

it is not superfluous to mention certain new developments in the hygiene and treatment of the intestinal disorders that are so frequent in nervous asthenia. Treatment and hygiene are so closely related that it is very difficult to separate them, and it would be arbitrary to try to do so. Such as it is, to-day as yesterday, this little book does not claim to be a dogmatic treatise on Neurasthenia, but an abstract in which we have tried to set forth briefly and as clearly as possible the rules and facts which should guide the clinician in practice.¹

¹ The penultimate sentence of the above refers to the fact that the title of the original is "L'Hygiène du Neurasthénique," the book forming one of a series of works on hygiene. But, as the author points out, he does not confine himself to hygiene, and it is thought that the English title expresses better the scope of the work.—*Trans.*