The Sunday School as

BIBLE LESSON.

Abridged from Peloubets' Notes. Third Quarter, 1901. JULY TO SEPTEMBER.

ISAAC, THE PEACEMAKER. Lesson IX. Sep. 1. Genesis 26: 12-25. GOLDEN TEXT.

Blessed are the peacemakers, for they shall be called the children of God.—Matt. 5:9.

EXPLANATORY.

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DANCE,

I. HIS KARLY LIFE.—Isaac was born at Beersheba, B. C. 1896. His father, Abraham, was 100 years old, and his mother, Sarah, 90 years. His half brother, Ishmael, the son of Hagar, was 13 or 14 years old at this time. Isaac was the son of promise, his birth having been foretold. He was the heir of the promises made to Abraham in the line of the bleasing which were to bless all nations.

In our last lesson we considered Abraham's great act of faith in offering up his son. But it was impossible unless there had been a devoted self-surrender on the part of Isaac. "No one," says Professor Dods in The Expositor's Bible, "who has measured the strain that such sacrifice puts upon human nature, can withhold his tribute of cordial admiration for so rare a devotedness, and no one can fail to see that by this sacrifice Isaac became truly the heir of Abraham."

II. His Marriage. Isaac was married when he was 40 years old. The arrangements were made by his father. The wooing is a beautiful idyl of olden time. Abraham's chief and considential steward was sent north to the relatives he had left when he departed from Haran. The test that this Eliezer applied to know whether the maiden he saw was the one approved by God was not arbitrary, but an expression of her true character.

III. HARAC, THE PRACKMARER. Vs. 12-25. Sarah, his mother, died three or four years before his marriage, at the age of 175, and was buried benide his wite.

16. AND ARIMELECH. A Philistine king at Gerar. Go FROM US. Because there was likely to be trouble from the Philistines, whose temper was against prosperous foreigners growing rich in their country. A modern example is the expulsion of the lews from several countries of Europe for the same reasons.

17. Isaac DEPARTED THENCE. Isaac was a man of peace. Though stronger than his enemies, he yielded his rights, for the same reasons.

17. DIGGED IN THE VALLEY. A new well was now dug by Isaac's servants. This was Isaac's right. Or Springing tone in former times. Because he would have some rights in such was n

READY COOKED FOOD.

well because it was in their country, and Isaac's herdmen claimed it because they discovered and dug the well. CALLED THE RAME OF THE WELL ESEK. That is, contention or strife.

21. ANOTHER WELL. . . SITNAH. Hatred, spitefulness. From the same root with Situah is derived Satan, an adversary, or hater.

with Sitnah is derived Satan, an adversary, or hater.

2. ANOTHER WELL; ... THEY STROVE NOT. "Isaac left the valley. There was no longer any such claim possible." REMONOTE. ROOM, "a name which appears to be preserved in Wady er Ruhaibeh (twenty-three miles southwest of Beersheba), near which is Wady esh Shutein, corresponding to Sitnah." He met the envy with patience, and removed from well to well. At last the Philistines desisted. Thus patience wears the world out. Endurance, meekness, the gospel spirit, this is the only true weapon against the world.

23. AND HE WENT. ... TO BEERDRIEFS.

Endurance, meekness, the gospel spirit, this is the only true wespon against the world.

23. AND HE WENT... TO BRESSHEBA. The old paternal home, and so acknowledged by all. Many memories of bis father and mother, his brother, his marriage, and own early life clustered around the old homestead and hallowed it.

24. THE LORD APPEARED UNTO HIM In what way we know not, but probably as in other appearances to his people. THE GOD OF ABRAHAM. "God is not the God of the dead, but of the living." "Therefore he is assured that Abraham is not lost by death, nor God's covenant with him lost. This is the same person as the Angel of the Covenant, who appeared to Moses in Horeb, in the burning bush (see Ex. 5; 2), and is, therefore, the Messish. Abraham was the man of faith, Isaac was the man of prayer." Frar Not. As a man of peace, unwilling to strive or fight, he may have feared that his enemies would take advautage of his good disposition, and injurehim. God bids him to have no fear so long as he is serving God, and doing right. Abraham's Sank. This is the actual working of the household covenant. The covenant is now renewed. Isaac has given up rights and property and home for the sake of peace, and shown that he has the same kind of faith as Abraham had shown.

25. (1) HE BULLED AN ALTAR THERE. For sacrifice and worship. He had the permanent institutions of religion, with the thought of forgiveness, consecration, prayer, and worship. (2) AND PITCHED HIS TENT THERE. Made a permanent abode for his household. (3) DIGGED A WELL, A perennial supply. It was in addition to the one Abraham dug. "Two wells still exist at this place, attesting the correctness of the record." Here Abimelech came, led on, doubtless, by the admirable character of Isaac, and proposed a covenant between them, which was sealed by an oath. Hence the place renewed its name "Sheba," an oath, or "Beersheba," well of the oath.

READING THE WORD.

No small part of the public worship of the church is to be found in the reading of God's word. We all know how the sympathetic, intelligent, appreciative, discrimina-ting reading of some portion of that word, such as the Twenty-third Psalm, or the Fourteenth of John, or the First chapter of Colossians has impressed us, and silenced us, and brought us into a worshipful mood. "I had two sermons preached to me the other day," one said recently in our hear-ing, "and one was in the reading of the ing, "and one was in the reading of the Scripture selection." Some of those who may chance to read this article may have read Ralph Connor's "Sky Pilot," and they will recall how the young preacher in that home of the "old-timer" out on the isolated ranch read after due introduction all the story of the Wondrous Life from Bethlehem to Calvary, and they will recall how that little audience sat spellbound not

READY COOKED FOOD.

Famous Around the Camp Fire.

People going into camp should not forget to take along a goodly supply of Grape-Nuts, the ready-cooked food. This can be saten dry and does not need any preparation by the cook, or the food can be made into a variety of delightful dishes, such as puddings, etc.

One of the favorite methods by old timers is to drop three or four heaping teaspoonfuls of Grape-Nuts and a peculiar and delicious flavor to the coffee and give one a more piquant article of food than even the famous doughnuts and coffee of old New England.

People who cannot digest coffee should not forget that Postum Food Coffee, if properly made, furnishes a very delicious beverage, either hot or cold, closely approaching the flavor of the mild and delicious grades of Java.

HOW TO TREAT



Dr. Sproule was born about forty years ago, in the North of Ireland, of the sturdy, intelligent Scotch, Irish, Presbyterian stock. To the sound and liberal early religious and secular training which he received is doubtiess due much of his subsequent marvellous success.

His early determined to become a Specialist in Chronic Diseases. This ides he held in mind during the six years of his stay at Trinity, The state of the stay of the stay at Trinity, The while travelling as Surgeon in the British Royal Republint, then while travelling as Surgeon in the British Royal Republint, then while travelling as Surgeon in the British Royal Republint, then while travelling as Surgeon in the British Royal Republint, then while travelling as Surgeon in the British Royal Republint, then while travelling as Surgeon in the British Royal Republint, then while travelling as Surgeon in the British Royal Republint, then while travelling as Surgeon in the British Royal Royal Republint, and the world and among helium as a master in a surgeon in the standard counsation, all bease pondence; diagnosing, prescribing, sympathizing, curing.

Br. Sproule is a writer of note among medical men, and in a late contribution says; "Catarrh, as I have shown, is due to the pressure of a foreign germ. These germs fill she are in summer as well as in writer. They are thus constantly sutering the system. During the summer because of the thinner state of the blood, they do not cause so much mucous, and their presence is not recognized, although it may be felt, in a general languor, and in a tendency to stomach and liver troubles.

But, concurrently with the return of cold weather, and the consequent thickening of the blood, the old symptoms return, and the sufferers imagine that they have eaught a fresh cold, the old symptoms return, and the sufferers imagine that they have eaught a fresh cold from the System. The sluggish condition of the most tayorable times for eradicting Catarrh from the System. The sluggish condition of the most tayorable times fo

Catarrh of the Head and Throat.

The most prevalent form of catarrh, and results from neg lected colds.

Do you spit up slime?

Are your eyes watery?

Does your nose teel inl!?

Do you sneeses a good ge?

Do you have pain across the eyes?

Do you have pain across the form of your head?

Are you losing your sense of smell?

Are you losing your sense of smell?

Are there bursting noises in your ears?

Are there bursting noises in your ears?

Do you have pains across the front of your head?

Do you feel dropping in back part of throat?

If you have some of the above symptoms your disease is eatarrh of the head and

If you have some of the above symptoms your disease is catarrh of the head and throat

Catarrh of the Head and Throat. Catarrh of the Bronchial Tubes.

Catarrh of the Bronchial Tubes.

When catarrh of the head and throat is left unchecked it extends down the windpipe into the bronchial tubes, and in time attacks the inngs and develops into catarrhal consumption.

Do you take cold easily?

Is your voice hourse and houky?

Is your voice hourse and houky?

So you reles work out on thing?

Do you feel work out on thing?

Do you feel work out on thing?

Are you gradually losing strength?

Have you a sense of weight on ches?

Have you a sense of weight on ches?

Have you a sense of weight on ches?

Do you get short of breath when walking?

ing?

If you have any of these symptoms you have catarrh of the bronchial tubes.

If you had some of the above symptoms last winter, and were only cured by warm weather, rest assured that the Catarrh still lurks within. It will not fall to come forth again at the next approach of cold weather. Take it now, while it can be so easily cured. Cut out the above symptoms, mark them, and send them with information as to your present condition of general featin to Catarrh Specialist Sproute (Graduate Dublin University, Freland, formorly Surgeon British Royal Navai Service), 7 to 13 Doane Street, Boston. He will diagnose your case free.

dross upon the pure metal. Such passages read, as we have already said, intelligently, quietly, impressively, sympathetically, will carry their own message and will do their own work and will help in the service of worship as they were intended to help, and ought to help. They constitute preminently the message of God to the people, and in its delivery there should be no impediment formed by needless imperfect rendering or by discordant human intrusion.—The Commonwealth.

Missouri, Kansas and Texas passenger train No. 3, south-bound, was held up at Caney Switch, I. T., at 1.30 a. m., Tuesday, by five men. Every passenger was robbed. On the express car both safes were blown open with dynamite and the contents secured. The baggage car was practically wrecked. The amount stolen is not yet known, although the robbers got some valuable booty.

At Halifax, Tuesday, J. Walter Allison, of Dartmouth, and M. T. Foster and A. B. Crosby were nominated by the Liberal Conservative convention as candidates for the House Assembly for Halifax city and



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HEARTBURN, SOUR STOMACH,
DIZZINESS, DROPSY,
RHEUMATISM, SKIN DISEASES.





Pernod's absint he factory, at P ontarlier, o se of the largest in France, was struck by light using Monday during a violent storm, and completely destroyed.

E dwarf W. Burt and Norman F. Hessel-tine, of Boston, returned this week from a three hundred mile canoe trip through Maine and New Brunswick and report much large game and splendid fishing.