

# Rinso

Soak the clothes—that's all!

Cold water and a package of Rinso—a few hours' soaking—and the week's washing is done. No need to heat water—Rinso washes as well in cold water as in hot. And because there is no rubbing or boiling, your clothes last longer and are cleaner and more fresh in color than when washed in the old way.



**At Night—**  
Soak the clothes in the rich cleansing Rinso suds.

**Morning—**  
Rinse them out, that's all!

Is this hard to believe? ONE package of Rinso, enough for a week's wash, will prove it.

At your grocer's.

LEVER BROTHERS LIMITED, TORONTO



## Why is THERMOKEPT the Best Coffee?

The Thermokept process is the latest scientific discovery for preserving the flavor and strength of food products.

Thermokept means kept fresh.

No air reaches Thermokept Coffee in its journey from roaster to consumer. Coffee in the ordinary container loses both aroma and strength by contact with the air.

Thermokept Coffee is packed hot from the ovens by the new marvelous Thermokept process. It comes to you with its original freshness, flavor and strength.

And it stays that way for any length of time and under all climatic conditions while in the original sealed container.

Thermokept Coffee is selected, blended and roasted by experts. It is a scientific combination of the world's finest coffees. It is steel cut by the most modern methods and guaranteed to retain its strength and flavor while in the original sealed Thermokept container.

# THERMOKEPT COFFEE

THE T. F. DALLEY CORPORATION LIMITED, HAMILTON, CANADA

## After a hard day's work ease tired, strained muscles and aching backs



BEEN at work all day, lifting heavy weights, standing on your feet, exposed to weather conditions and strains of all kinds? And now you're all exhausted, tired out, stiff with aching muscles, backache, weary feet, rheumatic twinges? Not a bit of it if you use Sloan's Liniment promptly.

If you are wise you'll have a bottle of Sloan's on the shelf, at home, and in the shop. Just spread it over the aching part, it penetrates without rubbing, it stirs the blood to action, and quickly will come grateful warmth and relief. You'll be back on the job comfortably the next day. Good for rheumatic twinges, neuralgia, lumbago and most any "external" pains that are all the time coming. At all druggists. 35c, 70c, \$1.40.



# Sloan's Liniment

The World's Pain's enemy

## BRIT. COLUMBIA HAS HUGE LIST OF CANDIDATES

About 150 Nominated or 47 Seats in the Pacific Province.

### SIX PARTIES IN RACE

Liberals, Conservatives, Farmers, Soldiers, Laborites and Socialists.

VANCOUVER, B. C., Nov. 10.—Nominations in 39 constituencies for 47 members of the British Columbia Legislature to be voted for on Wednesday, December 1, were made today throughout the province. Approximately 150 candidates have entered the districts for the contest, representing the Liberals, Conservatives, Farmers, Soldiers, Labor and Socialists. There were no elections by acclamation today, and in most of the ridings at least three and four candidates are offering.

In Vancouver City for the six seats 29 candidates of the various parties are appealing for support, while in Victoria 19 are in the fight for the four seats. Hon. John Oliver, premier and Liberal leader, has accepted nomination in both Victoria and Delta ridings. W. J. Bowser, Conservative and Opposition leader, is running in Vancouver.

Three women are seeking election, Mrs. Ralph Smith, Liberal, and Miss Edith Paterson, a barrister, nominated by Vancouver Conservatives; and Mrs. E. Crossfield, running in Vancouver as the nominee of the Women's Liberty League.

### RAISE BIRTH RATE.

PARIS, Nov. 9.—France's efforts to raise the birth rate and lower the death rate by means of the new ministry of hygiene are too recent to be judged by comprehensive statistics. The importance of the problem, however, is given pessimistic prominence anew by publication of the labor ministry's statistics for 1919.

There were three deaths to two births last year. In only one department, Finistère, did births exceed deaths. In a number of deaths were double and even nearly treble the number of births.

### POSSESS GOOD HEALTH BY LOOKING AFTER THE BOWELS

A free motion of the bowels, once or twice a day, should be the rule of every one, as half the ills of life are caused by allowing the bowels to get into a constipated condition.

When the bowels are allowed to become constipated, the stomach gets out of order, and the liver does not do its work properly on account of holding back the bile, so that it does not pass through the bowels, but is allowed to get into the blood, thus causing a poisoning of the whole system.

If you would escape constipation, sick and bilious headaches, heartburn, floating specks before the eyes, coated tongue, foul breath; the nasty irritating, bleeding, itching and protruding piles, you should keep your liver stirred up by the use of Milburn's Laxa-Liver Pills.

These pills, being purely vegetable, keep your liver working actively, helping it to resume its proper functions, and thereby removing the bile that is circulating in the blood and poisoning the whole system.

Mrs. H. Barrows, Enfield, N. S., writes: "I was troubled with sick headaches and constipation. One day a friend told me of Milburn's Laxa-Liver Pills. I got two vials, and found they did me a world of good. I therefore have great faith in them."

Milburn's Laxa-Liver Pills are 25c a vial, at all dealers or mailed direct on receipt of price by The T. Milburn Company, Limited, Toronto, Ont.

## SENATOR SHATFORD SEIZED WITH PARALYSIS



British Columbia representative in the Senate, who suffered a stroke on Sunday last, and is in the general hospital at Vancouver.

## WILL TURN DOWN APPLICATION FOR SALARY INCREASE

Teachers Will Be Told the Limit Has Been Reached.

BRANTFORD, Nov. 10.—Although a new salary schedule was granted to all the public school teachers here a year ago with normal increases each year all applications for further increases have been refused by the board of education for further increases. The board meets Thursday, and it was announced today that the request of the teachers would be denied. In explanation, it was pointed out that expenditures for school and general purposes with a 40-mill tax rate prevailing had reached the limit.

H. W. Petrie, Toronto, a former Brantford resident, has set aside \$25,000 in Victory bonds for five years, the interest to be donated to the general hospital. He said that the hospital was without endowment funds, and his old interest in the city prompted his donation. The hospital had 2,731 patients in the past year and a last year's overdraft of \$2,700 is reported. The city council will make good the amount. The Cockburn Paving Company, at the annual meeting here today, was reported in the soundest condition in the history of the firm, with assets of \$16,000,000. As to dividends on preferred stock, unpaid for four years, it was announced that there would be a decision shortly from the directors.

The old board of directors was re-elected as follows: Geo. H. Cookshutt, George Wedlake, G. K. Wedlake, Sir Augustus Nanton, E. A. Mott, Sir Lomer Gouin, H. W. Hutchinson, James Adams and E. Perry.

## SPRACKLIN MAY RUN FOR MAYOR AT SANDWICH

Keen Interest Is Being Taken in the Coming Elections.

WINDSOR, Nov. 10.—With a definite announcement made today by Mayor Winter of Windsor and Mayor King of Sandwich that they had decided finally to retire from politics, municipal election interest is keen. That a three-cornered fight in Windsor is probable, became apparent with the announcement tonight of Ald. Percy England, a member of four years' standing in the council, that he had definitely decided to enter a race. Ex-Mayor Tuson, who only withdrew from the mayoralty contest last year after his election to the water board was made almost certain by the arranged retirement of Commissioner Smith, hinted that he would this year not be dissuaded from mayoralty honors. For some weeks he has been conducting a live campaign on the ferry issue, his old election hobby, and it is regarded as certain he will be on the ballot for mayor this year.

At Walkerville C. J. Stogdell, a veteran member of the council, threw down the gauntlet as the first aspirant for the honor to be vacated by Mayor King at the expiration of his present term.

At Ford City Mayor Polson will again be in the field, he said tonight. Mayor Donnelly, of Sandwich, who has held that office for eleven consecutive years and is regarded as a permanent leader, has not announced his intentions. It is within the bounds of possibility, however, that either Rev. J. O. L. Spracklin or one of his supporters will contest the seat; as a result of the situation a hot race is developed from the activities of rum runners. It was in an arrangement of the Donnelly administration that he was charged gross negligence of duty in running down bootleggers that "the fighting parson" first sprang from oblivion into fame.

## SAYS WRANGLER ARMY HAS TRIPLED IN SIZE

PARIS, Nov. 9.—The French foreign office hears that General Wrangel, commander of the anti-Bolshevik forces in Southern Russia, has declared to the French high commissioner that his army returned to the Crimea three times more numerous and stronger than when it entered the Tauride five months ago.

## ACCIDENTAL DEATH IS JURY'S FINDING

CHATHAM, Nov. 10.—Coroner R. V. Bray opened the inquest at North Buxton today into the death of James Harris, who was killed last Saturday, at the M. C. R. crossing, 8th concession Raleigh township. Evidence submitted by trainmen, showed that both the whistle and the bell were ringing on the approach to the crossing. The jury returned a verdict of accidental death, no blame being attached to anyone.

## PLEA SAVES GIRL FROM WEDDING SHE ABHORRED

SANTA ANA, Cal., Nov. 9.—The force in the city clerk's office had a thrill when a woman's voice, screaming "Save me! Save me!" rang through the corridors of the big courthouse. The words were those of Mrs. Mario Salos, aged 23, of Los Angeles, who is said to have been forced to come here to marry a Mexican, E. Ramos, also of Los Angeles, by the man and a M. Nieto who posed as a Mexican official of Los Angeles County.

Mrs. Salos said she had a husband, and she carried a baby in her arms. Deputy E. R. Abbey was about to issue the marriage license when the girl protested. Ramos was put in the county jail and the young woman and her sister were sent back to Los Angeles after "the hat had been passed" to collect the necessary money.

## PLANNING TO CHECK INFANT MORTALITY

Galt Board of Health to Continue Child Welfare Work.

GALT, Nov. 10.—The annual report of Dr. J. H. Radford, M.O.H., is most satisfactory, showing a decrease in the death rate from 15.72 per thousand to 11.61. There is still room though, he points out, for improvement, especially in saving lives of infants, as more than one-fifth of the deaths were of children under two years. To aid the campaign of child welfare the board of health will continue the baby clinic for a year. Galt has been fortunate in being free from epidemics of contagious diseases, due chiefly to the supply of good water, and the fact that all milk delivered in the city is now pasteurized.

## DENIES HE MADE ANY CONFESSION

Ridgetown Youth to Come Up for Trial on Friday.

ST. THOMAS, Nov. 10.—Robt. Coulthard of Ridgetown, one of the boys charged with breaking up the ticket office of W. Baker, Talbot street, was before Judge Colter this morning and elected to be tried on Friday morning, who is sent up for trial on the testimony of two fellow prisoners in the county jail, denies he confessed or made any statements incriminating himself.

## IS YOUR NOSE PLUGGED? HAVE YOU CATARRH?

If Subject to Colds, Here is Real Good Advice.

Don't load your stomach with cough syrups. Send healing medication through the nostrils—send it into the passages that are subject to colds and catarrh. Easy to do this with Catarrhazone, which cures a cold in ten minutes. Even to the lungs goes the healing vapor of Catarrhazone—all through the bronchial tubes, nostrils and air passages—everywhere a trace of disease remains will Catarrhazone follow. You can't have colds, nor will you suffer from sniffles, bronchitis, or throat trouble if Catarrhazone is used. Get it today, but beware of dangerous substitutes meant to deceive you for genuine Catarrhazone. Large size, two months' treatment, costs \$1.00; small size, 50c; sample size, 25c; all dealers or The Catarrhazone Company, Kingston, Canada.



Everybody Smokes

# OLD CHUM

Canada's Favorite Pipe Tobacco.



A Photograph from War-Stricken Europe (All are seven years old—largest child is normal)

## Do this in Remembrance of Armistice Day

Millions of children in Central and Eastern Europe have been made fatherless by war. Many of them are stunted and weakened through lack of proper food. Under-fed children are dying by thousands, a prey to disease. Millions are growing up weak and undeveloped because the milk, sugar and fats that promote normal growth are wanting.

These are the coming citizens of Central and Eastern Europe. Upon their present care and nourishment depends whether the nations to which they belong will be healthy and right-minded or hot-beds of anarchy and degeneracy. For the future of civilization, we must save the children.

These countries can provide about \$2 worth of food out of the \$3 necessary to the proper feeding of one of these children for a month. Other foods, like milk and fats, costing \$1 per month per child, must come from outside. And it is this dollar which will turn the scale.

## The Ravages of Typhus

While the children are suffering so much the adult populations have been reduced to the direst misery by the spread of typhus. An investigator for the League of Red Cross Societies says:

"Misery greater in extent and intensity than the modern world has ever before witnessed exists in the broad belt lying between the Baltic, the Adriatic and the Black Sea. In this great area there is generally an absolute lack of medicines and sanitary appliances; doctors, nurses and hospital equipment are practically non-existent; food and clothing are insufficient to make life itself tolerable, and disease and suffering are present in practically every household."

## The British Empire War Relief Fund

has been undertaken by all British peoples to help mitigate the suffering of plague-stricken Europe and to save the children. It will be administered in Europe in co-operation with the League of Red Cross Societies.

Send or bring your contribution to

## The Canadian Red Cross

Enclosed find { cheque money order for \$..... cash }  
as my contribution to the Canadian Red Cross Society for European Relief.

Name .....

Address .....

Please send your subscription to the local Red Cross Branch or to The Canadian Red Cross, 410 Sherbourne Street, Toronto.