



A little Sunlight Soap will clean cut glass and other articles until they shine and sparkle. Sunlight Soap will wash other things than clothes.

THE NEW ARCHBISHOP OF TUAM

Bishop Healy, of Clontarf, "a great and learned churchman, succeeds to the staff of St. Jarlath." He has already had, as The Dublin Freeman truly says, "a long career of brilliant service." He is a scholar of great eminence, and has been a distinguished teacher at Athlone and Maynooth. His "Ireland's Ancient Schools and Schools" shows how much Irish history and archeology are indebted to him. His learned articles contributed to reviews and newspapers were very numerous. His knowledge enabled him to render excellent service lately before the University Commission. He is a social worker, too, and will be at home in the impoverished districts of Western Erin. Speaking at Westport last week the Archbishop said: At the present time even British statesmen who are somewhat unfriendly or not over friendly to us seem to feel that it is not only a National disgrace, but it is a disgrace to the whole British Empire, that while the population in England and Scotland, in all the countries of Europe is increasing, the population in Ireland is decreasing in such a lamentable fashion. Ladies and gentlemen, we must stop it (applause) and I think everybody of experience will admit that the most efficacious means of stopping the depletion of the life-blood of the population, and the most expeditious means is to subdivide these grass prairies, and placing upon them men who are able and willing and anxious to tell them (applause). I have always thought that this most desirable thing could be done without doing a particle of injustice to any interest in the country, and for my own part, if I thought it could not be accomplished without injustice I should be very slow to have a share in doing it, but it can be accomplished without injustice if it is undertaken by the Government. What is more, I think I can undertake, to tell you, although, of course, I have no authority to speak, that it will be undertaken by the Government (applause), and that before this year is out in all probability we shall see a public department either created or strengthened with ample powers to bring about this great reform on terms of justice and equity for all (applause). In all this, my dear friends, you may rest assured of it that, so far as my influence goes, I shall exert it in season and out of season to bring about this great reform, which, as I said in Tuam, is not merely a question of better or worse, but really for our poor people in the West of Ireland is a question of life and death (applause). I think that I should fail in my duty as the Pastor of my people, and especially of a people who have exhibited, all through a most distracting, difficult, and dangerous time, an unflinching confidence in their pastors, and an unflinching love for them, and whom I know, even in their poverty, have been always willing to share their last sixpence and would share their last crust of bread with them—I feel that I should be wanting in my duty as Archbishop, I feel that I should be wanting in my duty as a priest, I feel that I should be wanting in my duty as a Christian man if I did not do my utmost to help them and to cause this utter misery and wretchedness in which they have lived hitherto to disappear for ever (applause). Yes, and in what I have read in statistical books connected with the country, I know that some of the chief local proprietors in this part of the country, and especially here in Westport, in the past did spend large sums of money in trying to create industries and to do their best, I believe, to give employment and to help the poor people rot about them. I trust the same spirit still exists, and that in the larger and more glorious future, which I believe is before us all, that we Irishmen of every creed and every class, will unite together and, forgetting our past differences, that we shall all unite to do the best we can for the benefit of our common country, to help our countrymen at home, to enable them to live in something like comfort, and to do away with the great disgrace of having the generous and large-hearted people of these western shores habitually, so to speak, begging alms from others to enable them to subsist, when they were willing to work, and had the means of subsistence before them.

HELPER.

Words of sympathy, deeds of truth, Hearts that melt where the tears fast fall, These are a part of the golden truth; A kind good will is a help to all. Duty is cold, though the heart be warm, Life is a flame, and the soul lies deep— Under the sun, and the wintry storm, The hills and valleys their purpose keep. A purpose to bloom when the spring-time comes! A feeling, like love, that awaits its time, Or a sword, that leaps to the sound of drums Or thought, that springs to the lilt of rhyme. Dark! and the dew falls soft on the bud, Day! and the sun creeps down to the seed, Health and strength in the rolling flood! Fragrance hid in the stony mead! So we help each other by hope and trust, The time will come to do and give— If the lowly helper say, as he must, Oh, patient toiler, rise and live! —Charles W. Stevenson.

GERMANY AND THE JESUITS.

Berlin, March 28.—The Government's intention to abolish the provision of the law excluding Jesuits from Germany announced in the Reichstag by Chancellor Von Buelow recently will not be realized. It is learned that the agitation against the measure that followed the action of Bishop Korum in March last, in threatening the parents of Roman Catholic children who attended the State schools of Treves with ecclesiastical penalties, has resulted in such changes of view on the part of the various Governments that the Bundesrath now has a majority against the Jesuits' readmission. The question goes to the Bundesrath after Easter, where it will either be voted down or indefinitely postponed.

EARTHQUAKE IN JERUSALEM.

Jerusalem, March 30.—An earth shock of unprecedented violence was experienced here at 12.45 this morning. The entire population was panic-stricken, but the damage was slight.

PROTECTION OF PRAYER.

Oh! you who are still young, upon whom God has lavished all those gifts which I have lost—candor, simplicity, innocence, friendship, devotion—guard these treasures well; and that they may not die, place them under the protection of prayer.

FRIENDSHIP.

We should always have in our heads one free and open corner, where we can give place, or lodging as they pass, to the ideas of our friends. It really becomes unbearable to converse with men whose brains are divided up into well-filled pigeon-holes whereinto nothing can enter from the outside. Let us have hospitable hearts and minds.

MIND OF THE CHILD.

One necessity of primary education is to follow the order of the child's mind. The mistake of all systems of education is that they follow the order of the mind of the grown-up person, between which and the mind of the child there is a great difference.

LITTLE TROUBLES.

The trouble with most of us is that our joys seem to sink out of sight in some inner quagmire, and our pains seem to take root on the thinnest soil and flourish like the proverbial green bay tree. What is the matter with us, that a little irritation to-day can wipe out, in a moment, all the recollection of yesterday's glory?

WHO FINDS SUCH MEN?

La Bruyere said: "I would find a man who is sober, moderate, chaste, equitable, declare that there is no God; but such a man is not to be found." For my part, I would find a young man who is chaste, modest, humble, seriously instructed in Christian doctrine, declare that the Faith which he received from his Mother, the Catholic Church, is without foundation; hitherto I have never met with such a young man.—Lafort.

BAD CATHOLICS.

You must have heard many times Protestants and infidels saying: "Oh! I'd be a Catholic only there are so many bad Catholics." Now it is easy to understand how those who do not know the teachings of Christ should be scandalized and kept away from the Church because of the fact that so many Catholics do not follow the teachings of their Church. If such are really in earnest the parable of the good and bad seed ought to be sufficient to convince them that the fact that there are some wicked people who call themselves Catholics in no way militates against the truth of the Church or against the thousands others whose lives are almost blameless because they follow the teachings of the Church.

THE MARKET REPORTS.

Grain is Lower—Fair Trade in Live Stock. Tuesday Eve., March 31. Toronto St. Lawrence Market. Trade at St. Lawrence Market this morning was fairly brisk, and the receipts were heavier than they have been for some time. The total amount of grain on the market was 3,100 bushels. Wheat—Three hundred bushels of white sold at 60c to 70c per bushel, 200 bushels of red sold at 55c to 60c to 70c, 500 of goose sold at 50c to 55c. Oats—1,500 bushels sold at 35c to 36c per bushel. Barley—Five hundred bushels sold at 40c to 45c per bushel. Dressed Hops—The market was easier to-day, and declined another 10c per cwt. Light weight hops are quoted at \$8 to \$9.50 per cwt, and heavier at \$7.50 to \$8. Eggs—New laid are plentiful, and are quoted about steady at 12c per dozen. Butter—Four rods continue steady at 18c to 20c, and large at 15c to 20c per pound. Receipts are at present somewhat limited.

Hay—About 30 loads were on the market. No. 1 timothy is quoted at \$12 to \$14 per ton, and mixed or clover at \$8 to \$10. Straw—The market is quoted steady at \$3 to \$3.50 per ton. Six loads were sold.

Toronto Live Stock Markets.

There was a fairly good trade at the Toronto Cattle Market to-day in nearly all lines of stock. The heavy run of light weight hogs are quoted at \$8 to \$9.50 per cwt, and heavier at \$7.50 to \$8. Eggs—New laid are plentiful, and are quoted about steady at 12c per dozen. Butter—Four rods continue steady at 18c to 20c, and large at 15c to 20c per pound. Receipts are at present somewhat limited.

East Buffalo Cattle Markets.

East Buffalo, March 31.—Cattle—Receipts, 100 head; steady; tops, \$7.50 to \$7.75; common to good, \$5 to \$7.40. Hogs—Receipts, 100 head; steady; \$5.50 higher; others steady; heavy, \$7.00 to \$7.50; medium, \$7.40 to \$7.60; Yorkers, \$7.15 to \$7.25; pigs, \$7.10 to \$7.17; rough, \$6.75 to \$7; stags, \$5.50 to \$5. Sheep and lambs—Receipts, 1,100; sheep strong; lambs, 100 to 200; heavy, \$7.10 to \$7.17; rough, \$6.75 to \$7; stags, \$5.50 to \$5. Western, \$5.25 to \$5.30; yearlings, \$7 to \$7.25; ewes, \$5 to \$5.50; sheep, 100 mixed, \$5.25 to \$5.50; cults to good, \$3.25 to \$3.50.

Chicago Live Stock.

Chicago, March 31.—Cattle—Receipts, 5,500; steady; good to prime steers, \$4.50 to \$5.25; poor to medium, \$4 to \$4.75; stockers and feeders, \$2.75 to \$4.20; cows, \$1.50 to \$4.40; heifers, \$2.50 to \$4.75; canners, \$1.50 to \$2.75; bulls, \$2.50 to \$4.00; calves, \$3 to \$5.50; Texas-fed steers, \$4 to \$4.50. Hogs—Receipts to-day, 12,000; to-morrow, 25,000; left over, 3,000; 5c to 10c higher; all bought; mixed and butchers', 7.15 to \$7.35; good to choice heavy, \$7.40 to \$7.45; rough heavy, \$7.10 to \$7.40; light, \$6.50 to \$7.25; bulk of sales, \$7.25 to \$7.40. Sheep—Receipts, 14,000; sheep steady; lambs, fancy higher; good to choice wethers, \$5.50 to \$6.25; fair to choice mixed, \$4.50 to \$5.50; native lambs, \$3.50 to \$7.45.

Leading Wheat Markets.

Closing previous day. Closing to-day. Cash. May. Cash. May. Chicago 72 1/2 73 1/2 72 1/2 73 1/2 New York 77 1/2 77 1/2 77 1/2 77 1/2 Toledo 75 1/2 75 1/2 75 1/2 75 1/2 Minneapolis 73 1/2 73 1/2 73 1/2 73 1/2 Duluth, 1 hard 75 1/2 75 1/2 75 1/2 75 1/2 do No. 2 73 1/2 73 1/2 73 1/2 73 1/2 Milwaukee, 2 nor. 75 1/2 75 1/2 75 1/2 75 1/2 Detroit, 2 red 75 1/2 75 1/2 75 1/2 75 1/2 St. Louis 68 1/2 68 1/2 68 1/2 68 1/2

British Markets.

Liverpool, March 31.—Opening—Wheat, spot steady; No. 1 standard California, per cental, 68 1/2 to 68 3/4; Walla, 68 1/2 to 68 3/4; No. 2 red winter, 68 to 68 3/4; No. 1 northern Manitoba, 68 1/2 to 68 3/4; futures steady, inactive; May, 68 1/2 to 68 3/4 value; June, 68 1/2 to 68 3/4 value; Corn, spot quiet; mixed American, per cental, new, 48 1/2 to 49 1/2; futures steady; May, 48 1/2 to 49 1/2 value; June, 48 1/2 to 49 1/2 value. Flour, Minneapolis, 28 1/2 to 29 1/2.

London—Close.

London, March 31.—Opening—Wheat, on passage, more inquiry; cargoes No. 1 California, iron, passage, 31s 3d selling; Walla, red, passage, 31s 3d selling; f.o.r.t., passage, 28s 6d selling; March and April, 28s 3d selling, above average quality; Corn, on passage, quiet and steady; corn, cargo Galata, Foxonian, prompt, 3d sellers. Weather in England overcast. Wheat, parcels No. 1 hard, 48s 10d sold, 48s 10d; within a week, 20s 10d sold; about May 14, 28s 6d paid; June, 28s 4d paid, sold late yesterday. Wheat, parcels No. 1 northern Manitoba, within a week, 28s 10d paid; wheat, parcels No. 2 northern Manitoba, passage, 28s 4d paid. Corn, parcel mixed American, March, 18s 1/2 paid, and within a week, 18s 1/2 paid; April, 18s 1/2 paid, all sold yesterday. English country wheat markets of yesterday quiet, but steady.

Antwerp—Close.

Antwerp, March 31.—Close—Wheat, spot quiet; No. 2 red winter, 18 1/2 c. Flour, spot American mixed, 30s 5/8 c. Flour, spot Minneapolis, 35s 5/8 c. Wheat, tone steady; March, 27 1/2 c; May and August, 27 1/2 c. Flour, tone steady; March, 27 1/2 c; May and August, 27 1/2 c.

Born Near Port Hope.

Durand, Mich., March 31.—G. H. Perrina, prominent physician of Durand, is dead. Deceased was born near Port Hope, Ont., 25 years ago. Soon afterwards his parents removed to Kincardine. After graduating he took a course in dentistry, and located at Marine City, Mich., where he practiced three years; then he went to Baltimore to study medicine. He came to Durand eight years ago.

SORROW AN AID.

Sorrow is not given to us alone that we may mourn. It is given to us that, having felt, suffered, wept, we may be able to understand, love, bless.

OTHERS' HAPPINESS.

Don't live for yourself, and do not be afraid of diminishing your own happiness by promoting that of others. He who labors wholly for the benefit of others and, as it were, forgets himself, is far happier than the man who makes himself the sole object of all his affections and exertions.

HABIT OF GENTLENESS.

No single great deed is comparable for a moment to the multitude of little gentlenesses performed by those who scatter happiness on every side and strew all life with hope and good cheer.

None knows the weight of another's burden.

He that looks not before finds himself behind. At first we hope too much; later on too little.

There is virtue even in the looks of a great man.

Women laugh when they can and weep when they will. Everyone is as God made him, and oftentimes a great deal worse.

It is better to be sometimes deceived than to be always suspecting.

We make fanciful distinction between eternity and time; there is no real distinction. We are in eternity at this moment. That has begun to be with us which never began with God.

When a disagreeable condition is permanent and unavoidable, it is a duty to take the brighter rather than the more sombre view of the situation and find as much peace and happiness as the circumstances contain.

We may not take up the broken threads of the life that is gone and weave them into a web of joy and hope; but to those who are still left us, who have ears to hear, and hearts to throb with pain or grief, we may be generous and just, forgiving, loving and kind.

"Look here, you said this gun would shoot 100 yards. I've tried it and it only carries fifty." Isaac Vell, but my friend, there are two barrels.

"ONLY A CUP OF TEA"

Yes, that's all, but if the infusion is made from the genuine

"SALADA"

Ceylon Tea it may prove a pleasant surprise to your palate. Supposing you try? Black, Mixed or Green.

Sold only in lead packets, 25c, 30c, 40c, 50c, 60c per lb. By all Grocers

There is danger in neglecting a cold. Many who have died of consumption dated their troubles from exposure, followed by a cold which settled on their lungs, and in a short time they were beyond the skill of the best physician. Had they used Bickle's Anti-Consumptive Syrup, before it was too late, their lives would have been spared. This medicine has no equal for curing coughs, colds and all affections of the throat and lungs.

Little Tommy—Can I eat another piece of pie? Mamma (witheringly) — I suppose you can. Tommy—Well, may I? Mamma—No, dear, you may not. Tommy—Blame grammar, anyway. — Lippincott's.

The sweet companions of labor, music and song, kept pace with the strides and advancements of man. The rude chant of the boatman floats upon the water, the shepherd sings upon the hill, the milkmaid in the valley, the ploughman at the plough. The very monotony of life would be a pang to society if it were not interspersed with pleasures and recreations. What more exalts the mind and makes it forget the misery and troubles of this vale of woe? What more charms our friends? What more cheers our spirits and makes us enjoy and beautify of both nature and art than the harmonious sounds of music, thrilling our ears, filling our souls with gladness. Says St. Augustine: "As the voices flowed into my ears, truth was instilled into my heart, while the affections of piety overflowed into tears of joy."

A CURE FOR ASTHMA.

Asthma sufferers no longer leave home and business in order to be cured. Nature has provided a vegetable remedy that will permanently cure Asthma and all diseases of the lungs and bronchial tubes. Having tested its wonderful curative powers in thousands of cases (with a record of 90 per cent. permanently cured, and desiring to relieve human suffering), I will send free of charge to all sufferers from Asthma, Consumption, Catarrh, Bronchitis and nervous diseases, this recipe in German, French or English, with full directions for preparing and using. Sent by mail. Address with stamp, naming this paper, W. A. Noyes, 847 Powers Block, Rochester, N. Y.

WOMAN'S EXHIBITION, London, 1900.

DR. BARNARDO says:—

"We have already used Neave's Food in two of our Homes (Babies' Castle and the Village Home), and I have no hesitation in saying it has proved very satisfactory." — July 27th, 1901.

USED IN THE Russian Imperial Nursery.

Manufacturers:—JOSIAH R. NEAVE & CO., Fordingbridge, England. Wholesale Agents:—THE LYMAN BROS. & Co., Ltd., Toronto and Montreal.

STRICKEN WITH PARALYSIS

Could scarcely walk or talk—Legs and arms were paralyzed— Could do no work of any kind— NERVOUS SYSTEM COMPLETELY EXHAUSTED

People surprised to see him around again, a living witness to the marvellous up-building influence of DR. CHASE'S NERVE FOOD.



MR. JAS. A. DEAL

Mr. Jas. A. Deal, a respected resident of Bridgewater, N.S., writes:—

"About a year ago I suffered a stroke of paralysis, which left me in a very bad state of health. To add to my troubles, last winter I took la grippe, which completely exhausted my nervous system. I could scarcely walk or talk, my legs and arms were partially paralyzed, my blood did not circulate properly, and I could not do any work. In fact, I was so bad that the doctors gave me up and thought I could not live through the summer. "I began the use of Dr. Chase's Nerve Food, and persevered in the treatment, until now I am at work again. The change in my condition has been most remarkable. It is a surprise to everyone to know that I am able to be around again. My nervous system has been built up wonderfully by this remedy. I am able to rest well, my circulation is normal, and my general health good. My appetite is first-class, and I have gained considerably in flesh. "The results I have obtained from Dr. Chase's Nerve Food have been most gratifying, and I have no hesitation in stating that I believe I owe my life to this preparation. I am willing that you publish this letter, with the hope that it may be the means of helping others to regain their health."

DRUGGIST CERTIFIES.

MR. B. H. PORTER, Druggist, Bridgewater, N. S., certifies to this extraordinary cure by Dr. Chase's Nerve Food and states that at one time "no one expected Mr. Deal to live for a month."

DR. CHASE'S NERVE FOOD

Like other nervous diseases paralysis and locomotor ataxia are slow in coming on and dreadful in results. The warning comes by way of headache, sleeplessness, twitching of the muscles, irritability, nervousness, impaired memory, inability to concentrate thoughts, and general weakness. Then is the time to prevent the further development of nervous exhaustion by the use of Dr. Chase's Nerve Food. By increasing the quantity and quality of the blood it

CREATES NEW, VITAL NERVE FORCE,

adds firm flesh and muscle and builds up the system. Patient treatment is necessary for all nervous diseases, but by weighing yourself while using this great food cure you can prove its marvellous power as a restorative. 50 cents a box, 6 boxes for \$2.50. At all dealers, or EDMANSON, BATES & CO., TORONTO.

THE CANADIAN NORTHWEST

HOMESTEAD REGULATIONS

Any even numbered section of Dominion lands in Manitoba or the Northwest Territories, excepting 8 and 28, which has not been homesteaded or reserved to provide wood lots for settlers, or for other purposes, may be homesteaded upon by any person who is the sole head of a family, or any male over 18 years of age, to the extent of one-quarter section of 160 acres, more or less.

ENTRY

Entry may be made personally at the local land office for the district in which the land to be taken is situated, or if the homesteader desires he may, on application to the Minister of the Interior, Ottawa, the Commissioner of Immigration, Winnipeg, or the local agent for the district in which the land is situated, receive authority for some one to make entry for him. A fee of \$10 is charged for a homestead entry.

HOMESTEAD DUTIES

Under the present law homestead duties must be performed in one of the following ways, namely: (1) By at least six months' residence upon and cultivation of the land in each year during the term of three years, or— (2) If the father (or the mother, if the father is deceased) of any person who is eligible to make a homestead entry resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of the law as to residence prior to obtaining patent may be satisfied by such person residing with the father or mother, or— (3) If the settler has his permanent residence upon farming land owned by himself in the vicinity of his homestead the requirements of the law as to residence may be satisfied by residence upon the said land.

APPLICATION FOR PATENT

Should be made at the end of the three years before the Local Agent, Sub-Agent or the Homestead Inspector. Before making application for patent the settler must give six months' notice in writing to the Commissioner of Dominion Lands at Ottawa of his intention to do so.

INFORMATION

Newly arrived immigrants will receive at the Immigration Office in Winnipeg, or at the Dominion Lands Office in Manitoba or the Northwest Territories, information as to the lands that are open for entry, and from the officers in charge, free of expense, advice and assistance in securing lands to suit them. Full information respecting the land, timber, coal and mineral laws, as well as respecting Dominion lands in the railway belt in British Columbia, may be obtained upon application to the Secretary of the Department of the Interior, Ottawa; the Commissioner of Immigration, Winnipeg; Manitoba, or to any of the Dominion Lands Agents in Manitoba or the Northwest Territories.

JAMES A. SMAET,

Deputy-Minister of the Interior. N.B.—In addition to Free Grant Lands, to which the Regulations above stated refer, thousands of acres of most desirable lands are available for lease or purchase from Railroad and other Corporations and private firms in Western Canada.

W. E. A. FANNON,

Optical Doctor EYES CAREFULLY EXAMINED OFFICE HOURS 7.30 to 9.30 p.m. 219 LANSDOWN AVENUE, TORONTO.

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ALE AND BROWN STOUTS

Brewed from the finest Malt and best Bavarian blend of Hops. They are highly recommended by the Medical Faculty for their purity and strengthening qualities. Awarded the Highest Prizes at the International Exhibition, Philadelphia, for Purity of Lager and General Excellence of Quality. Registered in London, Paris, 1878. Medal and Diploma 1876-1877.

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