DON'T LOSE

ary and out-of-date ointments. If you have any skin trouble whatever, use Zam-Buk in the first place, Lieut.-Col. Mewburn To Take and save yourself needless suffering and unnecessary expense.

For two years Mr. E. E. Gardiner, of Marquis, Sask, suffered with salt was cured He writes:-

"I had salt rheum on my feet for two years, and the pain I suffered In Event of Failure, Compulat times was indescribable. I tried all kinds of so-called remedies, but nothing brought me relief until I used Zam-Buk. After the first few applications I noticed a distinct improvement, and after perseverance. Zam-Buk completely cured me.'

Zam-Buk is also unequalled for ringworm, scalp sores, old wounds, abscesses, boils, pimples, blood-poisoning, piles, scalds, burns, cuts, and all skin injuries. All druggists and stores, or Zam-Buk Co., Toronto. 50c. box, 3 for \$1.25.



DANDRUFF GOES! HAIR GETS THICK, WAVY, BEAUTIFUL

Save Your Hair! Double Its Beauty in a Few Moments -Try This!

grow long, strong and beautiful

Glass of Hot Water Before Breakfast a Splendid Habi

Open sluices of the system eac morning and wash away the poisonous, stagnant matter.

lame back, can, instead, both look and

glass of real hot water with a teaspoonful of limestone phosphate in it to flush ful of limestone phosphate in it to flush from the stomach, liver, kidneys and WHOLE SWEDISH PRESS ten yards of bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweeten-ing and purifying the entire alimentary

and hot water on an empty stomach on its side, with the exception of a is wonderfully invigorating. It cleans few denationalized individuals," says out all the sour fermentations, gases, waste and acidity, and gives one a splendid appetite for breakfast, and it is said to be but a little while while and it. is said to be but a little while and the roses begin to appear in the cheeks. Conservative, pro-German newspaper,

YOU CAN GET WELL—HEALTH IS a new international law regarding war zones cannot be recognized as having arge extent unnecessary. Disease atlarge extent unnecessary. Disease attacks you when you disobey nature's law of health. Health returns when you get in tune with nature. If your condition of health causes anxiety, alarm or discouragement, give nature a chance to help you with those absolutely new and highly effective exercises, which stimulate the circulation, improve nutrition and strengthen the nerves. They will restore normal vigor to the stomach and regulate, stimulate and strengthen the entire alimentary tract, and banish constipation forever. For twenty-two years we worried along with indigestion and tried every remedy we ever heard of or read about, without success, and now in a short time what a happy change! You do not need to practice all of these movements unless you wish. Take that one movement which you can practice sitting in a chair or walking on the street, and what will this, exercise dor it will keep the spine straight and strong, it will stimulate the activity of the spinal nerves. These spinal nerves give out the energy that runs the human machine, the heart, lungs, stomach, and all the great vital organs that are of such extreme importance to the bodily process. It will help to keep you alert and active; it will energize your mind as much as it will your body; it will assist in the digestion of your food; it will help to quicken your ideas; it will give you abounding health. Here is the greatest remedial discovery of the age. Complete instructions for the performance of all these movements will be sent you on receipt of 50 cents. Please do not send stamps. Write your name and address plainly. D. J. McIntosh, Box 86, Tiverton, Ont. 91n

HAMILTON OFFICER CHOSEN TO DIRECT MILITIA ACT PLAN

Charge of Mobilization.

rheum. Then he used Zam-Buk and APPEAL FOR VOLUNTEERS

sion Will Probably Be Put in Force.

at Toronto. He is a former com-ling officer of the 13th Regiment.

MOBILIZATION SCHEME. OTTAWA, Feb. 14.—Plans for the corganization of the Canadian militia, suggested none has yet been adopted. The most probable course, however, is that which has previously been outlined, namely, the mobilization of the nilitia for the purposes of home deence, with a certain part of each batalion selected for overseas duty. In igh circles considerable emphasis is id upon the statement that the proposed mobilization will be on volunty lines. The militia care of volunty of the commission still goes on in the hands of its other neutral members, but you know how in practice the organization.

treatment—that's all. ine is to the hair what fresh CUBAN OIL PROJECT BLIND, SAY BRITISH,

where, they assert they have been at suspect. German agents have been at work for a long time. Only a few weeks ago Captain Hans Boehm, a German army officer, was taken from the Dutch steamer Zeelandia at Falbert Hand in his possession a for as the second German line, blowing the second German line, and the second German line statement was at the second German line statement was a second to second the second German line statement was a second to second the second German line statement was a second to second German line statement was a second to second the second German line statement was a second to second the second German line statement was a second to second the second the second to second the second mouth. He had in his possession a eine. Detachments pushed forward far as the second German line. blow far as the second German line. according to other papers selzed at the same time, German agents had secured enemy. an oll concession. It is the belief here that the Santa Lucia project was being developed by means of money sent BRAZIL TELLS AUSTRIA from New York to Havana.

The British naval officials, while they have failed to discover any German clare that they have long had reason to suspect the intention of the Germans to establish one there and mans to establish one there, and as a feel dull and heavy when we arise; consequence they look with suspicion splitting headache, stuffy from a cold, upon the Cuban oil project, as possibly foul tongue, nasty breath, acid stomach, a blind to hide the establishment of a

feel as fresh as a daisy always by Boehm was not a leader in these washing the poisons and toxins from the projects, but had only been carrying by body with phosphated hot water each out the orders of a superior, whose simple name is known to the British authori-

SUPPORTS THE PROTEST

tract before putting more food into the STOCKHOLM, Feb. 14. via London. "This time the Hammarskjoeld Gov-The action of limestone phosphate ernment has the whole Swedish nation A quarter pound of limestone phosphate will cost very little at the drug store, but is sufficient to make anyone who is bothered with biliousness, constipation, stomach trouble or rheumatism a real enthusiast on the subject of internal sanitation. Try it and you are assured that you will look better and feel better in every way shortly.

Conservative, pro-German newspaper, The Stokholms Dagblad and Svenska Dagbladet, likewise commend in the highest terms the attitude of the Scandinavian countries. The note, says the Dagblad, is a defence of the inalienable right of neutrals to the free use of the open seas. The measures of the central powers, it declares, cannot be acknowledged as a valid blockade, and the German theory that the British the German theory that the British ones cannot be recognized as having

PAY WAR LOAN INTEREST

£50,000,000 Has To Be Issued by Ger-LONDON, Feb. 14.-The German Govry ernment is now discussing with the state of the state

WITHDRAWAL FROM RELIEF COMMISSION REGRETTED BY ALLIES

American Workers Have Made Reputation National Asset.

PRAISE FROM LORD CECIL

Declares Belgian Work Might Never Have Been Permitted if Duration Was Known.

LONDON. Feb. 14 .- On the occasion dispatch to the Spectator says it is of the withdrawal of Americans of the understood that Col. Mewburn, A.A.G., commission for relief in Belgium from the headquarters staff at Exhibition | Belglum and northern France; Lord mp. Toronto, is to go to Ottawa datake full charge of the mobilization the Canadian militia, under the figure now being promulgated, and plained in dispatches today. Colewburn is one of the best qualified ficers in the service, and has done valuable work since the outbreak of e war at Camp Niagara, at Borden data Toronto. He is a former companding reficer of the 12th Regiment to the Associated Press today that Herbert C. Hoover, chairman of the commission, and his colleagues would leave behind them in Europe a reputation. leave behind them in Europe a reputa-tion which the United States could count on as a national possession in

"The withdrawal of the Americans itia, from participation in the work for the litia relief of Belgium, and the withdrawa of Walter Hines Page, the America ambassador here, and Brand Whitloc

sed mobilization will be on voluny lines. The militia act has comsory provision for home defence,
d in the present period of stress,
me defence within the meaning of
act may well be construed as inwho for more than two years

Try as you will, after an application, or failing natr and down yet first -reac-but register, your scale with or heavy the person without to any the first proposal week yeak was, when you see now hat, first and down yet first -reac-but register, and when yet first please you most, will be steen a down to the submitted of the heavy of your scale with please you most, will be steen a down to the submitted of the heavy of your scale with please you most, will be steen a few yeeks' use, when you see new hat, first and down yet first -reac-but register, and was yet in local units have necessarily been greatly doubled the heavy of your scale with the first proposals were made to choose the proposal to the first proposals were made to contain the first proposals will be steen a few yeeks' use, when you see new hat, first and down yet first -reac-but register. A little banderine immediately and the heavy of your proposal will be steen a few yeeks' use, when you see new hat, first and down yet first -reac-but register. A little banderine immediately have been greatly of the beauty of your justified. A little banderine immediately the age limit voices the heavy of your proposal will be steen and your proposal years are proposal years and your proposal years and you

DEFENCE WORK SHELTERS OF GERMANS DESTROYED

French Penetrate to Second Line of

BLOCKADE IS ILLEGAL

consequence they look with suspicion upon the Cuban oil project, as possibly a blind to hide the establishment of a refuge from which submarines could operate.

Boehm was not a leader in these projects, but had only been carrying out the orders of a superior, whose name is known to the British authorities, although it has not been disclosed.

WHOLE SWEDISH PRESS

London, Feb. 15.—The Brazilian charge d'a affaires at Vienna has handed to Count Czernin, the Austro-Hungarian minister of foreign affairs, the note from the Brazilian Government protesting against the submarine blockade, says a Reuter dispatch received from Vienna by way of Amsterdam. The note is similar to that handed to the German foreign office, and says that Brazil cannot recognize the blockade as effective because there is no means of making it so, and because the abandonment of all limitations with respect to the treatment of neutral ships puts it in conflict with the rules governing such military operations and makes it illegal and irregular. London, Feb. 15 .- The Brazilian charge tions and makes it illegal and irregular.

LOST OFF GRAND BANKS. New York, Feb. 15.—News of the loss at sea of the British schooner Little Secret reached here today with the arsecret reached here today with the arrival of her captain, Abram Dear, and his crew of four men on the Danish freight steamship Olaf Maersk, which rescued them off the Grand Banks on her voyage from Rotterdam when their tiny vessel of 89 tons was in distress.

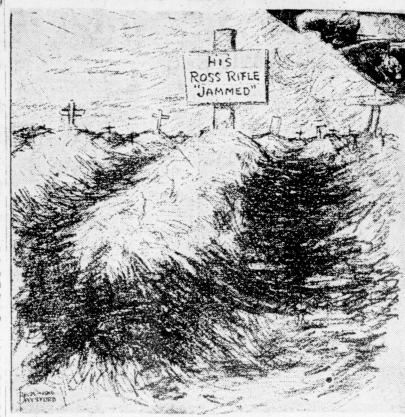
The Little Secret had sailed from Marystown, Newfoundland, for Oporto, Portugal. She ran into heavy gales and dangerous seas and a comber carried away the one lifeboat. For days she was unable to make headway against the elements. After the five men aboard were rescued by the Danish freighter the schooner was burned so she would not become a menace to navigation.

PASS \$3,,UUU,,UUU MAKA MONTREAL, Feb. 14.—The third day's work in the local campaign to raise \$2,500,000 for the patriotic fund and the Red Cross Society realized \$349,247, a total of \$2,451,582, including the city's grant of \$1,000,000 of the three days. It is anticipated that the subscriptions will run over \$3,000, 000 by the end of the campaign.

Winnipeg, Feb. 14.—Hon. Edward Brown delivered his annual budget speech in the Legislature this afternoon. An adverse revenue balance was shown of \$174.000, but this, he said, was after making allowance for all unearned revenue collected during the latter part of the year and for school grants payable in February. In addition the provincial treasurer stated that there was uncollected past due to the province of considerably over a million dollars, practically made up of succession dues, on which six MANITOBA'S BUDGET. up of succession dues, on which six per cent interest is being paid, and interest on school land sales, of which there is more than three years back interest uncollected by the Ottawa Covernment

and caused him to vacate a judgment almanacs and read of a case similar for upwards of \$30,000.

DUTY REWARDED



SUBMARINE BLOCKADE BRITISH IS CAUSE OF FREIGHT CONGESTION IN U. S! ARRAS TRENCHES

Shipments From Interior Re- Penetrate Defences, Smashing fused by Railways.

again yielded to Germany.

MONTREAL EXPECTS TO PASS \$3,000,000 MARK NO

SHORTNESS OF BREATH

When the heart becomes affected there ensues a feeling of a choking sen- Instant relief for sore, swollen, sation, a shortness of breath, palpitation, throbbing, irregular beating, smothering sensation, dizziness, a weak. sinking, all-gone feeling of oppression and anxiety.

The nerves become unstrung, you dread to be alone, have a horror of society, start at the least noise and are generally fatigued.

On the first sign of the heart becom-

ing weakened or the nerves unstrung, Milburn's Heart and Nerve Pills should be taken. They are just what you require at this time. They regulate and evidence. Edward Levi Baugh, a Montreal broker, was sentenced to five years in the Kingston Penitentiary by Judge Winchester in the county court today. Evidence of two medical men, namely Drs. C. A. Webster and Parry, showed that Baugh was suffering from Bright's disease, and in their opinion confinement would lead to his death. Baugh took the books from Col. G. A. Stimson's vault, inserted forged letters in them, committed perjury in laying information against Col. Stimson, and caused him to wacate a judgment almanaes and read of a case similar

Gun Emplacements.

MENDELSSOHN CHOIR LEADER QUITS POST

Dr. A. S. Vogt, Head of Famous Toronto Musical Organization, Resigns.

SHARED WITH GERMANY LAPLAND LEAVES FOR BRITAIN WITH SUPPLIES

ated Press says that harbor and river lives and property on the high seas, craft saluted the SS. Lapland of the armament of merchantmen would conannounce that the first consignments of Rumanian grain have arrived at the Hungarian border, this being the first carrying passengers and a cargo of Rumanian booty that has fallen to war material, passed through the bay Austria. But, add the papers, all has on her way to the war zone. The been requisitioned for the army or sent Lapland is believed to be bound for result in a peremptory demand for their to Germany, and the newspapers com-plain bitterly that the Government has tainable tonight as to the number of inquiry was sent to Turkey today, ask-

Cure

Guaranteed

acts without pain in 24

CORN EXTRACTOR. Sold everywhere -25c per bottle. AH! HOW "TIZ" HELPS TIRED, ACHING FEET

tender, calloused feet and corns.



You're footsick! Your feet feel tired, puffed up, chafed, aching, sweaty, and the throat, a feeling of pressure about the heart, or nausea after eating, try the tonic treatment with Dr. Williams' Pink Pills. So many dyspepties have been cured by this medicine that vetteral ve puffed up, chafed, aching, sweaty, and

CAPITAL EXPECTS ARMING OF SHIPS FOR PERIL ZONE

President Likely To Consult Congress on This Issue.

AUSTRIA NOW INVOLVED

Dual Monarchy Figures in Sinking of the Lyman S. Law.

WASHINGTON, D. C., Feb. 14 .- The steady accumulation of violations of American rights by Germany made it appear possible today that President Wilson would go before Congress to ask authority for further protecting lives and property without waiting for a serious disaster which might shock the country. There were no indications, however, that he believed the time for such a step had come, and it again was stated authoritatively that he would move deliberately and with full appreciation of all the consequences involved. Official reports of the sinking of the FRENCH FOOD MINISTRY

American schooner Lyman M. Law in the Mediterranean by an Austrian submarine added only slightly to the tension, for while the act is believed to have been illegal, no lives were lost, and the vessel apparently was warned. The incident was not looked upon as one in itself sufficient to hurry the derelopment of the situation.

Preliminary reports began coming to overnment departments, showing the ling up about the Atlantic seaboard

goods destined for export to Euro-ean ports. No serious effect from this vill be felt, however, until a lapse of American ports to have gone to Europe and return.

Morgan Firm Consulted. Preparations by the Government for my eventuality still are going for-vard without interruption. Much im-

eld off from extending the severance Carbett, Halton Co., Ont. American merchantmen seemed to be temporarily disposed of today by the

official statement that there were no suns in the country to be had by shipwners unless the Government provided them, and the strong intimation that the president expects to go be- R. W. White. Toronto. fore Congress again before con ne country to a policy to furnish arms President Wilson is said to feel that he promised Congress he would conalt that body again before he took the NEW YORK, Feb. 14.-The Associ- next step towards protecting American

oners on the prize ship Yarrowdale will passengers she carried, or if Amering Ambassador Elkus why he had ans were aboard. ment of state as to the condition of the 1,000 Americans, naturalized and others, marooned in Syria, and as to whether Turkey plans to carry Germany's submarine policy with th submarines she is known to have. Steps Never known to fail; were also taken to learn where all reports from both Turkey and Bulgaria, since the break with Germany, have it hours. Is soothing, healing; takes the sting right out. No remedy so quick, out. No remedy so qu

> SECRETARY NOT PRESENT. night, W. H. Breithaupt was re-ceted chairman, and Peter Fischer cretary-treasurer for the year. H. W. cown, for fifteen years the efficient cretary, was not reappointed by the y council this year, and his succes-r, John Reden, was not present.

suaded into believing you can cure yourself by the use of pre-digested foods or so-called stomach tonics. There is no tonic for the stomach that is not a tonic for every part of the body. It is through the blood that the stomach gets its power to assimilate and digest food, and as the blood goes to every part of the body any improvement in its condition not only results in strengthening the stomach, but every organ in the body. Rich, red blood is absolutely necessary to good ported with the stomach of the blood is absolutely necessary to good ported with the stomach of the blood is absolutely necessary to good ported with a condition and the blood is absolutely necessary to good ported with a condition and the blood is absolutely necessary to good ported with a condition and the blood is absolutely necessary to good ported with a condition and promote its and promot and you are troubled with sour risings in the throat, a feeling of pressure

Wounded a Peck, Vancou and sore-proof. "Tiz" takes the pain have been cured by this medicine that to mine.

"I bought a box of Milburn's Heart and burn right out of corns, callouses and Nerve Pills, and after taking it I noticed such a change that I kept on the pain have been cured by this medicine that and burn right out of corns, callouses and burn



MADE IN CANADA Bread is the cheapest food known. Home bread baking reduces the high cost of living by lessening the amount of expensive meats required to supply the necessary nourishment to the body. REFUSE SURSTITUTES. W.GILLETT COMPANY LIMITED



JUSTICE!

WINNIPEG. Feb. 14.-Hug D. Lyons, accountant of the Canadian Government immigra Canadian Government who was arrested in Stockton, Cal., and confessed to the theft of \$1,500, which he lost in grain speculating on the Winnipeg Exchange, was given suspended sentence today. sentence today. John Gordon, who stole a few sacks of flour out of a freight car, was sentenced to five years

FIXES MAXIMUM PRICES

Effect at Once.

Paris, Feb. 15.—The food ministry has decided that from February 19 maximum prices are to be fixed throughout France for milk, butter and cheese. In the department of the Seine, including Paris, the price of milk must not exceed 10c for a litre—about a pint and three-quarters—if bought in a shop, or lic if delivered. The maximum prices for butter vary from \$1.12 to \$1.34 per kilo—roughly two pounds—according to the quality and source.

The only cheese prices fixed so far are Canembert, from thirteen cents to twenty-six cents. All prices must be conspicuously displayed in the shops concerned. There will be no celebration of Mardi Gras next Tuesday, but all theatres will be permitted to give Paris, Feb. 15.—The food ministry has

The question of the armament of Believed Killed.—Lieut. W. L. Cook, Pine Syrup. I used three bottles and merican merchantmen seemed to be England. Died of Wounds.-147751 B. Larkins.

SERVICES.

Previously Reported Missing, Now Prisoner of War and Wounded.—Lieut.

ARTILLERY Seriously III .- 84241 Gunner Thomas Armstrong, Barrie, Ont. INFANTRY. Seriously III .- 862798 A. F. Living-

stone, Wellington street, Toronto; 913625 A. Edwards, Masset, Queen, B. C. Dangerously III—775254 W. A. Campbell, Inglewood, Ont.; 715754 E. H. Bymes, New Ann, N.S.; 684772 M. Died of Wounds-160456 J. L. Dickerson, Vancouver, B.C.

Dangerously III.—129202 E. H. Belsey,

Forgan, Sask

Seriously III-931623 E. McKee, Vah-Died,-460100 S. Davidson, Scotland. Wounded.—283207 J. Decker, Rockland, Shelburne County, N. S. Dangerously Wounded,-Lieut, R. P. Thompson, Matheson, Ont; 148613 P. Russell, Truro, N. S.

SERVICE, Seriously III .- 5148 A. J. Ewing, Win-

Nipeg.

Killed in Action—772357 B. A. Woodcock, Brantford, Ont.
Previously reported missing, believed killed, now killed in action—8293 Sergt.
B. H. Brooks, Toronto: 403106 H. H. Fablan, Galt. Ont.: Al1306 J. J. Finan, Ottawa; 402741 J. C. Graham, R. R. No. 1, Conn, Ont.; 412135 Alex. Mac. Mac. Nicol. Cloyne, Frontenac, Ont.: 78025 J. M. Stephens, Sault Ste. Marie, Ont.; 55713 Russell Stephens, Sault Ste. Marie, Ont.; Seriously III—42739 Frank Dewey, England; 348572 H. R. Forest, Winnipeg. nipeg.

in strengthening the stomach, but every organ in the body. Rich, red blood is absolutely necessary to good digestion. If your stomach is weak and you are troubled with sour risings.

Toronto.

Previously reported missing, now reported missing. The previously reported missing missing

Mounted Rifles.

VETERAN OFFICER DIES.

VESSELS-SUNK THROUGH SUBS

Ineffective Results of Ruthless War Pointed Out by British.

same success as the campaign aga the II-boats in 1915

BE NEGLECTED.

If They Are, Some Serious Lung Troubles Are Sure

satisfaction. Dangerously III.-739923 E. Norris, Mr. Erwell Pollon, Wilton, Ont. writes: "Last winter I was caught in Dangerously III .- 684996 J. A. L. Hil- a storm and had to stay in a barn all right. I caught a severe cold which sev Previously Reported Missing, Now eral medicines failed to cure. I went to some of the best doctors but these failed to do me any good. A friend ad-Reported Missing, Now vised me to use Dr. Wood's Norway

> When you ask for "Dr. Wood's" see rellow wrapper, three pine trees tha The T. Milburn Co., Limited, Toronto,

BISURATED

For Dyspepsia, Indigestion.

NOSE CLOGGED FROM A COLD OR CATARRH Apply Cream in Nostrils To

Open Up Air Passages.

Seriously III—42739 Frank Dewey, England; 348572 H. R Forest, Winnipeg.

To be able to eat what you want and to digest it properly is a priceless blessing. Good digestion is not appreciated until you lose it. Then you cannot afford to experiment, for strong medicines are hard on weak stomachs. If you have indigestion do not be persuaded into believing you can cure yourself by the use of pre-digested.

Seriously III—42739 Frank Dewey, England; 348572 H. R Forest, Winnipeg.

Seriously III—42739 Frank Dewey, England; 348572 H. R Forest, Winnipeg.

N. S. Previously reported to duty—415087 J. M. Hawes, Tangier. N. S. Previously reported missing, now reported killed in action—420734 Lance-Corp. Wm. Hall, Sanford, Man. Previously reported dangerously ill, now died of pneumonia—701281 E. C. Frank, Winnipeg.

Previously reported dangerously ill, now died of pneumonia—701281 E. C. Frank, Winnipeg.

Previously reported dangerously ill, now died of pneumonia—701281 E. C. Frank, Winnipeg.

Previously reported dangerously ill, now died of wounds—736766 Wm. Peterson Denmark.

Killed in Action—731100 J. A. Melton, Scotland.

Died of Bronchitis—180281 John Mil-

ment: "Anyone can prepare a simple now mixture at home, at very that will darken grey hair, promote its growth and make it soft and glossy To a half-pint of water add 1 oz. of bay rum, a small box of Orlex Com-CARRANZA SINCERE?

Mexico City. Feb. 15.—The Mexican papers reiterate today that Gen. Carranzi's note to neutral nations was based on purely humanitarian grounds and was neither pro-Gerhan nor directed against the United States. The editorials say it is unfilledly that Mexico would risk the hostility of a neighbor in favor of the doubtful friendship of a nation that is far away.

WETERAN OFFICER DIES.

Toronto, Callouses and burn right out of corns, callouses and burn of the grandest footness of the grandest footness and burn right out of corns, callouses and burn of the grandest footness of the grandest footness and burn right out of corns, callouses and burn right out of corns, callouse for the should try it. You will son keep and of the doday at