he is able to resume the daily contest with disease with redoubled energy and with increased hope. Such a holiday has been good for the doctor and will be good for his patients.

These, it appears to us, are some of the advantages to be derived by the busy practitioner from attendance at a medical association, and it is, therefore, in our opinion, the duty of every practitioner to attend some such meetings—a duty to himself a duty to his patients. Which of the many associations shall he attend? That will depend largely upon circumstances. items of time and expense must be considered. Every practitioner is not so situated that he can afford much time or much expense. Having a limited amount of time at his disposal, the nearer the meeting to his home the better for him as less time will be consumed in travelling to and from the place of meeting, and more time will be left for the meetings themselves. By this standard the district association will be the best. But without disparaging these associations, we feel safe in asserting that the educational and professional benefits to be derived from attendance at these. are not comparable to those to be derived from attendance at the larger meetings, such as the Provincial or Dominion Associations. The time, however, required to travel to and from these association meetings, to say nothing of the expense, is a disad-The Dominion Association endeavours to overcone these disadvantages by holding its meetings at a different centre each year. In this way, all may have the opportunity of attending the Dominion Association at least once every few years, without the loss of much time, or the outlay of much money. Provincial Association, on the other hand, always holds its meetings in the same place. To those who live in, or near that place. this is a great boon, but to those at the extreme limits of the Province it is a great disadvantage. We believe that every doctor should attend his district association—we believe that every doctor should, if possible, attend the Provincial or Dominion Association, but we believe that such attendance should be made as easy as possible to all practitioners. This the Dominion Association attempts to do. Now, it has occurred to us that in a Province as extensive as Ontario, we might very well have two Provincial Associations, a Western and an Eastern. We also believe that these Associations, like the Dominion Association,