

*Jesus' Cure for Unhappiness*—Doctors cannot give you any medicine that will cure this trouble, but Jesus can. He tells us in our Lesson how to be happy. He calls it "blessed."

*Lesson*—Jesus is still on the mountain (outline) teaching His twelve learners, getting them ready to be workers. He is now teaching them a lesson about the way to be happy. (Recall the names of the Twelve.) If you will sit quietly, with your hands folded, we shall read the beautiful words that Jesus taught, and perhaps some of you may learn to repeat them at home. Read Lesson, Matt. 5 : 1-12.

*Rules for True Happiness*—When little people are learning anything, they like to have the rules printed ; so we'll write these rules in simple words, so that you can remember them.

RULE I. Happy are the humble people (explain). Why? The joy of the kingdom of God is within their hearts.

RULE II. Happy are those who have sorrow. Why? God will comfort them.

RULE III. Happy are the meek (patient, not giving tit for tat). Why? God will give them all good things.

RULE IV. Happy are those who are longing for right-doing. Why? God will fill them with goodness.

RULE V. Happy are those who are merciful (kind). Why? God and men will be

kind to them.

RULE VI. Happy are those who are pure in heart. Why? They shall see God in their hearts, and be ready to see Him in heaven.

RULE VII. Happy are those who are peace-makers. Why? They shall be called the children of God.

RULE VIII. Happy are those who are ill-treated because they work for Jesus. Why? Theirs is the kingdom of heaven.

RULE IX. Happy are those who have trouble and annoyance because they are serving Jesus. Why? Great is their reward in heaven.

You see these rules do not say that happiness comes from having plenty of money, or a fine home or fine clothes or from any outward blessing. Happiness comes from inside us—from the heart.

*Golden Text*—Repeat. Use the old illustration of cleaning out from a well (heart, outline) all the impure water (sins) and letting the pure spring water (Jesus' Holy Spirit) fill the well (outline). Only Jesus can do this cleansing. If our hearts are pure and full of love to Jesus, we will follow these rules and we will be truly happy.

*Symbols*—Add another building stone on the board, TRUE HAPPINESS, and on the hammer print, BE HAPPY.

*Something to Think About*—Jesus will make me happy.

### FROM THE PLATFORM

"BLESSED ARE THE POOR IN SPIRIT: FOR THEIR'S IS THE KINGDOM OF HEAVEN.

"BLESSED ARE THE MERCIFUL: FOR THEY SHALL OBTAIN MERCY."

After you have caught every eye and secured perfect silence, turn to the board and print, "BLESSED ARE THE PROUD: FOR THEIR'S IS THE KINGDOM OF HEAVEN." "BLESSED ARE THE CRUEL: FOR THEY SHALL OBTAIN MERCY." Then turn to the School and say, "Will you notice, please, the great truths Jesus taught in this Lesson?" "What did you say? I have made a mistake? Where? Tell me what I should have put on the board." Blessed are the *poor in spirit* and blessed are the *merciful*, etc. (Rub out "proud" and "cruel" and get the School to repeat the correct words, and put them in.) Then say, "Have we not often acted as though what I had first written was right?" "Shall we not ask God to help us to write the correct words in our hearts and minds so clearly that we shall remember them *always*?"