

The HOME CIRCLE

WHY DO WE WAIT?

Why do we wait till ears are deaf Before we speak our kind word...

Why do we wait till hearts are laid Close folded, pulseless, ere we place...

Why do we wait till eyes are sealed To light and love in death's deep trance...

Dear, wistful eyes—before we bend Above them with impassioned glance?

Why do we wait till hearts are still To tell them of the love in ours, And give them such late meed of praise...

How oft we, careless, wait till life's Sweet opportunities are past, And break our "alabaster box Of ointment" at the very last!

O, let us heed the living friend Who walks with us life's common ways, Watching our eyes for a look of love, And hungering for a word of praise!

THE IRISH PIPES.

I heard the piper playing, The piper old and blind, And knew its secret saying— The voice of the summer wind.

I heard clear waters falling, Lapping from stone to stone, The wood-dove crying and calling, Ever alone, alone.

I heard the bells of the heather Ring in the summer breeze, Soft stir of fur and feather: And quiet hum of bees.

The piper drew me yearning Into the dim grey lands, Where there is no returning Although I ring my hands.

There to the piper's crooning I saw my dead again, All in a happy nooning Of golden sun and rain.

You piper, kind and hoary, Your pipes upon your knee, If I should tell my story, The things you piped for me.

The folks would leave their selling, And bid their buying go, If I could but be telling The things you let me know. —Katharine Tynan, in The Spectator.

LADY GWENNY.

(To the Welsh air, "The Welcome of the Hostess.")

County by county for beauty and bounty Go search! and this pound to a penny, When you've one woman to show us as human...

And lovely as our Lady Gwenny! For she has the scorn for all scorners, And she has the tears for all mourners;

Yet joying with joy, With no crabbed annoy To pull down her mouth at the corners.

Up with the lark in the pasture you'll meet with her, Songs like her own sweetly trilling; Carrying now for some poor folk a treat with her,

Small mouths with lollypops filling, And while—as he stands in a puzzle— She pats the fierce bull on his muzzle.

The calves and the lambs Run, deserting their dams, In her kind hands their noses to muzzle.

Now with her maidens a sweet Cymric cadence She leads, just to lighten their sewing, Now at the farm, her food-basket on arm,

She sets all the cock'rels a-crowing, The turkey cock strutting and strutting, His bagpipe puts by at her humming;

And even the old gander, The fowl-yard's commander, He winks his sly eye at her coming.

Never to wandering minstrel or pondering Poet her castle-gate closes, Ever her kindly cheer—ever her praise sincere

Falls like the dew on faint roses, And when her Penillions rhyming She mates to her triple harp's chiming,

In green Gorse-d gown— The half of the town Up the fences to hear her are climbing.

Men in all fashions have pleaded their penisons— The scholar, the saint and the sinner— Pleading in vain Lady Gwenny to gain, For 'tis only a hero shall win her.

To share his strong work and sweet leisure He'll have no keen chaser of pleasure, But a loving young beauty With a will set on duty And a heart full of heaven's hid treasure.

—Alfred Percival Graves.

HOME, SWEET HOME.

The Rev. Robert Kane, S.J., preaching a beautiful Lenten sermon in a Dublin church, took for his title "The Plain Gold Ring," and his text, "What God hath joined together let no man put asunder."

"Home must mean the hallowed resting place where lingers the loves that are the most sacred on earth. It is the temple of heart affection. It is the sanctuary blessed by noble human unselfishness. It is the shrine consecrated to highest human love. Home means the bond of blood and ties of tenderness which clasp into one close intimacy the hearts of those who, hand-in-hand, journey heavenward. Home is the moral circle within which minds and hearts share the same shelter, breathe the same atmosphere, bear the same burdens, sympathize in the same sorrows, enjoy the same pleasures, divide the same toils, and contribute to the same successes.

"It is a moral union of thought and will, so that lives are linked together in the measure of one melody, with varying tone, throbbing harmoniously, like human cords, which, each in its own way, catch up and re-echo the same song of soul. Thus, home is the spot which souls, united by blessings of love or bond of blood, have made their own sweet paradise on earth. Home is that one place where our most cherished human hopes blossom in secure shelter, and where God's brightest blessings fall; for there is no place like home.

Such is the ideal. It may, indeed, be often overshadowed by a weary mist of tears. It may sometimes be darkened by desolating tempest of grief. Around it wild winds of strife may shriek; or upon it cold, silent clouds of misfortune may fall like snowflakes, yet the ideal is always there. However observed it may be in the day of life's struggle, or in the night of life's loneliness, it is often lit up in the evening of age with a glory of sunset, while in youth's dawn it is almost always brilliant with bright promises and colored by warm enthusiasm. Then it comes to pass that this ideal, in its truest and holiest aspect, comes before the thought of the man or the maiden whose heart begins to flutter forth from that parent nest in order to seek another and dearer home. It is always strange in the freshness of its revelation—the story of love's young dream.

CARE OF CHILDREN'S TEETH.

Consul Joseph I. Brittain sends the following report from Strassburg, Germany: "In 1902 the city of Strassburg opened a dental clinic for the care and treatment of the teeth of the children in the public schools, and to make such care and treatment compulsory. The children are treated free of cost and are given instruction in the care of the teeth and keeping them clean. Since the establishing of the Strassburg clinic similar ones have been opened in Darmstadt, Mulhausen, and other cities in Germany.

Kidney Disease On the Increase

BUT PREVENTION AND CURE ARE READILY OBTAINED BY THE USE OF

Dr. Chase's Kidney-Liver Pills

Recent reports of the New York Board of Health prove that the mortality from kidney disease is greatly on the increase.

Erigo's disease, as well as the other dreadfully painful forms of kidney disease, can usually be prevented and cured by giving some attention to the diet and to the activity of the liver and kidneys.

Excesses in eating and the use of alcoholic drinks must be avoided, and the filtering organs can best be kept in good working order by the use of Dr. Chase's Kidney-Liver Pills.

The derangements which lead to Bright's disease usually have their beginning in a torpid liver and there is suffering from headaches, biliousness and indigestion before the kidneys fail and such symptoms appear as backache, scanty, highly colored urine, painful, scalding urination, deposits in urine, etc.

Mr. James McGuire, blacksmith, Mount Forest, Ont., states: "In my work as blacksmith there is probably more straining and exposure to sudden changes of temperature than in any other trade. This, no doubt, accounts for so many blacksmiths suffering with headache and kidney disease.

"I was troubled a great deal with my kidneys and the bending over my work so much caused great suffering from backache. I found Dr. Chase's Kidney-Liver Pills the best treatment I could secure for this trouble. They act directly and promptly and I would not think of using any other medicine."

Dr. Chase's Kidney-Liver Pills succeed where ordinary kidney medicines fail, because of their direct and combined action on the liver and kidneys. This has been proven in thousands of cases of serious and complicated diseases of the kidneys. One pill a dose, 25 cents a box, at all dealers, or Edmanson, Bates & Company, Toronto.

and much interest is being aroused. "At the Strassburg clinic 5,343 children were examined the first year and 2,066 received treatment. The third annual report, just published, states there were 12,691 visits to the clinic in 1904 and 6,282 children were treated, for whom 7,065 teeth were filled and 7,985 were extracted, and 4,382 other children had their teeth examined.

"Great advancement was made during the past year in the attention given to children between the ages of 3 and 6 years. Of the children between the ages of 6 and 8 years 160 out of a total of 2,103 had sound teeth or but 7.5 per cent.

"There were forty-four examination days, at which eighty children were examined per hour. The children are taught to clean their teeth three times daily, and especially before retiring. The dentist also instructs the children in the use of the toothbrush, each child receiving a brush for home use. The dentist also gives each child a piece of rye bread and instruction in how to masticate the same with the least injury to the teeth."

"Since the introduction of the treatment there is a marked improvement in the general health of the public school children, and there is less headache, earache, and stomach trouble."

SUMMER DISHES.

There is a growing interest in nutritive dishes that contain no meat. Lentils are highly nitrogenous and deserve a place in every housekeeper's larder. Their flavor may be varied in a hundred ways by the addition of savories.

Lentils and Rice.—A dish called "Egyptian" which is popular in all of the foreign restaurants might be easily prepared at home to take the place of the roast or broil. For it boil separately half a cupful each of lentils and of rice. The lentils will need a full hour for cooking after soaking for twelve hours previously. Meanwhile stew a cupful of tomatoes with a bit of bay leaf, half a minced onion and a blade of mace. When most of the juice is evaporated from the tomatoes remove and strain them. Season them with butter, salt and pepper. Mix the seasoned rice and lentils and stick the mass here and there with cardamom seeds. Turn over it the tomatoes and serve hot.

Panned Chicken.—The chicken should be small, not over a pound in weight, and should be cleaned and split for broiling. Then break the breast bone and flatten with a rolling pin. Place in a baking pan with the skin side up, laying on each breast a slice of fat bacon. Sprinkle very lightly with salt and pepper, and a little water, cover the pan tightly and bake for one-half hour. Remove the cover and cook until brown, basting every few minutes. Then remove the bacon. Arrange on a hot dish and pour the liquor from the pan over the chicken. Garnish with water cress or fresh parsley.

Spiced Beets.—Spiced beets will be found a useful addition to salads, as a relish with cold meats or as a garnish for many dishes.

Boil a number of medium-sized beets until very tender, drop in cold water and rub off the skins. For a quart of beets put into a saucepan one-half of a cupful of sugar, five cloves, a saltspoonful of white mustard seed, half a blade of mace, an inch stick of cinnamon, a quarter of a teaspoonful of salt and a pint and a half of vinegar. Boil together until reduced one-half; add the beets and simmer gently for twenty minutes. Lift out from the saucepan, place half in a fruit jar, cut the remainder in fancy shapes or slices and place in another jar. Strain the vinegar and divide between the two jars.

THE GABBLING GIRL.

She is met with every day, this girl who gabbles. Everyone knows her; and in consequence avoids her. It is only a few unwary ones who walk deliberately into her net, there to be talked to death by this female wonder, whose tongue runs on ceaselessly on topics that have no earthly interest for you. In minutes she will tell you all her family history, how many gowns she owns, who her beaux are, and what is her father's business. She has a fondness for recalling anecdotes connected with her own childhood in which she always figures in some remarkable manner. If you try to break in and tell her some of your own or your relations' achievements she can immediately cap your retical with a tale ten times more thrilling, and you begin to think what an insignificant little thing you must have been though your mother always said you were a smart child for your age. When you have once learned the ways of the gabbler you find that her slightest utterance fills you with terror; you dread an avalanche, and feel inclined to duck your head before the torrent of reminiscences the most casual word calls forth. The extraordinary part of it all is that she thinks herself so entertaining that you have not the heart to stem the flow of words even when you are bored to death. Like so many people, she thinks a ceaseless chatter the art of fine conversation and unless checked in infancy she will become a veritable terror to all who come within her ken.

THE DANGER OF QUIBBLING.

"Constant dripping wears away a stone," might be altered to "constant nagging wears away a saint," for one sees some of the finest men in creation belittled and made into morose, irritable creatures by a small, feminine tyrant wife.

For it is nearly always the best who give in. The man or woman with a large, generous nature, too good-hearted to be always quibbling and quarrelling over petty trifles is the easiest sort of prey for the household tyrant.

A woman who makes "scenes," and uses her tears and weakness as a



From Newfoundland.

LITTLE BAY MINES, Nfld. I suffered five years from epileptic fits. I tried several doctors but they didn't do me any good. Then Pastor Koenig's Nerve Tonic was recommended to me by our pastor. Since I took it I had no more attacks in six months and I find myself as well as ever. Mrs. J. BOUZAN.

Mr. W. Perry writes from Brantford, Ontario, Canada, that he broke an arm, which caused quite a nervous shock to him, for which he took Pastor Koenig's Nerve Tonic, and derived great relief therefrom.

From Otonabee, Can. Mr. J. E. Devlin writes, "I consider Pastor Koenig's Nerve Tonic a good thing for the nerves and I recommend it to every one suffering from nervousness or any disease of the brain or nerves."

FREE A Valuable Book on Nervous Diseases and a Sample Bottle to him, if you address your request to the Rev. Father Koenig, 100, St. James St., Montreal, P. Q. Prepared by the REV. FATHER KOENIG, of Fort Wayne, Ind., since 1876, and now by the KOENIG MED. CO., CHICAGO, ILL. Sold by Druggists at \$1.00 per bottle, 6 for \$5.00. Agents in Canada—THE LYMAN BROS. & CO., LTD., TORONTO; THE WINGATE CHEMICAL CO., LTD., MONTREAL.

weapon for tyranny, can often subject the strongest man to her whims and caprices. She pays a heavy price for her victory. For he ceases to love her. She rules because he is a gentleman, and rightly regards such matrimonial scenes as vulgar.

TO MASS UNDER DIFFICULTIES.

In the "God's Acre" of a small town in the Midlands, England, are the graves, side by side, of a brother and sister. Owing to circumstances which they could not change, they had lived seven miles from a church, and yet never had been absent from Sunday Mass. From childhood to old age, summer and winter alike, had they gladly tramped, every Sunday morning their fourteen miles, seven in and seven out, to hear Holy Mass. Moreover, every first Sunday of the month they walked in fasting, so as to go to Holy Communion, nor did they break their fast till half way back on the road home, when sitting down beside a spring, they would eat the bread they had brought with them from home, and drink from the bubbling spring. A few hundred yards from their halting place was a Protestant nobleman's house; and they always prayed as they passed it by, for the conversion of the family to the Catholic faith. The years came and went, and the answer to the prayers came, as come it will to prayer. The aged couple, brother and sister, have gone to their reward; the once Protestant nobleman's family is now Catholic, and a beautiful Catholic church has been built within a stone's throw of the spot where the good Catholic old man and woman were wont to break the fast after Communion.—Catholic Transcript.

BUTTERMILK FOR THE SKIN.

There is probably no better emollient for the skin than buttermilk, and it leaves the skin soft and white, with a fresh, sweet odor, superior to any manufactured perfume. If you sunburn and tan and are inclined to freckle, the buttermilk acts as a bleach. It also stimulates the pores and acts as a corrective for most of the minor imperfections to which the skin is prone. It should, however, never be applied to the face with a massage movement, but with smart little pats, until every portion of the face has been covered; and let it dry on the skin, as it will leave no trace of oiliness. It may be used generously on the neck and arms, which should be bathed first. Dry the skin by patting (not rubbing) with a soft towel, and a delicious feeling of softness will follow.

If your skin appears sallow in the spring, try another old-time remedy—dandelion tea. This seems to act directly on the liver, and will make sallowness and pimples soon disappear. Make a tea of the roots and leaves, and take it for about two weeks at a time.

THE MOTHER WHO LAUGHS.

There are many conscientious fathers and mothers who make themselves and their children miserable by taking youthful foibles too seriously. It is an innate propensity of a child possessed of average good health and spirits to make older people laugh with him; not at him, but at the things that seem amusing to his own sense. And the mother who has the blithe and ready humor to enter into his fun becomes his most fascinating companion. He heeds her rebukes and bends to her correction without ill feeling where sternness would arouse his pride and ire, for he is assured that she is ready to share all his innocent pranks and that her disapproval has no foundation in impatience or injustice. And when the day arrives that "childish things are put away" and the grown men and women look backward to their early home, with what a throb of pleasure they say, when things happen: "Mother would appreciate this. She had the quickest sense of humor of any woman you ever saw!" And underneath these light words is the thought, "How happy that dear mother made me, and how I love her!"

AIR THE CLOTHING.

All your clothing worn in the daytime, footwear included, open out and hang over chairs or on hooks near the stove or register to dry and air during the night. If you neglect this simple, sanitary measure your clothing will feel damp and cold in the morning, because it still contains the evaporations from your body during the previous day, and after awhile your clothes will have an unpleasant odor from these evaporations. Drying and airing your footwear during the night will keep your feet from sweating, coldness and bad odors.

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SYNOPSIS OF CANADIAN NORTH-WEST

Homestead Regulations

ANY even numbered section of Dominion lands in Manitoba or the Northwest Provinces, excepting 8 and 26, not reserved, may be homesteaded upon by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one-quarter section, of 160 acres, more or less.

Entry must be made personally at the local land office for the district in which the land is situated.

HOMESTEAD DUTIES: A settler who has been granted an entry for a homestead is required to perform the conditions connected therewith under one of the following plans:

(1) At least six months' residence upon cultivation of the land in each year during the term of three years.

(2) If the father (or mother, if the father is deceased) of any person who is eligible to make a homestead entry under the provisions of this act resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this act as to residence prior to obtaining patent may be satisfied by such person residing with the father or mother.

(3) If the settler has his permanent residence upon farming land owned by him in the vicinity of his homestead, the requirements of this act as to residence may be satisfied by residence upon the said land.

APPLICATION FOR PATENT should be made at the end of three years, before the Local Agent, Sub-Agent or the Homestead Inspector.

Before making application for patent the settler must give six months' notice in writing to the Commissioner of Dominion Lands at Ottawa of his intention to do so.

SYNOPSIS OF CANADIAN NORTH-WEST MINING REGULATIONS. Coal.—Coal lands may be purchased at \$10 per acre for soft coal and \$20 for anthracite. Not more than 320 acres can be acquired, by one individual or company. Royalty at the rate of ten cents per ton of 2,000 pounds shall be collected on the gross output.

Quartz.—A free miner's certificate is granted upon payment in advance of \$7.50 per annum for an individual, and from \$20 to \$100 per annum for a company, according to capital.

A free miner, having discovered mineral in place, may locate a claim 1,500 x 1,500 feet. The fee for recording a claim is \$5. At least \$100 must be expended on the claim each year or paid to the mining recorder in lieu thereof. When \$200 has been expended or paid, the locator may, upon having a survey made, and upon complying with other requirements, purchase the land at \$1 an acre.

The patent provides for the payment of a royalty of 2 1/2 per cent. on the sales. PLACER mining claims generally are 100 feet square; entry fee \$5, renewable yearly.

A free miner may obtain two leases to dredge for gold in five miles each for a term of twenty years, renewable at the discretion of the Minister of the Interior. The leases shall have a dredge in operation within one season from the date of the lease for each five miles. Rental, \$10 per annum for each mile of river leased. Royalty at the rate of 2 1/2 per cent. collected on the output after it exceeds \$10,000.

W. W. CORY, Deputy of the Minister of the Interior.

N. B.—Unauthorized publication of this advertisement will not be paid for.

AN IRISH BULL.

An Irish officer, addressing his men, who had just returned from a somewhat fruitless expedition, said: "You were no doubt disappointed because this campaign gave you no opportunity to fight; but if there had been any fighting there would have been many absent faces here to-day!" —Stray Stories.

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