

### HUSBAND SAVED HIS WIFE

Stopped Most Terrible Suffering by Getting Her Lydia E. Pinkham's Vegetable Compound.

Denison, Texas. — "After my little girl was born two years ago I began suffering with female trouble and could hardly do my work. I was very nervous but just kept dragging on until last summer when I got where I could not do my work. I would have a chill every day and hot flashes and dizzy spells and my head would almost burst. I got where I was almost a walking skeleton and life was a burden to me until one day my husband's step-sister told my husband if he did not do something for me I would not last long and told him to get your medicine. So he got Lydia E. Pinkham's Vegetable Compound for me, and after taking the first three doses I began to improve. I continued its use, and I have never had any female trouble since. I feel that I owe my life to you and your remedies. They did for me what doctors could not do and I will always praise it wherever I go." — Mrs. G. O. LOWERY, 419 W. Monterey Street, Denison, Texas.



If you are suffering from any form of female ill, get a bottle of Lydia E. Pinkham's Vegetable Compound, and commence the treatment without delay.

### RED CROSS NEWS

Italians of Trail, B. C., have sent \$300 to the Italian Red Cross.

The municipality of Swift Current, Sask., has made a contribution of \$1,200 to the Red Cross.

The Victoria Red Cross has collected \$63,000,000 since last March.

The Peterborough Red Cross collected \$453 during January.

At the Red Cross auction at North Battleford a 3 year old horse sold for \$374, a cow for \$194, a five pound basket of wool for \$105 and a lamb for \$13.00.

Twenty-six members of the Vancouver Club in Vancouver contributed \$405 to the Red Cross.

The Ladies branch of the Montreal Athletic Association have made 3000 articles for the Red Cross.

The management and employees of one of the Cobalt mines have given \$113 to the Cobalt Red Cross.

Five little girls in a Montreal public school organized a Red Cross.

Professor—"What three words are used most among college students?"

Wearily Fresh—I don't know.

Professor—Correct.

**Tuberculosis**

Plenty of fresh air, sleeping out-doors and a plain, nourishing diet are all good and helpful, but the most important of all is

**Scott's Emulsion**

It is the standard treatment prescribed by physicians all over the world for this dread disease. It is the ideal food-medicine to heal the lungs and build up the wasting body.

FOR SALE BY ALL DRUGGISTS

Send the name of paper and title of our beautiful Savings Book and Child's Church Book. Each book contains a Good Luck Prayer.

SCOTT & BOWNE  
128 Wellington St., West, Toronto, Ont.

### HOUSEHOLD HINTS

To fasten labels to tin cans, add one teaspoon of brown sugar to one quart of paste.

A heavy chalk mark laid a finger distance from your sugar box will keep ants away.

Water in which potatoes have been boiled is the best thing with which to sponge and revive a silk dress.

Put charcoal in bottom of pots for plants which are liable to become pot rooted, especially ferns.

Put a little soap into hot starch with the soap shaker. The iron will then seldom stick to the clothes while ironing.

Soak your lamp wicks in vinegar and dry before using; the light will be much more brilliant and this will also prevent their easily smoking.

Dampen fine sawdust with kerosene oil and you have a good dust bane. It is not colored, but that does not hinder it from gathering the dust when sweeping.

Clean enameled bath tubs and marble wash bowls with kerosene, then rinse thoroughly with strong soap suds to remove the odor of the kerosene.

Organdies, chambrays and fine cambrics may be washed without danger of fading if they be washed first in clear water in which a cupful of very coarse salt has been dissolved.

When making pastry if you melt the butter or lard, beat it to a cream before mixing with the flour, and very little salt, only half the usual quantity is required.

Put a lump of washing soda over the sink drain and pour hot water over it after each dish washing, in order to keep the pipes from clogging. This will save many a plumber's bill.

### Apple Show in St. John Next Autumn.

Fredericton, N. B., March 1—At the annual meeting of New Brunswick Fruit Growers' Association, which was held here this evening, it was decided by resolution to hold an apple show next autumn at St. John.

The provincial government will be asked at once to guarantee financial assistance for the project and it is expected that a show equally as successful as those held by provincial fruit growers previous to the war can be held next fall in St. John.

### 279 Returned Soldiers Given Employment in Civil Service

Ottawa, March 1—Some 279 returned soldiers have so far been given employment in the various branches of the civil service during the last fiscal year. Of these 260 have been employed in the militia department and 19 in other departments, it was stated in the House today.

Who gave the bride away? asked Mrs. Evans of her daughter, who had just returned from the wedding.

Her little brother, replied the daughter; he stood up in the middle of the ceremony and yelled: Hurrah, Blanche, you've got him at last!

A London Journal publishes the following story: A famous Irish regiment was holding a front trench against a German trench which was but a short distance away. With the desire, evidently, of impressing the Irishmen with the futility of attacking, the Germans displayed on a board which they held above the parapet the motto: "Gott mit uns."

The Irishmen, with ready wit designed the legend: "We've got mittens, too."

### ZEPPELIN RAID OVER ENGLAND

London, March 6—Twelve persons were killed in the air raid over England last night, and three Zeppelins took part in the attack. This information was received officially today. The statement follows:

"The number of Zeppelins which took part in last night's raid is now believed to have been three. After crossing the coast, the airships took various courses and from the devious nature of their flight apparently were uncertain as to their bearings. The area visited included Yorkshire, Lincolnshire, Rutland, Huntingdon, Cambridge, Norfolk, Essex and Kent.

"As far as is known, about 40 bombs were dropped altogether. The casualties, so far as ascertained amount to killed three men, four women and five children; injured, thirty-three. The material damage was two terrace houses practically destroyed, one public house, a cafe and several shops partly destroyed, and a block of aims-houses badly damaged."

### PREMIER ASQUITH AND HOME PRODUCTS

A Remarkable Speech—Home Production Makes For National Conservation Resources

One of the strongest pleas for the support of home industry was made by Mr. Asquith recently in the House of Commons. During his speech he said:

"The intention and object with which these taxes are put forward is of a very different kind, and entirely without prejudice to the general question between free trade and what is called fiscal reform. The object—and a very important object—is, on the one hand, to diminish or discourage the consumption of superfluous or unnecessary commodities of a luxurious kind, but still more—and this to my mind, is the really important point—to discourage unnecessary importation. In the conditions under which we now live everything that comes into this country from abroad which is not absolutely needed for the sustenance or carrying on of the industry of our population, involving, as it does, a corresponding obligation on us to export, tends still further to disturb and depress the exchanges, and therefore to embarrass the conduct of the war and the provision of the financial resources which are absolutely necessary for its successful prosecution."

Canada has carried to a greater extreme than almost any other country the reckless habit of buying more abroad than she sells. It is true that we are remedying our fault in this direction and that our formerly adverse trade balance is being rapidly transformed into a favorable trade balance. Our imports are falling and our exports are rising, but our imports are still too large. Consumers in Canada should take Mr. Asquith's advice and determine to buy goods made in their own country rather than to send abroad huge sums of money which are sorely needed at home.

Those who have criticized the "Made-in-Canada" policy while it has been advocated in Canada during the past few years, would do well to ponder carefully over the remarks of the greatest Prime Minister Great Britain has ever had.

### CROSS FRETFUL BABIES

The cross fretful baby is a sickly baby—the well child is always happy and smiling. Mothers if your baby is cross and cries a great deal something is wrong. His little stomach and bowels may be out of order; his teeth troubling him, or he may be bothered with worms. The mother should immediately give him Baby's Own Tablets. They never fail to relieve the baby. Concerning them Mrs. Ronald Hurley, Gilks, N. B., writes:—"I know of nothing so good for cross, fretful babies as Baby's Own Tablets and I am pleased to recommend them to other mothers."

The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

### THIS BARREL

Contains flour guaranteed to give satisfaction or you get your money back. Regal Flour is always preferred by careful cooks because it insures good bread always—and palatable as bread can be made.

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### J. W. Margeson, M. P. P., Visits Middleton.

J. W. Margeson, M. P. P., of Bridgewater, came to Middleton on Monday in Superintendent Bain's private car. He was accompanied by Mrs. Margeson, A. W. Zwicker, M. P. P., and other friends.

The purpose of Mr. Margeson's visit to Middleton was to receive treatment from Dr. A. C. Fales. After returning from the front Capt. Margeson suffered from an attack of tonsillitis and ever since one of his tonsils has

been causing him trouble. This he had burned out by Dr. Fales.

Although Mr. Margeson is so ill from rheumatism that he had to be carried on a stretcher to and from the office of Dr. Fales he bore the operation well and is hopeful that with the troublesome tonsil removed he will speedily recover. Mr. and Mrs. Margeson returned to Bridgewater on Monday evening and expect to leave shortly on a trip to the West Indies, hoping the mild climate of the south may prove beneficial to Mr. Margeson.—Outlook.

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