one, both because God, as our Supreme Master, has a right to our service, and because a few years of service here will ensure us an eternity of happiness hereafter.

Therefore, Dearly Beloved, we exhort you to make good use of this penitential season for the strengthening of good resolutions, and for the sanctification of your souls. Consider in heart the shortness of life, the certainty of death, the searching judgment that must follow. Think of the suffering and death of our dear Lord, so that your souls may understand the enormity of sin, and realize how much we owe to our Redeemer. Without proper prayer you cannot save your God knows your wants, it is true; but he wills that you should ask that you may receive; and seek that you may find; and knock that it may be opened to you. Let the pious practice. so strongly recommended by our Holy Father the Pope, of saying the Rosary in your families every day, be begun during this Lent, and continued for the rest of your lives. Blessed, indeed, will be the house in which the Rosary shall be daily recited with devotion. Prepare yourselves to worthily receive the Body and Blood of the Lord, so that you may be "reformed in the newness of your mind, that you may prove what is the good and the acceptable, and the perfect will of God."—(Rom. XII-2.) And do you, dear Brethren of the Clergy, increase your pastoral zeal during this "acceptable time," going bravely and unceasingly, like the good Shepherd, in search of the straying members of By admonitions and warnings which shall have love, not bitterness, for their key note, strive to teach them their duties, and to bring them back to God. Remind all of the obligation of complying with the precept of the Church regarding their Easter Confession and Communion, and read in your Churches the Canons bearing on these points. We enclose the Regulations for the ensuing Lent.

The grace of our Lord Jesus Christ be with you all.

This Pastoral shall be read in all the Churches of this Diocese, as soon as possible after its reception by the Pastor.

† C. O'BRIEN, Abp. of Halifax.

E. F. MURPHY,

Secretary.

St. Mary's, Halifax, Feast of the Chair of St. Peter, at Antioch, 1884.