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for all les, or Cubes.

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## Memoirs of Li Hung Chang

TRY A BARREL OF

"REGAL"

the next time you buy. Every barrel of this flour is sold with a

guarantee of "money back if not satisfactory." Only the very

highest grade hard wheat flour made in America could afford to give such a quality guarantee as this. Why not try a barrel?

Of our drivers, about two-thirds were Bulgarians and the rest Bulgarian Turks. We were given an escort of soldiers and policemen, and the leading cart bore the Bulgarian flag—red, is green and white. The carts were each drawn by two oxen or two buffaloes. They were open except for a straw mat across the top, and the cold at rights, when it froze or rained, was intense. The sides sloped to a narrow ridge in the middle, an arrangement all very well as long as there was hay or straw to lie on; but as the oxen invariably ate the bedding by day, sleep for two, even lying sardine fashion—heads and feet alternately—was a little difficult.

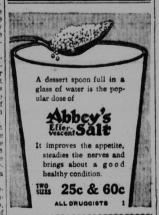
Most of the villages beyond the frontier had been either deserted or burned by the Turks, so food, even sour brown breads was difficult to find; but this, together with a native sheep's milk cheese, wis requisitioned where procurable, as we were now a part of the Bulgarian army, and we ate with appetite whatever we could get.

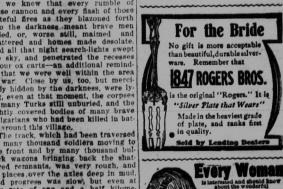
One happy day we raided (against payment) a hen roost, apparently the only one in Thrace. We threaded the fowls on a long stick held over the fire by two iron roots taken from one of the ox yokes, and enjoyed that evening, by the light of the camp fire, a rare feast.

But we were saddened by the nerveracking sound of a continuous boom-

thtly covered bodies of many brave algarians who had been killed in bat

carians who had been killed in be round this village, he track, which had been travers many thousand by many thousand by twacons bringing back the shid remnants, was very rough, a places, over the axles deep in my progress was slow, but even rate of one and a half kilon an hour the trek, which had la seven days, came to an end, and we found ourselves at Kilsae—called by the Bulgars, Lozd—eager to start our enterpri Rilise—called by the Bulgars. Lozen grad—eager to start our enterprise. We presented ourselves at the head quarters of the commandant to receive our orders. These were simple We were to select for ourselves from among the deserted houses of this congress of the company of the search of the conversion in the spitals for the wounded. Before dark we were lucky enough to find thread in the selection of the selectio



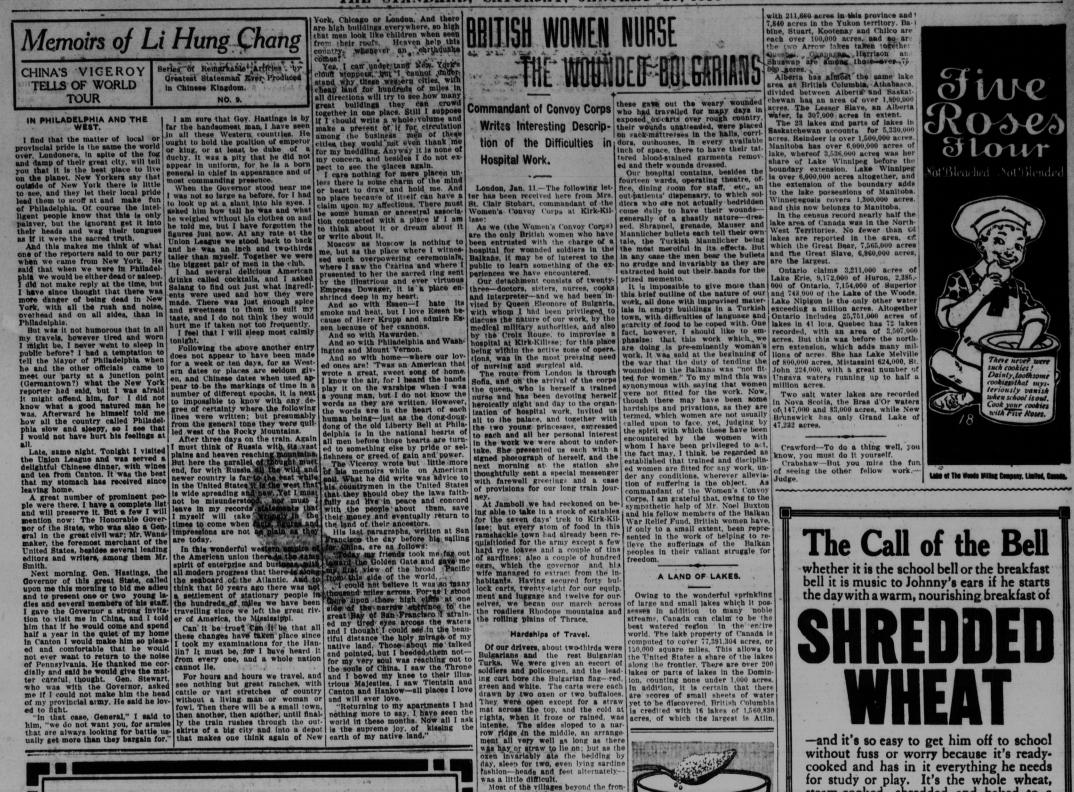




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without fuss or worry because it's ready-cooked and has in it everything he needs for study or play. It's the whole wheat, steam-cooked, shredded and baked to a crisp, golden brown.

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PERFECTION WHEN the boys and girls come in tired and hungry from the slides a cup of Cowan's is as good as a meal. Better. It is easy to digest. It is so appetizing, so refreshing not only satisfies the hunger, but lets you sleep like a top. The COWAN Co. Hot Cup of Cocoa When They Poturn " TOMONES