



IF.

If little girls were little boys
They'd always go to bed
When mother told them to, and not
Say "wait awhile" instead.
They'd come into the house like mice
So quiet and polite,
And after they had eaten tea,
Get up and say good-night.

If little boys were little girls
They'd not be 'fraid of things,
Like katydids and hoppers
And bats with ugly wings,
They wouldn't yell when they were
Teased,

And run and tell on you,
Like all the little girls in town
Most always want to do.

If we were little girls and boys,
Instead of folks grown old,
We'd never want to spank ourselves,
Nor bullyrag or scold:
We'd never wish to grow again,
But just in childhood stay,
As innocent as we were when
Our childhood went away.
—The Bentztown Bard.

Helpful on Roller Skates.

The lady, just about to ascend the
steps of Mrs. Walters' cottage, turned
and cast a smiling glance about
her. "I declare, this street is quite
a skating rink," she said. "You
must have fine times here!"

"Yes, we do," said a chorus of
voices. The smooth asphalt court
was some distance from the cars,
and was visited by few teams. Nearly
every boy and girl in the block
had a pair of roller skates, and the
street presented a lively scene most
of the day. It was no wonder that
the lady on her way to call on Mrs.
Walters had compared it to a rink.

A voice spoke out of the throng of
boys and girls, checking the visitor's
ascend. "Mrs. Walters isn't at home.
She went out just a few minutes
ago."

"Went out?" The stranger turned
with a gasp of dismay. "Oh, dear!
I'm afraid she's gone to my house.
I know she wanted to see me to-day
and I started out early so as to be
sure to catch her."

"She hasn't been gone long," said
one of the boys. "I don't believe
she's got to the cars yet, she walks
so slowly."

"I'm afraid I couldn't overtake
her," the lady sighed. "I'm so sorry.
It's such a long walk from the
cars at the other end."

Then another voice spoke out of
the crowd, the voice of Kitty Burke.
"Maybe I could catch her for you,
I'll try." She did not wait for any
thanks, for she knew that no time
was to be lost. Away she darted
on her roller skates, covering the
ground so swiftly that she had turned
the corner before the lady on the
doorstep had fully grasped the idea.

Far down the street Kitty could
see Mrs. Walters' bent old figure
standing on the corner, waiting for
the car. She pushed forward bravely
and waved her hand, trying to
attract the old lady's attention. But
Mrs. Walters was looking down the
street for the car and did not see a
small girl on rollers making frantic
gestures.

The car came between them while
Kitty was only half a block away.
She could see Mrs. Walters climb
aboard and settle herself at the end
of the seat. But even then, Kitty
did not give up. "There may be
somebody waiting at the next crossing,"
she told herself. As she turned
the corner and started to follow
the car, she saw that she had guessed
right. Half a dozen people were
waiting at the corner. The car
would be delayed and she still had
a chance of overtaking Mrs. Wal-
ters.

The conductor was just about to
ring the bell, when a small girl on
rollers skated up to the car. "Get
off quick, Mrs. Walters," Kitty cried.
"The lady you want to see is sit-
ting on your front steps!"

"Mercy me!" exclaimed Mrs. Wal-
ters. She climbed off the car in a
hurry, and then Kitty explained.
Kitty was rather short of breath and
her cheeks were scarlet. "Why,
child!" Mrs. Walters cried, "you
look as if you were coming down
with a fever!"

"It's nothing!" Kitty laughed.
"Except that it's a warm day to
skate so fast. Now I'll go back and
tell the lady you're coming."

Old Mrs. Walters, trailing slowly
in the rear of the swiftly moving
figure, watched it affectionately, till
it turned the corner and vanished
from sight. "Some folks'll use
everything they've got to help other
folks," mused Mrs. Walters, "even
roller skates."

Jean's Algebra.

Jean unstrapped her books and
took pad and pencils from the chest.

"I'd like to be polite, Mr. Mar-
shall," she said, laughing across at
her father's old friend, who was

spending two days with him, "but I
never dare to be polite till my al-
gebra is done."

"What makes you like it so
much?" Mr. Marshall asked, smiling.
"Young ladies don't generally have
much taste for algebra."

"Like it!" Jean repeated vehem-
ently. "I despise it. That's why I
do it first; if I gave myself the tini-
est margin of excuse, I'd never get
it done. And I may be stupid—I am
stupid in it—but it shan't conquer
my morals anyhow."

"I see," the guest replied, rising.
"Well, good luck to it—and, you,
Miss Jean. Perhaps you'll like it
better after a while."

"Never!" Jean returned emphati-
cally.

A month later the three girls were
looking at each other with dazed
eyes. They must take care of mo-
ther, of course, but how? Corinne's
music, Barbara's art? They had
been studying only for accomplish-
ments—they never had supposed that
they would need them.

Then the letter came from Mr.
Marshall, with the wonderful offer
of a well-paid position for Jean.

"Jean!" Corinne cried, "why
she is the youngest!"

"And never studied typewriting in
her life!" Barbara chimed in.
"For Miss Jean," Mrs. Randall
read. "A young lady who always
tackles her hard things first in the
determination that they shall not
'conquer her morals' is the kind of
young lady that we need fifty-two
weeks in the year."

"Who would have thought that a
thing like that—" Barbara said
brokenly.

Dollyology.

Oh! I'm looking for a doctor, 'n I've
got ter get one quick.
It's a very serious case, you know,
my dolly's dre'ful sick.
She looks so very tired out, I think
she needs a rest.

Perhaps the trouble really is, her
sawdust won't digest.

Oh, I'm looking for a doctor, 'n I
hope I'll get one soon.
'Cos my dolly's springs is busted, 'n
her stomach's out o' tune.

My brudder Jim sometimes he jams
her nose between the door,
So praps she's got the jim-jams,
Jimmy musn't jam no more.

Oh, I think that's just the trouble
that she's got, or if it ain't,
She's got spinal salaratus, that's 'n
awful bad complaint.

Or praps she's got presumption, see
her face looks thin 'n long,
Her institution's all run down, it
never was quite strong.

P'raps her throat is sore, her ton-
sillighthouse, may be so,
I wonder what the trouble is? I'd
really like ter know.

It may be in her stomach, 'n it may
be in her head,
But I'll have ter find it out to-
night, before I go to bed.

So if you see a doctor, ter my
house tell him ter call,
If he don't know dollyology, he
needn't come at all.

But if he's sure ter cure her, just
you send him 'round to me,
'N I'll give him twenty hugs 'n forty
kisses for his fee.

Patty's Reward.

"Good morning, Miss Barton."
The manager of the grocery depart-
ment in the great city store paused
outside the Van Marsden Cocoa
booth, smiling at the one on the in-
side. "This is surely a festive ar-
ray; is it in honor of your reception
day, Patty?" and he bent to inhale
the fragrance from a bouquet of
sweet peas from the corner of the
counter.

"Yes, Mr. Lee," Patty Barton
laughed, looking up from the Hav-
iland chocolate pot she was rubbing
till it shined. "Have you any idea
how many I served last Monday?
No?" as Mr. Lee shook his head.

"Nearly two hundred."

"There's always plenty of folks
ready to sample free things," Mr.
Lee observed. "We'll doubtless have
a big crowd again to-day."

"That's why I got up early this
morning to gather my flowers," Pat-
ty remarked, glancing with a satis-
fied little air at the bouquets of
roses and sweet peas adorning the
counter. "I love to make things
pretty for my guests. Last Monday
there was one dear old lady who
said she hadn't seen a country rose
for ages, and—"

A hurried "Excuse me, Miss Bar-
ton," from the manager interrupted
the story, and he hurried away to
answer a telephone call.

Left alone, Patty hummed a low
song and continued her preparations
of beautifying the booth and putting
it into readiness for those whom she
chose to call her "guests."

Not every girl employed in the de-
partment grocery store took quite

the same view of the work where-
by she earned her daily bread as did
Patty Barton, who put her heart
and soul into her work and gave of
her best.

In return, many were attracted to
her booth, and she had regular cus-
tomers who often came out of their
way to buy of her. There were
those who considered it a privilege
to rest a minute beside the cocoa
booth, and while partaking of the
sample cup of delicious cocoa, grew
all the more refreshed by the sight
of Patty's smiling face. Truly, if
the customers had been her real
guests, Patty Barton could hardly
have treated them more graciously.

"I beg pardon, are you serving co-
coa this morning?" Patty, bending
to take a fresh supply of lump sugar
from under the counter, raised her
slightly flushed cheeks and saw a
broad-shouldered, elderly gentleman
looking down at her from the other
side.

"I'm sorry; it isn't quite ready,"
Patty looked at the gentleman with
an interest of which she was not
aware. He was—of course he was,
his accent denoted it—from the coun-
try which prepared and exported the
cocoa she sold. "I've been so busy
arranging the flowers and we rarely
have customers so early. If you
don't mind waiting a few minutes,
I'll hurry."

The gentleman seated himself on
one of the stools provided. "You
consider Van Marsden's cocoa good?"
he asked, looking appreciatively at
the flowers.

"The best in the market, sir,"
Patty promptly replied. "We sell
more of it than of any other kind."

"Because it is cheap?"

"It is cheap in the long run,"
Patty replied. "It really costs a
few cents more per pound to buy
than other cocoas, but it goes fur-
ther. Now, I'm going to make it.
That is another virtue it possesses
—it is easily made. If you
have the water-boiling hot, and a
little cream, you can't fail to serve
a delicious cup of cocoa."

"You are enthusiastic," the gentle-
man observed smilingly, watching
Patty's nimble fingers as they went
assuredly about their task.

"Indeed I am, sir. But it makes a
difference when you know you're
handling the best production in the
market of the article you're selling.
One lump of sugar, or two, sir?"

"They're small, you see," Patty
stood with the cup in hand and
smiled with charming hospitality
on the old gentleman.

"Two, if you please."

When the gentleman had drained
the last drop he set the cup down
and said slowly: "It is indeed, the
most delicious cocoa I have ever
drunk. Thank you very much. I
shall not buy any to-day. I am a
traveller and do not wish to be
remembered with packages, but I
shall carry away with me a very
pleasant remembrance of your pretty
booth with its flowers and every-
thing so attractive and neat."

Patty's cheeks flushed. "You are
very kind, sir," she said. And as he
lifted his hat and walked away, Pat-
ty added to herself. "He's such a
nice gentleman. It's lovely to meet
with people who take an interest in
you and your work."

Much to Patty's surprise, shortly
before the store closed for the day,
Mr. Lee paused beside the booth and
handed a flat package to her. A
minute later Patty looked with hap-
py eyes upon a photograph of the
broad-shouldered elderly gentleman
to whom she had served cocoa early
in the morning, and read underneath.
"To Miss Patty Barton with John
Van Marsden's best wishes." There
was something else beside—a thin
slip of paper that also bore the sig-
nature of the great merchant, and
which sent a wave of relief and
thankfulness surging through Patty's
loving heart when she thought of all
the check meant for the little moth-
er at home trying so bravely to
make ends meet.

"It is too much!" Patty gasped
to the manager.

"It is for faithful and willing ser-
vice rendered," Mr. Lee replied.
"Mr. Van Marsden was much pleas-
ed with your booth, Miss Barton.
He said it was only occasionally he
found his interests looked out for
as you are looking out for them."

"Thank you for telling me," said
Patty. "But I did it for love of the
work, not for gain," she murmured,
as she hurried away—"and mother!"

Patty's feet could not move fast
enough now. How glad she was she
had served with "good measure!"

NO CHARLIES OR WILLIES.

Maud—What in the world did you
do with yourself at that lonesome
beach?

Ethel—Sat on the sand and watch-
ed the eddies.

Maud—Eddies! I thought you
told me there weren't any men
there.

POET'S CORNER

THOUGHTS IN SORROW.

"In every soul there is a secret
chamber,
In every life there is an untold
tale.
In every heart there is a covered
picture,
That human hands can never dare
unveil,
In every heart there is a line, deep
graven,
Whose meaning is, to dearest
friends unknown.
In every character there is a strong-
hold,
The key of which lies in God's
hands alone.

"In every soul there is a chord of
feeling,
Too subtle to be seen or under-
stood,
Which vibrates with a certain sad
discordance,
Sweet carelessly by heedless hands
or rude.
In every heart there is an undercur-
rent,
Whose depth is fathomless by love
or hate.
In every soul there is a sanctuary,
Which neither friend nor foe can
violate.

"So there lies hid in every human
bosom
An unknown world of evil and of
good,
And all of us at times, each in our
measure,
Misunderstand, and are misunder-
stood.
For since the golden days of sinless
Eden,
No one has fully read another's
soul.

THREE LESSONS.

There are three lessons I would
write
Three words as with a golden pen,
In tracings of eternal light
Upon the hearts of men.

Have hope. Though clouds environ
round
And Gladness hides her face "in
scorn,
Put thou the shadow from thy brow
No night but has its morn.

Have faith. Where'er thy bark be
driven—
The calm's disport, the tempest's
mirth—
Know this: God rules the hosts of
heaven,
The habitants of earth.

Have love. Not love alone for ore,
But love as man thy brother call,
And scatter, like the circling sun,
Thy charities on all.

Thus grave these words upon thy
soul—
Hope, faith and love—and thou
shalt find
Strength when life's surges maddest
roll,
Light when thou'else wert blind.

THE GIFTLESS.

Thou wilt not pass them in the
crowded city,
Nor in the meanest street,
These are Thy children, Lord of Love
and Pity.

Tire not their tireless feet.
Seal not their eyes with tears of
bitter weeping.
Be with them waking, and be with
them sleeping.

So whoso'er they meet,
O Lord of Love, Thou hast them in
Thy keeping.

Thou fethed them to Thee in the
shining story,
And at the Virgin birth,
Great Kings and Prophets rode, in
pomp and glory.

With gifts of priceless worth,
These are the giftless, yet of Thy
bestowing,
And what to them, to Thee, O Lord
is owing.

Where sounds our fairy mirth!
The horn of Eiland in the distance
blowing.
—Alfred Turner.

Was All Run Down. Weighed 125 Lbs Now Weighs 165

Mrs. M. McCann, Debec Junction, N.E.
writes: "I wish to tell you what Mil-
burn's Heart and Nerve Pills have done
for me. Three years ago I was so run
down I could not do my own work. I
went to a doctor, and he told me I had
heart trouble and that my nerves were al-
most gone. I took his medicine, as he
ordered me to do, but it did me no good.
I then started to take Milburn's Heart
and Nerve Pills, and had only taken one
box before I started to feel better, so I
continued their use until I had taken
several boxes, and I am now strong and
well, and able to do my own work. When
I commenced taking your pills I weighed
125 pounds, and now weigh 165 and have
given birth to a lovely young daughter
which was a happy thing in the family.
When I commenced taking Milburn's
Heart and Nerve Pills, I could not get
upstairs without resting before I got to
the top. I can now go up without any
trouble."

The price of Milburn's Heart and Nerve
Pills is 50 cents per box, or 3 boxes for
\$1.25 at all dealers or mailed direct on
receipt of price by The T. Milburn Co.,
Limited, Toronto, Ont.

Religion and medicine are intima-
tely related. Each has its own
definite limits in life. They are co-
ordinate factors for happiness here,
for there can be no happiness with-
out health, and for pain and suffer-
ing help and strength from above
are needed. These necessities are
given by the two co-ordinate factors
—religion and medicine, but each
must be kept in its own place.
Whenever two such intimately relat-

Another Modern Miracle
Paralysis Permanently Cured.

The Sufferer Paralyzed From Waist to Feet—Encased in Plaster of
Paris for Nine Months—Dr. Williams' Pink Pills Cure After
Four Doctors Had Failed—The Cure Vouched for by a Well-
Known Clergyman.

Paralysis, no matter how slight, is a
terrible affliction, but to be paral-
yzed from waist to the feet, to be a
helpless cripple, totally dependent
upon what others do for you, is a
condition as wretched as man could
possibly bear. Such was the state
of Mr. Allan J. McDonald, of Rice
Point, P.E.I. For over a year he
was a helpless invalid. He was paral-
yzed from his waist to his feet
and for nine months lay in bed en-
cased in a plaster of paris cast. Four
of the best doctors in Prince
Edward Island were unable to help
him, and he seemed doomed for a
life of misery and despair. But hope
came to him when he read of what
Dr. Williams' Pink Pills had done
for other sufferers from paralysis.
He procured a supply of the Pills
and began taking them. Gradually
they broke the chains of disease
that bound him, and filled his whole
body with new blood, life and vig-
or. Mr. McDonald says: "I am a
farmer and in consequence have a
great deal of hard work to do. One
day while about my work I injured
my back, but at the time I paid
little attention to the injury and
continued my work. As time went
on, though, the pain became more
severe, and I soon found myself un-
able to lift anything no matter how
light. It was not long before I had
to stop work altogether and consult
a doctor. He treated me but his
treatment did not help me, and I
rapidly grew worse. I had to take
to my bed, and in hope that my
spine might receive strength I was
encased in a plaster of paris cast.
This did not help me, and I could
feel the paralysis slowly creeping
over me till I was totally paralyzed
from my waist to my feet. I lost
all control over my bowels and
bladder and my legs had no more
feeling than if they were made of
wood. Three other doctors strived
to cure me, but their treatment also
was a failure, and for eleven months
I lay in bed unable to move. Dr.
Williams' Pink Pills were then ad-
vised and I was shown testimonials
of others who had been cured of pa-
ralysis through them. I bought a
supply and in less than three months
they made a remarkable change in

me. I was able to get out of bed
and crawl along the floor on my
hands and knees. Gradually my
limbs became stronger. Soon I
could walk with the aid of a cane,
and inside of nine months after I
had begun the use of the Pills I was
totally cured, and once more able
to do light work. Now I am as
strong as ever I was and can do my
least trouble. I think Dr. Williams'
Pink Pills are without an equal, for,
besides my own case, I know of two
other cases of paralysis cured by
them. Two young girls who had
been cripples and whom I advised to
try the Pills."

In corroboration of what Mr. Mc-
Donald says, the Rev. D. MacLean,
of Charlottetown, P.E.I., writes:
"I visited Mr. McDonald many times
during his illness. He was attend-
ed by three or more doctors and put
in plaster paris, and everything im-
aginable which might be of benefit
was done for him without success.
He had lost all power of his body
from the waist down, and I think
he was nearly a year under treat-
ment before he began to use Dr. Wil-
liams' Pink Pills. I was with him
the first day he moved his big toe
and from that time on he has gradu-
ally improved, and for the last
few years he has been perfectly well.
I can vouch for the cure Dr. Wil-
liams' Pink Pills effected in his
case."

If you are sick and the treatment
you are now taking does not help
you, give Dr. Williams' Pink Pills
a fair trial. They have cured thou-
sands after doctors and other medi-
cal treatment had hopelessly failed.
These Pills actually make new, rich,
red blood, feed the starved nerves
and bring health and strength to
every part of the body. This is
why Dr. Williams' Pink Pills cure
such apparently hopeless cases as
Mr. McDonald's, and it is why they
have cured thousands and thousands
of sick, discouraged people in every
part of the world. Sold by all me-
dicine dealers or by mail at 50
cents a box or six boxes for \$2.50
from the Dr. Williams' Medicine Co.,
Brockville, Ont.

THE QUIET HOUR.

My heart is tired, so tired to-night—
How endless seems the strife!
Day after day the restlessness
Of all this weary life!
I come to lay the burden down
That so oppresseth me,
And, shutting all the world without
To spend an hour with Thee!

Dear Lord,
To spend an hour with Thee.

I would forget a little while
The bitterness of tears,
The anxious thoughts that crowd
My life,
The buried hopes of years;
Forget that mortal's weary toil
My patient care must be,
A tired child I come to-night
To spend an hour with Thee,
Dear Lord,
One little hour with Thee.

A foolish, wayward child, I know—
So often wandering;
A weak, complaining child—but O
Forgive my murmuring,
And fold me to Thy breast,
Thou who hast died for me,
And let me feel 'tis peace to rest.
A little hour with Thee,
Dear Lord,
One little hour with Thee.

The Proper Relation of Religion
and Medicine.

These present-day movements, that
exaggerate the influence of religious
belief over physical nature, are in
no way new in the world's history.
Originally medicine was quite sub-
ordinate to religion and the first
physicians were priests. A recur-
rent tendency to re-assume this re-
lation has frequently shown itself.
But the result has always been un-
fortunate both for religion and
medicine. It has taken much of
the spirituality out of religion and
much of the science out of medicine.
Professor Munsterberg calls atten-
tion to the work of Pastor Gasser
in Southern Germany in the eight-
eenth century, because it represents
certain similar movements of our
own time. Pastor Gasser believed
that a great many nervous dis-
eases were from the devil, and he
cured them by various religious
means. The Catholic Church did not,
however, approve of the exaggera-
tion of his ideas in this regard, and
so Pastor Gasser died in obscurity
though not before he had influenced
Messner very materially and so led
to a new medical movement.

Religion and medicine are intima-
tely related. Each has its own
definite limits in life. They are co-
ordinate factors for happiness here,
for there can be no happiness with-
out health, and for pain and suffer-
ing help and strength from above
are needed. These necessities are
given by the two co-ordinate factors
—religion and medicine, but each
must be kept in its own place.
Whenever two such intimately relat-

ed factors exist, there is apt to be
mutual invasion of the other's do-
main. Medicine for a time promised
to make life so much happier and so
much longer that men forgot how
essential religion is in enabling them
to withstand the trials of life. There
is danger now of a reaction in which
religion, in turn exaggerating its
importance, will invade the domain
of medicine and most likely do
much harm. In the midst of all
such agitation it is important to
realize that the Catholic Church has
been quite unmoved. As she was the
main barrier against the infidelity
that came from over-confidence in
science, she now sanely places spirit
and matter each in its proper place;
shows us how other-words we may
make for happiness even in this
world; how confidence in God may
lessen tribulation; how self-denial
may lead to happiness; and, above
all, how prayer and confidence in
Providence may give that placidity
which robs suffering of its terrors.

SETTING HIM STRAIGHT.

Him—You're the only girl I ever
loved!
Her—That's interesting but immat-
erial. What I want to know is,
am I the only girl you're ever going
to love?

"Prisoner at the bar," said the
portly, pompous and florid magis-
trate, according to the London Daily
News, "you are charged with steal-
ing a pig, a very serious offence in
this district. There has been a
great deal of pig stealing, and I
shall make an example of you, or
none of us will be safe."

HEADACHE

AND

Burdock Blood Bitters.

The presence of headache nearly always
tells us that there is another disease
which, although we may not be aware of
it, is still exerting its baneful influence,
and perhaps awaiting an opportunity to
assert itself plainly.

Burdock Blood Bitters has, for years,
been curing all kinds of headaches, and
if you will only give it a trial we are sure
it will do for you what it has done for thou-
sands of others.

Mrs. John Connors,
Burlington, N.S.,
writes: "I have been
troubled with head-
ache and constipation
for a long time. After
trying different doc-
tors' medicine a friend
asked me to try Burdock Blood Bitters.
I find I am completely cured after having
taken three bottles. I can safely recom-
mend it to all."

For sale by all dealers.
Manufactured only by The T. Milburn
Co., Limited, Toronto, Ont.

PREACHER

AT

Order of Capuchin
Having One of
an Apostolic P

There is a lea-
ing extract from
many good Catho-
lic faith, and a
catechism, like to
no real need of a
avoid the Masses
which sermons ar-
Holy Father finds
listen to exhorta-
minded of the w-
nature and the
God's grace. The
says:

The Order of C-
enjoyed the privi-
the Apostolic pro-
number of whom,
service, are elevat-
pate, or even to
The present Gener-
chins filled the im-
till two years ago
elected to his pres-
of one of the most
ligious orders. Pi-
sacred in choos-
Many years ago, in