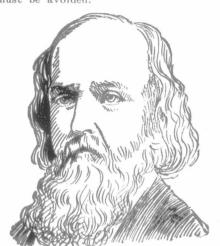
THE FARMER'S ADVOCATE.

For Well People.

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An Easy Way to Keep Well. It is easy to keep well if we would only observe each day a few simple rules of health.

The all-important thing is to keep the stomach right, and to do this it is not necessary to diet or to follow a set rule or bill of fare. Such pampering simply makes a capricious appetite and a feel-ing that certain favorite articles of food must be avoided must be avoided



Prof. Wiechold gives pretty good ad-vice on this subject. He says: "I am 68 years old and have never had a serious illness, and at the same time my life has been lårgely an indoor one, but I early discovered that the way to keep healthy was to keep a healthy stomach, not by eating bran crackers or dieting of any sort. On the centrary, I always eat what my appetite craves, but for the past eight years I have made it a daily practice to take one or two of Stuart's Dyspepsia. Tablets after each meal, and I attribute my robust health for a man of my age to the regular daily use of Stuart's Tablets. "My physician first advised me to use them, because he said they were per-fectly harmless and were not a secret patent medicine, but contained only the natural digestives, peptones and dias-tase, and after using them a few weeks I have never ceased to thank him for his advice. "I honestly believe the habit of tak-Prof. Wiechold gives pretty good ad-

his advice. "I hone

"I honestly believe the habit of tak-ing Stuart's Dyspepsia Tablets after meals is the real health habit, because their use brings health to the sick and ailing, and preserves health to the well and strong." Men and women past fifty years of age need a safe digestive after meals to insure a perfect digestion and to ward off disease, and the safest, best known and most widely used is Stuart's Dys-pepsia Tablets.

and most widely used is Stuart's Dys-pepsia Tablets. They are found in every well-regu-lated household from Maine to Cali-fornia, and in Great Britain and Aus-tralia are rapidly pushing their way in-to popular favor. All druggists sell Stuart's Dyspepsia Tablets, full-sized packages at 50 cents, and for a weak stomach a fifty-cent package will often do fifty dollars' worth of good.—Advt.

1901 Importation

N. M. BLAIN'S TAMWORTHS. Coldspring herd of Tamworths, owned by Mr. Norman M. Blain, of St. George, Ont., was founded in 1890 on imported stock purchased from the herd of the Ontario Agricultural College, and from stock imported by Mr. John Bell, of Amber, Ont. One of the first sows purchased was Amber Rose (imported in dam), a typical representative of that now favorite breed, and her descendants fully justify the excellent judgment shown in the selection of her as a dam. Among the first sires in use in their herd was Rattler 27, an enormous-sized boar of great length and sub-stance, as well as fine quality, and who leit many prizewinners. The present stock boar is Advance 610, bred by John Bell, and sired by Birmingham Duke (Imp.) 113. He was bred by John Norman, Jr., Tamworth, Eng. The dam of Advance is Amber Duchess 110. by Ingersoll Duke (Imp.). This boar has proved himself to be a sire of the high-est rank, his stock being exceptionally even, very long and deep, and, withal, uncommonly smooth, and the active de-mand for Mr. Blain's stock is the best guarantee that they please the many purchasers. Stock from this boar has pervent to Jowa, U. S.; Nova Scotia, Prince Edward Island, Quebec, British Columbia, and all over Ontario. One boar sold to parties in Iowa now weighs over 1,200 pounds. The dams at present on the farm are an extra nice tot. The sow, Amber Tuchess 110, by Ingersoll Duke (Imp.), is one hard to beat. Another one is Beauty 1 Am 190, by Robert Burns 585, dam Pride of Zurick 1188, by Duke of Dorchester. May B. is a yearling of extra nice quality; she is sired by Five Points 1302, dam Blain's Fancy 1184. This sow captured 1st prize at Guebh Fat Stock Show last year as best pure-bred bacon type. Thrifty Maid is another dam that swept the board at Toronto last fall, capturing 1st and sweepstakes at Guebh Fat Stock Show. These animals are all in splendid condition. Mr. Blain intends to compete for honors this fall at all the leading shows. N. M. BLAIN'S TAMWORTHS

are all in spiendu condition. Ministribution for the second state of the seco belongs to the fashionable Missie family, being a grandson on his sire's side to that great bull, Musgrove. In dams, the cow Charissa 19238 is a model. She is sired by Eclipse (Imp.) 49526, dam Cleta (Imp.) 5097. She belongs to the Clarct family. Another good one is Clar-issa Gem, a 3-year-old sired by Scottish Pride 26360, dam Clarissa. Wimple Heires, by Golden Robe 20396, is suckling a little gem that, if present indications are any criterion, will make a sweepstaker. It is sired by the Duthie bull, Imp. Prime Minister 15280. An-other very fine 2-year-old is Verbena's Dandy, a roan sired by Prime Minister, dam Verbena's Blossom, belonging to the same family as the champion bull, St. Valentine, which was bred on this farm. W. H. BEATTIE, Wilton Grove, Ontario, IMPORTER AND BERKEDER OF
Shropshire sheep, collie dogs, White Holland and Mammoth Bronze turkeys, and Barred Rocks.
HIGH-CLASS SHROPSHIRES. A flock of 75, of good type. Two-shear rams, ram lambs, ewe lambs, fine lusty fellows, Flock headed by a fine imported ram. Write for prices. Abram Rudell, Hespeter P.O., Ontom C. P. R. and G. T. R.
Fresh Berkshire Blood, from the most noted to make this states with researt stomething over 100, and among them are a large number of prizewinners, both individually and in pens. having won 1st prizes and sweepstakes year after year at all the leading shows in Canada and the United States. This is the flock that produced the sweepstake winners at the International Live Stock Show in Chinada and the International Live Stock Show in Chinade and the correct of the honors at Chicago is still looking hale and hearty, and fit be competented of the honors at Chicago is still looking hale and hearty, and fit be competented of the honors at the base of them in the magnetized of the honors at Chicago is still looking hale and hearty, and fit be competented of the honors at the base of them in the magnetized of the honors at the base of them in the magnetized of the honors at the base of them in the magnetized of the same show will etdite the one theore the same show will etdite the same show will etdite the their mother's equals, being sired by the term. Try Me.



The largest herd of imported and Canadian-bred Yorkshires in America. Out of 121 exhibits at the leading shows in '99 and 1900, including Toronto and London, we gained 116 awards. Expert judges both at London and Toronto were unanimous in pronouncing our herd far superior to that of our strongest competitors. Won most of the best prizes offered, including first prize for best pen of pure-bred bacon bogs, also grand sweepstakes over all breeds in a class of 13 entries. The foundation of our herd was laid by personally selecting the choicest stock from the most noted breeders in England and Sootland. We have the ideal bacon type—size without coarseness. and easy feeders. Pigs of all ages for sale at moderate prices. Write us for particulars, Telephone, Millgrove, Ont. Telegraph 254 Bay St. S., Hamilton, Ont. om D. C. Flatt & Son, Millgrove. Ont.

LARGE ENGLISH FOR SALE.

FUR SALE. YOUNG boars and sows carrying the blood of Baron Lee 4th, Bright Star (imp.), Enterprise and Highclere, on Bow Park, Teasdale and Snell females, with Allandale Boy 5875 and Royal Lad 3rd 4307 heading the herd. 0

BERKSHIRES A specialty. Can supply pairs and trios not akin Various ages. on MAC. CAMPBELL, NORTHWOOD, ONT

Tams. for Sale. Stock boar, Deflance, 2nd prize, Toronto. First-prize boar, six JOHN HORD & SON, 0-

H. GEORGE & SONS, Crampton P.O., Ont

NORTH BRUCE HERD OF ORKSHIRES

Boars fit for service, and young stock of both sexes on hand and for sale.

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FOUNDED 1866



We breed our winners, and we win more prizes than all other herds combined at Toronto, London, and other large shows. Sweepstakes in bacon classes over all other breeds in dreased carcass com-petition, also on foot, for two years in succession. Championship carcass in bacon class at Chicago, 1900. First-prize herd at Toronto Industrial for nine years. Write for prices. om

Brethour & Saunders, Burford, Ont., Can.

FOR SALE : Yorkshires and Holsteins Best type and quality. Young stock constantly on hand. Prices right. R. HONEY. om Brickley P. O., instead of Warkworth.

One hundred Tamworth and Improved Chester White Spring Pigs of a true bacon type, our herd having won the best prizes offered at the leading exhibitions throughout Ontario and Quebec for the past ten years. Stock for exhibition purposes a specialty. We pay express charges between stations, and guarantee safe arrival of all stock shipped. Pairs furnished not akin. Write for prices. BARRED ROCKS. Extra fine. PEKIN DUCKS. Young stock for sale later. H. GEE & SONS, FISHERVILLE, ONT.

Chickens FOR EXPORT.

We want every chicken in Western Ontario, and want good active agents to buy them. Get your territory, and secure poultry for the fall any spare time you have. Write for particulars. o

of Shropshire rams and ewes of finest quality, from the best breeders, now being offered at reasonable prices. om ROBERT MILLER, Stouffville, Ontario.

SHROPSHIRES.

FOR SALE: Yearlings of both sexes-extra good ones. Also this season's crop of lambs. o

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Shropshires...

At present I offer for sale : Shearling rams, shear-ling ewes, ram and ewe lambs. Also a few aged ewes. Prices reasonable.

GEORGE HINDMARSH, AILSA CRAIG, ONT. -0

SHROPSHIRES Shearling rams, ram and ewe lambs. Well covered. Good colors. Good individuals. CHESTERS : Bacon type. Litters ready to ship. W. E. WRIGHT, o. Ghanworth, Ont.

W. H. BEATTIE, Wilton Grove, Ontario,

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JOS. FEATHERSTON & SON. IMPORTERS AND BREEDERS OF Improved Large Yorkshire and Essex Swine STREETSVILLE, ONTARIO.

We have some fine young pigs to sell, from imp-sows and by the celebrated boar, Whitton Star. He took first prize at Toronto and London fairs in 1899 and 1900. We have some more imported sows to farrow, bred to him, and have some nice young pigs from our home-bred sows, and got by the imp. boar, Nottingham Monarch, a sire of great promise. o

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IN WRITING CALL FOR THE PLEASE MENTION FARMER'S ADVOCATE.