spent Some Time in a Hospital and Almost Impoverished Himself Buying Medicines Without Benefit-Again Dr. Williams' Pink Pills Cure After Other Medicines Fail.

(From the Recorder, Halifax, N. S.) Mr. William Cochrane, a well-known beamster, who lives near the Halifax Polo grounds, is one of those who willingly bear testimony to the curative powers of Dr. Williams' Pink Pills. A reporter of the Acadian Recorder who had heard of Mr. Cochrane's sufferings and subsequent cure, called at his home, when he gave an ac-count of his experience substantially Bas follows: "He had for many years been a constant sufferer from asthma, accompanied by an aggravated form of kidney trouble. The latter trouble caused severe pains in the back and loins, and at times his sufferings were very acute. He said he had almost impoverished himself in huving regitience of all kinds but to buying medicines of all kinds, but to on purpose; the trouble continued and seemed to grow worse as the years passed. Mrs. Cochrane said that she had frequently seen her husband choke up and fall to the floor as though dead, and he would have to he worsed with and choke up and selections. worked with and rolled around be worked with and rolled around before he would revive. A few years ago he spent ten days in the Victoria General Hospital. The doctors then thought that the pains in the back were due to over-exertion in his business as a teamster, but gave him no material help. After leaving the hospital he used bottles and bottles of medicine but failed the deverhospital he used bottles and bottles of medicine, but failed to find a cure. A neighbor of his, Mr. Lowe, whose wife had been made a well woman after years of sickness by the use of Dr. Williams' Pink Pills, advised him to try them. He used a couple of boxes without apparent result, and felt somewhat discouraged, but Mr. Lowe advised him to continue the use of the pills, and before the third box was finished he began to improve. 'Dr. Williams' Pink Pills have been a Godsend to me.' said Mr. Lows advised him to continue the use of the pills, and before the third box was finished he began to improve. 'Or. Williams' Pink Pills have been a Godsend to me,' said Mr. Cochrane, 'they are the only medicine I have taken which seemed to do me any good. I had one prescription from a doctor which cost me \$1.75 a bottle, which like many other medicines I took, was just so much money wasted. I have used eight or ten boxes of Dr. Williams' Pink Pills and sought peace with her wrathful can say that before I began their

medicines I took, was just so much monow wasted. I have used eight or ten boxes of Dr. Williams' Pink Pills and can say that before I began their use life was an intolerable burden. I have reason to be thankful that I followed the friendly advice that urged me to use this medicine."

Most diseases have their origin in poor blood or weak nerves, and it is because Dr. Williams' Pink Pills make rich, red blood and strengthen the nerves that they have met with such success in curing kidney trouble, rheumatism, paralysis, St. Vitus dance, anaemia, nervous prostration and kindred troubles. See that the full name, "Dr. Williams' Pink Pills for Pals People," is on the wrapper around each box. If in doubt, send direct to the Dr. Williams' Mcdicine Co., Brockville, Ont., and the pills will be mailed postpaid at 50 cents will be mailed postpaid at 50 cents or six boxes for \$2.50.

Street Railway Accident Expenses The seriousness of the accident and claim expenses of street railways is apply demonstrated by the recent amply demonstrated by the recent report of the Brooklyn Rapid Transit Company, which paid out last year the amazing sum of \$1,250,000 on this account. According to the Street Railway. Learned the Railway Journal the company figures that not more than \$100,000 of this represents legitimate claims, unscrupulous lawyers and fraudulent damage suits being responsible for the balance.

Minard's Liniment Cures Distem-

New Use for Egg Shells

Egg shells may be used to advantage in starting delicate plants for transplanting. The half shells are filled with earth and set in a box also containing dampened earth. A hole is made in the point of the shell to allow drainage. A single seed then planted in each shell, which is easily broken when transplanting is done, without the slightest disturbance to the roots. The use of egg shells is the discovery of a French gardener, who claims they are vastly superior to the little pots generally used for the purpose

Minard's Liniment Cures Garget in Cows.

Simple Scissor Sharpener. One of the simplest devices ever offered for sharpening scissors is des-cribed by one of the hardware journcribed by one of the hardware journals, whose editorial department vouches for its efficiency. It consists of a small glass rod with bulbends convenient for holding. To sharpen the scissors it is only necessary to draw the rod backward and forward a few times between the blades. When tested, says this journal, on the dullest pair of seis-sors in the office, it was found to

act in quite a magical manner. Minard's Liniment Cures Coids, etc.

The Line of Fate,

The Line of Head.

P. O. Box 225.

(Canadian Branch.)

PALMISTRY

Every line in your hand has a regular position, with a name and meaning

And many other equally important marks and signs.

NORTH AMERICAN SCHOOL OF PALMISTRY

Properly read they are alds to success in every walk in life. If you wish to learn something about yourself, write for FREE BOOKLET, giving full information on this interesting subject. Address

They tell you many interesting and useful things.

*************** **BEAUTY TALKS FOR WOMEN:**

Preserving Your Appearance.

Love Letters. Of old it was an easy thing
To write a letter to one's dear,
To line the words we feit, and cling
To simple sentiments and clear;
But times are sadly changed, we

Love grows enamored of the mint; We pen our lines with care and fear-Our letters must be fit to print.

No more in our accustomed way We say the tender thing we mean Our letters may be made to play A part in book or magazine. Ah, me! They once by "one" were

We did not have to hedge or hint; But now the public comes betw Our letters must be fit to print.

Whene'er the lean wolf snarled of old, A man sought friends without de-

mur, Or left his watch in Shylock's hold, Or starved or stole, as he'd prefer; But now he takes the notes of her, The honeyed lines she did not stint, And hies him to a publisher, Our letters must be fit to print.

L'Envoi. Sweetheart, henceforth with words

alone
Shall love his fond expressions tint t grieves me sore, yet must I own My letters are not fit to print.

TAKEN FROM THE ANCIENTS. Present-Day Marriage Customs Ar

Old as Everlasting Hills. Old as Everlasting Hills.

To the pagan peoples of ancient times the people of civilized nations owe nearly all the customs relative to marriage that prevail in the present day. The golden circlet that is placed upon the finger of the bride at the conclusion of the marriage ceremony is a relic of the fetter by which the bride was bound, while the process slipner is a resumnt of the

The Greek Church has the most claborate ritual. Champagne is served in the Czur's land, and guests are given souvenir initial boxes of cake. In Brazil drinking brandy together may constitute a marriage; in Japan, the same with wine. To join hands, to sit together, are all old customs, also to be smeared with blood, or for the woman to the a rope of grass around the man's waist.

The Australian carries fire to a man's tent; the Croatian bridegroom boxes the bride's ears, while in Hungary, even at the present time, the The Greek Church has the most

bridegroom gives ms wife a kick to

bridegroom gives his wife a kick to indicate her subjection.
The Jewish bridegroom crushes the wine-glass to atoms with his foot to obliterate the past. In China the maid steps over a fire at the threshold, while the gypsy "hops the broomstick."

All these superstitions have come to us in a modified form, but the love of tradition and tendency toward imitation makes us slow to part with

the word "obey," and women largely repudiate it, yet the great orthodox churches still retain it.

In Denmark they have legally abelished the word.

The entire conception of the functions of women in social and demestic life, has so altered and breadened.

life has so altered and broadened that it seems singular that so many of the old marriage customs are still preserved—customs which, although amusing when traced to their source, are really typical of barbaric times and countries.

Use of Fork or Spoon.

SOZOBORT Tooth Powder 25c

The Line of Life,

The Line of Heart

HAMILTON, CAN.

Rheumatism Cured.

A Professional Gives a Few Hints on

eating tarts, stiff puddings, blanc mange, trifle, etc., a fork only is generally used, but for milk puddings, custards, and fruit, a fork and a spoon (or spoon only) is required. If jelly is served in glasses, a spoon should be used. With stewed iruit, custard may be served either in glasses or in a large, dish; one way is quite as usual as the other. Cheese is eaten with a knife, but the knife should not convey it to the mouth: should not convey it to the mouth; a tiny piece of chesse should be placed on a small piece of bread or biscuit, and by this means carried to the mouth. Speaking generally, whenever, it is possible to use a fork in preference to a small piece but the mouth. in preference to a spoon it is bet-ter to do so, but a spoon should al-ways be used in eating those dishes where Juice or syrup prevails to the extent of rendering a dessert spoon

CAREWORN MOTHERS.

Life Often Made a Burden Through Nursing a Cross and Fretful Baby All babies should be good-natured well babies, if there is no outward reason for discomfort, are always good-natured, and yet how many

mothers permit themselves to

thoroughly worn out, caring day and night for a sick, cross and fret-ful baby, when a little care and forosight would remove all the trouble and make both mother and baby happy. The little one's suffering and crossness may be caused by any one of the numerous ills that make baby lives a misery to themselves and a constant sorce of worry and discomfort to the mother, suc as colic, worms, indigestion, constias colic, worms, indigestion, consti-pation, the irritation accompanying the cutting of teeth, etc. When baby is cross, do not, if you value your child's future welfare, give it any of the so-called "soothing" med-icines, as they only stupify and deaden without removing the cause of the trouble. What is needed is a simple, vegetable, compound such

AT WHAT AGE IS WOMAN BEST.

Answer.

of the trouble. What is needed is a simple, vegetable, compound such as Baby's Own Tablets, which reach the root of all the minor allmen's of little ones, making them well and happy. The best proof of this is the high praise all mothers who have used this medicine award it. Mrs. W. S. Beaverstock, Church street. Brockville, 2005. street, Brockville, says: "I have used Baby's Own Tablets in my house for several years and know of no medicine for little ones that house for several years and know of no medicine for little ones that can equal them. When my baby was teething she was restless, cross and peevish, and I could do very little with her. I gave her the tablets and they quieted her when other medicines did no good. When baby was troubled with constipation the tablets always gave prompt relief, but above all things I think they are most excellent in indigestion; she vomited a great deal, was very cross and would scream with pain, and I had to get up with her many times during the night. No matter how much she ate she kept growing thinner. It was then I began the use of the tablets, and she grew plump and fat, and I had no further trouble with her at night, I can recommend the tablets to any mother who has a sickly, cross or fretful baby, and I am sure she will never be without them again." Baby's Own Tablets are easily administered and dissolved in water, can be given safely to the youngest infant. If your druggist does not keep them send 25 cents to the Dr. Williams' Medicine Co., Brockville, Ont., and a box will be sent you by mail, post paid.

she belongs to no man; then she presents it to her husband, and henceforth is in his power.

Not until the tenth century did Anglo-Salon women have any right of choice. Betrothed as children, the bridger ways a ledge a respective to the contraction of the contraction.

of choice. Betrothed as children, the bridegroom's pledge was called a wed, hence our word. Welsh laws permitted only moderate wife beating. Three blows were deemed sufficient, "with a stick no longer than an arm."

The Greek Church has the most

Endless jests have been made upon the word "obey." and women la

The proper use of the fork or the spoon for desserts often puzzles the uninitiated. The following general rules will be useful. We clip them from an excellent authority:

Jas. McKee. Linwood, Ont. Lachlin McNeil. Mabou, C. B. John A. McDonald, Arnprior, Ont. Markham, Ont. John Mader, Mahone Bay, N.S. Lewis Butler. Bath. Nfld.

These well known gentlemen all assert that they were cured by MIN-ARD'S LINIMENT.

********* **FALL NEWS** OF THE FARM.

The Enterprise says that about 3. 000 crates of tomatoes were shipped from Colborne to Rochester on one day, to be used in making catsup. The Picton Gazette adds that an American purchased 10,000 bushels of tomatoes at Brighton for shipment to Rochester for the same purpose. These shipments are the result of a short tomato crop in the United States this year. But for the Ameri can duty a big business would be done right along. Even as it is, the start made this year, under the circum stances, will, it is said, cause 500 acres of tomatoes to be contracted for in Prince Edward county next year by Rochester buyers.

Higher Prices for Wheat? The Country Gentleman says that the wheat receipts in the United States up to the end of the week end-ing the twelfth amounted to ninety-five million bushels or twelve mil-lions more than for the same period one year ago, and eighteen millions above the average of the last five seasons. This unusual freedom of marketing, coupled with the fact that wheat in the United States must, owing to the shortage of corn, necessarily be largely used for feeding purposes, ought to cause an advance in poses, ought to cause an advance in prices later on.

British Imports of Live and Dead

Meats. The Colonial Consignment and Distributing Company reports that the total imports of live sheep into Great Britain up to the 5th of October, amounted to 284,950 head, a decrease of 35,566 head, as compared with last year, this decrease being due to the entire cutting off of the imports from Argentine. The imports from the United States show an increase of 125,199 head the total exports from the United the total exports from the United States up to the 5th being 235,286. The shipments received from Canada by Britain show an increase of 20,997, the total being 44,783. The British imports of cattle for this same period show a slight increase, the total receipts up to the 5th being 386,681, and the increase 2,253. The imports received by Britain from the United States amounted to 318,400 head, an in-5th being 386,681, and the increase 2,253. The imports received by Britain from the United States amounted to 318,400 head, an increase of 54,950, while the receipts from Canada amounted to 63,244 head, a decrease of 12,887. The British imports both in live cattle and live sheep are now practically a.l received from the United States and Canada, the shipments States and Canada, the shipments

from Argentine having been entire A notable increase has taken place in the imports of fresh beef by Britain, the total imports amounting to 2,261,461 great cwts. amounting to 2,261,461 great cwts., an increase of 163,411. The great bulk of the supply in this line comes from the United States—2,549,316 great cwts. being credited to that country, and the increase over last year being 603,279 great cwts. Our share in supplying Britain with fresh beef, amounted to 8,849 great cwts., a decrease of 27,046. A Question That is Very Difficult to The problem of what age is a wo-

man at her best was recently discussed by an artist, an author and a woman of society, says the New York Telegram. The artist urged that he disliked to paint the portraits of women between the ages of 25 and 40 years. Before 25 the face has an expectancy which charms. It is looking forward with joyous freshness and hope, and it is full of puzzling promises. At 40 the character is formed and the lines of the countenance are stronger in the painter's study; but in interwenting years the face has lost its expectancy and is liable to be individually. The previous year.

8,849 great cwts., a decrease of 27,046.

In addition to the fresh beef, enormous quantities of frozen mutton were received from Argentine and Australasia, the receipts of frozen sheep carcasses from Australasia, the receipts of frozen in lambs to 1,295,141. In the case of lambs there is an increase of 37,000 head as compared with last year, and in the case of sheep a decrease of 196,000. The receipts of frozen mutton from Argentine for the nine months amounted to 1,952,3462 corpasses, an increase of 64,273 over the nine months for the previous year.

Quirks and Quibbles. It is easy for the light-headed to be light-nearted. He who concesses that he lies, lies he who denies that he lies, lies twice. We admire the man who will listen to reason because he gives us a chance to talk.

Most of us know only man whom we regard as absolutely fair and un-biased, and modesty prevents us from

pectancy and is liable to be indilerent, says Woman's Life.
The author liked to study women
between the ages of 30 and 40.
They had then the experience of
the world and the joyousness of
youth. In those years they were
brightest and most interesting.
The society woman thought that it
was impossible to give general answers to the question, as individual
woman differ in regard to the most
attractive age. Some are most
charming at 40, while others have
passed their prime at 20, At 30 or
upward the best nature of a woman
will show to every advantage, but
probably the balance of opinion
turns in favor of from 18 to 25. blased, and modesty prevents us from naming him.

Let a man imagine he is having his own way and a woman can do anything with him; let a woman but suspect she is having her own way and a man can do nothing with her. What a pity that most our most brilliant and original ideas did not present themselves to us first.

Most men would find it a difficult matter to tell all they knew; not that they know much; but the diffi-To by in love is to know anxiety in the hour of his illness and apprehension over his weakness; to feel responsibility, which you must bear for yourself. No one can even share it with you have builden to be a support of the state of the st for yourself. No one can even share it with you to lighten your burden. To be in love is to have half your life go with him when the door closes, and to live only for his return. It is to have all your selfish desires lose that they know much; but the diffi-culty would arise in trying to win-now what they do know from what they imagine they know. If a man is always as old as he feels many men pass from youth to old age in a single night—from the evening before to the morning after.—L. De V. Matthewman, in December Smart

sto have all your selfish desires lose shape and resolve thenselves into ambitions for him. It is to find your happiness in his; for your ideals to take a moral virile form; your hopes a loftier aspect. It is to forget yourself and your eager search for happiness, and to merge your whole existence into a prayer to do more, to give more to he were at There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly falling to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional disease. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address F. J. CHENEY & CO., Toledo, O. whole extrence into a prayer to do more, to give more, to be more, not for the approval of your little world, but closing the door on all in the great Without, to pour yourself and all that you are and all that you hope to be into the small and sacred Within—for his sake.

That 4s to be in love. Address F. J. CHENEY & CO., Toledo, O. Sold by druggists, 75c.
Hall's Family Pills are the best,

ADVICE TO SMOKERS.

If You Must Smoke Do it With Lei surely Puffs.

There are many pipe smokers who do not know how to get the best do not know how, to get the best there is out of their indulgence. The great point in pipe smoking is to smoke slowly. Nervous smokers smoke too rapidly and burn their tongues with hot smoke, besides fall-ing entirely to get the fullest and best flavor out of the tobacco. It is all a matter of habit, but slow smoking is a habit which it is hard for some people to acquire. In some

is all a matter of habit, but slow smoking is a habit which it is hard for some people to acquire. In some cases pipe smokers have tried for years to check their smoking speed without success. They begin too late, and the habit of rapid smoking is shaken off with difficulty when it is once acquired.

Rapid smoking is as bad as rapid eating or worse. It is also "bad form," whether it is cigar, pipe or cigarette. The smoking should be deliberate in order to get the fullest enjoyment. It is especially so with a pipe. Many persons have smoke all their lives and yet do not know how to smoke. It is as pain'ul to watch' some people smoke as it is to sit at the table with a man who "gobbles" and "gorges" his food on the "fifteen minutes' for refreshments" plan.

The deliberate pipe smoker gets out of his pipe an enjoyment of which the rapid smoker had no inkling. A cigar which has once gone out has its flavor ruined forever, for nothing is more obnoxious to the sense of smell than a newly extin-

out has the flavor runed forever, for nothing is more obnoxious to the sense of smell than a newly extinguished "butt." The beastly persons who take their beastly "butts," hall-lighted or newly extinguished, into the elevated and surface cars should have some numblement devised for

the elevated and surface cars should have some punishment devised for them—"something humorous with boiling oil."

But it makes no difference to the flavor of a pipe how many times it goes out. Fastidious pipe smokers always have at least two pipes at hand and never refill one until it is entirely cooled off. This is a help toward good smoking and a resconting the second of the is entirely cooled off. This is a help toward good smoking and a reasonable life in a pipe. A good way to tell if you are smoking too fast is to hold the bowl of the pipe in your hand. If it is too hot to be held with comfort, them you know that your smoking speed is too great. Good tobacco, a good pipe and deliberateness are the prime essentials in pipe smoking. Eat slowly, smoke slowly, drink seldom; so shall you live long in the land and enjoy the fulness thereof.—Chicago Tribune.

His Mind Made Up Quickly.

It is a constant wonder to me, said the student of human nature said the student of human nature, "to see how quickly the minds of some men act. I met him in the hall just as he was reaching for an umbrella. 'Is that your umbrella?' he inquired. 'No,' replied I. 'In that case,' he answered, 'it's mine.'"

Minard's Liniment Cures Diph-

ONTARIO SCHOOL FOR BOYS.

Highfield - - Hamilton

RUGBY and HAILEBURY men on he staff. Good French. Magnificent building (the home of the late Senator Turner), and several acres of beautiful grounds extending to the top of the mountain. Apply for prospectus to the HEAD

J. H. COLLINSON, M.A., Late Open Mathematical Scholar of Queen's College, Cambridge.

ISSUE NO. 48, 1991.

Repairing Neatly Done

Never thought of such a sign for a medicine did you? Well, it's a good sign for Scott's Emulsion. The body has to be repaired like other things and Scott's Emulsion is the medicine that does it.

These poor bodies wear out from worry, from over-work, from disease. They get thin and weak. Some of the new ones are not well made-and all of the old ones are racked from long usage.

Scott's Emulsion fixes all kinds. It does the work both inside and out. It makes soft bones hard, thin blood red, weak lungs strong, hollow places full. Only the best materials are used in the patching and the patches don't show through the new glow of health.

No one has to wait his turn. You can do it yourself-you

and the bottle. £ CINE

This picture represents the Trade Mark of Scott's Emulsion and is on the wrapper of every bottle. Send for free sample SCOTT & BOWNE,

TORONTO CANADA 50c. and \$1. all druggists.

Mrs. Winslow's Soothing Syrup should always be used for children teething. It soothes the child, softens the gums, curs wind colic and is the best remedy for diarrhoe a. Twenty-lve cents a bottle.

TRUIT FARM FOR SALE—ONE OF THE finest in the Niagara Peninsula, as Winons, 10 miles from Hamilton on two railways, 130 acres in all, 35 of which is in fruit, mostly peaches. Will be sold in one parcel or divided into lots of 15 to 20 acres to suit purdivided into lots of 15 to 20 acres to suit pur-

Samuel L. Lewis & Go.

Gommission Merchants



NO HOOPS. NO JOINTS, NO SEAMS, NO LEAKS.

INDURATED FIBREWARE are vastly superior to the ordinary Woodenware articles for domestic use.

TRY THEM.



DR. PRICE'S SARSAPARILLA BLOOD PILLS,

PRICE MFG. CO. BAY ST. TORONTO, ONT.

IF ANY MEMBER OF YOUR FAMILY DRINKS, the taste for liquor can be removed permanently by giving Tasteleas Samaria Prescription secretly by no food or drink. Failure impossible. Free sample, lectimonials, price sent sealed, Write SAMARIA SECRETLY REMEDY CO., 18 Jordan street, Toronto, Ont.

MADE OF

For sale by all first class dealers.

CURSE OF

Are you?-Lilian Bell, in Harper's

Are You in Love?

To be in love is to know anxiety

SOZODONT for the TEETH 25c