

DIRECTIONS

PUBLISHED BY THE OFFICE OF STUDENT AFFAIRS, ROOM 124 CENTRAL SQUARE, 667-2226

SEIZING THE INITIATIVE

A SPECIAL SERIES FOR MATURE STUDENTS

Three Saturdays have been devoted to helping mature women define their career goals and set up strategies for achieving these goals. Sign up now to attend all three Saturdays. Attendance is limited to 25 women.

Saturday, October 13—Define Your Dreams
Saturday, October 27—Package Yourself
Saturday, November 10—Transform Dreams Into Reality

Contact the Career Centre (667-2518) to sign up and to get more information.

We've Moved

The Sexual Harassment Education and Complaint Centre has recently moved to 140A Central Square. If anyone is experiencing difficulty with sexual or gender harassment would they contact the office at 667-3500. The centre, which is open on Monday, Tuesday, Wednesday from 9:30 to 5:30, and Thursdays from 9:30 to 7:30, contains an interesting resource library which is available to both students and faculty for research.

Where are my classes?

If you want to check on the location of your classes, you'll find a listing on the wall in the northeast end of the Ross Building between Post Office Square and the Nat Taylor Cinema. The list shows the location and time of courses, labs, tutorials, and seminars.

DON'T MISS CAREER DAY

WEDNESDAY OCTOBER 3, 1984

It happens only once a year and you can prepare for the day by attending one of our workshops:

- DATES:**
- Wednesday, September 19, 1984
10 a.m.-12 noon
 - or
 - Thursday, September 20, 1984
10 a.m.-12 noon
 - or
 - Tuesday, September 25, 1984
2 p.m.-4 p.m.
 - or
 - Wednesday, September 26, 1984
2 p.m.-4 p.m.

LEARN:

- what companies will be attending CAREER DAY

- what types of questions to ask employers
- how to research company information
- how to follow-up the Career Day event to your advantage

PLACE:

- Senate Chamber (S915 Ross)

If you would like to meet the Career Day company representatives on more informal terms, volunteers are required to host the employers. You can sign up at the

Career Centre, N105 Ross

or

The Canada Employment Centre, N108 Ross

INFO YORK OFFICE HOURS

Monday to Thursday 9:00 am to 7:00 pm
Fridays 9:00 to 5:00 pm

NEW FACES

Centre for Handicapped Students



Patrick Cluskey

The Counselling and Development Centre is pleased to announce the appointment of Patrick Cluskey as the new coordinator of the Centre for Handicapped Students (CHS). Cluskey succeeds Gail Kenyon, who held the post for 4 years before taking a position at Toronto's Sunnybrook Hospital. A York graduate (B.A., 1981, Master of Environmental Studies, 1983), Cluskey has nearly a decade of experience in working with the handicapped. He has taught life skills to children at the Ontario Crippled Children's Centre, and has taught managerial skills to adults for Goodwill Services. He has served as an advisor to the Metro Toronto Housing Co. and to the Ontario advisory committee on the role of rehabilitation workshops.

The CHS provides personal and academic counselling, advocacy services, mobility orientation, and volunteer referral to York's disabled students. The CHS serves not only students with physical disabilities, but also students with learning disabilities. The CHS is located in room 101 Behavioural Sciences Building (667-3312).

Coordinator for Career Centre

The Division of Student Affairs is pleased to announce the appointment of John Harries as the new Coordinator of the Career Centre. Harries succeeds Dorothy Becker, who recently accepted a teaching position at George Brown



John Harries

College. Harries joins York after twenty-five years experience in the fields of career and life development counselling, family counselling and research work, adult education, human relations and management. He has had a wide variety of management and educational experience and was a co-founder of the successful Operation Bootstrap and Job-start Programs.

The Career Centre offers students a variety of programs and resources designed to help with career planning and job searches. Services include individual counselling, career planning and other specialized workshops, job search strategy training, October Career Day, and a variety of Career Talks. The Centre is located in room N105 Ross, phone 667-2518.

TEXTBOOK TRAUMA

- Before you open those texts learn how to read them.
- Experts on reading and learning suggest "exploring" or "previewing" before you read for details.
- If the chapter has a SUMMARY or CONCLUSION, read it first.

- Save yourself from the headache of reading overload by learning the basic principles of effective reading. To learn more about effective reading or about learning skills in general contact James Fitchette in the Counselling and Development Centre, Room 148 Behavioural Sciences Building or at 667-3215.