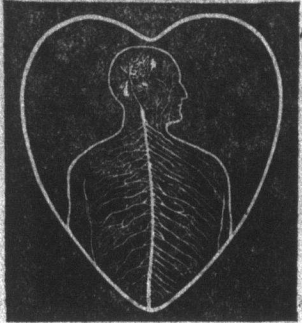


## Palpitation of the Heart—Nervous Prostration—Cured by Milburn's Heart and Nerve Pills.

They make weak hearts strong. They make shaky nerves firm.



Mr. Ray V. Cormier had a very trying experience while at College; but, thanks to Milburn's Heart and Nerve Pills, he has been restored to health. He tells his experience in the following letter to us:—

"Wellington Station, P.E.I., Dec. 3rd, 1904."

"Messrs. The T. Milburn Co., Limited, Toronto, Ontario."

"Gentlemen—Having been cured of a very troublesome disease, I find it my duty to write you a few lines. I was troubled with a very great palpitation of the heart and nervous prostration. I was attacked with it at College, and could not follow up the course of the University without being overcome with fatigue. I could not descend the stairs without resting half-way. I have left College, and am working in a general store, where I found your famous pills. I used three boxes, and am now completely cured. I cannot thank you enough. You may use this letter for the purpose of sending anyone who is suffering as I did. My home is in Backville, N.B., but at present I am on Prince Edward Island."

"Remain, dear sirs, RAY V. CORMIER."

Milburn's Heart and Nerve Pills, 50 cts. per box, or 8 boxes for \$1.25. All dealers, or mailed on receipt of price.

THE T. MILBURN CO., LIMITED, TORONTO, ONTARIO.

## CANADIAN PACIFIC

### Canadian West Grain Crop

WHEAT—60,000,000 Bushels.  
OATS—40,000,000 Bushels.  
BARLEY—10,000,000 Bushels.  
Total—110,000,000 Bushels.  
Raised on 5,313,654 Acres.  
The Estimated Value of Wheat Alone is \$41,250,000.00.

Over 100,000 Acres Good Land yet for Settlement

And hundreds of miles of new Railways will be built there in 1905. Above figures from Winnipeg Free Press.

For maps, descriptive pamphlets, settlers' passage and freight rates, call on nearest Canadian Pacific Agent, or write to C. B. Foster, District Passenger Agent, Toronto.

Tickets and full particulars from W. H. Harper, City Agt., or C. B. Foster, District Passenger Agent, Toronto.

## GRAND TRUNK RAILWAY SYSTEM

### February at the Winter Resorts

The most popular month of the year at Southern winter resorts; California, Mexico, or Florida, offer attractions difficult to find in any other part of the world. Delightful restful, health resorting climate, luxurious hotels.

Round trip tourist tickets to all Southern Resorts are on sale daily. Those who cannot take advantage of the above resorts, should send a few days or weeks at "Near Winter resorts," St. Catharines Mineral Springs, Mount Clemens Mineral Baths, and Preston Springs.

All situated on Grand Trunk.

Ocean Steamship Tickets on sale at City Ticket Office.

W. E. RISPIN, City Ticket Agent, 115 King Street, Chatham, or to

J. C. PRITCHARD, Depot Ticket Agent.

## WABASH

During the months of March, April and May, the Wabash will make sweeping reductions in one way colonist rates from Canada to Texas, Old Mexico, California, Nevada, Oregon, Idaho, Montana, Arizona, Utah, Washington and British Columbia. Also round trip tickets on sale daily at greatly reduced rates to the south and west. There is nothing more assuring to the traveler than his knowledge of the fact that he is traveling over the Wabash System, the great winter tourist route to the south and west.

For full particulars address

J. A. RICHARDSON, Dist. Pass. Agent, N.E. corner King and Yonge streets, Toronto, and St. Thomas.

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J. C. PRITCHARD, Depot Agent.

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Order your COAL and WOOD from

J. GILBERT & CO.

We have the best to be got and at lowest market prices. Orders promptly delivered.

Office and Yards Queen St., near G. T. R. Crossing. PHONE 119.

Some people talk too much to really say anything.

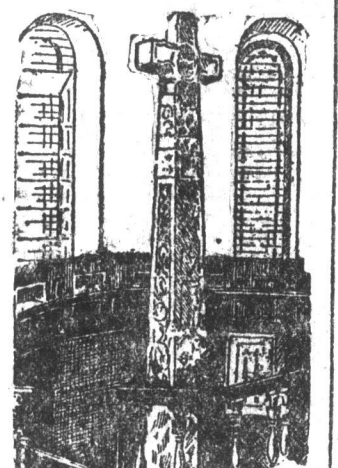
## NOW 12 CENTURIES OLD

THE RUTHWELL CROSS, BRITAIN'S OLDEST LITERARY RELIC.

Erected Originally in 680 A.D. in Northumbria; It Has Had a Somewhat Troubled Existence—Nothing Known of It for 900 Years—Put Under Ban of Scottish Assembly in 1642—Hidden by Broad-Minded Pastor.

The Monks of the cross to the memory of the Venerable Bede has called attention to one of the most remarkable and least known literary monuments in these islands. In the parish church of Ruthwell (pronounced Rivell), in the County of Dumfries, stands an elegant cross, 18 feet high, on whose broader faces are depicted scenes from the life of Christ, while on the narrower faces appears some finely executed vine-tracery. In the chief of these stone pictures the figure of Christ is represented with the aureole, the right hand raised to bless, in the left a sacred scroll. The most noteworthy feature of this beautiful cross, however, is not the exquisite chiseling of an unknown sculptor, but a Runic inscription that long baffled all the efforts of the learned to interpret it.

The history of the cross is a strange one. It is supposed to have been set up in the year 680 A.D. in Northumbria, which in those days extended from the Humber to the Forth. Whether it was originally erected in the Ruthwell district it is, of course, impossible to say. There



THE RUTHWELL CROSS.

is nothing known of it for the next 900 years, until in 1642 the General Assembly of the Church of Scotland denounced the old Anglo-Saxon cross as an idolatrous monument, and ordered its demolition. Such a proceeding seems hardly intelligible at the present day, but it must be remembered that the Runic inscription was then unread, and no doubt to these stern Presbyterians it savored of Paganism.

It so happened that the parish minister of Ruthwell at that time was a much broader-minded and more enlightened man than most of his superiors in the church. He had the cross thrown down, as in duty bound, but it was done so carefully that the destruction was only partial, and the cross, now in several pieces, was safely hidden away under the floor of the church, where it lay undisturbed for more than a century and a half. In 1823 the minister boldly took it upon himself not only to dig up the pieces and put them together again, but even to re-erect the ancient landmark in the grounds of the manse. A new cross was added, the original one having long since disappeared along with some fragments of the upper shaft. Attempts were now made to decipher the Runic writing, but to no purpose until in 1840 Mr. Kemble, of the British Museum, unfathomed the mystery of the cross, and his reading was confirmed soon afterwards, when a remarkable literary find was made in Piedmont. This was the discovery of a manuscript copy of Caedmon's "Lay of the Holy Rood," and it quickly appeared that the inscription on the cross was simply an extract from Caedmon's poem.

Thus at last a great literary controversy, that had caused no small agitation amongst the learned, both in Europe and the continent, was finally set at rest, and the Ruthwell Cross, now 12 centuries old, established its claim to a unique association with what is generally regarded as the oldest fragment of English literature that has come down to us in the year of Queen Victoria's Jubilee the venerable relic of antiquity was taken under Government protection, and safely ensconced inside the church, where a semi-circular apse had been constructed for its reception.

### Cost of Great Wars.

According to estimates of French and German statisticians, there has been expended in the wars of the last fifty years no less than the inconceivable sum of \$18,000,000,000. Of this amount France paid nearly \$3,500,000,000 as the cost of the war with Prussia. According to Dr. Roth, a German authority, the Germans lost in the war \$600,000,000 in money, this being the excess of expenditure or of material losses over the \$1,250,000,000 paid by France by way of indemnity. Dr. Engel, another German statistician, gives the following as the approximate cost of the principal wars: Crimean War, \$2,000,000,000; Italian War, of 1859, \$300,000,000; Prusso-Danish War, of 1864, \$35,000,000; War of the Rebellion—North, \$5,100,000,000; South, \$2,800,000,000; Prusso-Austrian War of 1866, \$380,000,000; Russo-Turkish war \$125,000,000; South African wars \$8,770,000; African War \$12,250,000; Servo-Bulgarian War, \$170,000,000.

## ON THE RAIL IS A HARD ONE

C. P. R. Engineer's Experience with Dodd's Kidney Pills.

They Brought Back His Strength When He Could Neither Rest Nor Sleep.

Winnipeg, Man., Jan. 6.—(Special).—Mr. Ben Rafferty, the well known C. P. R. engineer, whose home is at 175 Maple street, is one Winnipeg man who swears by Dodd's Kidney Pills.

"Long hours on the engine and the mental strain broke down my constitution," Mr. Rafferty says. "My back gave out entirely. Terrible, sharp, cutting pains followed one another, till I felt I was being sliced away piecemeal. I would come in tired to death from a run. My sole desire would be to get rest and sleep, and they were the very things I could not get. Finally I had to lay off work."

"Then I started to take Dodd's Kidney Pills, and the first night after using them I slept soundly. In three days I threw away the belt I have worn for years. Dodd's Kidney Pills cured me."

The Country Press. The country newspaper is a power in the land. Its place can never be filled by the big daily papers or the bulky magazines or agricultural journals. It fills a field entirely its own. It is the barometer of the place in which it is published. Its news pages represent the life of the people, and its advertising pages should reflect the business activity of the town.

It is the duty of every good citizen to give his support to the local press. Particularly the business man should patronize it with a view of bettering his trade. It is not money wasted to use advertising space in it. One good merchant in the town who understands how to advertise rightly can bring trade to the town that will help every other business man in it.

But all should do their part, and the storekeeper who does not give his home paper the support it merits is not the wisest kind of a business man.

### Baked Mud As Food.

Consumption of earth as food is said to be common not only in China, New Caledonia and New Guinea, but in the Malay Archipelago as well. In Java and Sumatra the clay used undergoes a preliminary preparation for consumption, being mixed with water, reduced to a paste, and the sand and other hard substances removed. The clay is then formed into small cakes or tablets about as thick as a lead pencil and baked in an iron saucepan. The Japanese frequently eat small figures roughly modeled from clay which resemble the animals turned out in our pastry shops.

Vaseline for Sore Throat. Vaseline is not only an excellent remedy for sore throat, but it is a hair tonic and can also be depended on to render tractable a door or window that sticks by applying it to the parts that adhere.

## MAKES MEN SOUND AND STRONG

Detroit Specialist Making Men's Diseases a Specialty for Years. Will Accept Your Case, Giving Individual Treatment. You may Use it in the Privacy of Your Own Home.

You May Pay When You are Cured. A Detroit Specialist who has 14 diplomas and certificates from medical colleges and state boards of medical examiners, and who has a vast experience in detecting diseases of men, is positive he can cure a great many so called incurable cases.



DR. S. GOLDBERG.

The possessor of 14 diplomas and certificates, who wants no money that he does not earn, in order to convince patients that he has the ability to do as he says, Dr. Goldberg will accept your case for treatment, and you need not pay one penny until a complete cure has been made. He wants to hear from patients who have been unable to get cured, as he guarantees a positive cure for all chronic, nervous blood and skin diseases, which he accepts for treatment. He not only cures the condition itself, but likewise all the complications, such as rheumatism, bladder or kidney troubles, back pain, physical and nervous debility, lack of vitality, stomach trouble, etc. The doctor realizes that it is one thing to make claims and another thing to back them up; so he has made it a rule not to ask for money unless he cures you, and when you are cured, he feels sure that you will willingly pay him a small fee. It seems, therefore, that it is the best interests of everyone who suffers to write the doctor confidentially and lay your case before him, which will receive careful attention, and a correct diagnosis of your case will be made free of charge. If you have lost faith write him, as you have everything to gain and nothing to lose; you must remember not one penny need be paid until you are cured. All medicines for patients are prepared in his own laboratory to meet the requirements of each individual case. He will send a booklet on the subject, which contains the 14 diplomas and certificates, entirely free. Address him simply Dr. S. Goldberg, 208 Woodward Ave., Room 617 Detroit, Michigan. Medicines for Canadian patients sent from Windsor, Ont., consequently there is no duty to be paid.

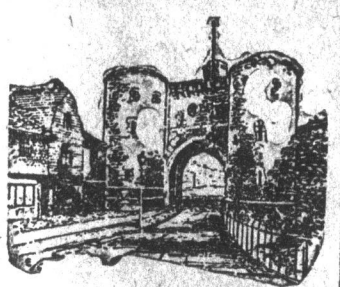
Minard's Liniment for Sale Everywhere.

## THE "LANDGATE," RYE

ONE OF THE INTERESTING BRITISH LINKS WITH THE PAST.

One of the Cinque Ports Which Wears a Faintest Acquiescence of Departed Glory—Originally Built Upon an Island, It Is Now Two Miles From the Sea—Landgate the Only One Now in Existence Built by Edward III.

Some authorities inform us that Rye—one of the Cinque Ports—is the Portus Novus of Ptolemy; however, nothing exists to indicate its occupation by the Romans. No spot in mediæval England wears such an air of patient acquiescence in its departed glory; and the pilgrim entering this unique town by the Strand Gate could almost picture himself living in the Middle Ages. Rye was originally built on an island, but now the sea is more than two miles distant, and this old-world town, with its quiet, crooked-by-streets, its red and brown-roofed houses and abbey-like church, grouped together on the hill, facing its rival—Winchelsea—is undoubtedly



THE "LANDGATE," RYE.

charmingly picturesque. Presented by Edward the Confessor to the monks of Fecamp, it was always an important seaport, and on that account subject to numerous foes. The Danes entered her harbor—which in the time of Cromwell gave accommodation to one hundred vessels—in 898; and the town was burnt and pillaged by the French in 1448, when, unfortunately, the ancient historical records were destroyed.

Edward III. built the walls, but very few traces of them remain, and to mark their circuit three gates were erected, but the Landgate is the only one now in existence. It consists of two massive round towers with a handsome Gothic archway between; above it is a projecting parapet, with openings for pouring molten substances upon an attacking force below.

The church dates from the twelfth century and is the largest in Sussex. The interior has a unique curiosity in the shape of a clock which has its pendulum hanging down through the floors of the rooms in the tower into the sacred edifice, in full view of the congregation, and to the astonishment of visitors. This is the oldest timekeeper in England, and tradition avers it was presented by Good Queen Bess, together with the carved mahogany—Communion-table—spoils of the Spanish Armada—to Royal Rye, as she named it, when she honored the town with a visit in 1573; however, by parish accounts, it was bought by the churchwardens in 1569. The eight bells have upon them the following inscription: To honor both of God and King Our voices shall in concert ring. May Heaven increase their bounteous store And bless their souls for evermore.

Whist thus we join in joyful sound May love and loyalty abound. Ye people all who hear me ring, Be faithful to your God and King.

Such wondrous power to music's given, It elevates the soul to Heaven. If you have a judicious ear You'll own my voice is sweet and clear.

Our voices shall with joyful sound Make hills and valleys echo round.

In wedlock bands all ye who join, With hands your hearts unite; So shall our tuneful tongues combine To lead the suppliant rite.

Ye ringers all who prize Your best and only happiness, Be sober, merry, wise, And you'll the same possess.

The Ypres Tower, a square building with round-angle towers, was erected by William de Ypres in the reign of Stephen. At one time it was the only defence Rye possessed, and until quite a recent period was utilized for a prison. The Monastery Chapel on Conduit Hill was built in the reign of Henry VIII., and belonged to the Friars of St. Augustine. It was afterwards a retreat of the French Huguenots, but having been used as a theatre, malt-house, and wool storehouse, etc., is now converted into the Salvation Army Barracks.

Silent Beauty of Butterflies. After all, says a student of nature, the chief charm of the race of butterflies does not lie in their varied and brilliant beauty, nor yet in their wonderful series of transformations, in their long and sordid caterpillar life, their long slumber in the chrysalis.

Nor does it lie in the fact that we do not yet certainly know whether they have in the caterpillar shape the faculty of sight or not, and do not even know the precise use of their most conspicuous organ in maturity, the antennæ. Nor does it consist in this—that they, of all created things, have furnished man with the symbol of his own immortality. It rather lies in the fact that, with all their varied life and activity, they represent an absolutely silent world.

He Wrote Frequently. Mrs. Gaddabout—Here are the letters my husband wrote me before we were married. There are about thirty of them.

Mrs. Neverholm—He wasn't much of a correspondent, then? Mrs. Gaddabout—Oh, yes, he was. You see, I only knew him three days.



Dirty woodwork or any other part of the house that requires cleaning can best be cleaned by using

## SUNLIGHT SOAP

It will remove every particle of dirt and make the whole house bright and cheery. Absolutely pure, and every bar possesses remarkable cleansing power.

ASK FOR THE OCTAGON BAR.

Sunlight Soap washes the clothes white and won't injure the hands. LEVER BROTHERS LIMITED, TORONTO.

## A New Carpet

makes a wonderful difference in the appearance of a room. If you have been making an old and worn carpet do because you thought you could not afford a new one, now is the time to change your mind.

We show a choice assortment of Carpets and Rugs, which we import directly and can thus sell at the lowest prices. Delicacy of design, harmony of colors, and perfect workmanship make these Carpets and Rugs ideal.

## THE McDONALD FURNISHING CO., Limited

## BLOOD DISEASES CURED

Drs. K. & K. Established 25 Years.

47 NO NAMES USED WITHOUT WRITTEN CONSENT.

He was surprised at how the sores healed.—I took your New Method Treatment for a serious blood disease with which I had been afflicted for twelve years. I had consulted a score of physicians, taken all kinds of blood medicine, visited Hot Springs and other mineral water resorts, but only got temporary relief. They would help me for a time, but after discontinuing the medicines the symptoms would break out again. I was told that I was a victim of the glands, palms of the hands swelling, itching of the skin, dyspeptic stomach, etc. I had given up in despair when a friend advised me to consult you, as you had cured him of a similar disease 3 years ago. I had no hope, but took his advice. In three weeks' time the sores commenced to heal and I became encouraged. I continued the New Method Treatment for four months and at the end of that time every symptom had disappeared. I was cured 7 years ago and no signs of any disease since. My boy, three years old, is sound and healthy. I can safely recommend your treatment with all my heart. You can refer any person to me privately, but you can use this testimonial as you wish.

We treat Nervous Debility, Varicose, Stricture, Vital Weakness, Blood and Skin diseases, Urinary, Bladder and Kidney complaints of men and women.

READER: Are you a victim? Have you lost hope? Are you intending to marry? Has your blood been diseased? Have you any weakness? Our New Method Treatment will cure you. What it has done for others it will do for you. CONSULTATION FREE. No matter who has treated you, write for an honest opinion. Free of Charge. Charges reasonable. BOOKS FREE—"The Golden Monitor" (Illustrated), on Diseases of Men. Sealed Book on "Diseases of Women" Free.

NO NAMES USED WITHOUT WRITTEN CONSENT. Everything confidential. Question list and cost of treatment FREE.

Drs. KENNEDY & KERGAN

Cor. Michigan Ave. and Shelby St., Detroit, Mich.

## RUGS Made From Your Old Carpets.

Either Ingrain, Tapestry or Brussels, any size at a small cost. Carpet Disinfecting, Cleaning, Fitting, Sewing, Taking Up, Laying or Altered to Suit Anyone.

UPHOLSTERING—All kinds of FURNITURE REPAIRED.

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SERLING & KOVINSKY

Minard's Liniment Relieves Neuralgia.

Graves' Grocery

Queen Street, Danlop's Old Stand.

New Hands. New Stock

Prices good until further notice:—

Ham Biscuits Soap, 25c

Pounds Tillsen's Oats 25c

5 Gals. Coal Oil, 80c.

Sardines, 5c a can

Other Goods at reasonable prices.

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Ask for Minard's and take no other